



# Compiled Committee Reports Tuesday, March 15, 2022

## Associations Committee Report

Dave Shrock ([acechair@usatf.org](mailto:acechair@usatf.org))

### **COVID Event Updates:**

As of 16 February, events are now divided into two tiers which will greatly assist associations in hosting local events.

Effective immediately this is a significant update, and you are encouraged to review the entire document. Click on the link below for the full update: <https://www.usatf.org/covid19/logistical-information-and-guidance-for-event-directors-and-local-organizing-committees>. Events are now divided into two (2) tiers and the key items relevant to the hosting of these events:

**Tier 1 Events are defined as - USATF National Championships events across all divisions** (*Youth, Masters, Open, etc.*), events which qualify for a USATF National Team, and USATF Journey to Gold meets. Tier 1 events follow the current USATF Event Hosting Guidance as they related to COVID protocols (which will continue to be updated as we progress through the pandemic). The rationale is participation in these events is "required".

**Tier 2 Events are defined as – ALL OTHER EVENTS** (*Association/Region Championships that serve as JO Qualifiers and Association accreditation required disciplines such as local track meets/road races, etc.*) Tier 2 events follow State and Local guidance/rules in the locality of the event, unless there is active community spread of COVID-19. The rationale is participation in these events is up to an individual's or parent's own assessment of risk, relative to the rules in place in the locale.

### **New Sanctions System Launch**

The new event sanction system has transitioned to the USATF Connect system. As mentioned in training sessions ([click here for the Association Training Session](#)), this transition will allow all information that you previously had access to in the Connect system as well.

Also as sanctions are being integrated into the Connect 80 system, reconciled sanction fees may have been adjusted in accordance with USATF policies. [Click here for current policy and sanction fees](#). [Click here for a training session on the association sanction approval process](#).

Association officers and event directors may contact the sanctions team for assistance at [sanctions@usatf.org](mailto:sanctions@usatf.org) or 317.713-9617.

### **Updates to the USATF SafeSport Handbook**

In collaboration with SafeSport, Minor Athlete Abuse Prevention Policies (MAAPP) guidelines have been added to the handbook. These changes to the Handbook with other updates can be found at: <https://www.usatf.org/safe-sport/usatf-safe-sport-handbook>

### **USATF PerDiem Updates**

[Click here](#) to view 2022 PerDiem amounts for travel on behalf of USATF.

## **Coaches Committee Report**

Dave Shrock ([coaches@pacific.usatf.org](mailto:coaches@pacific.usatf.org))

### **Coaches Badges**



Thanks to an Associations Grant, the Youth Committee lead by LaDonna Aubert, with the assistance of Cris Houston and Dave Shrock, continues to offer a coaches badging program to better protect our athletes by identifying 3-step compliant coaches. Since it's start one year ago, 96 coaches have taken advantage of this free program and ordered badges. Additional members coaches who also have a current background screen and SafeSport certificates may apply at: <https://forms.gle/914hcCKbCyL7NypRA>. All cards will be available at the PA Youth Top 8 Meet.

## **LDR Committee**

Danielle Domenichelli ([danielle@runsra.org](mailto:danielle@runsra.org))

2022 is expected to see a near normal return to competition for the MUT, Road, and XC Grand Prix.

### **MUT**

Participation in the 2021 MUT series was as usual and aligned with the past once races got going again. The 2022 MUT series will have 13 races, with 2 already having been completed. No'to'mom 100K is canceled due to low registration numbers.

### **Road**

In 2021 the first half of the year was canceled for the Road Grand Prix, which resulted in Road Grand Prix overall scoring cancellation, however Freedom Fest 5k, Clarksburg Half, CIM, and Christmas Relays were still competed with PA scoring and PAUSATF only prize money. Since there was no Grand Prix for 2021, the comps earned in 2019 deferred to 2022. The 2022 Road Grand Prix is mostly finalized, with just the Great Race unsure if they will be able to hold the event in 2022, which will result in either 10 or 11 races on the 2022 Grand Prix. The Redding 10-mile was March 5th. Numbers were down quite a bit from years past, but it was good to see a return to the Road Grand Prix. The Oakland 10k is coming up on March 20th and although the race is sold out, PAUSATF athletes can still sign up through a link obtained from the race. SACTOWN 10 is April 3rd and will also serve as the USATF Masters National 10-Mile Championships. Also to note, CIM is submitting a bid to host the 2022 USATF Marathon National Championships, which is expected to be accepted and become official in the next few weeks.

### **XC**

Cross Country 2021 was very successful. There were no cancellations. Number of participants recovered well over the course of the season. Some of the races had slightly less participants than previous years, but all meets were executed well with positive participation feedback. PAUSATF XC Championships was competed with the start and finish line on the polo field track because of SF parks needing to let the

meadow recover from an event in the weeks before. Meet management was able to make the quick changes to allow for a great championship race. PAUSATF Championship participant numbers were slightly down, 410 in 2021 compared to 467 in 2019, but excitement for championship running was high and the race went very well. Looking forward to the 2022 season starting up in August, culminating with the USATF Club XC Nationals in Golden Gate Park.

## **Masters T&F Committee Report**

Joy Upshaw ([coachjoyupshaw@gmail.com](mailto:coachjoyupshaw@gmail.com))

**REVIEW:** PA Masters email blast went out to ALL members March 7, 2022. Info included:

- Review of 2021 award winners with their stats
- Info encouraging members to check PA website and the upcoming competition calendar.
- Provided resource emails for members: [nationalmastersnews.com](http://nationalmastersnews.com), [usatfmasters.org](http://usatfmasters.org) & [mastersrankings.com](http://mastersrankings.com)
- Encouraging members to expand their knowledge of our sport and become an OFFICIAL: included contact info of lead official & certification info.

### **THIS WEEK:**

USATF MASTERS INDOOR TRACK & FIELD CHAMPIONSHIP, The ARMORY in NYC March 17-20th.

### **UPCOMING:**

We were approached by the **West Region Masters Coordinator** wanting to know if we were interested in holding a joint **Pacific Association / West Region Masters Championship**. Both the Masters West Region Coordinator and the PA Masters Committee prefer a Sunday, Autumn meet. To pair with the Masters Region meet is advantageous to the PA for the following:

- More entrants to the meet, the Region takes no money from the meet, so after expenses, the Association keeps the money
- Cost to the PA to host the meet is less as, the West Region is allotted \$3000 per the National MTF Committee for their Championships
- The National MTF committee wants the Regions to move their meets around their regions rather than constantly hosting them in one place... good optics for the PA with the National Office, and a potentially bigger attendance draw as the West Region meet has not been held in Northern California in nearly twenty years.
- Both officials and venues are much easier to secure in the Fall
- Masters TF Athletes are still in shape in the fall and looking for meets.

In 2022, The **National Senior Games** are **mid-May**, the **World Masters Championships** are late June to mid-July, the **USATF Masters TF Championships** are the end of **July to Aug 1**, there are several large Masters meets annually in **October**, it only makes sense for the PA to find a September, or November date to serve the masters TF community's needs.

Other Masters Associations, to save on expenses and alleviate some of the challenges of securing venues, do this: Colorado Association / Mid-America Region Championships New York/New Jersey Association / East Region Championships

Options: We can open the meet to Open athletes, although Masters now recognizes the 25-29 age group and includes them at all USATF Meets, so those who are not elite level now have competitions..

**EXCITING YEAR AHEAD! 2022!**

## **Communications Committee Report 13-March-22**

*Cynci Calvin*, Chair ([ccrun@ncbb.net](mailto:ccrun@ncbb.net))

Verity Breen is taking a break from her USATF Pacific Social Media Coordinator duties, and we are looking for a volunteer who would like to step into the position. The primary work involves regularly posting items on the Facebook page, which is great way to outreach to our membership as well as non-PA members. This tool is especially valuable in letting non-members learn about our athletes, programs and committees, and this in turn helps to build our membership. It's fun, easy, and not very time-consuming. Contact me if you are interested, and thank you Verity for your years of keeping the USATF Pacific's Facebook page lively.

Our broadcast email service, Constant Contact (CC), has increased its rates (from \$220/month to \$315 month). Although there is no doubt that the program has the most robust features available, the \$220/month price tag already made it an expensive budget item, made even worse with the increase. Concurrently, I have been looking closely at USATF's new (and free) email program and believe it has serious potential, but it needs a trial period to check it out further. I met with Dave Shrock and John Mansoor to discuss these two items, and in reviewing our Constant Contact account, we determined that, since the CC fees are based on the number of contacts in the account, if we reduced that number we could save some of the money we spend on the service, while we continue to investigate the USATF program. Dave dug deeper into the account's records of sent email engagements, and discovered that ~8,000 of our 30,000+ unique email addresses are categorized as "least engaged". We agreed to remove those and now are in a the 15,000 to 25,000 emails and our fee will be \$225/mo. saving us \$90/month while we investigate the USATF email platform. We are also consolidating our lists to make it easier for those tasked with sending out eblasts. Note that we are saving or categorized email lists off-line.

More email issues: Thanks to difficulties in communicating with the National office, we have not been able to update our email lists with 2022 members emails. Hopefully progress will be made on this front soon!

Website is working well, and I have been filling in for Verity with Facebook posts. Robyn Stevens and Dave Shrock have also been helping out. As always, I am thankful for our Committee Website Content Managers - John Lilygren (Officials), Tom Bernard and Andrew Crawford (LDR), Les Ong (XC), Tori Busto (Racewalk), Dave Shrock (Coaches/PA).

## **Youth Committee Reports 13-March-22**

*Deborah Sample*, Chair ([dsample@wccusd.net](mailto:dsample@wccusd.net))

The Youth Committee is going strong. We are getting ready for a great season. There are some mishaps, but we can get through them.

We are looking forward to have our official participation at our Championship Meets. If you are planning on helping out, I need your name and event you will be working. We will make a rooming list for our officials and Youth Board members. Double occupancy for all roommates. Please let me know if you have a person in mind that will be sharing a room with you.