

2024 PR Meet Order of Events

**RUNNING EVENTS WILL FOLLOW
A ROLLING START AFTER THE
FIRST EVENT.**

FIELD EVETS START TIMES

8:00 am	5,000m Run	Combined Male/Female
	3,200m Run	Combined Male/Female
	100M Hurdles	Male/Female
	110M Hurdles	Male/Female
	2,000M Steeple	Male
	2,000M Steeple	Female
	100M	Male Female
	1600M	Male
	1600M	Female
	400M	Male Female
	800M	Male
	800M	Female
	200M	Male Female

9:00 AM	SHOT PUT	Female Male to follow
11:00 AM	DISCUS	Male Female to follow
9:00 AM	HAMMER	Male Female to follow
10:00 AM	POLE VAULT	Female
1:00PM	POLE VAULT	Male
9:00 AM	LONG JUMP – OPEN PIT	Female
12:00 PM	LONG JUMP – OPEN PIT	Male
9:00 AM	TRIPLE JUMP – OPEN PIT	Male
12:00 PM	TRIPLE JUMP –OPEN PIT	Female
10:00 AM	HIGH JUMP	Female
1:00 PM	HIGH JUMP	Male
1:00 PM	Javelin	Male Female to follow

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