



2023 Pacific Association Masters Championships

Cordova High School
2239 Chase Dr,
Rancho Cordova, CA 95670

The Pacific Association of USA Track and Field (USATF) welcomes you to the 2023 USATF Pacific Association Masters Championships. The competition will be held Sunday, August 20th at Cordova High School in Rancho Cordova, CA. For all questions and the latest updates regarding the USATF Pacific Association Masters Championships, please refer to the Pacific Association Masters web page at:

<https://www.pausatf.org/masters-track-field/>

Meet Director:

Charlotte Sneed
pa.csneed@gmail.com

Entry Fee:

\$60 online through August 16	\$80 (\$20 Late fee) online August 16-19	\$90 (\$30 Late Fee) Day of Meet <u>(Must be age-verified through USATF)</u>
Day of the meet Registration 7AM - 10:30 AM <ul style="list-style-type: none"> • <u>USATF Membership CANNOT be purchased onsite.</u> • <u>Age-verification CANNOT be completed onsite</u> 		

On-time Registration Deadline: 11:59 PM, Wednesday August 16, 2023

Register at:

<https://www.athletic.net/TrackAndField/meet/518591/>

NOTE:

- **2023 USATF Membership and age-verification is required**
 - In order to register for this meet online or on the day-of-the-meet an athlete's age MUST be validated by the USATF National Office age-verification procedure.
 - Link to the how-to video for date of birth verification:
 - <https://vimeopro.com/user44435707/usatf-connect-member-tutorials/video/403329154>
 - **USATF Membership CANNOT be purchased onsite.**
 - **Age-verification CANNOT be completed onsite**

Athletic.net Registration Help:

- Create an athletic.net account:
 - <https://support.athletic.net/article/2ngw43npwr-creating-your-account-on-athletic-net>
- Add your USATF membership number to your profile:
 - <https://support.athletic.net/article/vdj6d29cqd-adding-a-birthdate-and-usatf-membership-id-to-your-profile>
- Register for an event:
 - <https://support.athletic.net/article/90hyv0deh5-registering-for-an-event-as-an-individual>
- **NOTE:**
 - All participating athletes must have their age validated by the national office verification procedure.
 - Link to the how-to video for date of birth verification:
 - <https://vimeo.com/user44435707/usatf-connect-member-tutorials/video/403329154>

Awards:

- Medals will be presented for 1-3 place in each age group
- For events with more than one athlete in the age division: awards will be available for pick up at the Awards table 30-minutes after the results have been posted
 - NOTE: The 1/2-hour waiting period is to allow processing time in the event a protest is filed regarding an event
- All awards must be picked up onsite no more than 1-hour after the conclusion of the final event.

American(USATF) and World(WMA) Age-Group Records:

- It is the athlete's responsibility to notify meet personnel of anticipated record performances
 - Running Events: notify clerk of the course at check-in
 - Field Events: notify event head official at check-in
- See USATF MTF Records website for current age-group records:
 - <https://usatfmasters.org/records/>
- Athlete must provide 2-copies of the appropriate record form, completed with athlete information
 - <https://usatfmasters.org/records/record-application/>

Bib Numbers & Hip Numbers:

- Bib numbers will be distributed at packet pick-up. All athletes must wear their assigned bib number to compete
 - Bib numbers must be worn on the front of the jersey during competition in all events. An exception is made for vertical jump athletes who have the option to wear their bib number on their back
- For all running and race walking events, athletes will be assigned a hip number when they check-in with the Clerk of the Course for final seeding
 - Hip numbers must be worn on the hip (hip facing camera while competing not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
- In some of the longer distance races and RaceWalk additional identification numbers may be placed on the athlete to assist with lap counting

Protest Table:

- All protests must be submitted **in writing** within thirty (30) minutes after the results of an event have been posted per USATF Rule 146. This time period will be strictly enforced.
 - There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld.
 - Only violations of the USATF 2023 Rules of Competition may be protested.
 - Judgment calls made by meet officials cannot be protested.

- Protests that do not meet the above criteria will not be accepted.
- The location of the protest table will be announced

Medical Services:

- Qualified medical personnel will be available to provide emergency first-aid at all sessions of the championships.
- Additional medical facilities and the local Fire Department and Rescue Unit are located minutes from the stadium.

Tents:

- Tents will be allowed on the top row of the bleachers only but must not block announcer's view.
- Tents and carts may not block emergency access pathways. Tents or carts impeding emergency access may be removed without notice

Alcohol: There is no alcohol permitted on school grounds.

Smoking:

- Cordova High School and Hagin Park are SMOKE FREE ZONES.
- There is no smoking allowed anywhere on the school campus, inside or outside **including parking lots.**
- This rule includes electronic cigarettes.

Coolers:

- Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED.
- Coolers may be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium

Parking:

- There will be a fee for on-site parking & can be pre-paid.
 - See parking payment link at: [\[Link pending\]](#)
- Free parking is available on the street around the school.

Food Services:

- Limited food and beverages will be sold throughout the meet.
- You may bring your own food and drink into the stadium but you may not bring in glass containers.
- When you leave, you must remove anything you brought in with you.
 - For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal

Note: BBQs and sunflower seeds are not allowed anywhere on the school campus, not even the parking lot

Results:

Events Schedule

August 20, 2023

TRACK EVENTS – 8:00 AM Starting Time

NOTE: Event schedule, by race, will be published after the close of on-time entry.

<u>Track Events</u>		<u>Time</u>
5000 Meter Run	1-Races	08:00:00 AM
5000 Meter RaceWalk	1-Race	
2000 Meter Steeplechase (register online-- subject to cancellation)	2- Races (30", 36")	
80/100/110 Meter Hurdles		
1500 Meter Run		
400 Meter Dash		
100 Meter Dash		
800 Meter Run		
200/300/400 Meter Hurdles		
200 Meter Dash		
400 Meter Relay (4x100) 1600 Meter Relay (4x400) 3200 Meter Relay (4x800) (register online-- subject to cancellation)		

FIELD EVENTS

<u>Hammer Throw</u>	8:00 AM	<u>Long Jump</u>	8:30 AM
<u>Discus Throw</u>	(after Hammer Throw)	<u>Triple Jump</u>	(after Triple Jump)
<u>Shot Put</u>	10:00 AM	<u>High Jump</u>	9:00 AM
<u>Javelin Throw</u>	12:00 PM (after discus)	<u>Pole Vault</u>	9:00 AM

PROTEST / APPEAL FORM

Please complete the following information, followed by the reason for the protest. It is essential that you write all information clearly so that it is readable.

This is a protest of a decision concerning:

Event: _____

MEN or WOMEN (circle one) _____

Round / Heat / Flight: _____

Individual / Team Name: _____

Lane / Hip #: Bib #: _____

Current decision being protested: _____

USATF Rule which supports this protest:

Rule # / Section: _____

_Page: _____

Clearly, and as concisely as possible, explain the situation.

Cite all pertinent facts which should be examined by the Referee / Jury of Appeal in order to take action.

For an appeal, attach the original protest.

Person filing the protest / appeal (print): _____

Date & Time: _____

Signature: _____

Protest and \$50 appeal fee received by: _____

Referee / Jury of Appeal Decision:

This protest / appeal is: UPHELD DENIED (circle one).

Date & Time: _____

New decision: _____

Referee / Jury of Appeal Signature: _____