

Officials,

Welcome to the PAUSATF Officials Training Clinics 2023. There is A LOT of information here. PLEASE take the time to read this document carefully. To sign up for any clinic or All-Comers meet, please respond to this email, or send a separate email to training@pacific.usatf.org Please indicate the date, time, and specific clinics and/or All-Comer meets you would like to attend. On January 21 and January 28, you are able to take two clinics each day (three if you include Rules Review), one in the morning and one in the afternoon. Sign up for as many or as few clinics as you like. All are free of charge. While it is good manners to sign up in advance, you do not have to do so to attend any clinic.

If you plan to Officiate or Mentor at any of the All-Comer meets, also contact the appropriate coordinator(s).

CLINIC DESCRIPTIONS

Introduction to Horizontal Jumps, Vertical Jumps or Throws: Each of these stand-alone clinics will cover the basics of each event such as pre-meet preparation, rules, measurement techniques, positions, how to perform the duties of those positions up to and including the position of Flight Coordinator, and post-meet responsibilities. **If you have just completed the Introduction to Track & Field clinic, you should be signing up for these.** Clinics are at Cordova H.S., Carlmont H.S., and Sacramento State. See dates below.

Advanced Horizontal Jumps, Vertical Jumps or Throws: Each of these stand-alone clinics are designed for officials who are ready to be Crew Chiefs. These classes will cover items such as pre-meet preparations, pre-event preparations, event duties, and post-event duties. **Clinics are at Cordova H.S., Carlmont H.S., and Sacramento State. See dates below.**

Apprentice Starter: For those who are interested in becoming Starters or are inexperienced Starters and want a refresher on the basics of Starting. Starter's pistols may be provided. Some training may include the use of an Electronic Starting Device. Although designed for Apprentice Starters, all levels of starters are welcome. **Apprentice Starter training will be held at the Grant All-Comers, Vanden All-Comers, Los Gatos All-Comers, and the Chico Starters Clinic. See dates below.**

Advanced Starter: Topics to be discussed or employed include setting up a "dual alley" start; positions for recalling an event; understanding the SIS system; controlling the start area; giving instruction to, and adjusting to, various levels of competition; dealing with televised meets; obtaining a block crew; understanding the "zero gun test;" working with announcers; being prepared for a record; and starting cross-country meets at various levels. Although designed for Advanced Starters, all levels of starters are welcome. **Advanced Starter training will be held at the Cal All-Comers meets and the Chico Starters Clinics. See dates below.**

CLINIC DATES, TIMES, LOCATIONS

Introduction to Track & Field: Covers the basics of Track & Field, LDR, Cross-Country, and Race Walk including organization, leadership, some basic rules, measurement, uniforms, rules books and equipment. If you know of someone who is interested in becoming an official, contact Bill Bartel at training@pacific.usatf.org or (530) 521-2174.

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| ▪ Zoom | January 18, 2023 | 6:00pm – 9:00pm |
| ▪ Hartnell Junior College
411 Central Ave.
Salinas | January 22, 2023 | 9:00am – 3:00pm |
| ▪ Modesto Junior College
435 College Ave.
Modesto | January 29, 2023 | 9:00am – 3:00pm |

Instructor: Bill Bartel and others

Chico Starter Clinic

TBD

TBD

Chico High School
901 Esplanade
Chico

This clinic is for new, inexperienced, and experienced Starters who want a refresher clinic on Starting. Starter's pistols will be provided. This clinic will be held in conjunction with a Chico High School Track & Field practice.

Instructors: Dan Tinnel, Chuck Sheley

Lunch With Pod: There will be **two** opportunities for **Apprentice Officials** to break bread with Mr. Bob Podkaminer. For those of you that don't know him, "Pod" is the senior Pacific Association Official and there is not enough space on this computer to begin to tell you of his accomplishments and what those accomplishments have meant to the World (literally and figuratively) of Track & Field. Attendees will be responsible for their own costs. *These will be limited to 10 people each.* A few topics to be discussed are, *What makes a good Official, What happens if I make a mistake, Is it possible to work my way to the top, photo finishes, and Electronic Starting Devices (ESD), all interspersed with a healthy dose of storytelling.* **I CANNOT EMPHASIZE THIS ENOUGH, IF YOU ARE AN APPRENTICE LEVEL OFFICIAL WHO IS SERIOUS ABOUT OFFICIATING, YOU NEED TO REGISTER FOR ONE OF THESE 20 SLOTS.**

- **January 15, 2023,** Dancing Tomato Caffé, 990 N. Walton Ave., Yuba City, 1:00pm – 2:30pm
 - **February 5, 2023,** Black Bear Diner, 951 Merchant St, Vacaville, 1:00pm – 2:30pm
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Clinic at Rancho Cordova High School with Throws Event

January 21, 2023

2239 Chase Drive
Rancho Cordova

Cordova High School will be hosting a **Training Day** and a **Throws competition**. Training clinics are listed below. The Introduction to Throws clinic will involve officiating the Throws Event during which the Shot Put, Discus, Javelin and Hammer will be contested. New Officials will have the opportunity to focus on field inspection, rules, athlete instructions, flight coordinating, measuring throws, and completing flight sheets.

MORNING

- **Rules Update** Aux. Gym Classroom 9:00am – 9:30am
 - **Implement Inspection** Aux. Gymnasium 9:45am – 1:00pm
 - **Implement Inspection:** This will be an opportunity for on-the-job training in Implement Inspection. The clinic will be held in conjunction with the Cordova High School Throws Competition and will include classroom time as well as the weighing, measuring, and inspecting of all implements used in the Throws Competition.
 - **Clerk/Umpire** Aux. Gym Classroom 9:45am – 12:15pm
 - **Introduction to Horizontals** Room 1 9:45am – 12:00pm
 - **Introduction to Verticals** Room 2 9:45am – 12:00pm
 - **Introduction to Throws followed by Throws Event** Room 3 9:45am – 4:00pm
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AFTERNOON

- **Advanced Horizontals** Aux. Gym Classroom 1:00pm – 3:15pm
 - **Introduction to Horizontals** Room 1 1:00pm – 3:15pm
 - **Introduction to Verticals** Room 2 1:00pm – 3:15pm
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Major Meet Crew Chief – All Events

January 23, 2023

6:30pm – 8:00pm

Zoom

Designed for those who have a desire to be a Crew Chief at **MAJOR MEETS** such as NCAA Conference Championships, NCAA National Championships, or USATF National Championships.

Instructor: John Shirey

Super Clinic at Carlmont High School, Belmont

January 28, 2023

1400 Alameda de las Pulgas

Belmont

MORNING

- Rules Update Multipurpose Room 9:00am – 9:30am
 - EDM for Throws (Part 1) Multipurpose Room 9:45am – 12:30pm
 - EDM: Will cover the process of measuring throws using a **Total Station**. EDM officials are in demand. This will be a 2-part clinic and **limited to 8 officials**. Ideally, attendees will have taken an EDR clinic. You **must** attend this classroom portion and at least one of the two Cal All-Comer meets. This clinic **will not** include the hand-held Leica. While these clinics are not limited to any particular officiating level, please note that when it comes time to add the EDM credential to your badge, you must be an Association, National, or Master level official.
 - Part 1 will focus on the set up of the Total Station.
 - Part 2 will be hands-on at the Cal All-Comers meets on February 4 and February 18.
- Instructors: J.R. Heberle and Ryan Cowley

- Race Walk/LDR Room D-1 9:45am – 12:30pm
 - Introduction to Horizontals Room D-2 9:45am – 12:00pm
 - Introduction to Throws Room D-3 9:45am – 12:00pm
 - Advanced Throws Room D-4 9:45am – 12:00pm
 - Advanced Verticals Room D-7 9:45am – 12:00pm
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AFTERNOON

- Laser Rail Measurement for Horizontals (Part 1) Multipurpose Room 1:00pm – 4:00pm
 - EDM for Horizontals using the Laser Rail Measurement System: This will be a 2-part clinic and **limited to 8 officials**. You **must** attend this classroom portion and at least one of the two Cal All-Comer meets.
 - Part 1 will focus on the setup of the Rail and the Laser.
 - Part 2 will be hands-on at the Cal All-Comers meets on February 4 and February 18
- Instructors: Robert Benoy, Charles Murphy, & Teddy Hayes

- Marshal Room D-1 1:00pm – 3:15pm
 - Advanced Horizontals Room D-2 1:00pm – 3:15pm
 - Officiating Youth & Masters Meets Room D-3 1:00pm – 3:15pm
 - Advanced Throws Room D-4 1:00pm – 3:15pm
 - Introduction to Verticals Room D-7 1:00pm – 3:15pm
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Officials Coordinator Clinic:

January 31, 2023

6:30pm – 8:00Pm

Zoom

This clinic will cover the ins and outs of being an Officials Coordinator for small and large meets. Officials Coordinators are always in need, so please consider this clinic.

Instructor: Phil Leake pgal1@sbcglobal.net

Clinic at Sacramento State

February 12, 2023

Broad Fieldhouse
Stadium Dr.
Sacramento

Sacramento State will be hosting an officials clinic during the **morning only**. This is Super Bowl Sunday.

▪ Clerk/Line Clerk	Room 1	9:30am – 11:45am
▪ Introduction to Horizontals	Room 2	9:30am – 11:45am
▪ Introduction to Verticals	Room 3	9:30am – 11:45am
▪ Introduction to Throws	Room 4	9:30am – 11:45am
▪ Advanced Verticals	Room 5	9:30am – 11:45am

The following All-Comers and Golden State Throwers Meets are intended for hands-on training and will NOT incorporate classroom time. Note the exception at Grant .

Cal Berkeley All-Comers:

February 4, 2023

8:00am – 4:00pm

Edwards Stadium
Berkeley

February 18, 2023

8:00am – 4:00pm

Cal will be hosting **two** All-Comers meets. There will be opportunities for mentoring in almost every area of Track and Field including Race Walk and Referee. These are unique meets which include youth athletes up to world-class athletes.

DO NOT show up at these meets without signing up ahead of time.

Officials Coordinator: Jennifer Oliver sportyjoliver@gmail.com

Starter Training: Mike Brown mrbrowncds1113@gmail.com

Grant All Comers

January 21, 2023

9:00am – 4:00pm

Grant High School

January 28, 2023

9:00am – 4:00pm

1400 Grand Ave.

February 4, 2023

9:00am – 4:00pm

Sacramento

Grant High School will be hosting **three** All-Comers meets. Starter training will be offered at these meets. Another good opportunity to sharpen your skills in the event of your choice prior to the start of the season. **The January 21 and January 28 clinics will include a classroom session for Starters prior to the meet.**

Officials Coordinator: Lynn Reed lynn.reed@twinriversusd.org

Starter Training: Mike Brown mrbrowncds1113@gmail.com

Los Gatos All Comers

January 21, 2023

9:00am – 4:00pm

Los Gatos High School

20 High School Ct.

Los Gatos

Los Gatos High School will be hosting **one** All-Comers meet. Starter training will be offered at this meet. Another good opportunity for Starters and other officials to sharpen your skills in the event of your choice prior to the start of the season.

Officials Coordinator: Kent Kappan kent@leadssportsusa.com

Starter Training: Leroy Milam Leroy1888@aol.com

Vanden High School All-Comers**February 11, 2023**

9:00am – 4:00pm

March 11, 2023

9:00am – 4:00pm

Vanden High School
2951 Markeley Ln
Fairfield

Vanden High School will be hosting **two** meets. The first meet will be an All-Comers meet and the second meet will be an Invite. Both of these meets will be used for officials training, including Starter, and will be an excellent opportunity for Apprentice officials to get some hands-on experience before the season gets into full swing.

Officials Coordinator: [Tori Busto toribusto@gmail.com](mailto:toribusto@gmail.com)

Starter Training: [John Busto jbusto23@gmail.com](mailto:jbusto23@gmail.com)

Golden State Throwers Meets (Hammer & Weight Throws):**January 8, 2023**

8:15am – 3:00pm

January 22, 2023

8:15am – 3:00pm

February 26, 2023

8:15am – 3:00pm

12050 Borden Rd.

Herald (east of Galt)

Golden State Throwers is an organization that trains athletes (high school to masters) in the Hammer Throw and Weight Throw. Mike Curry (2011 USATF National Masters Champion in the 35lb Weight Throw, among his many accomplishments) is the owner and one of the instructors. Assisting him are Stephanie Trafton (2008 Olympic Champion in the Discus), David Popejoy (1996 Olympic team in the Hammer Throw), and Diego Lopez (2019 All American Award in the Hammer Throw.) The facility is a USATF approved facility and events are contested under USATF rules. Only the Hammer and Weight throws will be held at these meets. Note that athlete training does occur at these meets. Officials will have the opportunity to increase their knowledge of field inspection, Implement Inspection, and rules as well as gaining experience in giving athlete instructions, flight coordinating, measuring throws, completing flight sheets, and being a flight coordinator. These are some of the few meets where you have the opportunity to work the Weight Throw. Experienced Throws Officials will be needed as instructors/mentors. *If you are a new official, these are fantastic opportunities to gain some experience prior to the season.*

Officials Coordinator and Lead Instructor: [Kathy de Contreras kdecontreras@yahoo.com](mailto:kdecontreras@yahoo.com)

Pacific Association Awards Banquet:**February 4, 2023**

5:00pm – 9:00pm

Grand Palace Restaurant
359 Grand Ave.
South San Francisco

This banquet is an Association-wide banquet, not just an officials banquet. If you have not been before, it is a great opportunity to meet many of the coaches, athletes, youth officials, and behind the scenes folks in the Association.

Please contact Irene Herman iherman49@yahoo.com if you plan to attend.

Run, Jump, and Throw:**February 25, 2023**

11:00am – 4:00pm.

Will C. Wood High School
998 Marshall Rd.
Vacaville

While not a training clinic, this is your opportunity for some public service and perhaps do a little recruiting.

Officials Coordinator: [Tori Busto toribusto@gmail.com](mailto:toribusto@gmail.com)
