



NATHAN'S SEA CADET PHOTO, 2019

USATF Pacific Featured Athlete Road to the 2024 Olympic Track & Field Trials Nathan Kent

Nathan Kent's parents, Maura and Roosevelt Kent, Jr., met when they were both on track scholarships at Asuza Pacific University, CA, so Nathan's athletic skills were most likely predestined. It's one thing to have genes in your favor, but when they are combined with intelligent and dedicated parenting, the outcome is bound to be positive.

photos on this page courtesy of Navy Athletics



L TO R: BRADEN PRESSER (JAVELIN, 72.60M), NATHAN KENT (45.69, 400M), BRAHMIR VICK (110-METER HURDLES, 13.62), AND JACQUES GUILLAUME (400-METER HURDLES), 50.79

Early Years

A big chunk of Nathan's early years were spent at the track or on trails in nearby parks. Maura and Roosevelt had settled in Rocklin CA and started the Revolution Express Track Club for kids of all ages and skill levels. Nathan was always participating and, of course, running, throwing and learning. At age 3, he was an official 5th member of the Revolution Express cross country team. As a 7-year-old at the Youth Nationals in South Carolina, he took 2nd in the turbo javelin and 8th in the 800m for All American status in both. *photos courtesy of the Kent Family*



LEFT & MIDDLE: NATHAN 3-YEARS-OLD; RIGHT NATHAN 7-YEARS-OLD

Middle and High School



Nathan checked out different sports until 8th grade, and he joined the Sacramento Division of the Navy Sea Cadets, attaining Chief Petty Officer by HS graduation. From 8th grade through High School he played football as a Wide Receiver and Safety, and he returned to track, achieving a long string of Rocklin High School records. He was also recognized by a local TV station, KCRA 58, with this "Superstar" tribute: <https://www.kcra.com/article/my58-superstar-rocklin-teen-is-one-of-the-fastest-sprinters-state/35952752>

photo courtesy of sportstarmag.com/

High School Track Stats

11th Grade

- 100m (10.73) broke 10-year old Rocklin HS Varsity boys record
- 200m (22.08) broke 10-year old Rocklin HS Varsity boys record
- 200m (21.68) breaking his own record 13-days later.
- 400m (47.96) broke 18-year old Rocklin HS Varsity boys record
- 400m (47.47) breaking his own record 20 days later to achieve a #2 national Athletic.net ranking

12th Grade (hamstring injury for most of the season)

- 4x400m Rocklin HS relay team: qualified for CIF state meet for 4th overall
- Earned 4 Letters in track & field

High School Football Honors

Nathan earned three Football Letters. In his Senior year he was awarded Third-Team All-State (Calif.) Football honors, was a First-Team CIF Sac-Joaquin Section selection, and he was named the league's offensive MVP.

College

In 2022, Nathan was appointed for the US Naval Academy by California's 5th District U.S. Representative **Tom McClintock**. Nathan's academic, athletic and involvement with the Navy Sea Cadets were all factors in McClintock's appointment and Nathan's subsequent acceptance. Nathan's Major is Foreign Area Studies (Focus: Middle East History).

College Athletics

Track Videos/Articles

- All Four Mids Earn All-America Honors at NCAA Outdoor Track and Field Championship; Nathan achieved his 400m Olympic Trials qualifying time of 45.69, placing 11th overall. ([LINK](#))
- Navy Names Four Athletes Of The Week ([LINK](#))
- Men's Track and Field Captures Second-Straight IC4A Championship, Women Place Third In ECAC Championship ([LINK](#))
- Track and Field Claims Sixth-Straight Sweep At Patriot League Outdoor Championship ([LINK](#))
- Nathan's bio for indoor/outdoor track ([LINK](#))

Football

Nathan's Navy bio for football ([LINK](#))



LEFT TO RIGHT: ROOSEVELT KENT, JR., MAURA KENT, NATHAN KENT, TOM MCCLINTOCK.



NATHAN WINS THE 400M AT 2022 ARMY NAVY INDOOR MEET *photos courtesy of Navy Athletics*

The Navy has had a men's Track & Field team for over 135 years and tracks the **Top 10 best ever marks per event**. Below are Nathan's standings and times as of June 2024.

Indoor

200m: *School Record* (20.88) 2/25/2024

5th (21.22) 2/3/2024

8th 21.28) 2/10/2024 and 2/24/2024

400m

2nd (46.83) 2/25/2024

4x400m Relay: *School Record* (3:10.96) 2/26/2023

2nd (3:11.04) 2/25/2024

4th (3:11.93) 2/11/2023

9th (3:13.35) 1/20/2024

Outdoor: 100m: *School Record* (10.35) 3/16/2024

200m

3rd (20.84) 4/13/2024

4th (20.98) 4/20/2024 & 5/4/2024

9th (21.06) 5/12/2024

400m *School Record & PB (45.42) 6/21/24; Rd.1 Oly.TF Trials*

2nd (45.69) 5/25/2024 ... missed tying school record by .01,

although his time qualified him for the Olympic Trials. 3rd

(45.85) 6/5/2024 ... the time previously 3rd best in the Top

10 was set in 1987 - 17 years before Nathan was born.

4x100m Relay

5th (40.40) 3/18/2023

8th (40.46) 5/6/2023

10th (40.47) 3/11/2023

4x400m Relay: *School Record* (3:04.59) 5/24/2024

2nd (3:06.87) 5/14/2023

3rd (3:06.98) 4/26/2024

5th (3:07.54) 4/13/2024

6th (3:08.6) 4/15/2023

NATHAN FOLLOWING
THE HAND-OFF IN THE
4X100M RELAY AT THE
2024 VIRGINIA INVITE
(1ST IN 40.66)

photo courtesy of Navy Athletics



NATHAN KENT WITH HIS
MEN'S TRACK ATHLETE
TROPHY AT THE PATRIOT
LEAGUE CHAMPIONSHIPS

photo courtesy of Navy Athletics