

Dedications

The Mission Valley Track & Field Combined Events Meet is dedicated in memory of **Arlevia Livingston** (1998 to 2016), former James Logan High School student and athlete and school record holder in the Heptathlon. We would like to remind athletes, parents, coaches, supporters of the importance of **anti-bullying and suicide awareness**. Please wear a **green heart** or something **green** to signify anti-bullying and suicide awareness. This was Arlevia's favorite color-**Green**.



The Open **100 meter** is dedicated to former James Logan High School and Mission Valley Track & Field Club **Coach, Pope Powell**. Coach Powell was instrumental in building the Mission Valley Club, recruiting and inspiring the Youth in the Sport of Track & Field. He loved to be on the track and help the youth. He had 4 daughters who all participated for the Mission Valley Track and Field Club. He now has a granddaughter competing for Mission Valley Track and Field Club.

The **Open 1500 meters** is dedicated to **Bob Shor**, a longtime Santa Rosa Track & Field official, Cross Country official and coach. Bob was a regular USATF Pacific Association official and starter at Track & Field and Cross Country Meets for over many years. He was a true **legend** to the sport of Track and Field with an unmatched knowledge of all aspects of the sport. Bob was a decorated **Army Captain** and **Vietnam Veteran**. Bob **dedicated his life** to changing our youths' lives forever!



The **Para Olympian 400 meter** race is dedicated to **Zac Grow** and his family. Zac was a devoted Special Olympian and true friend to his fellow athletes and teammates. We can never forget Zac as he smiled and waved to the crowd while using one arm to propel his wheelchair to the finish line!

The **Special Olympics 100 meter** race is dedicated to **Anthony McIntrye**. His true joy and dedication to the sport of Track and Field was truly a blessing. He was also involved in every Special Olympic sport that was offered. We miss him dearly!!



The **Turbo Jav/Aero Jav** will be dedicated to **Tom Petranoff**. Inventor of the Turbo Javelin, **2-Time Olympian and former World Record Holder**. Tom has dedicated his whole life to the javelin and the success of many people at all levels of throwing the javelin is a tribute to him and his great work.

ARLEVIA LIVINGSTON COMBINED EVENTS/OPEN MEET

June 16 to 17, 2023 (Fri/Sat)
James Logan High School

Events

- Heptathlon (Age 15+)
- Decathlon (Age 15+)
- Pentathlon (Age 11-12, 13-14)
- Triathlon (Age 6 and under, 7-8, 9-10)
- Open 100m (All Ages)
- Special Olympics 100m
- Para Olympic 400m
- Open 1500m (All Ages)
- 50m Dash (Ages 1 to 5)
- Javelin (Age 6 and under, 7-8, 9-10, 11-12)

Register & meet info packet at athletic.net
Deadline to register is June 15th
Visit us at <https://www.missionvalleytrackandfield.com>
Contact Coach Lee Webb, (510) 304-7172, lwebb@nhusd.k12.ca.us

BELIEVE TO ACHIEVE!!

Thank You to Our Sponsors!



Event Registration: Register at athletic.net. Online registration will close on June 15th. Same-day, on-site registration will also be available.

Combined Events have a maximum 30 minutes between events. If agreed upon by all athletes, the time can be less.

Day 1, Friday, June 16th, 2023 (Estimated Start Times Listed Below)

- Heptathlon 100 Hurdles Shot Put, High Jump, 200m - **12:00pm**
- Decathlon 100m, Long Jump, Shot Put, High Jump, 400m - **12:00pm**
- Triathlon Ages 6 and Under **Boys and Girls** Shot Put, Long Jump, 200 Meters - **12:00 pm**
- Triathlon Ages 7,8 **Girls** Shot Put, Long Jump, 200 Meters - **1:00 pm**
- Triathlon Ages 7,8 **Boys**, Shot Put, Long Jump, 200 Meters - **1:00 pm**
- Triathlon Ages 9, 10 **Girls** Shot Put, High Jump, 200 Meters - **2:00 pm**
- Triathlon Ages 9,10 **Boys** Shot Put, High Jump, 400 Meters - **2:00 pm**

- **Tom Petranoff** Javelin 6 and under, 7/ 8, 9/10, 11/12 - **2:00 pm**

Day 2, Saturday, June 17th, 2023 (Estimated Start Times Listed Below)

- Decathlon 110 Hurdles, Discus, Pole Vault, Javelin, 1500m - **10:00am**
- Heptathlon Long Jump, Javelin, 800M - **10:00am**
- Pentathlon 11 to 12 Girls 80 Hurdles, Shot Put, High Jump, Long Jump, 800m - **10:30am**
- Pentathlon 11 to 12 Boys 80 Hurdles, Shot Put, High Jump, Long Jump, 1500m - **11:00 am**
- Pentathlon 13 to 14 Girls 100 Hurdles, Shot Put, High Jump, Long Jump 800m - **11:30 am**
- Pentathlon 13 to 14 Boys 100 Hurdles, Shot Put, High Jump, Long Jump, 800m - **12:00 pm**



- **Celebrity 100m - 12:55 pm**
- **Pope Powell** Open 100m All ages - **1:00 pm**
- **Anthony McIntrye** Special Olympics 100m - **2:00 pm**
- **Bob Shor** 1500m All Ages - **2:30 pm**
- **Zac Grow** Para Olympic 400m - **4:00 pm**
- **Believe To Achieve!! 50 Meters Ages 1-5 Awards To All - 4:00 pm**



Pacific Association Combined Events Records

| Group | G/B | Athlete's Name | Affiliation | Score | Year |
|---------|-------|-----------------|---------------------|-------|--------|
| Group 0 | Girls | Serena Grewal | Mission Valley | 22 | 2022 |
| Group 0 | Boys | Shaunak Vichare | Mission Valley | 106 | 2022 |
| Group 1 | Girls | Josi Bloom | Peninsula Flyers | 168 | 2017** |
| Group 1 | Girls | Kyra Turner | Top Pacers | 419 | 2016* |
| Group 1 | Boys | Shiv Kadu | Umoja | 258 | 2022** |
| Group 1 | Boys | Christian Dixon | Oakland PAL | 172 | 2016* |
| Group 2 | Girls | Desirae Payton | Speed City | 1,355 | 2001 |
| Group 2 | Boys | Austin George | Westwind Flyers | 1,677 | 1995 |
| Group 3 | Girls | Ericka LeBlanc | Unattached | 2,729 | 2019 |
| Group 3 | Boys | Rudy Barton | Unattached | 2,532 | 1992 |
| Group 4 | Girls | Amy Thuesen | Umoja | 3,072 | 2017 |
| Group 4 | Boys | Miles Roberts | Umoja | 3,313 | 2019 |
| Group 5 | Girls | Eve King | City Track Club | 4,068 | 2005 |
| Group 5 | Boys | William Holden | Wingate Marin Waves | 5,514 | 2019 |
| Group 6 | Girls | Tatum Souza | Napa Track Club | 4,641 | 2009 |
| Group 6 | Boys | Jonathan Ply | Unattached | 6,904 | 2017 |

* Group 1 record with High Jump

** Group 2 record with Long Jump

Age Groups: Group 0 (6 and under); Group 1 (7 to 8); Group 2 (9 to 10); Group 3 (11 to 12); Group 4 (13 to 14); Group 5 (15 to 16); Group 6 (17 to 18)

