



LDR Committee Report
September, 2023
LDR Committee Report
Your Name (foxhorsepower@gmail.com)

Cross Country Season:

We have had 4 XC races to date, SCTC XC Challenge in Santa Cruz, Phil Widener Empire open in Santa Rosa, GGP Open in San Francisco, and Rebels XC Challenge in Carmichael. There is plenty of cross country left in the season. Go to the PAUSATF LDR/ XC schedule for details on dates and registration:

<https://www.pausatf.org/data/2023/2023-detailed-xc-schedule.htm>

MUT:

We have 3 more races in the 2023 season- Dick Collins Firetrails 50M, Star City San Bruno Mtn Trail Half Marathon and Ruth Anderson 50K and 50M. Come join the fun

<https://www.pausatf.org/mut-running/usatf-pacific-mut-grand-prix-schedule/>

Road Racing:

There are 4 races left in the 2023 Road series. Urban Cow half marathon, Clarksburg Half Marathon, CIM, and the always festive Christmas Relays. <https://www.pausatf.org/road-racing/annual-road-racing-grand-prix-schedule/>

Dates:

LDR Committee meeting will be Wednesday September 20th via Zoom. Contact Angie Longworth at foxhorsepower@gmail.com to get zoom link if you want to attend.

Rick Berman (USATF Pacific)

Hey all,

The USAs are wrapped up in Eugene.

There will be some Diamond League meets to watch and the Worlds in August It's time to turn our attention to XC (starting in mid-August) and we go back to the Roads at the beginning of October.

Schedule:

XC: 19 Aug (Sat) - 22nd Annual SCTC XC Challenge - Santa Cruz

XC: 26 Aug (Sat)

- 30th Annual Phil Widener Empire Open - Santa Rosa

XC: 10 Sep (Sun)

- 37th Annual Golden Gate Park Open - Golden Gate Park

XC: 16 Sep (Sat) - 12th Annual Rebels XC Challenge - Carmichael

Road: 1 Oct (Sun) - Urban Cow Half Marathon - Sacramento

XC: 8 Oct (Sun) - 27th Annual John Lawson Tamalpa Challenge - China Camp

XC: 15 Oct (Sun)

- 4th Annual GVH Lagoon Valley XC Challenge - Vacaville

XC: 21 Oct (Sat) - 14th Annual Willow Hills XC Open - Folsom

XC: 28 Oct (Sat) - 25th Annual Matt Yeo Aggies XC Open - Martinez

XC: 5 Nov (Sun) - 18th Annual Garin Park XC Challenge - Hayward

Road: 12 Nov (Sun) - Clarksburg Half Marathon - Clarksburg

XC: 19 Nov (Sun) - 37th Annual PA XC Championships - Golden Gate Park

Road: 3 Dec (Sun) - California International Marathon - Sacramento

Road: 17 Dec (Sun) - Christmas Relays - San Francisco

11:48 AM Mon Sep 11

99%



me May '20

Hi All, if you have any reports or notes that need to be addressed from previous BoA meeting please forward that to me



jshirey1 Jun 11

to me ▾



Tori,

Here is the list of George Kleeman training grant winners I plan to share at the meeting today:

The USATF Pacific Foundation is excited to announce our 2023 George Kleeman Training Grant recipients.

With thanks to our donors, we are thrilled to be able to support 10 Pacific Association athletes as they train, compete, train and look toward USATF Nationals and beyond.

Please join us in rooting for our grantees at the Nationals and through the rest of the competitive season.

- Elena Bruckner (Discus)
- Jason Smith (Long Jump)
- Robyn Stevens (Race Walk)
- Justin Lewis (High Jump)
- Craig Huff (Steeple)
- Jestena Mattson (Heptathlon)
- Mark Huizar (5K)
- Miles Smith (800/1500)
- Sean Davidson (1500/5K)
- Sara Jane Underwood (800m)

11:50 AM Mon Sep 11



Carl Rose Aug 10

One comment to we may need to watch closely how the fallout breaks from the dissolution of the Pac-12, thought...



John Mansoor Aug 10

to me ▾



As we have been doing each meeting need an item called National Championships with these meets:

- 2023 D1 NCAA Cross West Regional- Sacramento
- 2024 US Masters Outdoor Track Championship- Sacramento
- 2024 D1 NCAA Cross Mountain West Region- Reno
- 2024 D2 NCAA Cross National Championship- Sacramento
- 2026 D1 NCAA West Region Track Championship- Sacramento

And a new item

2024-25 Indoor Track Reno

Race Walk From John Price

There should be some elite race walkers competing at the Pacific Association 10K+20K Championship road race at William Pond Park in Carmichael/ Sacramento on October 29.