



6th Annual Recognition Awards Banquet

January 24, 2026 • 3:30pm to 8:30pm

Red Oak Victory Ship & Museum

[1337 Canal Blvd., Berth 5](#)

[Richmond, CA 94804](#)

USATF[™]
PACIFIC

- Visit the Ship's Museum 3:30-4:45pm
- Social Hour (4:45 - 5:45pm)
- Banquet & Awards (5:45-8:00pm)
 - > 2026 Hall of Fame Inductees
 - > 2025 Competition Awards
 - > 2025 Service Awards
 - > Lifetime Achievement Awards



RED OAK VICTORY

*Beautifully Restored Ship, WWII Museum
& Banquet Facility*



Site of the 6th Annual USATF Pacific
Recognition Awards Banquet
Saturday • January 24
Richmond, Calif.



6th Annual Recognition Awards Banquet

Order of Activities

3:30-4:45pm: Ship's Museum Visit

4:45-5:45pm: Social Hour with raffle tickets and no host bar; proceeds to benefit the USATF Pacific Foundation!

5:45-8:00pm: Dinner and Presentations

- **2025 Hall of Fame Inductees** (pg. 3 - 5)
- **2025 Sports Achievement Awards**
 - > **LDR**
 - » Road Racing (pg. 6 -13)
 - » Cross Country (pg. 14 -18)
 - » Mountain Ultra Trail (MUT) (pg. 19 - 26)
 - > **Open Track & Field Grand Prix Awardees** (to be announced at the banquet; pg. 27)
 - > **USATF Pacific Foundation George Kleeman T & F Grants** (pg. 28)
 - > **2025 Masters Track & Field Grand Prix** (29 - 31)
 - > **2025 National/International Records** (pg. 32)
 - > **Race Walk** (pg. 33 - 34)
- **Officials** (pg. 35 -38)
- **Tom Moore Award** (pg. 39)
- **Service Awards** (pg. 40 - 41)
- **Closing** (pg. 42)

2026 USATF Pacific HALL OF FAME INDUCTEE



ANN TRASON

Ann Trason is arguably the greatest American ultrarunner in history, combining longevity, versatility, and an almost mythic toughness. Ann started running in her childhood, running a sub-6-minute mile at 11 years old. At Pacific Grove High School, she was the second fastest in the U.S. at two miles. She received a scholarship to run at the University of New Mexico, but was unable to compete due to a knee injury.



She entered her first ultramarathon, the American River 50, when she was 20, and what followed was one of the most extraordinary runs of success endurance sports has ever seen. In the 1980s and 1990s, she amassed an unmatched record at the world's most competitive ultramarathons.

Between 1988 and 2004, she completed twenty-seven 100-milers, finishing first in every one of them. She won the Western States Endurance Run an astonishing fourteen times and finished in the top

six 8 times, and held the course record for 18 years. She won Leadville 100 four times, and held the course record for 31 years. Across her career, she set 20 world records in distances ranging from 40 to 100 miles, and won multiple IAU World Championships.

Her legacy in the ultrarunning community is profound. Trason helped legitimize women's ultrarunning at the highest level, accelerating acceptance, sponsorship, and media attention for female ultra athletes.

Among Ann's many distinctions include being included in the Sports Illustrated 100 Greatest Female Athletes of the 20th Century, named Ultrarunner of the Year 12 times by *Ultrarunning Magazine*, winning USATF's Ruth Anderson Ultrarunner of the Year award six times, and featured as 1995 American Female Runner of the Year in *Runner's World*. Ann was also inducted into the Ultrarunning Hall of Fame in 2020 in her first year of eligibility.

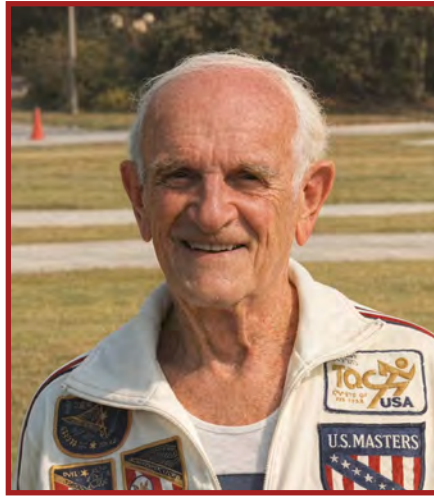
2026 USATF Pacific HALL OF FAME INDUCTEE



PAUL SPANGLER

Paul Spangler's pre-athletics career featured various posts as a U.S. Navy surgeon, including Chief of Surgery at the naval hospital near Pearl Harbor in December 1941. He eventually landed in San Luis Obispo where he was Chief Surgeon at the state prison until his retirement. At the age of 67, he took up running to protect against coronary heart disease, which had claimed several friends and colleagues. He ran on his own for almost a decade until he heard of a Masters track meet in San Luis Obispo hosted by the Corona del Mar Track Club in 1975 where he entered the mile, 2 mile and 3 mile. He went home to rest after the mile and returned to the track only to find that he had just set a world record, thus beginning one of the most legendary Masters racing careers in American history.

In the 1980s and 1990s, Paul was consistently at the top of his age group, and frequently the oldest competitor. In total over his 28-year athletics career, Paul set an astonishing 85 national age group records and at one point owned every American record between 800m and 15k. Even now in 2026, some 40 years later, he still owns



ten Masters records in the M80, M85, and M90 age groups.

Paul's longevity in athletics was remarkable. He completed 10 marathons in his 80s and 90s, including the 1991 New York City Marathon at age 92. He died at age 95 in 1994 while on one of his regular 7-mile training runs in San Luis Obispo. You can read about running in his later years in the 1995 book *Running Through Life: The Philosophy of America's Oldest Marathon Runner*.

Paul was the USATF Masters Athlete of the Year seven times between 1982 and 1993, and was inducted into the second class of the USATF Masters Hall of Fame in 1997. In 1999 USATF founded the annual Paul Spangler Award, which is presented to the top Masters LDR athlete in the oldest age category.

Paul still owns the following Masters records as of 2026:

| | |
|------------------------------|---------------------------------|
| M80 1 hr run (12130m) | M90 5,000m RW(43:51.0) |
| M85 3000m (16:32.0) | M90 8k (56:10) |
| M85 10k (58:50) | M90 10k (1:14:49) |
| M85 15k (1:32:00) | M90 15k (2:35:00) |
| M85 1 hr run (10087m) | M90 10,000m (1:11:40.78) |



2026 USATF Pacific HALL OF FAME INDUCTEE

USATF
PACIFIC

DWAYNE "PEANUT" HARMS

Dwayne "Peanut" Harms began as a football, basketball, and baseball athlete at John Swett High School (Crockett, CA), switching to Track & Field his senior year where he set a school record in the 880. After a stint at Diablo Valley College, he was recruited to UC Davis where he won many Track and XC races while setting PBs of 1:50.4 in the 880 and a 4:06 mile.

Peanut has left two distinct legacies to the Pacific Association and the broader athletics community. The first was bringing the legendary Aggie Running Club into prominence in its early years along with his UC Davis teammates in the late 1970s. As a "bubbling spring of Aggie consciousness" Peanut was part of the original Aggie Centipede at the 1978 Bay to Breakers and was instrumental in creating the Centipede World Championship.

The second of Peanut's legacies is as a celebrated coach of over 50 years in the Pacific Association. He currently



heads the powerhouse Track & Field and Cross Country programs at El Dorado High School (Placerville, CA), where he has headed the teams for the last 25 years. He has been recognized as both the California State High School Cross Country and Track & Field Coach of the Year. Prior to El Dorado Peanut coached at UC Davis and Foothill Community College. His career has also included serving as the Olympic Distance Coach for Nigeria in preparation for the 1976 Olympic games, leading a California team twice to the National Ekiden Championship, and serving as cross country coach for the US Men's National Team.

As a true ambassador of the sport, Peanut has found the time to support sales and marketing as an industry executive, host the annual coaching Super Clinic, and connect the athletic community as "Ambassador of Fun and Frivolity" at social gatherings during major track meets. Peanut is a member of the UC Davis Hall of Fame and the Sacramento Running Association Hall of Fame.



LDR - ROAD RACING

2025 Grand Prix Champions WOMEN

| WOMEN'S INDIVIDUAL ROAD RACING CHAMPIONS (LONG COURSE) | |
|---|-------------------|
| Open | Lindsay Tollefson |
| 40-49 | Lisa Gallagher |
| 50-59 | Mandy Tachiki |
| 60-69 | Karyn Hoffman |
| 70-79 | Arlene McCarthy |

| WOMEN'S INDIVIDUAL ROAD RACING CHAMPIONS (SHORT COURSE) | |
|--|----------------------|
| Open | Michelle Meyer |
| 40-49 | Jenny Kadavy |
| 50-59 | Jenny Hitchings |
| 60-69 | Eileen Brennan-Erler |
| 70-79 | Honor Fetherston |
| 80-89 | Edda Stickle |

| WOMEN'S ROAD RACING TEAM CHAMPIONS | |
|---|------------------------|
| Open Team | West Valley Track Club |
| 40+ Team | West Valley Track Club |
| 50+ Team Champion | Impala Racing Team |
| 60+ Team Champion | Impala Racing Team |
| 70+ Team Champion | Impala Racing Team |



LDR - ROAD RACING

2025 Grand Prix Champions MEN

| MEN'S INDIVIDUAL ROAD RACING CHAMPIONS (LONG COURSE) | |
|---|-------------------|
| Open | Cameron Duquette |
| 40-49 | Jaime Heilpern |
| 50-59 | Jaime Heilpern |
| 60-69 | Raymond Rodriguez |
| 70-79 | Gerhard Fischer |
| 80-89 | Len Goldman |

| MEN'S INDIVIDUAL ROAD RACING CHAMPIONS (SHORT COURSE) | |
|--|-------------------|
| Open | Cameron Duquette |
| 40-49 | Jaime Heilpern |
| 50-59 | Jaime Heilpern |
| 60-69 | Raymond Rodriguez |
| 70-79 | Gerhard Fischer |
| 80-89 | Len Goldman |

| MEN'S ROAD RACING TEAM CHAMPIONS | |
|----------------------------------|--------------------------------|
| Men's Open Team | Aggie Running Club |
| Men's 40+ Team | Excelsior Running Club |
| Men's 50+ Team | SRA Elite |
| Men's 60+ Team | West Valley Joggers & Striders |
| Men's 70+ Team | Tamalpa Runners, Inc. |
| Men's 80+ Team | Tamalpa Runners, Inc. |



LDR- ROAD RACING

2025 Volunteer of the Year: **LISA RENTERIA** Wolfpack Running Club



Photo courtesy of Wolfpack Running Club



LDR - ROAD RACING

**2025 FEMALE
ROAD RACING
Runner of the Year
LINDSAY TOLLEFSON
SRA Elite**

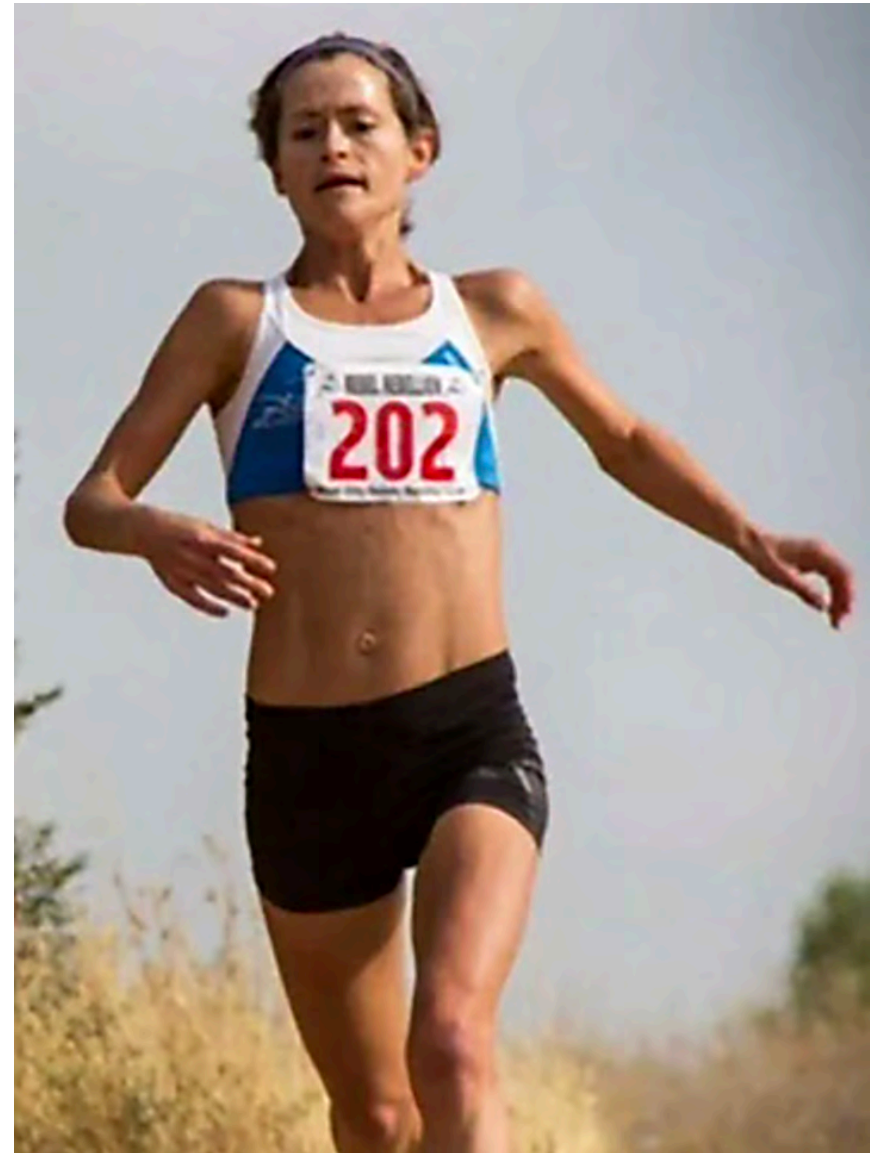


Photo courtesy of SRA



LDR - ROAD RACING

2025 MALE ROAD RACING Runner of the Year **CAMERON DUQUETTE** Aggie Running Club

Photo courtesy of Fleet Feet Chico



Cameron Duquette (L) with Avery Lambrite (R) was taken prior to Cameron's team affiliation change to the Aggie Running Club.

LDR - XC

2025 Volunteer of the Year: **ANDREW CRAWFORD**



Andrew is second from the left with the winning Men's 40-49 WVTC Team members at the 2025 USATF National XC Championships, Portland, OR

Photo courtesy of USATF



LDR - XC

2025 WOMEN Grand Prix Champions

Individual XC Champions

- Open Christine Hoffmann, Peninsula Distance Club
- 40-49 Rebecca Paten, Santa Cruz Track Club
- 50-59 Hrönn Guðmundsdóttir, Impala Racing Team
- 60-69 Hrönn Guðmundsdóttir, Impala Racing Team
- 70-79 Cynthia Long, Lake Merritt Joggers and Striders
- 80-89 Edda Stickle, Tamalpa Runners, Inc.

TEAM XC Champions

- Open Aggie Running Club
- 40-49 Impala Racing Team
- 50-59 Impala Racing Team
- 60-69 Impala Racing Team
- 70-79 Impala Racing Team



LDR - XC

2025 MEN Grand Prix Champions

Individual Men XC Champions

- Open Emmett Reynier, Peninsula Distance Club
- 40-49 Chikara Omine, Excelsior Running Club
- 50-59 Jaime Heilpern, Aggies Running Club
- 60-69 Scott Lacrosse, SRA Elite
- 70-79 William Menchine, Santa Cruz Track Club
- 80-89 Len Goldman, Tamalpa Runner, Inc.

Men's Team XC Champions

- Open Aggies RC
- 40-49 West Valley Track Club
- 50-59 West Valley Track Club
- 60-69 SRA Elite
- 70-79 Tamalpa Runners, Inc.

LDR - XC



2025 XC Woman Runner of the Year

**JENNY KADAVY,
Aggie Running Club**

Jenny on her way to winning the 2025 USATF Masters 5 Km Cross Country Championships in Golden Gate Park with a time of 17:51 over Clara Peterson (18:15) and Dana Hayden (19:05).

Michael Scott photo

LDR - XC



**2025 XC Male
Co-Runner of the Year
SCOTT LACROSSE
SRA Elite**

photo courtesy of SRA

LDR - XC



**2025 XC Male
Co-Runner of the Year**

**JAIME HEILPERN
Aggie Running Club**

photo courtesy of Mario Fraioli and Annie Ragusa



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LDR - XC

5K USATF Masters XC Championships Golden Gate Park



*(Continued
on next page)*



(Masters 5K Natl. Championships continued from prior page)



Elmo Shropshire:
M70-79 Champion!





LDR - MUT = Mountain, Ultra, Trail Running

MUT OVERVIEW

2025 Event Review & 2026 Event Preview

2025

- 2 series: one sub-ultra trail events; one full MUT combined with ultra events
- 2 distinct individual scoring
- 1 team scoring (full series)
- 241 participants, 483 scores
- 8 clubs/teams scoring

2026

- 2 Distinct Series: Short & Long
- Each with Individ. & Teams scoring
- SHORT sub ultra trails: 6 races
- LONG ultra: 9-10 races
- Updated MUT rules
- *See 2026 Graphic on next page.*



LDR - MUT = Mountain, Ultra, Trail Running

MUT OVERVIEW

2026 MUT Grand Prix (2 distinct series)



[Online schedule](#)



LDR - MUT = Mountain, Ultra, Trail Running

2025 MUT AWARDS

2025 Ultra Grand Prix Age Group Champions for Sub-Ultra Trail

WOMEN SUB-ULTRA

- 30-39 **Sara Wessen Chang**, Impala
- 40-49 **Vasantha Jotwani**, Pamakids
- 50-59 **Archana More**, Pamakids
- 60-69 **Karen Romagnoli**, Lake Merritt Joggers & Striders

MEN SUB-ULTRA

- 30-39 **Paul Broyer** Excelsior Running Club
- 40-49 **Oscar Osario**, Pamakids
- 50-59 **David Moulton**, Pamakids
- 60-69 **Brian Sterling** West Valley Track Club
- 70-79 **Steve Jaber**, Tamalpa



LDR - MUT = Mountain, Ultra, Trail Running

2025 MUT AWARDS *(continued)*

for Ultra Running Age Group Champions

WOMEN ULTRA

16-29 **Amanda Wiggernhorn**, West Valley Track Club

30-39 **Maddie Mau**, Pamakids

40-49 **Shana O'Shea**, Pamakids

50-59 **Patricia Sampson**, Lake Merritt Joggers & Striders

60-69 **Karen Romagnoli**, Lake Merritt Joggers & Striders

70-79 **Charlene Liebes**, Pamakids

MEN ULTRA

30-39 **Paul Broyer** Excelsior Running Club

40-49 **Sergey Vasyliiev** Excelsior Running Club

50-59 **William Dai**, Pamakids

60-69 **Jean Pommier**, Quicksilver Running Club of San Jose

70-79 **Steve Jaber**, Tamalpa Running Club



LDR - MUT = Mountain, Ultra, Trail Running

2025 MUT AWARDS *(continued)* for Team/Club Champions

Women

1. **Pamakids** [77]
2. Impala [50]
3. Lake Merritt JS [44]
4. West Valley TC [9]

Men

1. **Pamakids** [93.5]
2. Excelsior [74]
3. Quicksilver [62.5]
4. West Valley TC [20]
5. Lake Merritt JS [13]
6. SRA Elite [10]
7. Tamalpa [6]

Mixed

1. **Pamakids** [87]
2. Quicksilver [62.5]
3. Tamalpa [42]
4. Lake Merritt JS [29.5]
5. SRA Elite [20] **tied with**
5. West Valley TC [20]
6. Excelsior [10]

TOTALS

1. **Pamakids** [257.5]
2. Quicksilver [125]
3. Lake Merritt [86.5]
4. Excelsior [84]
5. Impala [50]
6. West Valley TC [49]
7. Tamalpa [48]
8. SRA Elite [30]

CONGRATULATIONS PAMAKIDS!
Back-to-Back Grand Slams x4!



LDR - MUT = Mountain, Ultra, Trail Running

2025 MUT AWARDS *(continued)*

**Men and Women
MUT Runners & Volunteer of the Year
to be added following the announcement at
the Banquet.**

In keeping with the 20+ year tradition of announcing MUT Runners & Volunteer of the Year awards at the Annual Achievement Recognition Awards Banquet, they are not published here. Since this is an online document, the awardees will be added here following the Banquet announcement, and a Program updated with this information will replace this one.



Photos courtesy of Jean Pommier
and Christine Chapon

2025 MUT Random Photos



More photos on next page.



MUT: More 2025 Photos



Photos courtesy of Jean Pommier and Christine Chapon





OPEN TRACK & FIELD

2025 ELITE GRAND PRIX FINAL STANDINGS

| ATHLETE | EVENTS | POINTS | AWARD |
|-------------------------------|---------------|---------------|--------------|
| Elena Bruckner , Berkeley, | Discus | 6339 | \$1,500 |
| Ero Doce, Turlock | 1500 / 5K | 5995 | \$1,250 |
| Jason Smith, San Bruno | Long Jump | 5538 | \$1,000 |
| Michael Ohioze, San Francisco | 100 / 200 | 5262 | \$750 |
| Melissa Tanaka, San Francisco | 1,500 | 4402 | \$500 |

Others included:

| | |
|--------------------|----------------------|
| Amy Haapanen | No 900-pt. scores |
| Keith Duncan | No 900-pt. scores |
| Dimitry Yakoushkin | No qualifying scores |



USATF Pacific Foundation

2025 George Kleeman TRACK & FIELD Grant Awardees



Elena Bruckner: Discus, Redding, CA;
College: University of Texas; World Athletics
Championships 2023; 6th Place 2024 Olympic Trials



Jason Smith: Long Jump
San Bruno; 7x All American at Long Beach
State; 8th Pl. 2024 Olympic Trials Long Jump



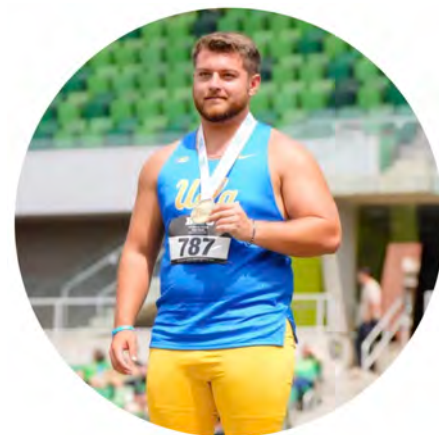
Melissa Tanaka: 500m
San Francisco, CA
College: Penn / Stanford



Brianna Green; 400m HH, 800m
St. Augustine, FL; Fresno Pacific; Winner of 2
DII Natl. Champs: 400h, 4x1



Scott Toney - Men's Pole Vault
Mountain View, CA; University of Washington, Seattle;
Ranked: 8th (US), 28th (World)



Kristopher Emig - Hammer
Los Altos, CA ; UCLA
2024 Olympic Trials qualifier



Masters Track & Field

2025 Masters MEN Track & Field Grand Prix Awardees

2025 USATF Pacific Masters Track & Field Grand Prix MEN'S Results

| AGE GROUP | NAME | Performance | Performance | Performance | Performance | Performance | Performance | | |
|---------------|--------------------|-------------|-------------|-------------|-------------|-------------|--------------|-------|-----|
| M65-69 | Christian Oakes | 02:50.4 | 02:48.3 | 02:51.0 | 06:13.5 | 02:51.9 | 6:28 mile | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 494 | 526 | 485 | 374 | 472 | 474 | 1879 | 1st |
| M55-59 | James Scanlan | 17:18.2 | 17:28.3 | 17:38.9 | 17:44.3 | 17:59.2 | 5:17.19 Mile | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 863 | 836 | 809 | 795 | 759 | 740 | 4802 | 1st |
| M60-64 | Rick Cordes | 05:34.6 | 02:36.9 | 02:44.1 | | | | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 596 | 674 | 548 | | | | 1818 | 2nd |
| M60-64 | Jeff Mann | 02:22.7 | 02:24.4 | 05:00.7 | 10:25.7 | | | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 876 | 844 | 755 | 917 | | | 3392 | 1st |
| M35-39 | Camron Shahmirzadi | 04:09.2 | 04:09.5 | 04:10.2 | 04:11.6 | 04:12.4 | 04:14.7 | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 748 | 746 | 738 | 722 | 714 | 689 | 4357 | 1st |
| M45-49 | | | | | | | | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | | | | | | | | |
| M40-44 | Joseph Aubuchon | 01:05.1 | 02:32.5 | 05:13.2 | 30.88 | | | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 355 | 324 | 550 | 246 | | | 1475 | 1st |



USATF
PACIFIC

Masters Track & Field

2025 Masters WOMEN Track & Field Grand Prix Awardees

2025 USATF Pacific Masters Track & Field Grand Prix WOMEN'S Results

| AGE GOUP | NAME | Performance | Performance | Performance | Performance | Performance | Performance | | |
|---------------|-------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------|-----------------------|
| W40-44 | Amy Haapanen | 53.55 | 54.7 | 53.23 | 57.29 | 57.24 | 54.06 | | Hammer |
| | IAAF | Score | Score | Score | Score | Score | Score | | |
| | | 828 | 847 | | 888 | 887 | 836 | 4286 | 1st |
| W55-59 | Kathleen Tarr | 29.77 HT | 8.83 SP | 31.01 HT | 8.49 SP | 27.61 H | 8.28 SP | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 631 | 654 | 658 | 628 | 583 | 611 | 3765 | 1st |
| W70-74 | Karen Stoyanowski | 20:00.8 | 1:09.22.0 | 35:22.2 | 1:12:26 | 1:12:26 | | | 3k-5k-10k RW |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 930 | 917 | 830 | 787 | 847 | | 4311 | 1st |
| W65-69 | Suzanne Cordes | 02:53.0 | 05:52.9 | 02:58.1 | 13:18.8 | 01:20.9 | 06:08.9 | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 951 | 996 | 889 | 884 | 811 | 926 | 5457 | 1st |
| W60-64 | Joy Upshaw | 8.9 | 28.87 | 8.97 | 10.16 60H | 29.72 | 9.03 | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | |
| | | 1068 | 1122 | 1052 | 1149 | 1097 | 1035 | 6523 | 1st |
| W35-39 | Courtney Grant | 05:12.2 | 05:16.2 | 05:17.9 | 05:18.6 | 05:21.2 | 05:21.2 | | |
| | IAAF | Score | Score | Score | Score | Score | Score | Total | 1st |
| | | 775 | 751 | 740 | 736 | 721 | 721 | 4444 | Age graded total (38) |
| | | 694 | 671 | 661 | 656 | 641 | 641 | 3964 | Non age graded total |



2025 MASTERS TRACK & FIELD GRAND PRIX

Outstanding Male Performance

JAMES MCGREGOR SCANLAN

M55-59; 5K & Mile

6 events; **4802** Total Points

Outstanding FEMALE Performance

JOY UPSHAW

W60-64 Indoor 60m, 200m, 60mH

6 events, **6523** Total Points



2025 MASTERS

Performance Records

Indoor & Outdoor Track & Field, Roads

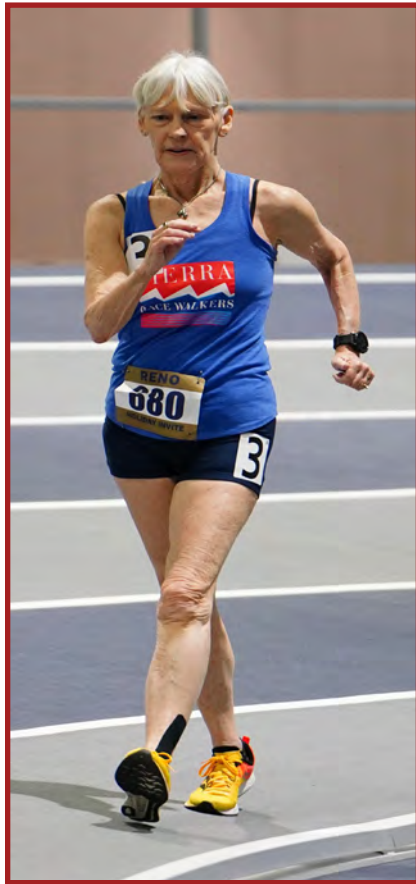
2025 USATF Pacific Masters Athletes Records

| <u>Athlete</u> | <u>Age Group</u> | <u>Event</u> | <u>Category</u> | <u>Mark</u> | <u>Race/Meet</u> | <u>Location</u> | <u>Date</u> | <u>Notes</u> |
|-----------------|------------------|---------------|-----------------|-------------|-----------------------------|-------------------|-------------|--------------|
| Elsbeth Padia | W85 | shot put | Outdoor T&F | 8.16m | USATF Masters Championship | Huntsville, AL | 07/18/2025 | |
| Jacob Nur | M70 | 10 mi | road | 1:01:35 | Urban Cow | Sacramento, CA | 09/28/2025 | |
| Jacob Nur | M70 | half marathon | road | 1:20:57 | Urban Cow | Sacramento, CA | 09/28/2025 | also WR |
| Jacob Nur | M70 | 10 km | road | 36:57 | Clarksburg Country Run | Clarksburg, CA | 11/02/2025 | |
| Jaime Heilpern | M55 | 10 mi | road | 53:28 | Sactown 10 | Sacramento, CA | 04/06/2025 | |
| Jenny Hitchings | W60 | 5 km | road | 18:44 | Patagonia 5k | San Francisco, CA | 06/07/2025 | |
| Jenny Hitchings | W60 | 5 km | road | 19:02 | Impala Stampede | San Francisco, CA | 07/13/2025 | |
| Jenny Hitchings | W60 | 10 km | road | 39:21 | Clarksburg Country Run | Clarksburg, CA | 11/02/2025 | |
| Nancy Simmons | W65 | 4x800m relay | outdoor T&F | 11:47.94 | Down the Stretch Track Fest | Fairfax, VA | 05/24/2025 | also WR |
| Nancy Simmons | W65 | 1 mi | road | 5:56.8 | Monumental Mile | Indianapolis, IN | 06/21/2025 | |
| Nancy Simmons | W65 | 800 m | outdoor T&F | 2:35.08 | Beverly Lewis Memorial | Montecito, CA | 10/19/2025 | also WR |
| William Harvey | M80 | shot put | indoor T&F | 13.16m | Silver State Invitational | Reno, NV | 12/04/2025 | |
| William Harvey | M80 | shot put | indoor T&F | 13.47m | Holiday Invite | Reno, NV | 12/28/2025 | |

RACE WALK

2025 Featured Athletes

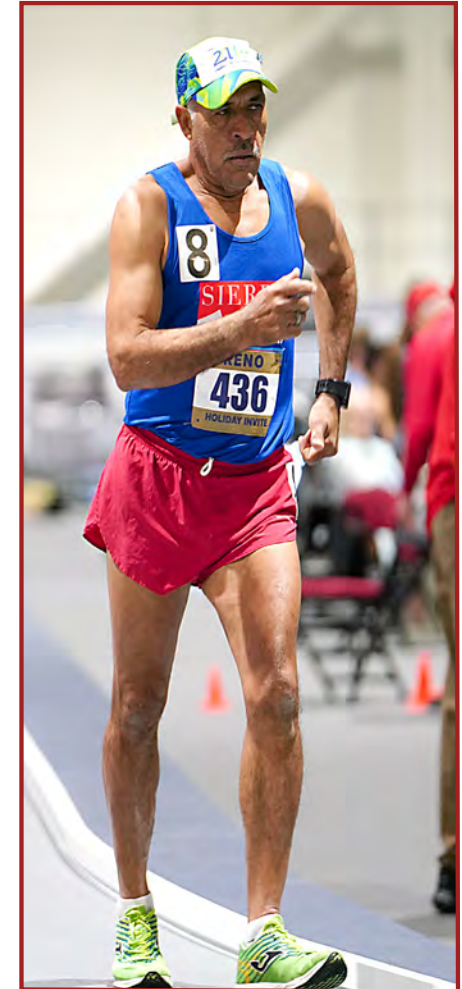
KAREN STOYANOWSKI



2025 PA
Woman Masters
Grand Prix
65-69
Champion
5000mRW
10,000m RW

Karen Stoyanowski: 1st,
1500m RW at the 2025 PA
Indoor TF Champs in Reno.
(9:58.71 at 4500 ft
elevation) on her last day
of being 69 years old!
Lisa Nottingham photo

FRANCISCO GUZMAN



2025 PA
Men Masters
Grand Prix
55-59
Champion
1500m RW
3000m RW

Francisco Guzman: 1st,
1500m RW at the 2025 PA
Indoor TF Champs in Reno.
(8:04.41 at 4500 ft elevation).
Lisa Nottingham photo

More 2025 Race Times are on next page.



RACE WALK *(cont'd.)*

2025 Events & Results for Karen Stoyanowski & Francisco Guzman

Karen Stoyanowski 2025 Race Walk Results

| Date | Race | Location | Event | Time | Placement for Women / |
|--------------|--------------------------------|----------------|--------|------------|---|
| Feb 1, 2025 | PA Indoor Meet | Reno, NV | 1500m | 9:58.71 | 1st Female Overall |
| Feb 16, 2025 | PA President's Invitational | Reno, NV | 1500m | 10:00.08 | 1st Female Overall; 1 st Age Grading |
| Feb 22, 2025 | Cal All Comers | Berkeley, CA | 1 Mile | 10:14.34 | 3rd Female Overall |
| Mar 8, 2025 | PA RW Championship | Berkeley, CA | 3000m | 19:47.22 | 2nd Female Overall; 1st Age Grading |
| Mar 27, 2025 | World Masters Athletics Indoor | Florida | 3000m | 20:00.88 | 3rd Overall Age Group- Bronze Medal |
| Mar 30, 2025 | World Masters Athletics Road | Florida | 10K | 1:09:22 | 4th Overall Age Group |
| Jun 8, 2025 | Golden West Invitational | Cordova HS, CA | 5000m | 35:22.26 | 1st Age Group |
| Jul 18, 2025 | USATF Masters Outdoor | Huntsville, AL | 5K | 36:19.05 | 1st Age Group |
| Jul 20, 2025 | USATF Masters Outdoor | Huntsville, AL | 10K | 1:12:26.30 | 1st Age Group |
| Dec 28, 2025 | PA Holiday Invite | Reno, NV | 1500m | 9:56.36 | 1st Age Group; Potential American Record; 2nd Overall |

2025 Francisco Guzman RW Results

| Date | Race | Location | Event | Time | Placement for Men / Notes |
|--------------|--------------------------------|----------------|-------|----------|---------------------------------|
| Feb 1, 2025 | PA Indoor Meet | Reno, NV | 1500m | 8:04.41 | 1st Male Overall |
| Feb 16, 2025 | PA President's Invitational | Reno, NV | 1500m | 7:53.92 | 1st Male Overall; 1st Age Group |
| Mar 27, 2025 | World Masters Athletics Indoor | Florida | 3000m | 16:21.94 | 7th Male Overall |
| Mar 30, 2025 | World Masters Athletics Road | Florida | 10K | 55:21 | 21st Male Overall |
| Jun 8, 2025 | Golden West Invitational | Cordova HS, CA | 5000m | 28:33.82 | 1st Age Group |
| Jul 18, 2025 | USATF Masters Outdoor | Huntsville, AL | 5K | 28:45.22 | 1st Age Group; 3rd Male Overall |
| Jul 20, 2025 | USATF Masters Outdoor | Huntsville, AL | 10K | 58:31.90 | 1st Age Group |
| Dec 28, 2025 | PA Holiday Invite | Reno, NV | 1500m | 7:58.45 | 1st Age Group |

OFFICIALS

2025 COMMITTEE AWARDS



Dick Connors Meritorious Service Award

Awarded to a Master level official for 10+ years of exceptional Track & Field officiating.

John Murray

George Newlon Special Recognition Award

Awarded to a National or Master level official for achievement in the area of Track event officiating.

**Mark Greenough
Dan Tinnel**

Dick Barbour Special Recognition Award

Awarded to a National or Master level official for achievement in the area of Field event officiating.

**Dave Mantooth
Jim Waldron**

Horace Crow Special Recognition Award

Awarded to a National or Master level official for achievement in the area of Field event officiating.

Larry Rodriguez

Lori & Sonny Maynard Special Recognition Award

Awarded to a person involved, other than as a spectator, in Track & Field, LDR, or Race Walking in any capacity and who has exhibited exceptional dedication to the sport.

Robert Benoy



USATF OFFICIALS 2025 COMMITTEE AWARDS

PACIFIC

National Awards

Bill Ackerman
Robert Hooper
Chantay Jones
Dave Miller
Chris Nichols
Sangram Singh
Lloyd Stephens
Dave Sundin
Duane Wolterstorff

Association Awards

Nicki Goldman
Scott Gonsolin
Schuyler Hall
Megan Johnson
Connor Laughlin
Jay Meder
Doug Nareau
Jason Singson
Eder Tostado
Lena Watts

Apprentice Awards

Roberta Anthes
Keith Caldwell
Melanie Cleland
Michael Collins
Laurie Loeffler
Ed Marchand
Shannon Mosbacher
Tom Schirz
Darren Siebert
Julius Ujeh
Bob Wright

Officials Chair's Awards

Keith Bunker
John Busto
Tori Busto
Sean Carey
Michael Collins
Erika Contreras
Ryan Cowley
Anthony Davis
Gail Decatur

Officials Chair's Awards Cont'd.

Teddy Hayes
Cris Houston
Chantay Jones
Kenny McDaniel
Mo Saatara
Sangram Singh
Charlotte Sneed
Dave Sundin



OFFICIALS at WORK!

(1 of 2 pages)





OFFICIALS at WORK!

(2 of 3 pages)





TOM MOORE AWARD

LEE WEBB

Lee has been involved in athletics since his youth. In high school he was a 4-time track & field state champion in addition to excelling in other sports. He found success at the collegiate level at both Southern Oregon State University (3-time All-American in the decathlon) and Oregon State University (All-Pac-8 decathlete), and qualified for the US Olympic Trials in the decathlon and javelin before his 40+ year coaching career.

After coaching positions in Oregon and Arizona, Lee came to the Pacific Association and was brought onto the



staff at Logan High School in Union City in 1984, where he coached for 35 years until his retirement. In addition, Lee is the founder and president of Misson Valley Track & Field Club, and he has served on several US Youth Teams including as Jumps Coach for the 2011 World Youth Team and Head Coach of the 2013 World Youth Team.

Lee has served as host and meet director for hundreds of meets in the Pacific Association, including the Bay Area Top 8, Special Olympics programs, and the perennial Pacific Association Youth Combined Events Championship. Lee also founded the Willie Davenport Olympians Clinic in 1988 to connect Olympians with aspiring youth athletes.



2025 USATF Pacific SERVICE AWARD

CARL ROSE



Carl Rose has served the Pacific Association since 2014 as Cross Country Co-chair, and has also been the men's track & field representative on the Board of Athletics. He has been race director of the USATF Pacific's Cross Country Championship since 2022, and has been a key volunteer for the last two national USATF Cross Country Championships in Golden Gate Park: the 2022 Club Cross Country National Championship as Co-race director, and the 2025 Masters 5k Cross Country Championship.

Carl was a middle-distance runner at Cal in the 1980s, and he has continued competing as a masters athlete. He started Strawberry Canyon Track Club in 2009 which actively competes in PA Grand Prix series, and has coached several athletes who have qualified for Olympic Trials and won national titles. In addition to coaching, Carl has covered running and outdoors, and gear and apparel reviews for multiple magazines and media outlets.



2025 SERVICE AWARDS *(continued)*

DANIELLE DOMENICHELLI



Danielle is a key figure in the running industry in Sacramento. As the Sport Development Director of the Sacramento Running Association (SRA), Danielle has overseen event management in the Pacific Association, including serving as meet director at NCAA championship XC races in Sacramento. She is also responsible for recruiting and coordinating elite athletes at CIM and other major events and manages media relations.

In addition to her support of championship races and events, Danielle has served on the Pacific Association board of athletics as representative for both LDR and Track & Field. Prior to her service to meet management, Danielle was a CIF finalist at Oak Ridge High School (El Dorado Hills) and an All-American athlete at UC Santa Barbara, and she continues to compete in Pacific Association LDR Grand Prix with the SRA team.



6th Annual Recognition Awards Banquet IN CLOSING

Your USATF Pacific Recognition Awards Banquet hosts thank all our attendees, awardees, volunteers, and contributors for making this event possible and for supporting the USATF Pacific Foundation with your beverage and raffle ticket purchases!

Visit pausatf.org to view this program online and learn even more about this year's Awardees!

See you next year!



Two of these delicious sourdough loaves, created by acclaimed breadbaker Kelson Herman, are among the items to be won at the raffle!