



USATF Pacific Board of Athletics

Compiled Committee Report: January 19, 2021

Associations Committee Report

Dave Shrock (acechair@usatf.org)

USATF Virtual Workshop – Sunday, 28 February

The Associations Committee will host a virtual workshop on Sunday 28 February covering numerous topics relating to administering associations. The workshop will be offered to all association officers at no cost.

Registration will be posted the first week of February.

Annual Meeting Documents

If you would like to review any of the many info videos and documents from the annual meeting, they are still available on the document library

USATF-Connect Concerns:

Whether officials certification or club renewals, if any member is having problems with USATF-Connect please contact the USATF office at 317.261-0500 who should be able to resolve many of your concerns.

Coaches Committee Report

Dave Shrock (coaches@pacific.usatf.org)

Pacific Association virtual Level 1 School - 29 Jan-1 Feb

The Pacific Level 1 School will be 29 Jan-1 Feb and taught by veteran Pacific coaches Dave Shrock-Ken Grace and April Smith in addition to SoCal coach Chris Richardson.

Click here for school info and registration link

Level 2 Schools

We are in the beginning formulation phase of determine when to host a summer Level 2 school and if it will be able to be face-too-face or remain virtual...stay tuned.

Athleteic.net SuperClinic

Unfortunately also due to COVID-19 we will have to cancel our twelfth annual Atheltic.net Coaches SuperClinic held at the beginning of February at Sacramento City College. Stay tuned for future dates and coaching activities at the Olympic Trials scheduled for 18-27 June in Eugene.

Practice and Competition During COVID-19

For the most up-to-date information, click here to check out the USATF COVID-19 website. These guidelines in conjunction with your local health authority's guidelines are your best resources.

USATF-Connect Updates

In early May, USATF launched this membership/association administrative portal which is being continually updated and enhanced.

Clubs: The method to renew not only your membership, but your club details has changed. For information on how to renew and update your club, click here to view these info videos to help with the club portal:

- How to create a club
- How to renew your club membership
- How to search for and view member profiles
- How to renew a member's membership
- How to add your club practices
- How to access your insurance certificate
- How to use the advanced filter and generate reports

Uploading of Age Verifications/Birth Certificates: Coaches may no longer upload athlete's age verification or birth certificates. This process can be done only by the athlete or parent/guardian on each individual member's USATF-Connect page. When an athlete joins USATF or your club please assure they upload their birth certificates at that time to avoid any last minute rush, and the age verification process now takes 24-48 hours administered by the national office.

For further information: [USATF Connect – Membership Management System Tutorials](#)

USATF Level 1 Coach Recertification Application Update

USATF members with an expiring Level 1 certificate in 2020 can now apply for renewal through December 31, 2020. Members

may verify their certificate expiration date according to the schedule below or by logging into [USATF Campus](#) (certificates are available under Transcripts).

Earned	Expiration
January 1, 2013-June 30, 2019	December 31, 2020
July 1, 2019 – December 31, 2020 (waiver period)	December 31, 2024

Members who completed a Level 1 during the waiver period do not need to take any action until the next recertification period. Level 2 and 3 coaches remain exempt from recertification and no action is necessary.

Application Instructions

1. Renew [USATF membership](#) for 2020
2. Complete latest [SafeSport Training](#) (must be current through 12/31) – **NEW requirement**
3. Complete a USATF approved recertification course* (choose one)
 - a. [USATF Campus Course](#)
 - b. USATF Learn By Doing Clinic (2017)
 - c. USATF Cross Country Specialist Course
 - d. USATF Emerging Elite Coaches Camp
 - e. [USATF Level 2 Sports Science Classroom](#)
 - f. Complete a new USATF Level 1 School
4. Submit [recertification application](#) and processing fee (\$30)
5. Verified by national office (allow five business days)
6. New certificate awarded on USATF Campus upon approval

You must complete steps 1-3 before accessing the recertification application. Please do not email copies of your certificates unless requested.

*Recertification course must be completed both after Level 1 certificate was last attained and quad start (January 1, 2017).

Race Walking Committee

Jon Price (jprice@unr.edu)

The virtual *Introduction to Race Walk Judging and Officiating* clinic on January 9 was successful in adding six new Apprentice-level Judges, and we expect a similar number at the virtual clinic from 11:15 am to 2:15 pm on Sunday, February 21. Officials who would like to add Race Walk to their cards are encouraged to attend, as are coaches, parents, athletes, and friends of athletes. This virtual clinic added more new Judges than in previous years, when we offered in-person clinics in Sacramento and the Bay Area. We hope

that at least one such virtual clinic will be offered in future years. Apprentice-level, non-scoring Judges are mentored by experienced Judges at a number of races before they become Association-level, scoring Judges.

Below is the content of an email sent to race walkers in the Pacific Association, describing upcoming virtual races.

The 2021 USATF Pacific Association Race Walk Grand Prix Championships will be a combination of virtual and, hopefully, in person races. The only in-person race that is planned at this time, albeit tentatively, is the **10-kilometer** Grand Prix (with options for 3K, 5K, and/or 20K simultaneously) on **Sunday, September 26**, at William Pond Park, Carmichael, in the Sacramento area. Robyn Stevens and Nick Christie are working on making this the **2021 California Cup Challenge**, and it will be the **USATF West Region 10K Road Championship**.

As people get vaccinated and COVID restrictions are lifted, we hope to have other in-person races.

We will have five virtual races, following the rules established in 2020 for the #AloneTogether COVID-19 VIRTUAL events (see below):

- **1,500-meters** anytime from Saturday, February 6, to Sunday, February 27
- **1-mile (1,609 meters)** anytime from Saturday, March 6, to Sunday, March 27
- **3,000-meters** anytime from Saturday, April 3, to Sunday, April 25
- **5,000-meters** anytime from Saturday, May 1, to Sunday, May 23
- **One-Hour** anytime from Saturday, June 1, to Sunday, July 18 (longer due to the Olympic Trials & JOs)

If you would like to help in our efforts to mentor new Race Walk Judges, please email us (jprice@unr.edu; aejprice@att.net) the following information:

- Date and time at which you will begin a race
- Location (address and, if possible, a Google Map image of your starting location)
- Your name and email address.

We will then email that information to all the Pacific Association Race Walk Judges, encouraging them contact you if they can come to your starting location [and if they follow state and local health-department COVID-19 guidelines and USATF COVID-19 guidelines, [USATF Coronavirus 2019 \(COVID-19\) Information Page | USA Track & Field](#), for social distancing, wearing masks, etc.]. Several people have taken the recent *Introduction to Race Walk Judging* clinics and are now non-scoring Apprentice Judges, who need to be mentored by experienced Judges before advancing to become scoring Association Judges.

#AloneTogether COVID-19 VIRTUAL Event Rules:

- Be SAFE and comply with all federal, state, and local directives and guidance regarding safety related to the Coronavirus COVID-19 global pandemic. Depending where you live, such guidance may include frequency/duration/location of outdoor activities, or the wearing of face coverings.
- Outdoors: Use a certified course or 400-meter track, or measure a new course with GPS. Indoors: Use the Distance reading on a treadmill or your personal GPS set to measure “Indoor” distance.
- Walk ALONE or with members of your own household, keeping at least 6 feet of social distancing from other people at all times.
- Keep your own time and count your own laps.
- Use the honor system (and your imagination) to keep track of judges’ warnings, red cards, penalty time, and umpiring infractions.
- Athletes who live outside the Pacific Association are eligible to participate and receive prizes.
- Prizes (California- and Nevada-shaped rock pins) will be awarded at upcoming in-person races, to the top three females, top three males, and top three age-graded athletes in each of the contested virtual race walk events. Winners must be present in person to receive their prizes. 2020 winners were announced
- By participating and reporting results, you agree to the following statements.
 - By participating in this virtual event I am certifying that I agree with the following statements: “I know that race walking is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by all federal, state, and local health and safety directives and guidelines related to the Coronavirus COVID-19 and my ability to safely compete in this virtual event. In consideration of the acceptance of my results, I do hereby, for myself, my heirs, executors and administrators, or anyone else who might claim on my behalf, waive, release and forever discharge any and all rights and claim for damages which I may have or which may hereafter accrue to me against the Pacific Association, USATF, its board of supervisors, officers, directors, agents, employees and volunteers, the race director and organizers, successors, and/or assigns; from any and all damages which may be sustained and suffered by me in connection with my said participation or arising out of my traveling to, participating in and returning from said event. I certify that the above results are true and correct to the best of my knowledge.”

Individual Results Reporting:

- Report your individual results to the Race Walk Committee of the USATF Pacific Association no later than one day after the final day of the event.
- [Optional, but fun!] Include a selfie or other photo of yourself participating in the #AloneTogether virtual event. Your photos may be posted along with other virtual race results, including in Pacific Association emails and on the Pacific Association USTAF Race Walk website and Sierra Race Walkers Group page in Facebook.
- Send the following information in an email to nicollegoldman@comcast.net (and don't forget that photo!):
 - Date
 - Event Start Time (Time of Day)
 - Distance
 - Finish Time (HH:MM:SS)
 - Location
 - How I Completed the Event SAFELY
 - Last Name
 - First Name
 - Gender
 - Birth Date (MM/DD/YYYY)
 - Age on Event Date
 - City
 - State
 - Zip
 - Telephone
 - E-mail

After the close of the competition period for each event, the Race Walk Committee will summarize and publish the event results and updated Grand Prix Standings. The results for the Grand Prix Race Walks will be posted on our website at <https://www.pausatf.org/race-walking/> .

Secretary's Report- Elections

Stephanie Trafton (secretary@pacific.usatf.org)

2021 USATF Pacific Officer Elections

1. Timeline for Officer Elections:

- January 19 - Nominations open during the January Board of Athletics meeting
- March 16- Nominations close during the March Board of athletics meeting
- March 19-VOTING OPEN: If there are contested positions, ballots will be emailed to voting members. Candidates must submit their one page candidacy statements to Secretary Stephanie Trafton (secretary@pacific.usatf.org) no later than 11:59PM on March 18.
- April 18 - VOTING CLOSED: ballots will be accepted until 11:59PM on April 18
- June 1 - Two year term begins

2. **Open Officer Positions:** President, First Vice-President, Second Vice-President, Treasurer, Secretary positions are open for nominations.

3. **Eligibility and Nomination of Candidates:** Candidates must be members of the Association, be at least 18 years of age at the start of their term of office, and have attended at least 4 meetings of the Board of Athletics during the last three years before their nomination. Candidates must have one (1) nominator and one (1) seconder who are both current members of the Board of Athletics.

4. **Duties of the Elected Officers:** per PAUSATF By-laws Revision 19

https://www.pausatf.org/wp-content/uploads/2015/04/paBy-LawsRevi.19_2015.3.17.pdf

- President:

- Preside at all meetings of the Board of Directors and the Board of Athletics,
 - Be a non-voting ex officio member of all committees,
 - Oversee, at the direction of the Board of Athletics, the affairs of this Association and appoint interim chairpersons for committees that do not have procedures for replacing open chair positions or for non-functioning committees.
- First Vice-President:
 - Be a non-voting ex officio member of all committees,
 - Also perform the duties of the President in the case of disability of the President until a successor is named,
 - Assume such roles as assigned by the President.
 - Second Vice-President:
 - Be a non-voting ex officio member of all committees,
 - Also perform the duties of the President in the case of disability of the President and First Vice-President until a successor is named,
 - Mentor committee chairs,
 - Insure consistency of operating procedures for the Association and its committees,
 - Oversee the operation of the Association website.
 - Assume such roles as assigned by the President.
 - Treasurer:
 - Keep or cause to be kept a correct and complete record of accounts, showing accurately at all times the financial status of this Association.
 - Be responsible for the accounting and security of all funds, notes, securities, and other assets of this Association.
 - Deposit or cause to be deposited all funds of this Association, with such depositories as the Board of Athletics shall designate.
 - Furnish at meetings of the Board of Athletics, or whenever requested, a statement of the financial condition of this Association.
 - Report at least quarterly to the Board of Athletics the current status of the account of each sport committee.
 - Prepare, or cause to be prepared, an annual budget to include the anticipated income and expenses of this Association, and submit such budget to the Board of Athletics at or prior to the first meeting in the fall (usually the September meeting).
 - Be responsible for having the approved budget posted on the Association website.
 - Perform, or cause to be performed, an audit of the financial records of this Association when directed by the Board of Athletics.
 - Review and confirm the accuracy of financial reports generated by the office under the direction of the Executive Director.
 - File, or cause to be filed, annual tax returns.
 - Be responsible for the appointment of and be a member of the Financial and Audit Committee.
 - Secretary:
 - Keep or cause to be kept all records of this Association, and all minutes of meetings of this

Association, Board of Directors, and Board of Athletics;

- Have the unapproved minutes of all meetings, except any closed portion, posted on the Pacific Association website within thirty days of such meetings. The approved minutes will be reposted within thirty days of their approval if there are any changes at the next meeting of the Board of Athletics.
- In conjunction with the office, keep the current list of the members of the Board of Athletics and the Board of Directors, who they represent, and when their terms of office expire and have them posted on the Association website.
- Oversee the committee elections as defined in Article 5(I).