



INTRODUCING THE USATF LEVEL 2 SCHOOL - WEEKEND

SUNDAYS, OCT. 2-NOV 12, 2022

2:00 PM - 6:00 PM (E.T.)

ONLINE (ZOOM)

APPLY NOW

Reimagined to provide greater access and improve learning outcomes, the new weekend format provides the opportunity to become a USATF Level 2 Track & Field Coach in only six live sessions.

EVENT-DISCIPLINES:

- // Endurance
- // Jumps
- // Sprints/Hurdles/Relays
- // Throws
- // Youth Specialization

COURSE OBJECTIVES:

- // Develop a vision, plans, and practices for LTAD based on an athlete-centered coaching philosophy for individuals within communities.
- // Engage in and support ethical practices, behaviors, and codes of conduct in track and field.
- // Build positive, professional relationships through effective communications with stakeholders from a variety of cultures and backgrounds.
- // Develop emotionally and physically safe environments and practices that reduce the risk of injuries in track and field.
- // Create a positive, inclusive climate and implement best practices for participation of all groups and individuals.
- // Plan, teach, assess, and adapt event-specific training based on sound teaching, learning, and sport science principles.
- // Strive for continuous improvement through self-reflection and professional development.

APPLICATION REQUIREMENTS

- // Must be a 2022 USATF adult member
- // Must hold a current USATF Level 1 certificate
- // Minimum three years of track & field, cross country, or personal run coaching experience

Applications will be accepted until
September 16, 2022, or capacity is reached.

