



**Pacific Association USATF 9th Annual Shor
- Sheppard Classic [Hughson High School](#)
[7419 East Whitmore Avenue](#)
[Hughson, CA 94803](#)**

Saturday – July 15, 2023

June 28, 2023

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

Hello everyone!! The Pacific Association of USA Track and Field (USATF) welcomes you to the 9th Annual Shor-Sheppard Classic Track and Field meet. The competition will be held on Saturday, July 15 at Hughson High School in Hughson, California.

This meet was started to honor two wonderful men who dedicated their lives to us all for the benefit of our youth in the Pacific Association and beyond. Bob Shor has now departed but Charlie Sheppard is still here with us and we pray for his continued good health. Let's now take this opportunity to remember these two great men of USATF Pacific Association youth track & field!

The main purpose of the Shor-Sheppard Classic is for the benefit of active graduating seniors from the Pacific Association. We're looking forward to offering \$500 grants annually to four graduating PAUSATF seniors starting next year in 2024; a male and female in track and a male and female in field. More information is forthcoming.

For all questions regarding the 9th Annual Shor-Sheppard Classic, please contact Meet Directors: Carl Bryant ceebevrev@sbcglobal.net 209 765-9840, Deborah Sample dsample@wccusd.net 510 672-8538, Joanne Slaton-Camargo slatoncamargo@gmail.com 510 301-839

This is now changed to a one-day meet.

Pacific Association USATF 9th Annual Shor Sheppard Classic

- Cost: **\$9 per athlete, \$36 per relay** (no refunds after close of meet) **Entries to be paid at the meet.**
- ○ 6 & under, 7-8, 9-10, 11-12 year olds, can enter 1-3 events ○ 13-14, 15-16, 17-18 year olds can enter 1-4 events ○ Athletes are not allowed to compete in an older or younger age group ○ A relay counts as an event
 - Unattached athletes cannot form a relay team**
- The 15-16, 17-18 age groups are no longer allowed any false starts. 6 & under, 7-8, 9-10, 11-12, 13-14 age groups are still allowed one false start

Competition Age Groups			
Age Group	Birth Year	Group No.	Maximum Events
6 & under	2017+	0	3 events
7-8	2015-2016	1	3 events
9-10	2013-2014	2	3 events
11-12	2011-2012	3	3 events
13-14	2009-2010	4	4 events
15-16	2007-2008	5	4 events
17-18	2005-2006, 2004 after July 31	6	4 events

Results Posting: For final results after the meet is over, you can check the www.athletic.net website and the Pacific Association website (www.pausatf.org).

Awards: Awards will be available for pick up at the Awards table, preferably by coaches and unattached parents. Medals will be awarded to the overall top six places in each event.

Medical Services & Security: There will be qualified personnel available. Additional medical facilities such as the Fire Department Rescue Unit is within minutes of the stadium.

You must complete your registration process by 9 pm Wednesday, July 12, 2023. Don't wait until the last minute. www.athletic.net

Shor-Sheppard Classic Track and Field Meet

Schedule of Events

July 15, 2023

All running races are contested girls then boys. Rolling schedule – as soon as a running event ends, the next will begin.

Saturday Track Events

Event	Age Group	Time
3000 meter run	11-12 through 17-18 year olds	8:00
400 meters	6 & under, through 17-18 years old	
4x100 meter relay	6 & under through 17-18 year olds	
1500/3000 meter Race Walk	9-10 through 17-18 year olds	
100 meter dash trials	6 & under through 17-18 year olds	
50 meter dash - 6 & under	children not already entered in meet	
800 meter dash	7-8 through 17-18 year olds	
80 meter hurdles	11-12 year olds	
100 meter hurdles	13-14 year olds, 15-16, 17-18 girls	
110 meter hurdles	15-16, 17-18 boys	
100 meter dash finals	6 & under through 17-18 year olds	
200 meter dash	6 & under through 17-18 year olds	
Parent/coaches relay		
4x400 meter relay	6 & under through 17-18 year olds	

Field Events Schedule on next page.

Saturday Field Events

All field events are contested girls than boys. There will be four attempts, no finals. Events will be contested on a rolling schedule and the next age group will begin as soon as an age group completes.

Event	Age Group	Time
Discus	13-14 through 17-18 year olds	7:00
Long Jump	17-18 through 9-10 year olds	
High Jump	9-10 through 17-18 year olds	
Shot Put	17-18 through 6 & under year olds	
Javelin	13-14 through 17-18 year olds	
Aero Jav 450 g	11-12 year olds	
Pole Vault	13-14 through 17-18 years olds	
Mini Javelin 300 g	6 & under, 7-8, 9-10 year olds	Following aero jav

This meet cannot happen without your support! Please sign you and/or your club up for a volunteer role. Contact Joanne Camargo 510 301-8399, Carl Bryant 209 765-9840, Deborah Sample 510 672-8538

Registration Deadline: 9 pm, Wednesday July 12th