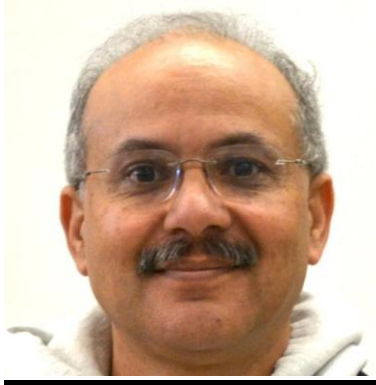




Northern California/Northern Nevada Association of USA Track & Field

## **Chair's Notes**



Phil Leake, Chair

As I write this newsletter, The World Track and Field Championships are waiting in the wings. At the University of Oregon where many high-profile meets have been held this year including the 2022 USATF U20 and Open Championships, the Prefontaine Classic Diamond League Meet, the Pacific 12 Conference Championships and the 2021 and 2022 NCAA D1 Championships, Hayward Field is being prepared for the biggest meet in the world outside the Olympic Games. This meet is the biggest meet this year and is the first World Championship held on US soil. I highly advise all of you to view this meet on TV, the Internet or, if you are able, to travel to Eugene and view the meet personally for a couple of days. BUT this is not the end of the season. On July 25-31, both the USATF Masters Championships and the Junior Olympics will be held. In particular, The Pacific Association is hosting this year's JO's in Sacramento. The Junior Olympics, as you know, are where our future Olympians get their start. This year's edition is no different. I keep telling people that this is not and will not be the fiasco that was last year's meet in Jacksonville FLA. The LOC and USATF have been hard at work to ensure this meet's success. Even with the reputation that Sacramento has of extreme heat during this time of the year, we will make sure that each athlete coach and spectator has a good competition and enjoyable experience. I look forward to seeing a lot of you working and volunteering at this meet.

## **OFFICIALS ANNUAL MEETING AND AWARDS**

As we are getting close to closing out the 2022 Track and Field Season, it is important to remember and recognize those individuals who have been outstanding, shown leadership and have been most effective in their respective areas. These outstanding officials will be recognized and honored at the Annual Meeting at the end of August. The AWARDS COMMITTEE is actively seeking nominations for awards. To nominate any official, please send your nomination and comments to the Awards Committee Chair Leon Glover at [lgllover1@gmail.com](mailto:lgllover1@gmail.com), Phil Leake at [pgall@sbcglobal.net](mailto:pgall@sbcglobal.net), or Ajay Padgaonkar at [certchair@pacific.usatf.org](mailto:certchair@pacific.usatf.org)

The Major Officials Awards are:

The Officials Committee of the PA/USATF recognizes outstanding members—and friends of track and field—with five (5) major awards, normally presented at the officials' annual meeting. Along with the National USATF Officials Awardees, the year-by-year Pacific Association Officials Awardees are listed below. To nominate individuals for awards, contact the Officials Awards Chair, Leon Glover: [lcglover11@gmail.com](mailto:lcglover11@gmail.com).

***The Dick Connors Meritorious Service Award:*** Recipient must have ten (10) years' experience as a Track & Field Official AND must be certified as Masters level official with the USATF. This award is not required to be awarded every year.

***George Newlon Special Recognition Award:*** Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Track event officiating. This award is not required to be awarded every year.

***Dick Barbour Special Recognition Award:*** Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

***Horace Crow Special Recognition Award:*** Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

***Lori & Sonny Maynard Special Recognition Award:*** Recipient must be a person involved, other than as a spectator, in Track & Field, LDR, or Race Walking in any capacity AND has exhibited exceptional dedication to the sport of Track & Field, LDR or Race Walking. This award is not required to be awarded every year.

In addition, awards are given out by the **Officials Chair's Awards** recognizing officials who have given above and beyond the call of service and have been identified regardless of their certification status. New to Awards are the **Apprentice Awards** recognizing those Apprentice Officials who have displayed enthusiasm, developed expertise and have demonstrated during their training the qualities of a great official.

# Pacific Association Officials Committee Annual Meeting

Plan to attend our Pacific Association Officials Annual Meeting to be held once again at UC Davis on Sunday, August 28 from 10:00 am to 3:00 am at Aggie (football) Stadium in the Football Alumni Room. The highlight of this event will be the presentation of awards to our local officials for their exceptional service to track and field. Head Coach Ngonidzashe Makusha and the UC Davis track and field program will be hosting the meeting and a lunch as a “thank you” for your service as an official.

This year’s annual meeting will also double as a fundraising event to support the USATF Pacific Foundation. Last year, funds raised were used to provide training funds for outstanding track and field athletes in our region such as Robyn Stevens, US Olympian Race Walker and Pacific Association member. This year, the Foundation will give 6 training grants to elite athletes in the Pacific Association.

The cost to attend the annual meeting is \$20 and half of that amount is a tax-deductible contribution to the Foundation. (The other \$10 goes to defray the cost of holding the event, mostly for the awards that will be presented.) Everyone who registers for the meeting and to support the Foundation will be entered in, not one, but two raffles for prizes brought by your fellow officials and other special prizes. Additional tickets for the Foundation raffle are \$2 each. Prizes for the Foundation raffle include gift cards for airfare compliments of Southwest Airlines, clothing from this year’s World Championships.

For the regular raffle, please bring something that a well-equipped official can use!

We know that not everyone will be able to attend the Annual Meeting in person (but we hope you can!) because of time and distance limitations or because of concerns about COVID. Therefore, we will provide a Zoom link to the meeting if you register and indicate you will be attending remotely. AS with last year, for your own safety and that of others, please attend the meeting via Zoom if you are not fully vaccinated or not feeling well.

To make your reservation for the Annual Meeting, please send a check for \$20 per person payable to “PAUSATF” to our Vice Chair, John Lilygren at 9 Calypso Lane, San Carlos, CA 94070., by August 22. You are also encouraged to send an additional contribution of any amount for tickets (\$5 per ticket) to the Foundation raffle to John whether you attend the Annual Meeting in person or via Zoom. Make that second check payable to the “USATF Pacific Foundation” and send to John L. Raffle tickets will also be sold at the meeting.

Please direct any questions about the Annual Meeting to John Lilygren at

John Lilygren at [jlilygren@gmail.com](mailto:jlilygren@gmail.com). Questions about the Foundation or the Foundation Raffle can be directed to John Shirey at [jshirey1@comcast.net](mailto:jshirey1@comcast.net). Don’t delay! Make your reservation today to honor your fellow officials and to support the USATF Pacific Foundation on August 28!

## **JUNIOR OLYMPICS IN SACRAMENTO UPDATE**

Yes, we are again hosting the 2022 USATF Hershey Junior Olympics at Sacramento State University Hornet Stadium on July 25-30. The start of this meet is the day after the World Athletics Championships close in Eugene. It is also the same time frame that the USATF Outdoor Masters Championships begin in Iowa. If you have applied to work at this Junior Olympics, you will be working. I have sent out acceptance emails to all officials who have applied. Assignments for some have been modified due to 3-way compliance vetting and unfortunately, due to usual attrition of officials that can't participate.

Even if you missed being selected, if you are able to volunteer, we will make sure that you are appropriately placed in helping rake the pits, put up bars, set up hurdles, work in logistics or any volunteer area. If you are interested in volunteering to work the meet, please send an email to Phil Leake, Officials Coordinator @ [pgall@sbcglobal.net](mailto:pgall@sbcglobal.net) . There are always officials who decline or for some reason cannot fulfill their duties. This means that off-times, some volunteers who happen to be USATF officials are promoted to assigned officials. I highly encourage everyone to take part in some way to help with the success of the meet as well as to remain near the sport.

For those selected officials, this is a great meet to add to your resume, especially if you are trying to upgrade your certification level and/or increase your chances for selection to the larger National and International championships. Every official and crew chief will be evaluated by the USATF with evaluations held by the National Officials Committees to take into consideration for National Meet selection. All officials who are from outside the Sacramento area will be staying at the newly built on campus dormitories within walking distance to the stadium. Meals at the dorm cafeteria as well as at the stadium will be furnished along with meet clothing and a stipend (currently under discussion). You should have been contacted by Jill Culbertson of the LOC who will be confirming your arrival and departure times as well as your roommate preferences. If you have not, please contact Phil Leake @ [pgall@sbcglobal.net](mailto:pgall@sbcglobal.net).

This meet is shaping up to be one of the best ever held in Sacramento

<https://www.pausatf.org/youth/2022-usatf-national-junior-olympic-track-field-championships/>

<https://www.usatf.org/programs/officials/meets-needing-officials>

### **Officials Calendar**

Please take a look at the Google Calendar located on the PAUSATF Officials page. This page is integrated with the overall PAUSATF continuous monthly calendar that includes ALL meets, races and events **This has turned out to be a very successful venture**. I can't get over how well this project has been for coaches, athlete and anyone interested in track and field. AGAIN, BIG THANKS to Charles Murphy, Jim Manha, Cynci Calvin, John Lilygren and Bill Hawkes. This group transitioned our old Excel Spreadsheet Calendar to Google Calendar with all meets

color coded denoting the type and level of the meet. Meets are being added by most all meet directors and are specifically making all of their meet needs known. Now, you can see all of the meets happening in the Pacific Association on any given day. All the official needs to do is to click his cursor on the meet and all meet information is listed for the official to discern.

During Spring 2022, Jim worked with meet directors in helping obtain and coordinate information of their needs and to help disseminate those needs to the officiate for 2022 T+F Season. For the 2022 X-C and 2023 T+F Seasons, you will continue getting regular emails soliciting your help for meets which are underserved. Ultimately, this process will help meet managers cover their needs as well as to help provide officiating opportunities and possibly mentoring opportunities to those needing further training. Cross Country, LDR and RW seasons will soon be upon us, please look onto the Officials calendar and stay tuned!

**HS Calendar:** While the Officials Calendar lists the major HS invitationals and Championships, it is highly advised that interested officials consult [www.Athletic.net](http://www.Athletic.net) for an up-to-date calendar of all HS meets near you. Due to the sheer number of HS meets within CIF in Northern California (over 600), they could not be included on the PA Officials calendar. I highly encourage you to volunteer your assistance at your local high school. This only helps further promote the sport we all love.

## **MEETS NEEDING OFFICIALS**

**FROM DEBORAH SAMPLE, PAUSATF YOUTH CHAIR**

### **PAC AND REGION 16 MEETS.**

Region 16 Combine Events, July 9th and 10th James Logan High School, Union City.

**Deborah Sample**

**Attendance Clerk**

**Pinole Valley High School**

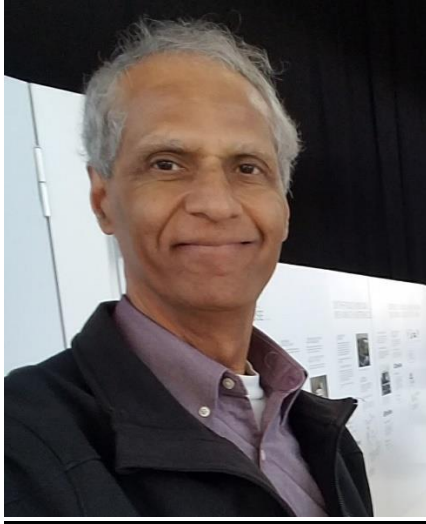
**2900 Pinole Valley Rd**

**Pinole Ca. 94564**

**510-231-1442 ext. 27309 or ext. 1**

---

## **CERTIFICATION**



From Ajay Padgaonkar, Certification Chair

### **BE VIGILANT ON MAINTAINING YOUR 3-WAY COMPLIANCE**

The recertification process for 2022 is near complete. Badges have been mailed out. If you have not gotten your badge or if there are omissions or errors on your badge, please send Ajay an email [certification@pacific.usatf.org](mailto:certification@pacific.usatf.org)

Until late 2024 and early 2025, when we go through the recertification process again, you only need to maintain "3-way" compliance to keep your certification current

- No rules reviews unless you are upgrading or the credential change requires it. 3-way compliant means the following:

1. USATF membership has not expired (For about 110 of you the membership expires in 10 days, please renew now!)
2. Safesport training has not expired (This applies to 12 of you, please correct ASAP, for 10 more of you, the training expires in 10 more days, please take urgent action)
3. NCSI background check has not expired (For 2 of you the background check expires in the next 10 days, if you have not already done so, please take urgent action)

These are all done through your USATF connect sport80 portal now, so remember your login and update your password if needed. If you run into any issues with the login or membership renewal, send an email to Jamero Rainey [jamrainey21@gmail.com](mailto:jamrainey21@gmail.com) at the USATF national office. If you run into any issues with Safesport or NCSI background check, send an email to Lexie Ping ([safesport@usatf.org](mailto:safesport@usatf.org)) of the USATF national office. Copy me on such emails so that I can help, if needed.

## **DO NOT LET YOUR CERTIFICATION CREDENTIALS LAPSE!**

***(This is what happened when officials were vetted for the Junior Olympics!)***

The USATF national office sends reminders about a month before the expiration date. Please look for it and take immediate action. Also, you may want to make a note for your own self of the expiration date so you don't let your credentials lapse. USATF will send out emails to those who have lapsed one or more of those 3 requirements or are about to.

Frequently asked information can be found on the USATF Officials page

<https://www.usatf.org/programs/officials/certification>

Keep your officiating record in the resume form on the pacific association website official's forms page: <https://www.pausatf.org/officials/formsinformation/>

It is the Excel spreadsheet under the link titled (attached for your convenience):

- **PAUSATF Officials' Meet Resume Form** (Excel sheet; downloadable; may fill in on a computer)

You will need this record for any upgrade applications, meets that require applications and in 3 years when we undergo the recertification.

Send me an email or call me at 408-890-1123 if you have any questions.

## **SAFESPORT**

USATF in cooperation with the Center for Safesport Training will notify you of your pending Safesport training update Typically, you will have this notice sent to you within 30 days of expiration. PLEASE RENEW AND UPDATE your training ASAP in order to for your Officials Certification to remain 3 ways compliant. An example of this notice is as follows:

You are receiving this notice because your Refresher 1 SafeSport training is due to expire. You are due to renew this training by completing the Refresher 2 course ("Preventing Misconduct"). Please follow the below instructions to complete this training:

1. Log on to USATF Connect (*please note: if you have more than one account associated with your name, choose your personal account*).
2. Click "View" on your profile card under "Members".
3. Access the Center for SafeSport Training tab from the menu to the left.
4. Click the blue "Add Center for SafeSport Training" button in the upper right-hand corner of the page.
5. Find the Refresher 2 course ("Preventing Misconduct") from the list of available trainings. Add it to your account by clicking the blue "Add" button next to this training.
6. A new window will appear. Click "Add" for this training one last time.
7. A final window will appear. Click "Start Training" in the middle of this window to begin your course.



This training should take you 20-30 minutes to complete. Once you complete the training, your USATF Connect account will be updated to reflect your new training date. Please note that if you do not complete the required SafeSport training on or before the expiration date, you will not be considered USATF 3-Step SafeSport Compliant and you will no longer be eligible to serve in a role that requires SafeSport training (coach, official, volunteer, among others).

Thank you for helping to make USATF a safe environment in which our athletes can train and compete. Please direct any questions to [safesport@usatf.org](mailto:safesport@usatf.org).

USA Track & Field is committed to creating a culture that clearly advocates, and provides for, a safe environment in which our athletes compete and train. We believe this is paramount to the success of all our programs. All athletes deserve to participate in sports that are free from bullying, hazing, sexual misconduct or any form of emotional or physical abuse.

If you have a concern regarding the health and safety of our athletes, please make a report. For concerns of child sexual abuse, sexual misconduct, non-consensual sexual conduct, sexual harassment, or intimate relationships involving an imbalance of power, all individuals should report concerns to the U.S. Center for SafeSport [online](#) or by phone at 720-531-0340. Please notify USATF that a report(s) was made. All reports of child abuse or sexual assault of a minor must also be reported to local authorities. Reports of abuse not involving a minor may also be reported to local authorities.

For concerns of physical or emotional misconduct, bullying, harassment, hazing, or any other violation of [USATF's SafeSport Handbook](#), all individuals should report concerns to USATF [online](#) or by phone at 317-713-4688. Please note, neither criminal nor civil statutes of limitations apply to reporting a SafeSport complaint.

If the link doesn't work, please paste the following into your browser:

<https://usatf.sport80.com/login>

## Code of Ethics and Performance Guidelines

The USATF National Officials Committee publishes the [Code of Ethics and Performance Guidelines](#) for officials. Item number 11 of the Code of Ethics:

***Conduct an honest self-evaluation after each competition, to identify errors made and areas for improvement; and be receptive to suggestions for conducting events in the best possible manner in the future.***

The outdoor season is a perfect time to start using this improvement method. Take a few minutes and review what you could have done better. Everyone benefits.





# RULES

## From Bob Podkaminer., USATF Rules Committee

<https://www.worldathletics.org/about-aaf/documents/book-of-rules>

### For USATF rulebooks:

From Ajay:

Hardcopy version of the USATF Rule Book for 2022 now available for purchase

USATF Pacific Certification <certification@pacific.usatf.org>

Fellow Pacific Association Officials,

The hardcopy USATF rule book for 2022 is now available for purchase on the USATF official's store: The book will have a 50% off code for Certified Officials to use at checkout (\$10 instead of \$20 to everyone else). This code is **Rules22**.

<https://team-usatf-store.myshopify.com/collections/accessories/products/2022-usatf-competition-rules>

Type that code in the discount code box; see screenshot below for example

Note that the password is different from the one for the rest of the officials' store (which is Official2019).

Regards,

--

*Ajay (Pacific Association Certification Chair)*

And/or can be downloaded: <https://www.usatf.org/governance/rule-books>

**For NCAA rulebooks:** <http://www.ncaapublications.com/p-4623-2021-2022-cross-country-and-track-and-field-rules.aspx>

**For NFHS Rule Changes:** <https://www.nfhs.org/sports-resource-content/track-field-and-cross-country-rules-changes-2022/>

**NFHS Rule books, etc.:** Print version: Training <http://www.nfhs.com/c-235-track-fieldcross-country.aspx>

E- Book Version: E book is delayed. Please go to [www.nfhs.org](http://www.nfhs.org) for updates.

Julie Cochran from NFHS gave an interesting and helpful presentation at the USATF 2021 Annual Meeting. Here is her presentation. No audio on this one. Here it is:

<https://www.flipsnack.com/usatf/nfhs-presentation-at-general-session/full-view.html>

**For USA Paralympic Rulebook:** This can be found on the Adaptive Track and Field USA website <http://atfusa.org/RULES/RULES.htm>

**FOR WA Paralympic Rules** <https://www.paralympic.org/athletics/rules>

A quick reference comparison supplement of the rule changes and difference is annually compiled by Jim Hanley of the Southern Cal Assn.

Cost is \$18 (\$15 for the book and \$3 shipping) **Track and Field Rule Book Differences** © 2022 by Jim Hanley PO Box 6744, Thousand Oaks, CA 91359-6744 or [www.jim.hanley.cc](http://www.jim.hanley.cc)

### **Free Online Resources from the NOC Newsletter:**

**USATF National Officials Committee Resources and Best Practices Library.** [Go here.](#)

**Previous USATF Annual Meeting Training Clinics for Officials.** [Go here](#) and scroll to the bottom of the page.

**USATF SafeSport Training.** [Go here](#) for information. Login to your [USATF Connect](#) account to access the SafeSport training.

**Your local USATF Association.** Many Associations have training documents, videos, and/or recorded virtual training sessions. Visit your USATF Association website. One example is the Oregon Association Zoom training sessions. [Go here](#) for a list of the recorded sessions and access codes. Also, [go here](#) to view an example about *Officiating Race Walking*.

**National Federation of State High School Associations (NFHS) Learning Center.** [Go here](#) for the officiating course. [Go here](#) to explore all the courses.

**World Athletics E-learning Hub.** You must create [a free account](#) to access the courses for technical officials.

## *Helpful Newsletters*

USATF Associations Committee newsletter: [Go here.](#)

Officials Newsletter from Athletics Canada. Current issue and archive: [Go here.](#)

European Athletic Officials newsletter: [Go here.](#)

NOC Equipment & Facilities newsletter archive: [Go here](#)

A few newsletters from individual state Associations:

["Tracking 27"](#): Oregon Track Club and USATF Oregon Association

["Track and Field Iowa"](#): Iowa Association

["Official News"](#): Indiana Association

Current issue and archive of the World Athletics newsletters:

[Go here](#) (scroll down the page)

[Go here](#) to view the archive of **NOC** newsletters.

[Go here](#) to view the archive of **SafeSport** newsletters.

## Equipment

- VS Athletics Officials Equipment <https://www.vsathletics.com/store/home.php>
- M-F Athletics Everything Track and Field <https://www.everythingtrackandfield.com/>