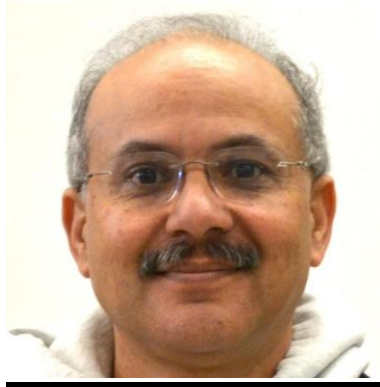




Northern California/Northern Nevada Association of USA Track & Field

Chair's Notes



Phil Leake, Chair

My apologies for not getting this newsletter out sooner, Circumstances delayed near the end of the season, **BUT THE SEASON IS NOT DONE YET!!! THERE ARE STILL MEETS TO OFFICIATE!** Yogi Berra once said “it isn’t over until it’s over”! He’s right! We still have youth meets, some of you are participating in the USATF National Championships, NCAA Regional and National Championships, the upcoming Golden West Invitational and Pacific Association Championships and a good portion of you will be at the Junior Olympics in July.

I look forward to seeing you at some of these meets!

HEY, IT’S NOT ABOUT YOU! WHAT?

In our sport, the star attractions are the athletes and their performance and the enjoyment of the spectator. I was reminded of this earlier this season when 2 coaches approached me complaining about an official who was being and acting a bit self-important and was posturing about his importance in the meet. As an official, if we do our job correctly and efficiently, we are **INVISIBLE**. A wise Olympic Trials Crew Chief told me that we should “run silent”.

As an ambassador of our sport, it is incumbent upon us to “run silent”, to minimize distractions and to run the meet efficiently and accurately. Our interactions with the athletes, coaches, other officials and spectators are highly scrutinized. We should be friendly, but respectful. One thought to aid in the competition is that when we check in and call up competitors, we should call them by their **LAST NAME**. Yes, you may know them by their first name off the track. You may know their families, etc. But during competition, the good practice is to call them by their **LAST**

NAME. This avoids confusing times when there are 3-4 Tom's or 3 Alexa's in the same flight. It also lends to the professionalism of the official and the competition.

Other best practices/things to do: Before competition, with the officials crew together, pre-determine what job each official will do. During pre-event athlete instructions, be clear and concise. During competition, minimize conversation among the officials. The focus is on the competition.

For more best practices, I would suggest that each of you go onto www.usatf.org website and proceed to the officials page. Once there, scroll down to best practices icon, click on it and have a good read.

Remember, we are the primary providers and judges of any LDR race, Racewalk, Track and Field meet. No officials, no meet! We in the Pacific Association currently hold a reputation as being some of the best, if not THE best trained officials in the country. We are one of the primary professional ambassadors of the sport. It is incumbent upon us to continue this tradition.

OFFICIALS ANNUAL MEETING AND AWARDS

As we are getting close to closing out the 2022 Track and Field Season, it is important to remember and recognize those individuals who have been outstanding, shown leadership and have been most effective in their respective areas. These outstanding officials will be recognized and honored at the Annual Meeting at the end of August. Details regarding the Annual Meeting to be held at UC Davis are forthcoming. The AWARDS COMMITTEE is actively seeking nominations for awards. To nominate any official, please send your nomination and comments to the Awards Committee Chair Leon Glover at lcglover1@gmail.com, Phil Leake at pgall@sbcglobal.net, or Ajay Padgaonkar at cercchair@pacific.usatf.org

The Major Officials Awards are:

The Officials Committee of the PA/USATF recognizes outstanding members—and friends of track and field—with five (5) major awards, normally presented at the officials' annual meeting. Along with the National USATF Officials Awardees, the year-by-year Pacific Association Officials Awardees are listed below. To nominate individuals for awards, contact the Officials Awards Chair, Leon Glover: lcglover11@gmail.com.

The Dick Connors Meritorious Service Award: Recipient must have ten (10) years' experience as a Track & Field Official AND must be certified as Masters level official with the USATF. This award is not required to be awarded every year.

George Newlon Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Track event officiating. This award is not required to be awarded every year.

Dick Barbour Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

Horace Crow Special Recognition Award: Recipient should normally have seven (7) years' experience as a Track & Field Official AND be certified as either National or Master level official with the USATF. This award is primarily for achievement in the area of Field event officiating. This award is not required to be awarded every year.

Lori Maynard Special Recognition Award: Recipient must be a person involved, other than as a spectator, in Track & Field, LDR, or Race Walking in any capacity AND has exhibited exceptional dedication to the sport of Track & Field, LDR or Race Walking. This award is not required to be awarded every year.

In addition, awards are given out by the **Officials Chair's Awards** recognizing officials who have given above and beyond the call of service and have been identified regardless of their certification status. New to Awards are the **Apprentice Awards** recognizing those Apprentice Officials who have displayed enthusiasm, developed expertise and have demonstrated during their training the qualities of a great official.

JUNIOR OLYMPICS IN SACRAMENTO UPDATE

Yes, we will again host the 2022 USATF Hershey Junior Olympics at Sacramento State University Hornet Stadium on July 25-30. The start of this meet is the day after the World Athletics Championships close in Eugene. It is also the same time frame that the USATF Outdoor Masters Championships begin in Iowa. If you have applied to work at this meet, you will be working. I have sent out an acceptance email to all officials who have applied. Assignments are pending approval from the USATF Youth Executive Committee and will be published momentarily.

This is a great meet to add to your resume, especially if you are trying to upgrade your certification level and/or increase your chances for selection to the larger National and International championships. All officials who are from outside the Sacramento area will be staying at the newly built on campus dormitories within walking distance to the stadium. Meals at the dorm cafeteria as well as at the stadium will be furnished along with meet clothing and a stipend (currently under discussion). You will be contacted by a member of the LOC who will be confirming your arrival and departure times as well as your roommate preferences. This meet is shaping up to be one of the best ever held in Sacramento.

Even if you have not applied and been assigned, if you have thought about it and want to volunteer to help rake the pits, put up bars, set up hurdles, work in logistics or any volunteer area, please send an email to Phil Leake, Officials Coordinator know pgall@sbcglobal.net.

There are always some officials who decline or for some reason cannot fulfill their duties, off-times some volunteers are promoted to assigned officials. I highly encourage everyone to take part in some way to help with the success of the meet as well as to remain near the sport.

<https://www.pausatf.org/youth/2022-usatf-national-junior-olympic-track-field-championships/>

<https://www.usatf.org/programs/officials/meets-needing-officials>

Officials Calendar

UPDATE: If you remember from the last Newsletter, this ad hoc group was tasked with developing a continuous monthly calendar that would include ALL meets, races and events and could be associated with the overall Pacific Association Calendar. **This has turned out to be a very successful venture.** BIG THANKS to Charles, Jim Manha, Cynci Calvin, John Lilygren and Bill Hawkes. This group transitioned to Google Calendar with all meets color coded denoting the type and level of the meet. Meets are being added by most all meet directors and are specifically making all of their meet needs known. Now, you can see all of the meets happening in the Pacific Association on any given day. All the official needs to do is to click his cursor on the meet and all meet information is listed for the official to discern.

Jim has been working with meet directors in helping obtain and coordinate information of their needs and to help disseminate those needs to the officiate for the 2022 T+F Season. Moving forward, you will continue getting regular emails soliciting your help for meets which are underserved. Ultimately, this process will help meet officials cover their needs as well as to help provide officiating opportunities and possibly mentoring opportunities to those needing further training. For the upcoming cross country season, please look onto the Officials calendar and stay tuned!

HS Calendar: While the Officials Calendar lists the major HS invitationals and Championships, it is highly advised that interested officials consult www.Athletic.net for an up-to-date calendar of all HS meets near you. Due to the sheer number of HS meets within CIF in Northern California (over 600), they could not be included on the PA Officials calendar. I highly encourage you to volunteer your assistance at your local high school. This only helps further promote the sport we all love.

MEETS NEEDING OFFICIALS

FROM DEBORAH SAMPLE, PAUSATF YOUTH CHAIR

PAC AND REGION 16 MEETS.

Officials are needed for all positions

Hotel accommodations may be available for non-local officials. Please contact Deborah for details.

PAC Championship June 10th, 11th and 12th Cordova High School

Region 16 Top 5 June 24th, 25th and 26th, Modesto Jr. College.

Region 16 Combine Events, July 9th and 10th James Logan High School, Union City.

Deborah Sample

Attendance Clerk

Pinole Valley High School

2900 Pinole Valley Rd

Pinole Ca. 94564

510-231-1442 ext. 27309 or ext. 1

From Fred Baer, All Hernandez and Bob Wright

2022 USATF Pacific Open Track & Field Championships Information

NEWS FLASH!

The 2022 USATF Pacific Open Track & Field Championships will be held
in conjunction with the **Golden West Invitational!**

June 4 & 5, 2022

Cordova High School, Rancho Cordova

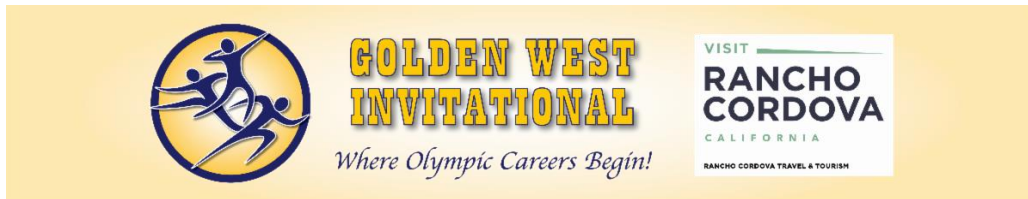
Contacts

Women's T&F Chair Al Hernandez - runalrun@yahoo.com

Men's T&F Chair Fred Baer - frdbaer@aol.com

Officials Coordinator Bob Wright goldenwestinvitational@gmail.com

We are in need of officials for all aspects of the meet. Also, it is highly recommended to include the PA Open Championships on your resume to aid in selection for national meets and to upgrade your certification status. Please contact the officials coordinator and offer your services.



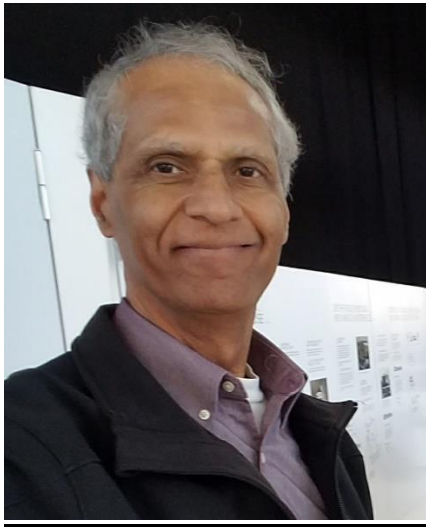
MENTORING



Your Mentoring Chair, Dennis Boyle, has convened several Zoom meetings with members of the Pacific Association Officials Committee and Experienced Officials who have accepted the task of being a Regional Resource Coordinator (RRC). Each RRC will function under the auspices of the Training, Certification and Mentoring Chairs. Their purpose is to help develop and

implement a workable system for mentoring to be a local resource for assisting officials with training and working through the certification process. Since our Association is so large (and getting larger) in terms of square miles served and the sheer number of officials needing mentoring and willing to mentor, Dennis and the Regional Resource Coordinators have been hard at work setting up people for mentoring, helping existing and potential officials with certification and training opportunities. If you are willing to help with the program as a supporter, be a mentor or just need some on-the-field training, please send your support, comments, etc. to Dennis at dkboyle@frontiernet.net.

CERTIFICATION



From Ajay Padgaonkar, Certification Chair

SOME OF YOU ARE STILL NOT 3- WAY COMPLIANT

Those affected have been contacted by Ajay and he is working with them to finish the certification process. Badges have been mailed out. If you have not gotten your badge or if there are omissions or errors, please send Ajay an email certification@pacific.usatf.org

Until late 2024 and early 2025, when we go through the recertification process again, you only need to stay "3-way" compliant and keep officiating to keep your certification current
- No rules reviews unless you are upgrading or the credential change requires it. 3-way compliant means the following:

1. USATF membership has not expired (For about 110 of you the membership expires in 10 days, please renew now!)
2. Safesport training has not expired (This applies to 12 of you, please correct ASAP, for 10 more of you, the training expires in 10 more days, please take urgent action)
3. NCSI background check has not expired (For 2 of you the background check expires in the next 10 days, if you have not already done so, please take urgent action)

These are all done through your USATF connect sport80 portal now, so remember your login and update your password if needed. If you run into any issues with the login or membership renewal, send an email to Jamero Rainey jamrainey21@gmail.com at the USATF national office. If you run into any issues with Safesport or NCSI background check, send an email to Lexie Ping (safesport@usatf.org) of the USATF national office. Copy me on such emails so that I can help, if needed.

The USATF national office sends reminders about a month before the expiry date. Please look for it and take immediate action. Also, you may want to make a note for your own self of the expiration date so you don't let your credentials lapse. USATF will send out emails to those who have lapsed one or more of those 3 requirements or are about to.

Frequently asked information can be found on the USATF Officials page
<https://www.usatf.org/programs/officials/certification>

Keep your officiating record in the resume form on the pacific association website official's forms page: <https://www.pausatf.org/officials/formsinformation/>

It is the Excel spreadsheet under the link titled (attached for your convenience):

- **PAUSATF Officials' Meet Resume Form** (Excel sheet; downloadable; may fill in on a computer)

You will need this record for any upgrade applications, meets that require applications and in 3 years when we undergo the recertification.

Send me an email or call me at 408-890-1123 if you have any questions.

SAFESPORT

USATF in cooperation with the Center for Safesport Training will notify you of your pending Safesport training update Typically, you will have this notice sent to you within 30 days of expiration. PLEASE RENEW AND UPDATE your training ASAP in order to for your Officials Certification to remain 3 ways compliant. An example of this notice is as follows:

You are receiving this notice because your Refresher 1 SafeSport training is due to expire. You are due to renew this training by completing the Refresher 2 course ("Preventing Misconduct"). Please follow the below instructions to complete this training:

1. Log on to USATF Connect (*please note: if you have more than one account associated with your name, choose your personal account*).
2. Click "View" on your profile card under "Members".
3. Access the Center for SafeSport Training tab from the menu to the left.
4. Click the blue "Add Center for SafeSport Training" button in the upper right-hand corner of the page.
5. Find the Refresher 2 course ("Preventing Misconduct") from the list of available trainings. Add it to your account by clicking the blue "Add" button next to this training.
6. A new window will appear. Click "Add" for this training one last time.
7. A final window will appear. Click "Start Training" in the middle of this window to begin your course.

This training should take you 20-30 minutes to complete. Once you complete the training, your USATF Connect account will be updated to reflect your new training date. Please note that if you do not complete the required SafeSport training on or before the expiration date, you will not be considered USATF 3-Step SafeSport Compliant and you will no longer be eligible to serve in a role that requires SafeSport training (coach, official, volunteer, among others).

Thank you for helping to make USATF a safe environment in which our athletes can train and compete. Please direct any questions to safesport@usatf.org.

USA Track & Field is committed to creating a culture that clearly advocates, and provides for, a safe environment in which our athletes compete and train. We believe this is paramount to the success of all our programs. All athletes deserve to participate in sports that are free from bullying, hazing, sexual misconduct or any form of emotional or physical abuse.

If you have a concern regarding the health and safety of our athletes, please make a report. For concerns of child sexual abuse, sexual misconduct, non-consensual sexual conduct, sexual harassment, or intimate relationships involving an imbalance of power, all individuals should report concerns to the U.S. Center for SafeSport [online](#) or by phone at 720-531-0340. Please notify USATF that a report(s) was made. All reports of child abuse or sexual assault of a minor must also be reported to local authorities. Reports of abuse not involving a minor may also be reported to local authorities.

For concerns of physical or emotional misconduct, bullying, harassment, hazing, or any other violation of [USATF's SafeSport Handbook](#), all individuals should report concerns to USATF [online](#) or by phone at 317-713-4688. Please note, neither criminal nor civil statutes of limitations apply to reporting a SafeSport complaint.

If the link doesn't work, please paste the following into your browser:

<https://usatf.sport80.com/login>

Code of Ethics and Performance Guidelines

The USATF National Officials Committee publishes the [Code of Ethics and Performance Guidelines](#) for officials. Item number 11 of the Code of Ethics:

Conduct an honest self-evaluation after each competition, to identify errors made and areas for improvement; and be receptive to suggestions for conducting events in the best possible manner in the future.



The outdoor season is a perfect time to start using this improvement method. Take a few minutes and review what you could have done better. Everyone benefits.

RULES

From Bob Podkaminer., USATF Rules Committee

<https://www.worldathletics.org/about-aaf/documents/book-of-rules>

For USATF rulebooks:

From Ajay:

Hardcopy version of the USATF Rule Book for 2022 now available for purchase

USATF Pacific Certification <certification@pacific.usatf.org>

Fellow Pacific Association Officials,

The hardcopy USATF rule book for 2022 is now available for purchase on the USATF official's store: The book will have a 50% off code for Certified Officials to use at checkout (\$10 instead of \$20 to everyone else). This code is **Rules22**.

<https://team-usatf-store.myshopify.com/collections/accessories/products/2022-usatf-competition-rules>

Type that code in the discount code box; see screenshot below for example

Note that the password is different from the one for the rest of the officials' store (which is Official2019).

Regards,

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Ajay (Pacific Association Certification Chair)

And/or can be downloaded: <https://www.usatf.org/governance/rule-books>

For NCAA rulebooks: <http://www.ncaapublications.com/p-4623-2021-2022-cross-country-and-track-and-field-rules.aspx>

For NFHS Rule Changes: <https://www.nfhs.org/sports-resource-content/track-field-and-cross-country-rules-changes-2022/>

NFHS Rule books, etc.: Print version: Training <http://www.nfhs.com/c-235-track-fieldcross-country.aspx>

E- Book Version: E book is delayed. Please go to www.nfhs.org for updates.

Julie Cochran from NFHS gave an interesting and helpful presentation at the USATF 2021 Annual Meeting. Here is her presentation. No audio on this one. Here it is:

<https://www.flipsnack.com/usatf/nfhs-presentation-at-general-session/full-view.html>

For USA Paralympic Rulebook: This can be found on the Adaptive Track and Field USA website <http://atfusa.org/RULES/RULES.htm>

FOR WA Paralympic Rules <https://www.paralympic.org/athletics/rules>

A quick reference comparison supplement of the rule changes and difference is annually compiled by Jim Hanley of the Southern Cal Assn.

Cost is \$18 (\$15 for the book and \$3 shipping) **Track and Field Rule Book Differences** © 2022 by Jim Hanley PO Box 6744, Thousand Oaks, CA 91359-6744 or www.jim.hanley.cc

Free Online Resources from the NOC Newsletter:

USATF National Officials Committee Resources and Best Practices Library. [Go here.](#)

Previous USATF Annual Meeting Training Clinics for Officials. [Go here](#) and scroll to the bottom of the page.

USATF SafeSport Training. [Go here](#) for information. Login to your [USATF Connect](#) account to access the SafeSport training.

Your local USATF Association. Many Associations have training documents, videos, and/or recorded virtual training sessions. Visit your USATF Association website. One example is the Oregon Association Zoom training sessions. [Go here](#) for a list of the recorded sessions and access codes. Also, [go here](#) to view an example about *Officiating Race Walking*.

National Federation of State High School Associations (NFHS) Learning Center. [Go here](#) for the officiating course. [Go here](#) to explore all the courses.

World Athletics E-learning Hub. You must create [a free account](#) to access the courses for technical officials.

Helpful Newsletters

USATF Associations Committee newsletter: [Go here.](#)

Officials Newsletter from Athletics Canada. Current issue and archive: [Go here.](#)

European Athletic Officials newsletter: [Go here.](#)

NOC Equipment & Facilities newsletter archive: [Go here](#)

A few newsletters from individual state Associations:

["Tracking 27"](#): Oregon Track Club and USATF Oregon Association

["Track and Field Iowa"](#): Iowa Association

["Official News"](#): Indiana Association

Current issue and archive of the World Athletics newsletters:

[Go here](#) (scroll down the page)

[Go here](#) to view the archive of **NOC** newsletters.

[Go here](#) to view the archive of **SafeSport** newsletters.

Equipment

- NBN Sports: uniforms, hats, clothing, etc. <http://www.nbnsports.com/>
- VS Athletics Officials Equipment <https://www.vsathletics.com/store/home.php>
- M-F Athletics Everything Track and Field <https://www.everythingtrackandfield.com/>

PICS FROM AROUND THE TRACK



Dave Soeth



BIG WEST DISCUS



BIG WEST W+M



BIG WEST COMBINED EVENTS



Stylin' at the Meet of Champions



A Stalwart Crew at MOC



Constance calling it ready to measure!



HAVIN' FUN AT THE MEET OF CHAMPIONS!!!

