

3rd Annual USATF Pacific Masters Track & Field Grand Prix (all athletes, ages 19-99+ are welcome to participate!)

Updated 12 May, 2026.

Information and Dates

January 18, 2026 to Sept.15, 2026

- Must be a USATF Pacific member in good standing to participate.
- No retroactive performances accepted if membership wasn't concurrent.
- Be sure to check your membership status at usaf.org.
- Masters athletes age groups, both Male and Female: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+ PA 19-99
- [MTF Grand Prix Webpage](#)

Please note that this Grand Prix is different from the USATF Pacific Elite Athlete Grand Prix.

Competition Rules

FREE Sign Up for participation in the Grand Prix is required. Instructions are on page 3.

Participants must submit a **minimum of 2 performances** from these four meets: PR Invite, Golden West Invitational, USATF Pacific Masters T & F Championships, National USATF Masters Track & Field Championships as seen in the list below.

Outside marks and performances must come from the **sanctioned meets** within the USATF Pacific boundaries. Check the webpage for a list of these events.

Up to 6 performances can be submitted, but a minimum of 2 eligible performances will be required for awards purposes.

Performances in college and sanctioned events February 1st, 2024 to July 21st, 2024 are eligible.

Events

All standard events eligible. 3000m and 2 mile events are eligible. 1600 and 3200 runs must be converted first to mile and 2 mile times. <https://ny.milesplit.com/calc>

No relays or shuttles. No off distance marks in outdoor events– i.e 300 meters, 1000 meters, 3 mile run, etc.

Meets

Meets must be USATF sanctioned in order to qualify as a uSATF Pacific Masters Grand Prix event. NCAA meets have a blanket sanction.

A list of **USATF Pacific Grand Prix Meets** (as sanctions are approved more meets will be added) can be found at the [USATF Pacific 19-99 Masters Track & Field Grand Prix Webpage](#).

Scoring

Performances will be submitted and totaled using IAAF points per each discipline.

Athletes can submit performances from any standard event or distance and are not restricted to just one specialty.

Age 40+ athletes will convert their open equivalent performance and will then use that mark for the IAAF points conversion. <https://caltaf.com/pointscalculator.html>

i.e.: Female Age 63 - 100 meters 14.32 =90.01%- 11.71 open equivalent 1,049 points.

2023 AG calculator. <https://mastersrankings.com/new-age-grades/>

Email performances to: masterstfgp@gmail.com

Include Full name, Age at time of performance, membership number and club affiliation if any, Date of performances, Event name and Location, performance or mark, age-graded mark and IAAF points- and a link to results if available.

Total points per age group will determine winner.

In the *rare* case of a tie - example: Women's 40-44 (3,500 to 3,500 points) - the athlete that competed in the most **USATF Pacific Grand Prix Circuit Meets** will be determined as the winner.

If an equal amount of Grand Prix meets were participated in, head to head competition results will be used to determine winner.

If both athletes had similar win/loss records, then the final factor will be the oldest competitor based on birth date for ages 30+ .

Awards

- All performances must be submitted by August 3rd, 2025, and are subject to review.
- Protests must be submitted by August 10th, 2025
- Age group winners announced August 17th, 2025
- Outstanding performances both Male and female announced August 17th 2025

- Most improved mark or athlete: TBD.
- Team Championship: TBD based on overall participation & submitted score per club.
- Award Type: Special individual medals per age group. Medal/plaque for outstanding performances.

Visit the [USATF Pacific Masters Track & Field GRAND PRIX Webpage](#) for updates and more information. Email masterstfgp@gmail.com with questions.

Sign Up Instructions

Open the USATF Pacific Office [administrator's email](#). Copy and paste the sign up form's categories list below into the body of the email. Complete the information for each category, and email it.

First Name

Last Name

USATF Pacific Membership Number (confirm it has a valid status at usatf.org)

Event(s)

Date of Birth:

Age on Date of Sign Up

Mailing Address

Gender

Email

Phone Number