

PacificCurrents

Coaches Newsletter - Winter 2026

Please provide newsworthy information to Pacific Association coaches chair Dave Shrock at coachshrock@gmail.com for inclusion in the next newsletter due out in the winter. For current information refer to: www.pausatf.org

In this issue:

- Upcoming Clinic, Coaching Education School information
- Advanced LA 2028 Olympic ticket draw information
- National JO TF Champs in So Cal?

Upcoming Clinic

Athletic.net SuperClinic, Saturday, January 24 at William Jessup University, Rocklin

Join us Saturday, January 24 for our 15th edition of the SuperClinic this year, featuring many of the region's top coaches at Rocklin's Jessup University. For further info and registration details: <https://www.pausatf.org/coaches/track-field-superclinic/>

Coaching Education

USATF now offers many programs and formats tailored to coaches' needs, including Developmental Coach, Level 1-2-3, along with specific modules suited to coaches' event-specific needs. [Click here for further information.](#)

Level 1 Schools:

All Level 1 schools are now delivered in a convenient 21-hour online format over Friday-Sunday. [Checkout this link](#) for more information and dates of schools offered in the pacific time zone.

Level 1 School \$100 Reimbursement for Youth Club Coaches:

The Pacific Board of Athletics and Coaches Committee is providing \$100.00 reimbursement for any PA Youth club coach who attends a Level 1 School from 1 Jan'26 to 31 Dec'26.

Eligibility: Coaches must be 1) 3 step compliant at the time of Level 1 completion, and at the time of reimbursement request, 2) coaches must be actively coaching with an accredited USATF Pacific Youth Club, 3) Coaches must complete google docs reimbursement form, 4) Provide Level 1 certificate of completion within this timeframe.

If you are eligible go to <https://forms.gle/rhNN392rM4fzi6C27> to obtain your reimbursement!

Level 2 School:

The Coaching Education Committee is planning to host an in-person Level 2 sometime this coming summer, site and dates TBA. [Click here for information](#)

2028 Los Angeles Olympics

*Though two years away, information is becoming available
Ticket draw application now available!*

[Advance Ticket Draw application](#)

[Detailed all-sport event schedule](#)

[Track and Field specific daily schedule](#) (*just finalized*)

[Volunteer opportunities](#)

[General LA'28 Website](#)

The Sports Examiner: Excellent daily email that provides Olympic sport news and comments by SoCal's Rich Perlmann. Free, though requests contributions.

[Click here](#) and sign up for daily emails...great resource as the Games approach!

National JO Track and Field Championships in SoCal?

At the 2025 USATF Annual Meeting held this past December in Orlando, the National Youth Committee selected Cerritos College (*a community college in Norwalk, and site of several CIF State Champs*) to host the national JO TF Champs at the end of July. The National Office is in the contacting stage, and we hope to know soon if the site can move forward to host the event.

Clinic Notes and Publications

Athletic.net SuperClinic Topics and speaker notes (*scroll to the bottom of the page*)

<https://www.pausatf.org/coaches/track-field-superclinic/>

Techniques Magazine: A great free quarterly e-zine from the collegiate USTFCCCA with informative articles on all aspects of our sport. <http://www.ustfccca.org/coaching-central/techniques-magazine>

Coaching Athletics: Free e-zine devoted solely to coaching our sport with feature articles and training tips: <https://coachingathleticsq.com/>

Excellent Compilation webpage with coaching notes and handouts gathered from decades of coaching schools and clinics by Ken Grace: <http://quicklizardtiming.com/kengrace/level1/>