



Compiled Committee Reports Tuesday, January 18, 2022

Associations Committee Report

Dave Shrock (acechair@usatf.org)

Annual Meeting Recap:

By the numbers:

915 total 2021 annual meeting attendees, with 264 in person and 651 virtually via Bizzabo.

32 Pacific members participated, with Charlotte Sneed, Dave Shrock and John Murray attending in person.

927 participated in our 2020 virtual meeting, while 896 attended our last fully in-person meeting in Reno in 2019.

Accolades for Pacific Members:

Dave Shrock: Robert Giegengack Award:



USATF's highest award for service to the organization recognizing Shrock's five decades of work on the association and national levels in administration, coaching, and event directing.

Officials Hall of Fame: John Murray



Irene Herman: Andy Bakjian Award: Officials Committee



Award for Outstanding Service. The award recognizes an official who has been dedicated to managing sports and officiating track and field throughout their career.

Jim Hume (posthumously)



Dave Shrock: Robert Giegengack Award: USATF's highest award for service to the organization recognizing Shrock's five decades of work on the association and national levels in administration, coaching, and event directing.

Officials Hall of Fame inductees: John Murray and Jim Hume (*posthumously*)

Irene Herman: Andy Bakjian Award: Officials Committee Award for Outstanding Service. The award recognizes an official who has been dedicated to managing sports and officiating track and field throughout their career.

Results of Bylaw and Rules Vote During the Annual Meeting Closing Session:

Temporary Amendment 1, which enabled the Board to choose its own Chair, instead of having the elected President of the USATF serve as Board Chair was defeated: 33.65% yes, 65.77% no, 0.58% abstentions.

Temporary Amendment 2, which gave the USATF Board the power to change the federation's bylaws permanently, was defeated: 27.77% yes, 71.66%, no, 0.58% abstentions.

Temporary Amendment 5, which changed the membership appointment structure of the Law & Legislation Committee, was defeated: 34.24% yes, 74.18% no, 1.57% abstentions.

Each amendment lost by larger majority than last year.

The BoD once again on 13 December voted to reimplement the temporary amendment with the directive of engaging membership, represented by Ed Koch and Curt Clausen, in negotiations which is ongoing.

These Temporary amendments possibly with revisions, will be voted on again in 2022.

The remainder of the Bylaw package was passed with a majority vote.

Rules Package was passed with over a 90 percent majority vote.

Board of Directors Grant: The Officials Committee was awarded \$2000.00 to purchase an electronic measuring devise (EDM) for long throws with peripheral equipment.

Annual Meeting Document Library: For informative on-demand presentations and meeting reports you are encouraged to reference the annual meeting document library. [Click here for link](#)

Mark your calendars: Our 2022 Annual Meeting will once again be held at the Hilton-Buena Vista, Orlando from Thursday, 1 December to Sunday, 4 December.

Updated Return to Competition COVID Information:

<https://www.usatf.org/covid19/logistical-information-and-guidance-for-event-directors-and-local-organizing-committees>

Coaches Committee Report

Dave Shrock (coaches@pacific.usatf.org)

Pacific Association virtual Level 1 School:

The Pacific Association hosted our annual Level 1 Coaching School via Zoom this past Friday evening-Monday evening, 14-17 January. Fifty-three coaches participated from around the nation and world with three coaches from the Pacific Association.

Due to the continuing COVID concerns, it is unsure when coaching education will be able to resume in-person Level 1 and Level 2 schools.

Youth Committee Spring Coaches Meeting:

The Youth Committee will host its Spring Coaches Committee meeting Saturday, 12 February from 10:00am-2:00pm. We are unsure if the meeting will be fully via Zoom or hybrid.

Please send agenda items to Deborah Sample at: youth@pacific.usatf.org

Pacific Association Masters Review for Board Meeting
Jan 18, 2022
Chair Joy Upshaw

The Year Of The Tiger 2022 is among us!

Ending our 2021 Masters “covid” year still turned out to be great! Managing to pull off a successful “Welcome Back Meet”, Nov 7th 2021, resulted in rave reviews from fellow athletes, participants, meet management & officials. With Meet Director, Amanda Scotti at the helm accompanied by Lead Official, Jim Manha, as well as volunteer teammates, friends and a great sunny Bay Area day - all resulted in a profitable venture for our PA Masters!

Roaring into 2022, our committee has been forming with enthusiastic response! New “younger 30+” masters are eager to work in helping our PA Masters as well as other “older 50+” are coming on board, too.

Coach and masters athlete, Jon Powell, of Central Coast Track Club in Salinas, is excited to help get Masters meets at the new Palma HS track and new Monterey Peninsula College track, too!

The Folsom area, has also been suggested to be a spot for future events.

Item for to-do-list: Revise Masters Operating Procedures to be in-line with our regular PA Procedures.

Working on Masters Awards for Banquet- awarding special gifts.

More Good News: USATF is giving 5K Grant to Associations that apply. The application process is requiring a plan to grow membership numbers.... we are in process to help it grow! Robert Thomas, National Masters Vice-Chair will be meeting with all association chairs to brainstorm at our Association level.

Thank You! 2022 Awaits!

LDR Committee

Andy Crawford (andrewbyroncrawford@gmail.com)

Road

2021 concluded with no full year Road Grand Prix due to race cancellations arising from COVID-19. Four events did execute as planned, able to offer prize money to PA Individuals and PA Teams: Freedom Fest 5k, Clarksburg Country Run Half Marathon, CIM, and Christmas Relays.

The 2022 PA Road Grand Prix schedule has been finalized. With 11 total events, we welcome back nine returning events and two new events: The San Jose Race to the Row 8k and The Oakland Running Festival 10k.

Exciting news as the Credit Union SACTOWN 10 mile will not only be on our PA Road Grand Prix, but will also host the USATF Masters 10 mile National Championship.

Cross Country

2021 concluded with a full XC Grand Prix. Participation was normal, or a little higher. Athletes were happy to be back racing again, and all meets were conducted safely.

The 2022 XC Grand Prix schedule has been tentatively set and will welcome back all nine regular season meets and the PA Championship.

The PA will also host the USATF National Club Cross Country Championships at Golden Gate Park in December 2022. Hosting this event should increase PA membership and participation.

Mountain-Ultra-Trail

2021 concluded with 11 events on the Grand Prix, as some events were cancelled due to COVID-19.

The 2022 PA MUT Grand Prix schedule has been finalized and will consist of 14 total events. The Grand Prix continues to expand to include Mountain and Trail (as opposed to only Ultra, as in the past) with one Mountain event, four Trail events, and nine Ultra events (both trail Ultra and road Ultra).

Expanding MUT to include Mountain and Trail events should increase participation and hopefully garner new membership.

Communications Committee Report 1-16-22

Cynci Calvin, Chair (ccrun@ncbb.net)

- Officials Committee Com-Com Rep John Lilygren, with the assistance of several other Officials, has improved the Officials' complex webpages by creating a more organized interface. This makes access to its many components much more intuitive.
- An offshoot of John Lilygren's efforts is his suggestion that the pausatf.org front page include a comprehensive Google Calendar in a one column list (agenda) style. This suggestion was addressed at a recent Com Com e-meeting and was subsequently implemented. pausatf.org has many calendars: a top nav bar calendar drop down; the LDR Grand Prix Road, MUT & XC calendars, RW calendars, Youth TF & XC calendars, Meetings, Clinics, Coaching, Officials, Open/Masters TF, HS, Collegiate, All Comers, so a future revamp could be in the works.
- I also reinstated a place to list the PA's coming Championship events.
- We seriously need to refresh our website pages with new photos, so Com Com is requesting photo submissions. We are looking for high resolution .jpeg or .png files (300 dpi at actual minimum size of approximately 4" x 6"). Group photos are best (and required for youth photos), and we need a representation of our Committees as shown in the current slideshow. Send photos or the links for access to them to ccrun@ncbb.net.
- The next page contains screen shots of the Nov. 2021 pausatf.org stats from Google Search, courtesy of Thomas Vincent. Looks good! Also a shout out to thank Verity Breen, Social Media Coordinator, who continues to keep the USATF Pacific's Facebook page lively.

Your November performance
on Google Search



[pausatf.org](https://www.pausatf.org)

4.7K
Clicks (web)

96.7K
Impressions (web)

252
Pages with
first impressions
(estimated)

Top performing queries

Query	Clicks (web)
pausatf	432
pausatf cross country	288
usatf pacific association	176

How do people find you?

Top growing queries
Compared to previous month

- usatf pacific youth cross country*

+50 clicks (web)
- usatf pacific association cross country*

+28 clicks (web)
- brian pilcher runner*

+22 clicks (web)

Your content achievements

Top growing pages
Compared to previous month

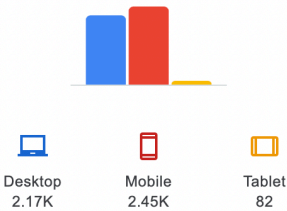
Page	Clicks (web)
https://www.pausatf.org/usatf-pacific-cross-country-grand-prix-results/	+172
https://www.pausatf.org/cross-country/	+167
https://www.pausatf.org/youth/usatf-pacific-youth-cross-country-schedule-with-results/	+159

Top performing pages

Page	Clicks (web)
https://www.pausatf.org/cross-country/	938
https://www.pausatf.org/	579
https://www.pausatf.org/usatf-pacific-cross-country-grand-prix-results/	536

Learn about your audience

Devices
By clicks (web)





Officials Committee Report

Thanks to the diligent efforts of our Certification and Training Committees, headed by Ajay Padgaonkar and Bill Bartel respectively, we are constantly working on innovative approaches to the age-old problem of attracting and retaining officials. As you read this, Our Officials Calendar is being modernized and added to. Thanks go to the ad hoc committee headed by Charles Murphy for leading this much need effort.

Officials Calendar

In November, I appointed a committee headed by Charles Murphy to modernize our Officials Calendar. Formerly, meet information would be gathered and published on a basic Excel spreadsheet. This format was limited in that it included NCAA, Open, some HS and some youth meets. Once it was published, it was difficult to correct any discrepancies or omissions that may have occurred. In addition, other meet calendars such as racewalk, LDR or Masters meets that were not included. This group was tasked with developing a continuous monthly calendar that would include ALL meets, races and events. With the help of Jim Manha, Cynici Calvin, John Lilygren and Bill Hawkes, this group has transitioned to Google Calendar with all meets with color coding denoting the type and level of the meet. All the official needs to do is to click his cursor on the meet and all meet information is listed for the official to discern. In addition, I've asked Jim Manha to help obtain and coordinate information from meet directors of their needs and to help disseminate their needs to the officiate for the 2022 T+F Season. You will be receiving regular further information from Jim and me on this. Ultimately, this process will help meet officials cover their needs as well as to help provide officiating opportunities and possibly mentoring opportunities to those needing further training.

HS Calendar: While the Officials Calendar lists the major HS invitationals and Championships, it is highly advised that interested officials consult www.Athletic.net for an up-to-date calendar of all HS meets near you. I highly encourage you to volunteer your assistance at your local high school. This only helps further promote the sport we all love.

MENTORING

Mentoring Chair, Dennis Boyle, has convened or attended several Zoom meetings with members of the Pacific Association Officials Committee and with Mike Trego, USATF Junior Officials Program Chair, to help develop a workable system for mentoring and to be working together with our Training and Certification programs. Although this committee has made some progress, further discussions and planning are needed. Since our Association is so large (and is getting larger) in terms of square miles served and the sheer number of officials needing mentoring (we have over 100 new officials and have a lot of experienced officials needing to learn and impart their knowledge of the sport), this committee is needing to work through what is actually do-able and what is not. If you are willing to help plan the program, participate as a mentor or need some

on-the-field training, please send your support, comments, etc. to Dennis at dkboyle@frontiernet.net

2021 USATF Annual Meeting Recap

The PA Officials Committee delegation consisting of Phil Leake, John Lilygren and Ajay Padgaonkar attended.

The 2021 Annual Meeting was held the week after Thanksgiving in Orlando FLA. It was a hybrid meeting with only those USATF National Committee Heads, USATF and Association Presidents and USATF Executives and support personnel attending in-person. There were 4 Officials Training seminars covering topics such as Electronic Data Recording (EDR), the Junior Officials Training Program and 2 Referee Scenario sessions (very similar to our Officials Annual meeting referee scenario Q+A with Jim Manha). Of these, I found that the EDR is the most important for those interested in broadening their areas of expertise and hopefully be selected for national meets. There is a tremendous need for officials in this area. A full description and copy of these seminars are attached.

Other meetings attended included workshop on Diversity and Leadership development within USATF, Officials Executive Committee Meeting, Rules Committee, Law and Legislation Committee, State of the Association Address and townhalls with Max Siegel and Vin Lananna. A full recap of these meetings can be found on the USATF Annual Meeting website Document Library: https://mcusercontent.com/1a0346e06922886956c10c4e0/files/703aadba-5c52-73e2-9d13-a1c6b3af8c8f/Training_NOC_Dec21.pdf

The vote on the USATF Constitution and By-Law Changes was held later on Sunday, Dec 5th. This vote by the delegates, if accepted, would have allowed the USATF Executive Board alone to make decisions to be in compliance with USOPC (US Olympic and Paralympic Committee) mandates. As a National Governing Body, USATF has long relied on the electorate and delegates for the decision making. The proposals were voted down.

AWARDS

Congratulations to the following Officials winning awards at the 2021 Annual Meeting

- Irene Herman on winning the Andy Bakjian Award

Dave Shrock winning the Robert Geigengack Award. recognizing USATF members for service to the 58 USATF Member Associations.

Officials Hall of Fame -Jim Hume And John Murray



NOC ELECTIONS

- **Jamero Rainey** was elected to fill the final year of the Vice-Chair of Certification term created by Roger Burbage's resignation. This spot will be up for election for a full-term next year.
- **Tom Hott, Kathy McLymond**, and our own **John Murray** were each elected to a three-year term as At-Large members of the NOC.
-

OFFICIALS CERTIFICATION

Our Officials Certification Chair, Ajay Padgaonkar has worked diligently sending out emails to veteran officials, giving them the necessary information in order to remain three way compliant in terms of membership, NCSISafe Background checked and Safesport. He has also helped those new officials get through the process to be eligible for participation as an official. He has also worked with the National Officials Committee and the National USATF office to make sure each official's USATFConnect profile is up to date and that officials have the proper access.

Officials Training

Currently, the officials are in the middle of their annual Training Clinics. Our Training Chair, Bill Bartel, with the help of Jim Manha, have organized a number of training opportunities for new and veteran officials covering all of the disciplines along with forums providing advice and encouragement to all officials. Most all of the classes were facilitated via Zoom platform and were recorded and very well attended. Recordings will be posted on the PA Officials training page for future reference and teaching. **Special Thanks to Bob Podkaminer who at a recent webinar related his 50+ years experience.** Big Thank You's and Congratulations are in order to the following Officials for volunteering their time and expertise to the January Training Clinics:

Jim Manha

Dave Mantooth

Jon Price

John Lilygren

Charles Murphy

Robert Benoy

Larry Rodriguez

Kathy DeContreras

Upcoming seminars and meetings include practicums in EDR and Implement Inspection as well as Town Hall meetings with our National Officials Committee Chair, Mike Armstrong. In

addition, Training opportunities include late winter All Comers meets to be held at Cal-Berkeley, Grant HS in Sacramento and Vacaville HS and throws- only events at Golden State Throwers facility in Herald CA and Cordova HS in Rancho Cordova CA.

○ Meet Mike Armstrong, Officials Chair of the NOC – Zoom	January 19, 2022	6:00 –
7:00pm		
○ Electronic Data Recording (EDR) – Live - (J.R. Heberle) Cordova H.S.	January 22, 2022	
10:00am – 1:00pm		
○ Implement Inspection – Live – Cordova H.S.	January 22, 2022	
10:00am – 1:00pm		
○ Throws Clinic Practicum – Live – Cordova H.S.	January 22, 2022	
10:00am – 1:00pm		
○ Throws Competition – Live - Cordova H.S.	January 22, 2022	
10:00am – 1:00pm		
○ Marshal/Umpire/Clerk – Zoom (Osborne, O’Leary, Bartel)	January 23, 2022	1:00pm
(45 min. each)		
○ All-Comers at Cal	January 29, 2022	9:00am
– 3:00pm		
○ All-Comers at Grant H.S., Sacramento	January 29, 2022	9:00am
– 3:00pm		
○ Golden State Throwers Meet (Hammer/Weight Throws)	January 30, 2022	8:30am
– 1:00pm		
○ Championship Meets – Zoom – (Tom Hott, Chere’ Maxwell)	January 30, 2022	1:00 –
2:30pm		
○ Race Walk – Price – Zoom (Jon & Elisabeth Price)	February 2, 2022	6:30 –
8:00pm		
○ All Comers at Grant H.S., Sacramento	February 5, 2022	9:00am
– 3:00pm		
○ All-Comers at Vacaville	February 12, 2022	9:00am
– 3:00pm		
○ Electronic Data Recording (EDR) – Live/(J.R. Heberle) Carlmont HS	February 13, 2022	
10:00am – 1:00pm		
○ All-Comers at Cal	February 19, 2022	9:00am
– 3:00pm		
○ Golden State Throwers Meet (Hammer/Weight Throws)	February 27, 2022	8:30am
– 1:00pm		
○ Apprentice Starters – Zoom (Mike Brown/Dan Tinnel)	Date TBD	Time
TBD		

RULES

From Bob Podkaminer., USATF Rules Committee

USATF rule book will go to print in mid-January. The NACAC calendar and the latest published WA rules is available to all on-line at:

<https://www.worldathletics.org/about-aaf/documents/book-of-rules>

For NCAA rulebooks: <http://www.ncaapublications.com/p-4623-2021-2022-cross-country-and-track-and-field-rules.aspx>

For NFHS Rule Changes: <https://www.nfhs.org/sports-resource-content/track-field-and-cross-country-rules-changes-2022/>

NFHS Rule books, etc.: Print version: Training <http://www.nfhs.com/c-235-track-fieldcross-country.aspx>

E- Book Version: E book is delayed. Please go to www.nfhs.org for updates.

Julie Cochran from NFHS gave an interesting and helpful presentation at the USATF Annual Meeting. Here is her presentation. No audio on this one. Here it is: <https://www.flipsnack.com/usatf/nfhs-presentation-at-general-session/full-view.html>

For USA Paralympic Rulebook: This can be found on the Adaptive Track and Field USA website <http://atfusa.org/RULES/RULES.htm>

FOR WA Paralympic Rules <https://www.paralympic.org/athletics/rules>



2021 CIM Finish Line Crew)



2021 DII West Regional X-C Championships Crew



Gwen Brown at the CIF SJS X-C Championships