

Reno Indoor Track Martin Luther King Invite • January 18, 2026

## ***MEET SCHEDULE & DETAILS***

**You must report to the clerk no later than 20 minutes prior to the start of your event or you will be scratched.**

The meet will be conducted on a time schedule which is below. It is up to each athlete to know when their event is taking place. The clerk in Hall 4 will have a sound system and will call for each group to report for hipping. If you miss your event ***there will not*** be another opportunity to compete in that event. Field event athletes also need to report to the clerk and be escorted onto the field for their event. Field event athletes need to report to the clerk at least 30 minutes before their event.

### ***RUNNING EVENTS – 9:00 am start***

#### **55 meter Hurdles**

9:00 D4G

9:03 D4B

9:05 D5G

9:08 D5B

9:11 D6G

9:17 D6B

#### **60 meter Hurdles**

9:20 Open/Master Women

9:23 Open/Master Men

#### **55 meters**

9:33 D1G

9:36 D1B

9:39 D2G

9:42 D2B

9:45 D3G

9:48 D3B

9:51 D4G

9:54 D4B

9:57 D5G

10:03 D5B

10:12 D6G

10:24 D6B

*Running Events + Race Walk, continued*

**60 meters**

10:39 Open/Master Women

10:42 Open/Master Men

**200 meters**

11:00 D1G

11:03 D1B

11:06 D2G

11:12 D2B

11:15 D3G

11:21 D3B

11:24 D4G

11:30 D4B

11:36 D5G

11:48 D5B

12:03 D6G

12:24 D6B

12:48 Open/Master Women

12:51 Open/Master Men

**800 meters**

12:55 D1B & D2B & D3B

1:00 D3G

1:05 D4G

1:10 D4B

1:15 D5G

1:23 D5B

1:31 D6G

1:40 D6B

1:48 Open/Master Women

1:52 Open/Master Men

**1500 Race Walk**

1:57 male and female- all divisions

*Running Events Continued*

**400 meters**

2:10 D1G & D1B

2:13 D2G

2:16 D2B

2:19 D3G

2:25 D3B

2:28 D4G

2:37 D4B

2:47 D5G

2:56 D5B

3:10 D6G

3:25 D6B

3:37 Open/Master Women

3:40 Open/Master Men

**1500 meters**

3:43 D1B & D2B

3:50 D3G & D3B

3:57 D4G

4:04 D4B

**1600 meters**

4:11 D5G

4:18 D5B

4:32 D6G

4:40 D6B

**Mile**

4:54 Open/Master Women

5:00 Open/Master Men

*Field Events are on next page.*

## ***FIELD EVENTS***

### **Weight Throw**

9:00 D5G & D6G & Open/Master Women 1 flight

9:45 D5B & D6B & Open/Master Men 1 flight

### **Triple Jump**

9:00 D5G & D6G & Open/Master Women 1 flight – pit 1

9:00 D5B & D6B & Open/Master Men 1 flight – pit 2

### **Pole Vault – 1 pits**

9:00 D4G & D5G & D6G & Open/Master Women- 1 flight

12:00 D4B & D5B & D6B & Open/Master Men- 1 flight

### **High Jump – 1 pit**

11:30 D3B & D4B & D5B & D6B – 1 flight

1:00 D3G & D4G & D5G- 1 flight

2:30 D6G & Open/Master Women – 1 flight

### **Long Jump – 2 pits**

10:00 D1G & D2G & D3G- 1 flight pit 1

10:00 D1B & D2B & D3B & D4B- 1 flight pit 2

12:00 D4G pit 1

12:00 D5B pit 2

1:30 D5G pit 1

3:00 D6G & Open/Masters Women- 1 flight pit 1

2:00 D6B pit 2

4:00 Open/Master Men pit 2

### **Shot Put**

11:00 D1G & D2G & D3G & D4G & D5G- 1 flight

12:00 D1B & D2B & D3B & D4B & D5B- 1 flight

1:30 D6G & Open/Master Women- 1 flight

2:30 D6B 1 flight & Open/Master Men- 1 flight