

# 2024 USATF Pacific Masters Track & Field Grand Prix

Updated 14 April 2024 with more sanctioned meets.

## Information and Dates

February 1<sup>st</sup> – July 21<sup>st</sup>

Current PA USATF members only in good standing may participate. No retroactive performances accepted if membership wasn't concurrent. *Be sure to check your membership status at [usaf.org](https://usaf.org).*

Masters athletes age groups, both Male and Female: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

## Competition Rules

**Registration for participation in the Grand Prix is required.** Registration directions are posted on the [Masters TF Grand Prix webpage](#), and the deadline to register is **May 18, 2024**.

Participants must submit a minimum of 2 performances from any of the **Grand Prix Circuit Sanctioned Meets** listed below.

Outside marks and performances must come from **sanctioned meets** within the USATF Pacific boundaries. See currently sanctioned event list below.

**Up to 4** performances can be submitted, but a minimum of 2 eligible performances will be required for awards purposes.

Performances in college and sanctioned events February 1<sup>st</sup>, 2024 to July 21<sup>st</sup>, 2024 are eligible.

## Events

All standard events eligible. 3000m and 2 mile events are eligible. 1600 and 3200 runs must be converted first to mile and 2 mile times. <https://ny.milesplit.com/calc>

No relays or shuttles. No off distance marks in outdoor events– i.e 300 meters, 1000 meters, 3 mile run, etc.

List of standard events here: <https://www.usatf.org/events/2024/2024-usatf-masters-outdoor-championships/schedule>

## Meets

Meets must be USATF sanctioned in order to qualify as a Masters Grand Prix event. NCAA meets have a blanket sanction.

**USATF Pacific Grand Prix Meets (as sanctions are approved more meets will be added):**

1. May 19<sup>th</sup> [PR Invite](#), Cordova HS, Rancho Cordova
2. June 1<sup>st</sup>-2<sup>nd</sup>, [Golden West Invitational](#), Cordova HS, Rancho Cordova
3. June 9<sup>th</sup>, [Senior Games \(50+\) Rick Milan Memorial Meet](#), College of San Mateo
4. June 9<sup>th</sup>, Sonoma Wine Country Senior (50+) Games [Throwers Competition](#), Santa Rosa
5. June 22<sup>nd</sup>, [Pride Meet](#), Laney College, Oakland
6. July 6<sup>th</sup>, USATF Pacific Masters Track & Field Championships, Cordova HS, Rancho Cordova, contact [Charlotte Sneed](#) for info.
7. July 18<sup>th</sup>-21<sup>st</sup>, [National USATF Masters Outdoor Track & Field Championships](#) – American River College, Sacramento, CA

## Scoring

Performances will be submitted and totaled using IAAF points per each discipline.

Athletes can submit performances from any standard event or distance and are not restricted to just one specialty.

Age 40+ athletes will convert their open equivalent performance and will then use that mark for the IAAF points conversion. <https://caltaf.com/pointscalculator.html>

i.e.: Female Age 63 - 100 meters 14.32 = 90.01% - 11.71 open equivalent 1,049 points.

2023 AG calculator. <https://mastersrankings.com/new-age-grades/>

**Email performances to:** [masterstfgp@gmail.com](mailto:masterstfgp@gmail.com)

Include Full name, Age at time of performance, membership number and club affiliation if any, Date of performances, Event name and Location, performance or mark, age-graded mark and IAAF points- and a link to results if available.

**Total points** per age group will determine winner.

In the *rare* case of a tie - example: Women's 40-44 (3,500 to 3,500 points) - the athlete that competed in the most **USATF Pacific Grand Prix Circuit Meets** will be determined as the winner.

If an equal amount of Grand Prix meets were participated in, head to head competition results will be used to determine winner.

If both athletes had similar win/loss records, then the final factor will be the oldest competitor based on birth date for ages 30+ .

## Awards

- All performances must be submitted by August 3<sup>rd</sup>, 2024, and are subject to review.
- Protests must be submitted by August 10<sup>th</sup>, 2024
- Age group winners announced August 17<sup>th</sup>, 2024
- Outstanding performances both Male and female announced August 17<sup>th</sup> 2024
- Most improved mark or athlete: TBD for 2025 Grand Prix Season
- Team Championship: TBD Based on overall participation and submitted score per track club.
- Award Type: Special individual medals per age group. Medal/plaque for outstanding performances.

Visit the [USATF Pacific Masters Track & Field page](#) for updates and more information. Email [masterstfgp@gmail.com](mailto:masterstfgp@gmail.com) with questions.