

Chair's Notes



Phil Leake, Chair

CHAIR'S NOTES

These last couple of months have seen a large number of meets. Track and Field has been celebrated at the highest levels. Congratulations to all of the officials who were blessed to have participated in the CIF State meet, the USATF U20 Youth National Championships, The USATF Outdoor National Championships and the World Athletics World Championships. I bet a lot of you not only had fun officiating. I know of a large number of you travelled to Eugene just to watch and bear witness to America's best of the best run, jump and throw against the World's best track and field (Athletics) athletes. And I trust that you all got your share of Prince Puckler's Ice Cream and Tracktown Pizza. For a large number of officials who stayed home and watched on television, we were entertained with these great feats of athletics prowess.

At the end of last month, we (a large number of you) participated in officiating the 2022 Junior Olympics in Sacramento. Mother Nature cooperated with the weather in that the highs stayed under 100 degrees. Unfortunately, a lot of us performed double and triple duty. About 6000 athletes and 12000 entries made for a VERY BUSY meet. To your credit, your training and experience paid off. The Pacific Association Officials (who comprised the bulk of the officiating crew) along with officials from across the country performed admirably with few protests or incidents. As an example, last year in Jacksonville experienced heat, humidity, COVID testing, long waits in processing clerking, and a lack of officials. This resulted in 110-120 filed protests. This year, 11 protests. Our USATF Grassroots Director, Robin Beamon, called me at the end of the meet congratulating and complimenting all of the officials on running an efficient, impartial, well-run meet that was enjoyed by all of the athletes, coaches and parents. This high praise is due to you, the officials, your training, experience and most of all, your flexibility. This says a lot about the things we do every day here in the Pacific Association. You remain as some of the best trained officials of our sport in the country!

As the season closes, we have the Pacific Association Annual Meeting upcoming on Sunday August 28th at the UC Davis Football Stadium Alumni Room. There, we will remember the season and honor those officials who have shined. I look forward to seeing you there.

OFFICIALS ANNUAL MEETING AND AWARDS

8/28/22 at UCDavis!!! You won't want to miss this!!!!!

As we are getting close to closing out the 2022 Track and Field Season, it is important to remember and recognize those individuals who have been outstanding, shown leadership and have been most effective in their respective areas. These outstanding officials will be recognized and honored at the Annual Meeting at the end of August. The AWARDS COMMITTEE has actively solicited nominations for awards. The committee comprised of Awards Committee Chair Leon Glover, Officials Chair Phil Leake and Certification Chair Ajay Padgaonkar have conferred with all officials who have submitted nominations and have determined who will receive the Association Major Officials Awards, National Officials Certificates, Association Certificates and Apprentice Awards

The Major Officials Awards are:

The Officials Committee of the PA/USATF recognizes outstanding members—and friends of track and field—with five (5) major awards, normally presented at the officials' annual meeting. Along with the National USATF Officials Awardees, the year-by-year Pacific Association Officials Awardees are listed below.

The Dick Connors Meritorious Service Award: Recipient must have ten (10) years' experience as a Track & Field Official AND must be certified as Masters level official with the USATF. This award is not required to be awarded every year.

George Newlon Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Track event officiating. This award is not required to be awarded every year.

Dick Barbour Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

Horace Crow Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

Lori & Sonny Maynard Special Recognition Award: Recipient must be a person involved, other than as a spectator, in Track & Field, LDR, or Race Walking in any capacity AND has exhibited exceptional dedication to the sport of Track & Field, LDR or Race Walking. This award is not required to be awarded every year.

In addition, awards are given out by the **Officials Chair. The Officials Chair Awards** recognize officials who have given above and beyond the call of service and have been identified regardless of their certification status.

New to Awards are the **Apprentice Awards** recognizing those Apprentice Officials who have displayed enthusiasm, developed expertise and have demonstrated during their training the qualities of a great official.

Pacific Association Officials Committee Annual Meeting

Plan to attend our Pacific Association Officials Annual Meeting to be held once again at UC Davis on Sunday, August 28 from 10:00 am to 3:00 am at Aggie (football) Stadium in the Football Alumni Room. The highlight of this event will be the presentation of awards to our local officials for their exceptional service to track and field. Head Coach Ngonidzashe Makusha and the UC Davis track and field program will be hosting the meeting and a lunch as a "thank you" for your service as an official.

This year's annual meeting will also double as a fundraising event to support the USATF Pacific Foundation. Last year, funds raised were used to provide training funds for outstanding track and field athletes in our region such as Robyn Stevens, US Olympian Race Walker and Pacific Association member. This year, the Foundation will give 6 training grants to elite athletes in the Pacific Association.

The cost to attend the annual meeting is \$20 and half of that amount is a tax-deductible contribution to the Foundation. (The other \$10 goes to defray the cost of holding the event, mostly for the awards that will be presented.) Everyone who registers for the meeting and to support the Foundation will be entered in, not one, but two raffles for prizes brought by your fellow officials and other special prizes. Additional tickets for the Foundation raffle are \$5 each. Prizes for the Foundation raffle include gift cards for airfare compliments of Southwest Airlines, clothing from this year's World Championships.

For the regular raffle, please bring something that a well-equipped official can use!

We know that not everyone will be able to attend the Annual Meeting in person (but we hope you can!) because of time and distance limitations or because of concerns about COVID. Therefore, we will provide a Zoom link to the meeting if you register and indicate you will be attending remotely. AS with last year, for your own safety and that of others, please attend the meeting via Zoom if you are not fully vaccinated or not feeling well.

To make your reservation for the Annual Meeting, please send a check for \$20 per person payable to "PAUSATF" to our Vice Chair, John Lilygren at 9 Calypso Lane, San Carlos, CA 94070., by August 22. You are also encouraged to send an additional contribution of any amount for tickets (\$5 per ticket) to the Foundation raffle to John whether you attend the Annual Meeting in person or via Zoom. Make

that second check payable to the "USATF Pacific Foundation" and send to John L. Raffle tickets will also be sold at the meeting.

Please direct any questions about the Annual Meeting to John Lilygren at

John Lilygren at <u>jlilygren@gmail.com</u>. Questions about the Foundation or the Foundation Raffle can be directed to John Shirey at <u>jshirey1@comcast.net</u>. Don't delay! Make your reservation today to honor your fellow officials and to support the USATF Pacific Foundation on August 28!

Officials Calendar

Please take a look at the Google Calendar located on the PAUSATF Officials page. This page is integrated with the overall PAUSATF continuous monthly calendar that includes ALL meets, races and events. This has turned out to be a very successful venture. I can't get over how well this project has been for coaches, athletes and anyone interested in track and field. AGAIN, BIG THANKS to Charles Murphy, Jim Manha, Cynci Calvin, John Lilygren. This group transitioned our old Excel Spreadsheet Calendar to Google Calendar with all meets color coded denoting the type and level of the meet. Meets are being added by most all meet directors and are specifically making all of their meet needs known. Now, you can see all of the meets happening in the Pacific Association on any given day. All the official needs to do is to click his cursor on the meet and all meet information is listed for the official to discern.

During this last spring, Jim worked with meet directors in helping obtain and coordinate information of their needs and to help disseminate those needs to the officiate for 2022 T+F Season. For the 2022 X-C and 2023 T+F Seasons, you will continue getting regular emails soliciting your help for meets which are underserved. Ultimately, this process will help meet managers cover their needs as well as to help provide officiating opportunities and possibly mentoring opportunities to those needing further training. Cross Country, LDR and RW seasons will soon be upon us, please look onto the Officials calendar and stay tuned!

HS Calendar: While the Officials Calendar lists the major HS invitationals and Championships, it is highly advised that interested officials consult www.Athletic.net for an up-to-date calendar of all HS meets near you. Due to the sheer number of HS meets within CIF in Northern California (over 600), they could not be included on the PA Officials calendar. I highly encourage you to volunteer your assistance at your local high school. This only helps further promote the sport we all love.

MEETS NEEDING OFFICIALS

From Jon Price Re: Race Walks

Today we found out that there will be only one race walk at the Pacific Association/USATF West Region Masters meet on Sunday, October 23, at Chabot College in Hayward. It will be the first race of the day, at 8:00 am. Please let both Jim Manha (see his email below) and me know if you can make it that day. Also, Jim's email indicates that race walk judges are needed for Bay Area Senior Games on Sunday, October 30, also at Chabot College. Please let both Jim Manha (see his email below) and me know if you can make it that day.

Also note that we can still use more help with the race walks on September 11.

September 11 (Sunday): 10-kilometer + 20-kilometer Pacific Association Grand Prix Championship, with likely shorter distances and power walk as well, William Pond Park, **Carmichael** (Sacramento area). Please check the Pacific Association website (www.pausatf.org) for details.

IIIDGES (7 needed 6 Judges on the road course plus one Recorder):

•	_, Nicolle Goldman, Bob Hooper, Susan Mears, Beth Price, Jon
	, Mark Green (if not racing).
UNCERTAIN:	im Manha,
	JUDGES WELCOME to serve as Practice Judges or Shadow
DEFINITELY I	NO: Ajay Padgaonkar, Paula Mendell
& Field Cham only one race	Sunday): USATF West Region/Pacific Association Masters Track pionships, Chabot College, Hayward. This year they will have walk, 1,500-meter race with combined women and men, 8:00 a.m., the first race of the day. Judges should arrive by 7:00
JUDGES: Ajay Henriquez,	Padgaonkar, (lead – bringing tally sheets, etc.), Enrique

UNCERTAIN: Bob Hooper, Jim Manha
APPRENTICE JUDGES WELCOME to serve as Practice Judges or Shadow Judges:,,,
DEFINITELY NO: Beth & Jon Price, Nicolle Goldman
October 30 (Sunday): Bay Area Senior Games, Chabot College, Hayward. At this time, we don't know what distances will be competed or times of day. Some senior games have 1,500-meter, 3,000-meter, and 5,000-meter races, but these are often on different days.
JUDGES: (lead – bringing tally sheets, etc.),,
UNCERTAIN: Beth & Jon Price
APPRENTICE JUDGES WELCOME to serve as Practice Judges or Shadow Judges:,,
DEFINITELY NO: Beth & Jon Price, Nicolle Goldman
From Jim Manha Re: Stanford University Meets
Cardinal Classic Saturday, March 18
Stanford Invite Friday - Saturday, March 31st - April 1st
<u>Payton Jordan</u> Friday - Saturday, April 21 -22 (Changing meet format from professional to collegiate friendly meet)

From Rob Dewarr

NOR-CAL Junior College Championships at Sac City College May $5^{\text{th}}~\&~12^{\text{th}},\,2023$

From Phil Leake

NCAA D1 West Regional Championships Sacramento State University May 24-27th, 2023 NOTE: When you register and apply, REMEMBER TO APPLY FOR THE WEST REGIONAL!

REMINDER: Register on the NCAA RefQuest Platform

Milan Donley, the NCAA Track and Field National Assignor of Officials, announced on July 18 that the new NCAA RefQuest registration was open. You must be registered on this online platform in order to apply to be selected to work Division 1, Division 2, or Division 3 NCAA Championships in Cross Country, Indoor Track and Field, or Outdoor Track and Field.

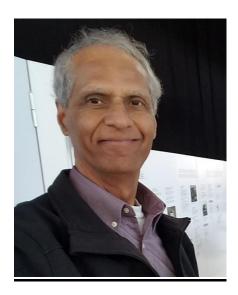
<u>Follow this link to register</u>. Click "Register" in the upper right corner. The registration closes **September 30, 2022.** <u>Follow this link</u> to view the host locations for the D-1, D-2, and D-3 Championships for Cross Country, Indoor, and Outdoor Championships.

RQ+ is the new company providing online registration, education, assigning, and payment services to officials for selected NCAA championship events across several sports, including track and field. RQ+ replaces the previous provider, ArbiterSports.

From Dave Unterholzner

Sacramento Meet of Champions, American River College, April 22nd, 2023

CERTIFICATION



From Ajay Padgaonkar, Certification Chair

BE VIGILANT ON MAINTAINING YOUR 3-WAY COMPLIANCE

The recertification process for 2022 is near complete. Badges have been mailed out. If you have not gotten your badge or if there are omissions or errors on your badge, please send Ajay an email certification@pacific.usatf.org

Until late 2024 and early 2025, when we go through the recertification process again, you only need to maintain "3-way" compliance to keep your certification current

- No rules reviews unless you are upgrading or the credential change requires it. 3-way compliant means the following:
 - 1. USATF membership has not expired (For about 110 of you the membership expires in 10 days, please renew now!)
 - 2. Safesport training has not expired (This applies to 12 of you, please correct ASAP, for 10 more of you, the training expires in 10 more days, please take urgent action)
 - 3. NCSI background check has not expired (For 2 of you the background check expires in the next 10 days, if you have not already done so, please take urgent action)

These are all done through your USATF connect sport80 portal now, so remember your login and update your password if needed. If you run into any issues with the login or membership renewal, send an email to Jamero Rainey jamrainey21@gmail.com at the USATF national office. If you run into any issues with Safesport or NCSI background check, send an email to Lexie Ping (safesport@usatf.org) of the USATF national office. Copy me on such emails so that I can help, if needed.

DO NOT LET YOUR CERTIFICIATION CREDENTIALS LAPSE!

(This is what happened when officials were vetted for the Junior Olympics!)

The USATF national office sends reminders about a month before the expiration date. Please look for it and take immediate action. Also, you may want to make a note for your own self of the expiration date so you don't let your credentials lapse. USATF will send out emails to those who have lapsed one or more of those 3 requirements or are about to.

Frequently asked information can be found on the USATF Officials page https://www.usatf.org/programs/officials/certification

Keep your officiating record in the resume form on the pacific association website official's forms page: https://www.pausatf.org/officials/formsinformation/

It is the Excel spreadsheet under the link titled (attached for your convenience):

• <u>PAUSATF Officials' Meet Resume Form</u> (Excel sheet; downloadable; may fill in on a computer) You will need this record for any upgrade applications, meets that require applications and in 3 years when we undergo the recertification.

Send me an email or call me at 408-890-1123 if you have any questions.

SAFESPORT

USATF in cooperation with the Center for Safesport Training will notify you of your pending Safesport training update Typically, you will have this notice sent to you within 30 days of

expiration. PLEASE RENEW AND UPDATE your training ASAP in order to for your Officials Certification to remain 3 ways compliant. An example of this notice is as follows:

You are receiving this notice because your Refresher 1 SafeSport training is due to expire. You are due to renew this training by completing the Refresher 2 course ("Preventing Misconduct"). Please follow the below instructions to complete this training:

- 1. Log on to USATF Connect (please note: if you have more than one account associated with your name, choose your personal account).
- 2. Click "View" on your profile card under "Members".
- 3. Access the Center for SafeSport Training tab from the menu to the left.
- 4. Click the blue "Add Center for SafeSport Training" button in the upper right-hand corner of the page.
- 5. Find the Refresher 2 course ("Preventing Misconduct") from the list of available trainings. Add it to your account by clicking the blue "Add" button next to this training.
- 6. A new window will appear. Click "Add" for this training one last time.
- 7. A final window will appear. Click "Start Training" in the middle of this window to begin your course.

This training should take you 20-30 minutes to complete. Once you complete the training, your USATF Connect account will be updated to reflect your new training date. Please note that if you do not complete the required SafeSport training on or before the expiration date, you will not be considered USATF 3-Step SafeSport Compliant and you will no longer be eligible to serve in a role that requires SafeSport training (coach, official, volunteer, among others).

Thank you for helping to make USATF a safe environment in which our athletes can train and compete. Please direct any questions to safesport@usatf.org.

USA Track & Field is committed to creating a culture that clearly advocates, and provides for, a safe environment in which our athletes compete and train. We believe this is paramount to the success of all our programs. All athletes deserve to participate in sports that are free from bullying, hazing, sexual misconduct or any form of emotional or physical abuse.

If you have a concern regarding the health and safety of our athletes, please make a report. For concerns of child sexual abuse, sexual misconduct, non-consensual sexual conduct, sexual harassment, or intimate relationships involving an imbalance of power, all individuals should report concerns to the U.S. Center for SafeSport online or by phone at 720-531-0340. Please notify USATF that a report(s) was made. All reports of child abuse or sexual assault of a minor must also be reported to local authorities. Reports of abuse not involving a minor may also be reported to local authorities.

For concerns of physical or emotional misconduct, bullying, harassment, hazing, or any other violation of <u>USATF's SafeSport Handbook</u>, all individuals should report concerns to USATF <u>online</u> or by phone at 317-713-4688. Please note, neither criminal nor civil statutes of limitations apply to reporting a SafeSport complaint.

If the link doesn't work, please paste the following into your browser:

https://usatf.sport80.com/login

Code of Ethics and Performance Guidelines

The USATF National Officials Committee publishes the <u>Code of Ethics and Performance Guidelines</u> for officials. Item number 11 of the Code of Ethics:

Conduct an honest self-evaluation after each competition, to identify errors made and areas for improvement; and be receptive to suggestions for conducting events in the best possible manner in the future.

The outdoor season is a perfect time to start using this improvement method. Take a few minutes and review what you could have done better. Everyone benefits.

RULES AND RULE CHANGES

From Bob Podkaminer., USATF Rules Committee

https://www.worldathletics.org/about-aaf/documents/book-of-rules

For USATF rulebooks:

From Ajay:

Hardcopy version of the USATF Rule Book for 2022 now available for purchase

USATF Pacific Certification < certification@pacific.usatf.org>

Fellow Pacific Association Officials,

The hardcopy USATF rule book for 2022 is now available for purchase on the USATF official's store: The book will have a 50% off code for Certified Officials to use at checkout (\$10 instead of \$20 to everyone else). This code is **Rules22**.

https://team-usatf-store.myshopify.com/collections/accessories/products/2022-usatf-competition-rules

Type that codes in the discount code box; see screenshot below for example

Note that the password is different from the one for the rest of the officials' store (which is Official2019).

Regards,

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Ajay (Pacific Association Certification Chair)

And/or can be downloaded: https://www.usatf.org/governance/rule-books

For NCAA rulebooks: http://www.ncaapublications.com/p-4623-2021-2022-cross-country-and-track-and-field-rules.aspx

https://ncaaorg.s3.amazonaws.com/championships/sports/crosstrack/rules/2022-23PRTF_MajorRulesChanges.pdf

Please read through these changes for the upcoming NCAA season.

For NFHS Rule Changes: https://www.nfhs.org/sports-resource-content/track-field-and-cross-country-rules-changes-2022/

NFHS Rule books, etc.: Print version: Training http://www.nfhs.com/c-235-track-fieldcross-country.aspx

E- Book Version: E book is delayed. Please go to www.nfhs.org for updates.

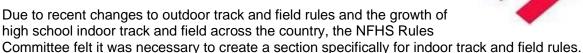
Julie Cochran from NFHS gave an interesting and helpful presentation at the USATF 2021 Annual Meeting. Here is her presentation. No audio on this one. Here it is: https://www.flipsnack.com/usatf/nfhs-presentation-at-general-session/full-view.html **Eight**

New High School Rules Adopted

The National Federation of State High School Associations (NFHS) has approved eight rule changes for the 2023 high school track and field and cross country seasons.

Two key changes were made to Rule 3-4-3, defining specific case book guidelines, and the introduction of Rule 9, which creates a new indoor track and field rules section.

The rules committee's changes to Rule 3-4-3 defined specific case book guidelines to offer consistency and guidance to meet referees when ruling on reruns. New to the rule are scenarios to assist referees in determining when a rerun is necessary and stipulations that must apply for a rerun to be considered.



<u>Follow this link</u> to a summary of all the NFHS rule changes. <u>Follow this link</u> to a more in-depth review of the changes.

For USA Paralympic Rulebook: This can be found on the Adaptive Track and Field USA website http://atfusa.org/RULES/RULES.htm

FOR WA Paralympic Rules https://www.paralympic.org/athletics/rules



Best Practices for High School Disability (Para) Track and Field

By Carroll DeWeese

Across the USA, more high schools are providing opportunities for disability (para) athletes to participate in track and field. The United States Paralympic Committee has a nine-page "GUIDELINES – BEST PRACTICES for DISABILITY TRACK and FIELD" document you can read and download it here.

Unless state high school associations have rules that are different, World Para Athletics Rules ultimately apply to any para-athlete 14 years of age or older on December 31 of the year of their competition. Any athlete 13 years of age or younger uses Adaptive Track & Field USA (ATFUSA) Rules for para track and field competition.

The guidelines address many of the questions about who is eligible to compete, what events are available for competition, advancement to state meets, and many other topics of concern.

Any high school official that may be working with para-athletes should download, read, and keep the guidelines document mentioned above as a reference for officiating para track and field at the high school level.

A quick reference comparison supplement of the rule changes and difference is annually compiled by Jim Hanley of the Southern Cal Assn.

Cost is \$18 (\$15 for the book and \$3 shipping) **Track and Field Rule Book Differences** © 2022 by Jim Hanley P.O. Box 6744, Thousand Oaks, CA 91359-6744 or www.jim.hanley.com

Free Online Resources from the NOC Newsletter:

USATF National Officials Committee Resources and Best Practices Library. Go here.

Your local USATF Association. Many Associations have training documents, videos, and/or recorded virtual training sessions. Visit your USATF Association website. One example is the Oregon Association Zoom training sessions. Go here for a list of the recorded sessions and access codes. Also, go here to view an example about *Officiating Race Walking*.

National Federation of State High School Associations (NFHS) Learning Center. <u>Go here</u> for the officiating course. <u>Go here</u> to explore all the courses.

World Athletics E-learning Hub. You must create <u>a free account</u> to access the courses for technical officials.

USATF Associations Committee newsletter: Go here.

Officials Newsletter from Athletics Canada. Current issue and archive: Go here.

European Athletic Officials newsletter: Go here.

NOC Equipment & Facilities newsletter archive: Go here

A few newsletters from individual state Associations:

"Tracking 27": Oregon Track Club and USATF Oregon Association

"Track and Field lowa": Iowa Association

"Official News": Indiana Association

Current issue and archive of the World Athletics newsletters:

<u>Go here</u> (scroll down the page)

Go here to view the archive of NOC newsletters.

Go here to view the archive of **SafeSport newsletters**. Here are some free online learning programs and documents for officials. All you need is an internet connection:

Previous USATF Annual Meeting Training Clinics for Officials. Links to 2021 clinics: EDR FieldLynx Throws. Officials Clinic - Referee Scenarios. Officials Clinic - Lap Scoring. Junior Officials Clinic. Go here and scroll to the bottom of the page for 2020 clinics and prior.

USATF SafeSport Training. Go here for information. Login to your USATF

Connect account to access the SafeSport training.

Your local USATF Association. Many Associations have training documents, videos, and/or recorded virtual training sessions. Visit your USATF Association website. One example is the Oregon Association Zoom training sessions. Go here for a list of the recorded sessions and access codes. Also, go here to view an example about Officiating

Equipment

- VS Athletics Officials Equipment https://www.vsathletics.com/store/home.php
- M-F Athletics Everything Track and Field https://www.everythingtrackandfield.com/