



NorCal Striders



YOUTH Cross Country Meet

Sunday, October 10, 2021

At West Valley High School

3805 Happy Valley Rd.

Cottonwood (Redding area), California 96022

USATF Sanctioned Cross Country Meet

Registration will be at the West Valley High School track in front of the grand stands. **Same day only** registration from 8:00 a.m. – 9:00 a.m.

Course Walk – 9:00 a.m.

First Race – 10 a.m./ Races will be on a rolling start schedule.

<u>Age Division</u>	<u>Distance</u>	<u>Year of Birth</u>
8 & Under	2K (1.25 miles)	2013+
9 – 10	3K (1.87 miles)	2011 – 2012
11 – 12	3K (1.87 miles)	2009 – 2010
13 – 14	4K (2.5 miles)	2007 – 2008
15 – 16	4K (2.5 miles)	2005 – 2006
17 - 18	4K (2.5 miles)	2003 – 2004

** Age groups 15-16 & 17-18 will race together. **

Awards to the Top Five Finishers in each age division for boys & girls.

Entry Fee: \$7.00 (cash or money order – no personal checks)

Race info. contact Ken Hunter: Cell # 530-710-4262 or email khunterfam@gmail.com