



## **2026 Pacific Association (Region 14) Combined Event Championships**

### **Arlevia Livingston Combined Event Triathlon**

Logan High School, Union City, CA

Saturday – July 11, 2026 and Sunday – July 12, 2026

**Spectators FREE! Parking FREE! Gates open 7:30 AM**

Limited food/drink available onsite

This competition is open to all Pacific Association youth athletes aged 9-18 (18- year-olds must not turn 19 before 7/31/2026) **The top two (2) finishers in each division, and any other point qualified finishers will qualify to compete in the Combined Event competition at the USATF National Junior Olympics** to be held at Cerritos College, Norwalk, CA July 27- August 2, 2026.

An **exhibition** Group 1 (6 and under, 7/8) Arlevia Livingston Combined Event Triathlon has been added this year. Athletes will compete in the Shot-Put (2K), Long Jump and 200M. All finishers will receive an award. First place will receive a trophy.

**Paralympic/Special Olympic 100 Meters: 12:00 Saturday July 11**

**Enter online at: Athletic.net**

**Entry Deadline: July 8 2026 11:59 PM PDT**

**NO LATE ENTRIES WILL BE ACCEPTED. Meet Directors:**

**Pacific Association Board Members**

Questions: Site Director: Lee Webb [deca7772@gmail.com](mailto:deca7772@gmail.com)

[510-304-7172](tel:510-304-7172) Regional Coordinator: David Lawrence 916-207-8842 email:

[dlaw222@aol.com](mailto:dlaw222@aol.com)

## **Registration for Region 14 Combined Events**

- This event is open to all age-verified youth members of the Pacific Association • 2026 USATF membership required **NO EXCEPTIONS**
  - Athlete age must be verified on USATF website
- [AGE VERIFICATION INSTRUCTIONS](#)
- To register as a club team member, the club must be a 2026 USATF sanctioned club •

### **[Registration Instructions](#)**

#### **Enter online at:**

<https://www.athletic.net/edit/track/meet/register/7483834>

#### **Enter online FOR 8 & Under, OPEN, & Para/Special at:**

<https://www.athletic.net/edit/track/meet/register/7526464>

#### **Entry Fees:**

- \*Paralympic/Special Olympics Free
- Triathlon– 8 and under and 9-10 Girls and Boys \$20
- Pentathlon– 11-12, 13-14 Girls and Boys \$25
- Heptathlon– 15-16, 17-18 Girls \$35
- Decathlon- 15-16, 17-18 Boys \$35 Open Division- \$45

#### **Live Results Provided at: [Roguetiming.com](http://Roguetiming.com)**

#### **Competition Information:**

- This meet will be subject to 2026 USATF Rules of Competition. Please review the 2026 USATF Rules at: <http://www.usatf.org/About/Competition-Rules.aspx>
  - **Athletes are not allowed to use cell phones, headsets, smart-watches or any other type of electronic devices while in the clerking area, field of competition or on the infield.** ○ All field events will be three attempts (misses). ○ Per USATF Rule 305.2(d)
    - *The combined events shall advance the top two placed individuals and any others who meet a performance standard at the Regional Championship. The performance standard for all events is the average of the 8th place in the last three National Junior Olympic Championships.*
- Except as otherwise provided, scoring shall be based on the current IAAF Scoring Tables for Combined Events. USATF Rule 302.6(b)
  - There will be an interval allowed up to 30 minutes between the time an event ends and the start of the next event each event. The next event will proceed when 30 minutes has elapsed or all athletes competing in the event indicate to officials they are prepared to proceed sooner. •

Warm-up allowed when an event official is present and has declared the event open.

## Implements

- Athletes must provide their own implements (Shot, Discus, Javelin)
  - All implements (discus, shots, javelins) must be inspected through meet Implement Inspection the day of the event to be used in the competition. ● Decathletes must provide their own poles for Pole Vault.
  - A competitor may not use a training pole, a pole which is improperly marked, or a pole rated below their weight during warm-up or competition. (USATF Rule 302.5 n)

Competitors may be required to “weigh-in” prior to competition.

Revised 5/22/2022

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## Time Schedule

### Saturday, July 11:

#### • 9:00 AM

- Decathlon (100M, Long Jump, Shot Put-12 lb., High Jump, 400M)
  - Group 5 boys – 15-16 years old
  - Group 6 boys – 17-18 years old
  - Open Division-All Ages
- Triathlon (Shot Put-6-lb, High Jump, 200M)
  - Group 2 girls-- 9-10 years old

#### • 9:30 AM

- Heptathlon (100M Hurdles, High Jump, Shot Put-4K, 200M)
  - Group 5 girls – 15-16 years old
  - Group 6 girls – 17-18 years old
  - \*\*Open Division-All ages NEW

#### • 10:00 AM (approximately)

- Pentathlon (100M Hurdles, Shot Put-6-lb, High Jump, Long Jump, 800M)
  - Group 4 girls—13-14 years old

#### • 10:30 AM (approximately)

- Pentathlon (80M Hurdles, Shot Put-6lb, High Jump, Long Jump, 800M)
  - Group 3 girls– 11-12 years old

#### \*\*EXHIBITION\*\*

#### • 10:30 AM (approximately)

- Arlevia Livingston Triathlon (Shot-Put-2K, Long-Jump, 200M) Group 1 Girls-7, 8 and 6 and under

# 12:00 Paralympic/Special Olympic 100 Meters

Saturday July 11, 2026

Revised 5/22/2022

## Day 2

### Sunday, July 12:

#### • 9:00 AM

- **Decathlon** (110M Hurdles, Discus Throw-1.6k, Pole Vault, Javelin Throw-800g, 1500M)
  - Group 5 boys – 15-16 years old
  - Group 6 boys – 17-18 years old
  - \*\*Open Division-All Ages
- **Heptathlon** (Long Jump, Javelin Throw-600g, 800M)
  - Group 5 girls – 15-16 years old
  - Group 6 girls – 17-18 years old
  - \*\*Open Division-All Ages
- **Triathlon** (Shot Put-6 lb.), High Jump, 400M)
  - Group 2 boys-9-10 years old

#### • 9:30 AM

- **Pentathlon** (100M Hurdles, Shot Put-4K, High Jump, Long Jump, 1500M)
  - Group 4 boys—13-14 years old

#### • 10:00 AM

- **Pentathlon** (80M Hurdles, Shot Put-6-lb, High Jump, Long Jump, 1500M)
  - Group 3 boys—11-12 years old

#### \*\*EXHIBITION\*\*

#### • 10:30 AM (approximately)

- **Arlevia Livingston Triathlon (Shot-Put-2K; Long-Jump, 200M)**
  - Group 1 Boys- 7, 8 and 6 and under