



2023 Pacific Association Masters Championships

Cordova High School
2239 Chase Dr,
Rancho Cordova, CA 95670

The Pacific Association of USA Track and Field (USATF) welcomes you to the 2023 USATF Pacific Association Masters Championships. The competition will be held Sunday, August 20th at Cordova High School in Rancho Cordova, CA. For all questions and the latest updates regarding the USATF Pacific Association Masters Championships, please refer to the Pacific Association Masters web page at:

<https://www.pausatf.org/masters-track-field/>

Meet Director:

Charlotte Sneed
pa.csneed@gmail.com

ELIGIBILITY

Only U.S. citizens, non-citizens who are permanent residents of the US and international students in the US on student visas are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. Athletes from more than one age group can comprise a relay; the age of the youngest member of the team determines which age group it competes in.

U.S. citizens must be current, age-verified members of *USA Track & Field* to enter and compete
Athlete age based on athlete's age on August 20, 2023
All athletes are subject to drug testing

Entry Fee:

\$60 online through August 16	\$80 (\$20 Late fee) online August 16-19	\$90 (\$30 Late Fee) Day of Meet
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On-time Registration Deadline: 11:59 PM, Wednesday August 16, 2023

Register at:

<https://www.athletic.net/TrackAndField/meet/518591/>

NOTE:

You cannot register an athlete for this meet if their birth date has not been validated by the national office verification procedure.

Link to the how-to video for date of birth verification:

- <https://vimeo.com/user44435707/usatf-connect-member-tutorials/video/403329154>

Bib Numbers & Hip Numbers:

- Bib numbers will be distributed at packet pick-up. All athletes must wear their assigned bib number to compete
- Bib numbers must be worn on the front of the jersey during competition in all events. An exception is made for vertical jump athletes who have the option to wear their bib number on their back
- For all running and race walking events, athletes will be assigned a hip number when they check-in with the Clerk of the Course for final seeding
- Hip numbers must be worn on the hip (hip facing camera while competing not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
- In some of the longer distance races and RaceWalk additional identification numbers may be placed on the athlete to assist with lap counting

Protest Table:

- All protests must be submitted **in writing** within thirty (30) minutes after the results of an event have been posted per USATF Rule 146. This time period will be strictly enforced.
- There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded if the protest is upheld.
- Only violations of the USATF 2023 Rules of Competition may be protested.
- Judgment calls made by meet officials cannot be protested.
- Protests that do not meet the above criteria will not be accepted.
- The location of the protest table will be announced

Awards:

- Awards will be available for pick up at the Awards table 1/2-hour after the results have been posted

NOTE: The 1/2-hour waiting period is to allow processing time in the event a protest is filed regarding an event

Medical Services:

Qualified medical personnel will be available to provide emergency first-aid at all sessions of the championships.

Additional medical facilities and the local Fire Department and Rescue Unit is located minutes from the stadium.

Tents:

Tents will be allowed on the top row of the bleachers only but must not block announcer's view.

Tents and carts may not block emergency access pathways. Tents or carts impeding emergency access may be removed without notice

Alcohol: There is no alcohol permitted on school grounds.

Smoking: Cordova High School and Hagin Park are SMOKE FREE ZONES. There is no smoking allowed anywhere on the school campus, inside or outside **including parking lots**. This rule includes electronic cigarettes.

Coolers: Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED. Coolers may be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium

Parking:

There will be a fee for on-site parking & can be pre-paid. Free parking is available on the street around the school. See parking payment link at: [\[Link pending\]](#)

Food Services:

Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal

Note: BBQs and sunflower seeds are not allowed anywhere on the school campus, not even the parking lot

Lost and Found - A lost and found area will be located near the protest table

Results:

Events Schedule

August 20, 2023

TRACK EVENTS – 8:00 AM Starting Time

NOTE: Event schedule, by race, will be published after the close of on-time entry.

<u>Track Events</u>		<u>Time</u>
5000 Meter Run	2-Races	08:00:00 AM
5000 Meter RaceWalk	1-Race	
2000/3000 Meter Steeplechase (register online-- subject to cancellation)	2- 3 Races	
80/100/110 Meter Hurdles		
1500 Meter Run		
400 Meter Dash		
100 Meter Dash		
800 Meter Run		
200/300/400 Meter Hurdles		
200 Meter Dash		
400 Meter Relay (4x100) 1600 Meter Relay (4x400) 3200 Meter Relay (4x800) (register online-- subject to cancellation)		

FIELD EVENTS - 8:00 AM- **Schedule TBD**

Hammer Throw	High Jump
Discus Throw	Pole Vault
Shot Put	Long Jump
Javelin Throw	Triple Jump

PROTEST / APPEAL FORM

Please complete the following information, followed by the reason for the protest. It is essential that you write all information clearly so that it is readable.

This is a protest of a decision concerning:

Event: _____
 MEN or WOMEN (circle one) _____
 Round / Heat / Flight: _____
 Individual / Team Name: _____
 Lane / Hip #: Bib #: _____
 Current decision being protested: _____

USATF Rule which supports this protest:

Rule # / Section: _____
 Page: _____

Clearly, and as concisely as possible, explain the situation.

Cite all pertinent facts which should be examined by the Referee / Jury of Appeal in order to take action.

For an appeal, attach the original protest.

Person filing the protest / appeal (print): _____
 Date & Time: _____
 Signature: _____
 Protest and \$50 appeal fee received by: _____

Referee / Jury of Appeal Decision:

This protest / appeal is: UPHeld DENIED (circle one).

Date & Time: _____

New decision: _____

Referee / Jury of Appeal Signature: _____