



**Athletic.net Track & Field  
Super Clinic  
William Jessup University  
Rocklin, Ca  
Save the Date!  
Saturday, 4th February 2023**



**Clinic Schedule:** *(check website for detailed schedule in January'23)*

**8:00-9:00am** - Registration in foyer of Academic Courtyard, William Jessup University

**9:00-9:20am** - Introduction and Orientation

**9:20am-5:00pm** - Four 90-minute sessions in five areas:

- **Endurance**
- **Sprints/Hurdles**
- **Jumps (HJ, LJ, TJ, PV)**
- **Throws**
- **Special Topics (Topics that make a BIG difference)**

**Clinic Cost:**

**\$69.95** - School or club staffs of 3 or more: by Thursday, 30 January, at 11:59pm

**\$84.95** - Individual pre-registered by Thursday, 30 January at 11:59pm

**\$99.95** - Registration at the door for individuals

Contact Parker Daniells ([PDaniells@Jessup.edu](mailto:PDaniells@Jessup.edu)) for coaching staff discounts of 3 or more coaches prior to 1/28

**What you get:**

- All pre-registered coaches will receive presentation notes of each session they attend
- Vendors expo with equipment and information to start your season
- Generous vendor raffle during

**Accommodations:**

-A list of hotel accommodations will be provided in November 22'.

**Further Info:** For further information, contact Parker Daniells: [PDaniells@Jessup.edu](mailto:PDaniells@Jessup.edu) , or Jeff Magley: [JMagley@Jessup.edu](mailto:JMagley@Jessup.edu)

To see previous Super Clinic presentations, use this link or scan the QR Code

