



To Members of the Pacific Association,

Happy New Year 2021,

We had completed the first virtual USATF Annual Convention December 3-6, 2020.

Our delegates have submitted their reports in the respective areas for your edification. These are brief reports from each sports and other committees. For further in-depth information, please connect with the representatives.

Thank you.

Irene Herman, Delegation Chair, Pacific

- 1) Dave Shrock-Association Chair of USATF, Coaches Rep
- 2) Charlotte Sneed-PA President's report
- 3) Brooks Esser-PA 2nd VP-represented Women's Track and Field
- 4) JR Heberle-PA Treasurer represented Paralympics
- 5) Phil Leake-Officials Chair
- 6) Ajay Padgaonkar-Officials Certification Chair
- 7) John Lilygren-Officials At Large
- 8) Angie Longworth- Women;s LDR Chair
- 9) Andrew Crawford- Men;s LDR Chair & XC Report
- 10) Tom Bernhard-Master LDR Rep
- 11) Jean Pommier-MUT Rep
- 12) Joseph Ols-Masters Track and Field Chair
- 13) Fred Baer- Men's Track and Field Chair
- 14) Jon Price- Race Walk Chair
- 15) Cris Houston- High School Coaches

2020 Annual Meeting Report

Dave Shrock

Accolades for Pacific Members:

Dena Evans and **Alan Kolling** presented with President's Awards

John Murray and **Jim Hume** (*posthumously*) inducted into the Official Hall of Fame

Irene Herman awarded the Officials James Grey Award for Leadership

Kendall Spencer is our selected USOPC AAC Representative and to a seat on our USATF Board of Directors

Jere Summers is our selected AAC Women's Throws Event Leader. As the Event Leader she is who athletes in the throws events can contact if and when they have concerns they want to bring to AAC's attention. Jere is also our newly selected AAC Secretary!

Kim Conley is our selected AAC Women's 3000-10000m Event Leader. As the Event Leader she is who athletes in the 3000-10000m events can contact if and when they have concerns they want to bring to AAC's attention.

Nick Christie (a recent addition to our Pacific Association) is our selected AAC Men's Race Walk Event Leader, which means he has a seat on the Race Walk Executive Committee for voting on things that determine our future. As the Event Leader he is who race walk athletes can contact if and when they have concerns they want to bring to AAC's attention.

Robyn Stevens is our selected AAC Women's At-Large Event Leader, which means athletes with concerns or issues related to ALL events in Track and Field that they would like to bring to AAC's attention can be directed through me as well as through our event-specific Event Leaders.

Results of Bylaw and Rules Vote During the Annual Meeting Closing Session:

Ballot 1, covered Items 3 (Article 11.B), 4 (Regulation 18) and 5 (Article 11.3) received 459 (87.9%) Yes-support votes, 63 (12%) No-do not support votes and 4 abstentions. These items pass with more than the required two-thirds of the votes.

Ballot 2, covered Item 2 (Article 10 Officers), received 303 (57%) Yes-support votes, 224 (42%) No-do not support votes and had 6 abstentions. Item 2 did not receive the necessary two-thirds Yes-support votes. It does not pass.

Ballot 3-A, covered Item 1 (Article 21), received 271 (53%) Yes-support votes, 235 (46%) No-do not support votes and had 9 abstentions. Item 1 (Article 21) did not receive the necessary two-thirds Yes-support votes. It does not pass.

Ballot 3-B, covered Item 1 (Regulation 11), received 320 (62%) Yes-support votes, 193 (37.6%) No-do not support votes and had 2 abstentions. Item 1 (Regulation 11) did not receive the necessary two-thirds Yes-support votes. It does not pass.

Those items that did not pass revert back to the language before the amendments.

The Rules Package received 327 (90.6%) Yes-support votes, 34 (9.4%) No-do not support votes and had 4 abstentions. It passes.

Jacci White (Oklahoma) was elected Youth Division chair

Mike Scott (Connecticut) was reelected LDR Division Chair

Mike Armstrong (Arkansas) was reelected Officials chair

Jerry Bookin-Weiner was elected to the full term of Master's T&F Chair after the death of Rex Harvey

927 members registered for our virtual annual meeting...31 more than 2020 held in Reno

For informative on-demand presentations and meeting reports you are encouraged to reference the annual meeting [document library](#).

2020 USATF (Virtual) Annual Meeting- Bizzabo

The USATF annual meeting was presented at a very fast pace. I am happy we all, as a group, were able to come together and see each other, even if it was virtually, It was nice to see those faces we only see once a year.

This year I was able to jump into meetings I would not have been physically able to do in person. I was also pleased with and enjoyed the morning Pilates instruction offered in a virtual format. What a great way to start your day before meetings. I continue to use what I learned today. Good idea!

I found a significant amount of trouble with meeting rooms having connection or other IT issues which made things quite frustrating. I was happy to see everyone was patient and worked with the issues.

Voting: Voting virtually is difficult. It is difficult to keep an accurate count and unfortunately you do not know if everyone has been counted and who actually voted. It should be noted many groups committees who were supposed to have elections, postponed them until the elections could be held in person.

I have been asked by many members across the US: Why do we vote? We, as a membership body, voice our intentions just to have our votes overturned. This has happened more than once to our members.

I found meetings I had requested to attend in advance were locked. That was disappointing.

We have a great group of people who would like to do a good job and learn at our annual meetings, however many in our delegation do not know where they should go or if they are welcome to various meetings. This is an issue which is not confined to our association as members of other association's delegations have expressed the same concerns.

It would be beneficial to have an informational sheet that allows members to know what to expect and how to make their time effective at the annual meeting.? As an association we also should have some bullet points to what is expected in the final report. In the past we have seen submissions ranging from a detailed multi-page report to two sentences.

In conclusion, I am pleased the National office was able to bring us together as a group and to talk. Moving forward, it would be a nice to allow the option for those who may not be able to attend the annual meeting in person to view it on-line.

See you all in 2021 in Orlando
(I'm staying positive)

Charlotte Sneed, PA President

**Women's Track & Field- Report by Brooks Esser
December 4, 2020**

Rose Monday - Chair

Rose made a motion to delay Chair and Officer elections until Annual Meeting 2021, based on by-law that requires that elections are held after each Olympics. Motion approved.

Development and High Performance – LaTanya Sheffield

COVID relief stipends were offered to athletes.

Meets were held so that athletes could meet contractual obligations.

Tier system was restructured – goal was to be more helpful to athletes. Tier 4 athletes were added to 'development pool'. No athletes were dropped from tier system.

Board USOPC Compliance – Sandra Farmer Patrick/Kristie Killough-Ali

Compliance issues – four by-law changes. AAC support these by-law changes – announced today.

If the by-laws are not passed, Nike can void their contract. We lost our auditor earlier this year due to governance issues

USOPC will pick the Olympic team if we get decertified.

Women's T&F supports all four by-law changes

COVID Update – Dr. Robert Chapman

Key is risk management – and this means insurance for activities.

Our methodology – follow state and local guidelines, and CDC guidelines to the letter.

Event hosting guidance was developed to document screening procedures – participants and attendees.

COVID 19 group created Return to Practice Guidance.

Indoors participants – 1) negative COVID test within 72 hours prior to departure, COVID testing upon arrival, Bubble environment – single occupancy rooms, room service only, no family, etc.

USATF has expanded mental health benefits for elite athletes.

Law and Legislation – Sue Humphrey

High Performance Board of Directors position will be filled by the High Performance Executive Committee, not entire committee.

Associations proposals regarding diversity and email voting has been tabled.

Safesport advisory committee has been added to Associations

Coaches Commission – Kevin Reid

Rose encouraged Kevin to do an even better job of encouraging coaches to apply for positions on national teams.

President - Vin Lananna

We cannot miss on the opportunity offered by the next 8 years. We need to play offense, and deliver on our new strategic plan.

We need to measure our accomplishments, and remember that the plan is a living document.

Women's Commission - Bonnie Edmondson

Dena Evans represented USATF at World Athletics Gender Leadership Conference

AAC – Michelle Carter

AAC has come out in favor of all by-law changes

4 AAC reps will be on Board, two of which will be '10-year' athletes.

Rules – Monique White

Changes are coming with regard to shoes. More recommendations are coming after Tokyo for distance events.

Different rules will apply for qualifying for the Trials, vs. use at the Trials and the Olympics.

It's a joy to have Stephanie Brown-Trafton on the Rules Committee!

Rules – Willie Banks

World Athletics Council approved Rule #5 (shoe rule) yesterday (12/3). Expanded beyond road and cross country and into spikes.

Certain thicknesses are acceptable – will apply only to World Athletic events and Olympics.

Competition commission will make additional recommendations after Olympics.

Records – Bob Hersh

Records committee won't meet until later today.

Bob presented recommendations:

Records presented by Bob were approved by Women's Track and Field (motion passed)

Officials – Delores Murray

More women were chosen as leads than ever before!

TrackTown USA – Jody Smith

12,650 permanent seats – all with seatbacks.

Tickets available for athletes and families, no current sales to general public

J.R. Heberle
Para Athletics Committee Representative
Records Committee At-large

Para Athletics Committee

The Youth ExComm approved a proposal for para events in association Youth meets. Robin Beamon is now working on this initiative to “make sure we do everything right”, including discussions with the legal department.

I asked if associations need to provide tie down points for the seated shot put. Richard Robert explained that athletes can bring their own materials, which they would have for training anyway. I will expand on that here and note that meet directors should discuss specifics with para coaches to make sure that athletes will bring hardware that is compatible with the venue. For example, if an athlete has stakes for anchoring tie downs, but the meet venue only has shot put rings surrounded by pavement or synthetic surface, that will not work. Phil Galli noted that a portable circle can be built with a 4x8 sheet of plywood. Pacific can acquire a portable shot ring with tie-downs if needed. Hopefully there is space for such in the equipment trailer.

New 2021 materials for Para officials training will be at link in January:

<https://www.teamusa.org/usparatrackandfield/officials-training>

Julie Cochran reported that the NFHS has started a relationship with Challenged Athlete Foundation out of California. Videos for coaching now on NFHS site, and guidance for HS para athletes.

There has been discussion with Wallace Spearmon of AAC about creating an AAC rep for para athletes. This person would represent Para athletes of all levels, not just elites.

These Para items were mentioned during Officials General Session 2:

Adaptive Sports USA will merge w/ Disabled Sports USA on Jan 1 to become MOVE UNITED. Para Officials committee working on Level II course and test. Added guidance on lifting in field events. There are exceptions to WPA rules for U14 and Masters (not sure if there are in USATF or ATFUSA rules).

Records Committee

Bob Hersh reported that Sam Kendricks bested the USA open record in the pole vault at a meet in France. Since the doping control officer at the meet had gone home before the competition ended, and there were several travel delays en route to Poland, Mr. Kendricks was not able to give a sample within 24 hours. However, Mr. Kendricks’ team was in constant communication with Hersh during this time, and ratification was supported by the previous holder of this record, Jeff Hartwig. The Records Committee recommend ratification of this performance as the new record.

Pacing in ultramarathons contested on loop courses was also discussed. A performance was recommended for ratification because the athlete in question did not gain material benefit from accompaniment by another competitor. LDR race directors and athletes should continue to be wary of intentional pacing by competitors not on the same lap.

Site for looking up LDR national records: <http://usatfldrrecords.org/>

Notes from USATF Annual Meeting

By Phil Leake, Officials Chair PAUSATF

Mike Armstrong stating that 2020 was challenging given COVID -19 pandemic with delayed or cancelled meets and events. He hailed the Certification Chairs making it work throughout the crisis. He acknowledged Mike Trego (Indiana Association) and Ashley Newton (Kentucky Association) for the efforts in putting together the Junior Officials Program which will help train and mentor youth in how to be an official such that when they turn 18, they can become officials. I've asked Dennis Boyle to reach out to Mike and Ashley to help implement this program throughout PAUSATF. Also, during this session, Vice Chair Roger Burbage outline the USATF Connect and the procedures in navigating this for recertification and officials maintaining their status with Membership, NCSISafe background check and Safesport. Another item of interest Mike A. had mentioned was the increased use of technology to help attract and retain official, especially in the younger generation. Lastly, he acknowledged the passing of Scott Rose, the NOC Newsletter Chair. Scott was instrumental in translating any pertinent USATF news to officials via email, and social media.

Cert Chair Roger Burbage's report stated we have lost many officials due to a variety of reasons retirement and COVID-19. In 2020, there were 3153 Officials as compared to 2019 which had 4976. The average age of officials is males-62 years and females -59 years. All championships selections were done online and went well and are posted online on the NOC dashboard. Rule Chair Laurie Boemker reported that as usual, there are a lot of proposed rule changes with some being well recommended. Many thanks to all those who collaborated on this year's recertification rules review. Awards Chair, Coach Bo, stated that with the virtual meeting, Hall of Fame and the major awards were already publicized. New Business included the election of 4 new board members and the possibility of postponing the selections to 2021.

Clinic How to be a Referee- a Panel Discussion with Fred Newhouse, Mike Armstrong, Laurie Boemker and Delores Murray. Of note: Fred stated that his goal in refereeing is that "everyone has a good experience. Listen first. Be fairness seeking. Go back to the rule".

Vin Lananna's second term as USATF President by acclamation. Of interest was the USOPC's demand that USATF realign itself to give it's Board of Directors (BOD) more power in electing it's Chair as well as becoming more transparent and accountable to comply with the of the USOPC and its National Governing Bodies (NGB's). Willie Banks, who represents USATF on World Athletics reported that tech doesn't outstrip the sport and it retains the human element. John Blackburn-Rules stated that there are 75 proposals up for rule changes. Vin: Necrology Report including such luminaries as Bill Roe, Rex Harvey, Rafer Johnson and our own Jim Hume and Ray Fitzhugh.

Len Krsak was elected to the USATF BOD for another term. Acknowledgements were given to our own John Shirey (Evaluations Chair) and Irene Herman (for her work in Officials Insurance). Our own John Murray discussed the Law and Legislation committee effort on the USOPC issue.

Rules Committee- there was much discussion on the cessation of the use of plasticine at larger, national meets. I can now understand why George Kleeman was so interested in the chronology of rule changes and what prompted the changes.

For further detail of meeting note from Phil, please contact him.

From: Ajay Padgaonkar

To: Irene Herman

Subject: 2020 USATF Annual Meeting Report

- I attended the opening and closing sessions, all of the official's committee meetings and clinics and, due to conflicts with those meetings, only parts of the rules meetings, para and associations meetings. Much is captured on the minutes and reports on the document library. My notes below.
- COVID and meet cancellations were mentioned in multiple sessions. Transition to virtual was not only for this annual convention but also for the rules reviews. Over 1000 nationwide have taken the rules reviews. Transition to USATF connect was noted both as a challenge due to change and a blessing due to integration of all things – Safesport, NCSI and the membership renewal. Phil Sutton took over the NOC newsletter after Scott Rose died. If anyone wishes to submit anything, contribution deadline is 25th of the month.
- Jim Hume was captured in the opening session Necrology but not SgtMaj Ray Fitzhugh. Apparently, the officials committee had it but not the national office.
- Technology challenges and increase cost expected to reduce official count. Already seen numbers down nationwide from 4967 last year to 3153 (as of Dec.3) this year. In spite 45 who passed away and this decline, the average age is roughly the same; decline even across the board. JOP new program to bring in younger official cadre.
- Budget is expected to be down, but they are not cutting grants, technical representatives, or officials. Travel limitations have naturally reduced the spending, luckily, this year. Polo shirts only for new officials, going forward.
- Selections – Olympic trials selections were carried forward; Pacific has 9 - 2 head, 4 crew and 3 alternates. Selections for the others are posted on the dashboard: <http://noc.mach2k.net/> Pacific Association has 1 at Indoor CE, 6 at Indoor – 1 head, 3 crew, 2 alternate and 6 at U20, all crew
- Official's committee elections: Mike Armstrong chair (by acclamation), at-large rep taken out from elections. Mark Heckl won training vice chair, Dick Boyd rules vice chair, Robert Kern Secretary
- Clinics – Holding virtual clinic – only new thing was creating videos, use of text to speech. Mike Armstrong led an excellent clinic on Referee philosophy and best practices advice from Fred Newhouse, Laurie Boemker and Delores. Key take away ANTICIPATE – plan ahead, arrive early, know the venue, event schedule, athletes, officials, games committee, procedures and protocols; at the meet communicate with respect and fairness. Great discussion, as always, in the Referee scenarios clinic with 18 presented by Kern and Marty. Past some technical difficulty, great discussion at the long throws clinic, well presented by Doug Allen.
- NTO test is available upon request to Betsy reed at usatf.technical.officials@gmail.com. It is a 2hour written test followed by oral test on 5 topics
- Para rules review expected to be available by Jan.15 on ATFusa.org and link thru noc.mach2k.net same as the other rules reviews – Phil Galli is the point of contact, alternate is Alec Hewett.
- Rules – USATF: This is rule change year. More than 2/3rd (53 of 80) changes were approved as proposed or with small amendments, many since they are current practices and only clarifications. Of the 15 rules rejected, 7 were about pole vault setup related (all from Spook Halik) and 4 from Jeff Haspell on staggered start. Of the debates I heard the rejection seem to come from conflict with current practice or cost. WA rep was brought in for explanation of the shoe rule and much discussion on it – details on the final rule in the document library. Saw an interesting protocol during the rules review – Aye in chat, Nay by raised hands! NCAA rules revised into 3 tabbed sections – indoor, outdoor and cross country; some duplication – intention is quick access. NFHS using 2020 rules for 2021- no changes. Good presentations to aid many who officiate high school meets and are not certified officials.

Regards,

Ajay Padgaonkar

USATF ANNUAL MEETING NOTES – John Lilygren

I attended the sessions mentioned below unless otherwise indicated. I found the virtual format to be very convenient as I was able to listen in on several sessions I would not have been able to attend to. The Document Library was also very useful.

Men's/Women's Development – Joint Executive Committee

- Mt. SAC plans to use “professional sports” exemption if necessary to hold a meet. Would cancel normal MS Relays & hold smaller professional meet. They want to provide athletes with an opportunity to compete and achieve the Qualifying Standards.

OFFICIALS General Meeting 1

- I like the new Officials Evaluation procedure.
- The meeting format worked OK but the Host/moderator should have ability to mute/unmute individuals.

OFFICIALS General Meeting 2

- Insurance presentation was very good: informative, directly affects each one of us. (Later, I watched Irene's FOO video on insurance and it was also excellent.)

ASSOCIATIONS – General Session 2

- The IT group discussed how USATF Connect was selected and what ability they have to modify it. USATF Connect is not a custom system

COVID Update

- Follow State & Local guidelines, CDC.
- Return to Practice – Includes decision tree format to determine specific criteria that must be utilized to screen participants & staff
- Many events can be modified to make them Level 1 (do not require testing for clearance to participate)
- Distance races Level 2 Moderate Risk. Can't reduce risk unless make them Time Trials
- Moderate Risk events now only require one negative PCR test within 7 days of the event –or- Rapid antigen tests can be used if participant is asymptomatic and the 14 day positivity rate is <5%
- USATF has been developing multiple contingency options for USATF championship events taking place in early 2021

Safe Sport: Renew from the USATF Connect website. Don't go through Safe Sport.

CLOSING SESSION

I found the Pro-revision arguments to be persuasive. I would have voted for them. Hope that USATF that there are no negative consequences for the athletes since reforms didn't pass.

OFFICIALS Training Clinic 1: Conducting Clinics Virtually

- Martin Johnson & Rich Schornstein of the Colorado Association are to be commended for excellent presentation materials.
- Bill Bartel is planning to conduct the our 2021 Clinics virtually. He also raised the idea of having officials from other associations be presenters in our clinics.

Women's LDR Meeting (s)-Angie Longworth

People miss the live interactions and the in person walking of halls and meeting up with people. I found that it was mainly the chairperson and vice chair talking at the. Audience with no interaction. I felt no one else was able to add content/questions.

On the plus side, some athletes that are normally not at the conference were able to dial in and add comments.

Mickey Piscitelli – Niagra usatf, got the chair position no contesting.

Kim added comments to remember Bill Roe and how much he gave to the USATF and the sport of running.

Contributor of the year award, Rich Kennah, the ATC for hosting the 2020 OTMarathon.

OT Marathon- discussed in depth at the joint session. They supported ALL of our A & B athletes. 390 finishers (women)! Every year we lower the standard and every year we grow the field! The New York Times even did a story on this years' field of women.

Fortunate to get our trials in before the world shut down. 😊.

Upcoming years will discuss OT Trials, if we will have them for 2024 or if we will end up having to use world rankings, time qualifications, etc. Look for a lot of discussion around Marathon qualifications for 2024! LDR will be discussing the recommendations for next quadrennial for who can qualify for the marathon OT. Do we lower the times, do we only have A competitors? Do we only allow 200 people to enter? These questions will be discussed over the next few months

Women's LDR records were accepted with one in question on pacing, Marisa Lizak, Ultra.

SHOES: David KATZ

XC Spikes will be lengthened.

Prototypes are now called development shoes. Shoe co say they must be able to test their shoes before they go into production. World athletic will now accept them except for Olympic games or world championships. The still must meet stack height, carbon plate numbers, etc. Athletes in all events must ensure their shoes are WA compliant if they want to qualify for championships or ranking points. Or if participate in a label race.

How do we know what shoes are good? World athletics has a list on line that has the approved shoes. We don't want to have to be measuring shoes at the event. Also working with shoe companies to have them identify on the shoes whether they are 20 25 or 40 mm.

Will ask that athletes to sign something saying they will wear shoes that are in compliance.

USATF Annual Meeting

2 - 6 December 2020

Men's LDR Report

Andy Crawford

LDR

- Elected by acclamation: BOD Representing LDR Division – Jim Estes
- Elected by acclamation: LDR Division Chair – Mike Scott
- 2021 Road Championships (Masters, USATF Open) are in “hold” mode due to pandemic
USATF Championships pending: 15k = Jacksonville, 25k = Grand Rapids, 1mi = Des Moines, 5k = NYC, 20k = New Haven
- Looking for bids for 2021 USATF Championships for 8k, 10k, 10mi, and marathon
- Almost all officers and event leaders of AAC turning over
- Marathon OTQ is still TBD (format, as well as if any OTQ time standard(s) in discussion)
- Developmental Shoes can be worn in competitions, but just not at the Olympics (new WAC rule). If an athlete competes in a label race, they have to be wearing shoes approved by the WAC. WAC has a list posted online of approved shoes, which is updated continuously. USATF will follow WAC, except Masters (Road and Track), and Youth and MUT.
- Substance abuse testing decreased significantly due to COVID-19. USADA drops Cannabidiol from banned list.

Women's LDR: Mickey Piscitelli elected new WLDR Chair

Men's LDR: Blake Boldon elected new MLDR Chair

Masters LDR: Lloyd Hansen elected new Masters LDR Chair (Hope to bring more Masters Championships to west coast!)

MUT

- Nancy Dobbs re-elected as MUT Chair
- Creating a new shorter distance, uphill only, Vertical Mountain Running Championship*:
*1) USATF Vertical Mountain Running Championships (< 4 miles, 2000' to 4000', uphill only)
2) USATF Mountain Running Championships (6 to 8 miles, 3000' to 4000', uphill or up/down)
3) USATF Long Distance Mountain Running Championships (13 to 26 miles, 5000' or more, uphill or up/down)
- Maximum of 8 Championships in 2021
- Increased interest in Junior/Youth level; increasing support/opportunities for this demographic at that National level (the PA maybe should look at something like this as well)
- Snowshoe discipline efforts stopped. USATF Sanction insurance has snowshoe exclusion; can't get around that. Snow running is different than Snowshoe...snow running on hold now.
- The Pacific Assoc. MUT Grand Prix continues to be used as the gold standard example

XC

- Thom Hunt re-elected as XC Chair
- 2019 XC Club Nationals (LeHigh): 5 races (60+ Men: 247 finishers, 52 teams scored; Masters Women: 288 finishers, 63 teams scored; 40+ Men: 444 finishers, 56 teams scored; Open Women: 406 finishers, 48 teams scored; Open Men: 617 finishers, 79 teams scoring = 2,002 finishers, 288 teams scored)
- Club Nationals: 2021 (Tallahassee); 2022 (San Francisco)
- USA XC Nationals: 2021 Cancelled (San Diego); 2022 (San Diego); 2023 and 2024 (Virginia)
- Masters 5k XC 2021 (Boston) in Nov.; no bid yet for 2022
- World XC moving to even years (Feb 2022, Australia)

2020 Annual Meeting Report

Tom Bernhard, PA Masters LDR Chair - PA representative to the Masters LDR Committee and Masters LDR representative to the Rules Committee

Masters LDR Committee Election Results

Mary Rosado, Chair 2016-2020, chose not to run for reelection (in 2019 Mary became a Supreme Court Justice for the State of NY – heavy job responsibilities as you might imagine)

This slate of officers was voted in by acclamation:

Lloyd Hansen – Chair

Bill Quinlisk – Vice Chair (2nd term)

Doreen McCoubrie – Secretary (2nd term)

Pam Fales – Treasurer (new position)

Tentative 2021 USATF Masters Grand Prix Schedule

2021

April	TBD	USATF Masters 10Km Championships	James Joyce Ramble, Dedham, MA
June	TBD	USATF Masters 1 Mile Championships	Rochester Mile, Rochester, NY
June	TBD	WMA 2021 Championships-Non-Stadia Individual Masters Grand Prix only	Cross Country, 10K, Half Marathon Tampere, Finland
Sep	TBD	USATF Masters 12Km Championships	By Hook Or By Crook 12K, Highlands, NJ
Oct	TBD	USATF Masters 5 Km XC Championships	Boston, MA
Nov	TBD	USATF Masters Half Marathon Championships	Syracuse Half Marathon, Syracuse, NY

All dates above are tentative due to continued uncertainties about exactly how and when we will emerge from Pandemic restrictions.

Awards

Otto Essig Award (For Meritorious Service to Masters LDR): Bill Roe

USATF Masters LDR Hall of Fame

Road Running

Active Athletes: Marisa Sutera Strange, Pleasant Valley NY, *Athena Track Club*, USATF Mid-Atlantic Association and Doreen McCoubrie West Chester PA, *Athena Track Club*, USATF Mid-Atlantic Association

Legends: Debra Wagner, Perrysburg, OH

XC (new category for 2020)

Active Athletes: Madeline Bost, Randolph NJ, *Morris County Striders*, USATF- New Jersey

Legends: Tom Dalton Schenectady NY, *Adirondack Athletic Club*, USATF- Adirondack

Contributor: Bill Roe (deceased 2020) Bellingham WA, USATF Pacific Northwest Association

Rules

There were several items pertaining to Masters LDR/XC with the most important being Item 7: For Masters events, shoes shall comply with WMA rules. As of January 2021, shoes with spikes have a maximum thickness of 30 mm and shoes without spikes have a maximum thickness of 40 mm.

From Djbouti, France, Jean Pommier

MUT Report

It was obviously different, missing much of the traditional human touch, harder to follow and participate, but we got the job done!

Like last year, my main goal was to represent PA in the MUT discussions.

I also attended the opening and closing sessions, as well as the LDR plenary.

- The opening session was a bit disappointing as it was a mostly a collection of pre-recorded clips. Not quite engaging. Many clips were of professional quality though.

- The closing session was a lot of interesting fun with such a sensitive and chaotic series of voting items. I liked how they made more time to hear both sides but I ended voting before the closing of the arguments are the time limit instructions were unclear. With the nested articles, it was even hard to know what we were exactly voting on. Oh well, looks like the items will come back on the table soon.

- As for MUT. The usual suspects were all there. Again, hard to feel the dynamics in such a virtual room, it was mostly Nancy's show but she did a good job at keeping the ball rolling along a busy agenda. She even asked me to do a quick report on our Pacific Association Grand Prix at the end, complimenting it for its tenure and size. Well, not quite this year as I explained, but we'll be back in 2021, no doubt! A few minor rules change, quite a few discussions about championships and Team USA athletes. Overall, I felt the trend is more about competitive racing on the international scene than the health of our sports for the masses. Saying that as there is both an abundance of ultra races, pre-COVID that is, but many events don't fill up to capacity anymore. Ultra Running magazine does a great job at reporting on the health of our sport, with many statistics to back it up, of course numbers will be skewed with most races cancelled this year. We'll see that in their February or March issue. By the way, a few other states have kept running pretty strong, California remaining on the safe side although that doesn't translate into COVID statistics unfortunately. Can't wait to ramp up a MUT season for the second half!

Christmas in France!

Cut and paste by Irene Herman Dec. 23, 2020

2020 USATF Conference Report

Pacific Association Membership:

I attended the opening and closing 2020 USATF Conf meetings, and all of all of the MTF meetings in between incl MTF Exec Board. Also the West Region and Pacific Assoc meetings beforehand, plus the USATF Board meeting afterwards.

I actively listened all meetings, paying attention at all times, and often actively participated with comments, questions and insights.

During the PA meeting I described at some length to PA athlete Kendall Spencer who is on the USATF Board concerns of that board wanting total and complete control from membership, due both due to general reasons and specific instances & general trends of USATF at the national level.

During the West Region MTF meeting, Mark Cleary was reelected unanimously as Regional Coordinator. MTF Nat'l acting Chair Jerry Bookin-Weiner attended and conveyed his concern about increasing / not-decreasing attendance at association and national meets. I suggested forming an MTF Associations Subcommittee to help associations' MTF Chairs. I volunteered to serve on such a subcommittee and / or to convey ideas of how our PA MTF assoc championships has been so successful wrt attendance and growth.

The 2021 Indoor Nat'l Championships have been cancelled, but the hope and plan is the 2021 Outdoor Nat'l Championships will be held in our Pacific Assoc, in Sacramento. TBD exact dates, and also TBD based on how well vaccines work, how covid continues, and how CA gov't eases restrictions.

With MTF elected Chair Rex Harvey passing away, Vice Chair Jerry Bookin-Weiner became acting Chair, former VC Robert Thomas became acting Vice Chair, Mike Travers took over from longtime Treasurer Carol DeWeese, and Amanda Scotti was Secretary. This group ran as single slate to be reelected (in individual elections) and were all elected for the next term.

Conference was a teleconference, for the first time this year. I tried to contact via the conferences personal message system Jim Flanik , Chair of the Games subcommittee about how I think we can be ready to have a Corporate/Employer Team competitions at this year's outdoor championships in Sacramento. However, that did not succeed so technology isn't perfect. Have multiple emails and requests for a phone conversation since – tbd.

Joseph Ols
Chairman – MTF PA USATF
Liaison Corporate T&F – MTF USATF

MEN'S T&F -Fred Baer

Exec. Comm. Dec. 3, 2020, 1-2 pm ET` - Andrew Valmon, chair
Committee reports

HI PERRFORMANCE - Duffy Mahoney:

(Brian Yokoyama reported; Nevada limited participants to 50...)

Paul Doyle working on 4 outdoor meets, including Chicago & Va. Beach (new facility)

OUTDOOR SEASON:

Mt. SAC Relays April 15-17 (Th-Sa) Aril 15-16, Azusa Brian Clay Combined Events

Drake Relays GP events, April 23-24 (F-Sa)

Penn Relays, April 24 (Sa)

Tba: Payton Jordan / distance

June 6 (Sat) – Jim Bush Inv., Los Angeles

Tba: Portland Track Festival

Under Armour Sunset Tour #1, Jul 10, LA; **#2** Jul 17 Walnut (Mt.SAC); **#3** Jul 24, San Diego (SD Mesa)

Jesse Williams looking to put on 3 events in July

--No spot on 2021 calendar for US Jr. Championship before Jr. Pan Ams – so will qualify athletes from performance rank order as of Sunday of NCAA DI championships.

(There are only 6 days after NCCA's until start of Oly. Trials.)

2021 Dates:

World Indoor Championships, March 19-21, Nanjing, China (*have since been cancelled for 2021*)

World Relays, May 1-2, Silesia, POL

NACAC U23 Champs, July 9-11, St. George, Grenada

Pan Am U20 Champs, July 23-25, Santiago, Chile.

Other: World U20 Champs in August in Nairobi, Kenya (too dangerous – so USA will NOT enter).

There is a Pan Am Jr. GAMES, Sept. 14-17 **Ages 14-22 too late and too expensive to send a U.S. team.**

DEVELOPMENT, John Green

Our task to provide domestic opportunities (3-4) for each event (group).

John is helping out with combined events; Sam Adams Inv., Azusa/Mt. SAC, Dallas are 3 meets (Development pick-ups transportation and housing to \$275 for each athlete...)

Also: NACAC grants available-up to \$1,000 Dev funded meets in 2021 include Mt. SAC, Oxy, Texas...

STANDARDS: No substantial changes in standards for the Olympic Trials.

With extension of trials qual. period, we are going to get some additional qualifiers – will get close to our field size but do not expect to have field sizes too large to handle.

Will slightly soften the men's 800 standard since only 7 have qualified to date.

10K standard also a little light; don't want to soften now – will fill field from descending order, as needed.

MEN'S T&F GENERAL SESSION DEC. 4, 5 PM ET / 2 PM PT

MSC to postpone Men's T&F elections until 2021.

RUSAF – Russian WORLD ATHLETICS REPORT athletic federation paid \$millions to submit appeal, Reform plan due March 2021 – so athletes currently can only compete as unattached athletes...

Seb Coe is backing: **World Plan for Athletics** – goal is to grow the sport through the stake holders (all groups, including the media)

STANDARDS – Jim Grogan: Our goal with standard: to have 50 per cent of OT athletes to qualify (automatically) by making standard; Soften 800 standards slightly to 1:46.25

Men's decathlon field size remains at 18 (to answer a question)

Masters will now allow age 25-29 to compete.

KEY 2021 OLYMPIC DATES – Duffy Mahone & Michael Nussa:

July 17-22 Relay Camp at Chula Vista OTC July 23 OG Opening Ceremonies

July 25 Personal Coach housing opens at the Granbell Hotel Shinjuku

Olympic Village housing opens for Team USA (athletes participating in Opening

Ceremonies can arrive July 22) July 30-First day of T&F competition Aug. 7 Last day of T&F competition

Aug. 8 Men's Marathon / Closing ceremonies

REPORT from the 2020 USATF Annual Meeting

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6 December 2020

As the PA-USATF Race Walking Committee Chair and Delegate, I attended all the national Race Walking Committee meetings during the virtual annual meeting December 3 - December 6, as well as the following meetings: Opening General Session (Thursday), Pacific Association Caucus (Wednesday, December 2), Officials General Sessions (Friday and Saturday), Officials Training Clinics (Thursday and Friday), Youth (briefly Thursday), Rules (1st hour Friday & Saturday mornings), and Closing Session (Sunday). The following are what I consider to be significant items that are of interest to PA-USATF members, particularly Race Walkers and Judges. **Key dates are highlighted in yellow.**

Significant changes to the USATF rules affecting race walks include:

- a. Rule 230.1(a) was modified to make it clear that the Chief Judge's disqualification according to Rule 230.3(f) [in the last 100 meters] can be protested. Only red cards are not protestable. Other changes were made to clarify that the appropriate Sport Committee has the authority to implement Rule 230
- b. Rule 232.5(a) was changed to allow road races of less than 10 kilometers to be on circuits longer than 1250 meters.
- c. Added various distances for which national records can be recognized, specifically 1500 meters indoors for open and masters meets; 1500 meters, one mile, 3000 meters, and 5000 meters for indoor U20 meets.

Dates of note include:

USATF 50-km Championship, Sunday, January 31, 2021, Santee, California
USATF Indoor Championship, Saturday-Sunday, February 20-21, 2021, Albuquerque, NM
(may be cancelled)
NIAA Indoor Championship, Wednesday-Saturday, March 3-6, 2021, location TBD
Pan American Team Trials for 20K & 10K, Saturday, March 27, 2021, Whiting, NJ
Pan American Cup, Saturday-Sunday, May 8-9, 2021, Guayaquil, Ecuador
Olympic Trials (20K), Saturday, June 26, Springfield, Oregon
USATF U20 Championship, Friday-Sunday, July 2-4 (?), location TBD
World Masters Outdoor Championship, June/July ?, Tampere, Finland
USATF National Masters Championship, date TBD, Sacramento, California
USATF Junior Olympic Championship, date and location TBD

Pacific Association & USATF Western Region 10K (and possible California Cup Challenge),
Sunday, September 26, 2021, Carmichael (Sacramento), California

For 2022,

USATF Masters Indoor Championship, March 18-20, 2022, The Armory, New York City
World Masters Indoor Championship, 2022, Edmonton, Alberta
USATF Masters Outdoor Championship, July 14-17, 2022, Lexington, KY

For 2023,

USATF Masters Indoor Championship, April 14-16, 2023, Spokane, WA
World Masters Outdoor Championship, August 2023, Gothenburg, Sweden

**Women's Track & Field- Report by Brooks Esser
December 4, 2020**

Rose Monday - Chair

Rose made a motion to delay Chair and Officer elections until Annual Meeting 2021, based on by-law that requires that elections are held after each Olympics. Motion approved.

Development and High Performance – LaTanya Sheffield

COVID relief stipends were offered to athletes.

Meets were held so that athletes could meet contractual obligations.

Tier system was restructured – goal was to be more helpful to athletes. Tier 4 athletes were added to 'development pool'. No athletes were dropped from tier system.

Board USOPC Compliance – Sandra Farmer Patrick/Kristie Killough-Ali

Compliance issues – four by-law changes. AAC support these by-law changes – announced today.

If the by-laws are not passed, Nike can void their contract. We lost our auditor earlier this year due to governance issues

USOPC will pick the Olympic team if we get decertified.

Women's T&F supports all four by-law changes

COVID Update – Dr. Robert Chapman

Key is risk management – and this means insurance for activities.

Our methodology – follow state and local guidelines, and CDC guidelines to the letter.

Event hosting guidance was developed to document screening procedures – participants and attendees.

COVID 19 group created Return to Practice Guidance.

Indoors participants – 1) negative COVID test within 72 hours prior to departure, COVID testing upon arrival, Bubble environment – single occupancy rooms, room service only, no family, etc.

USATF has expanded mental health benefits for elite athletes.

Law and Legislation – Sue Humphrey

High Performance Board of Directors position will be filled by the High Performance Executive Committee, not entire committee.

Associations proposals regarding diversity and email voting has been tabled.

Safesport advisory committee has been added to Associations

Coaches Commission – Kevin Reid

Rose encouraged Kevin to do an even better job of encouraging coaches to apply for positions on national teams.

President - Vin Lananna

We cannot miss on the opportunity offered by the next 8 years. We need to play offense, and deliver on our new strategic plan.

We need to measure our accomplishments, and remember that the plan is a living document.

Women's Commission - Bonnie Edmondson

Dena Evans represented USATF at World Athletics Gender Leadership Conference

AAC – Michelle Carter

AAC has come out in favor of all by-law changes

4 AAC reps will be on Board, two of which will be '10-year' athletes.

Rules – Monique White

Changes are coming with regard to shoes. More recommendations are coming after Tokyo for distance events.

Different rules will apply for qualifying for the Trials, vs. use at the Trials and the Olympics.

It's a joy to have Stephanie Brown-Trafton on the Rules Committee!

Rules – Willie Banks

World Athletics Council approved Rule #5 (shoe rule) yesterday (12/3). Expanded beyond road and cross country and into spikes.

Certain thicknesses are acceptable – will apply only to World Athletic events and Olympics.

Competition commission will make additional recommendations after Olympics.

Records – Bob Hersh

Records committee won't meet until later today.

Bob presented recommendations:

Records presented by Bob were approved by Women's Track and Field (motion passed)

Officials – Delores Murray

More women were chosen as leads than ever before!

TrackTown USA – Jody Smith

12,650 permanent seats – all with seatbacks.

Tickets available for athletes and families, no current sales to general public

2020 USATF Annual Meeting- Coaches Committee (High School) Report

Cris Houston (pa.youthXC@gmail.com)

The 2020 USATF Annual Meeting in virtual format via Bizzibo was an overall successful event when fully considered with the circumstances surrounding the ongoing COVID-19 pandemic underway at the time of the convention. The committees' leadership has done an excellent job documenting the reproducible material information for each of the meetings in the [2020 USATF Annual Meeting Document Library](#):

<https://www.usatf.org/events/2020/2020-usatf-annual-meeting/2020-annual-meeting-document-library>

The overriding topic of discussion, debate and ultimately dissension was the highly contentious discussion about the “emergency” revisions to the USATF Bylaws enacted by the USATF Board of Directors and subsequently presented to the USATF legislative body for consideration. An alternative proposal to address the “emergency” issues was developed during the course of the meeting by the Law and Legislation Committee.

Both proposed amendments to the USATF Bylaws were presented to the USATF Delegation, with the legal democratic authority to approve or deny the proposed amendments, and both were denied. While both proposals carried a 50% vote, they failed to meet the super-majority required to be enacted with legitimate democratic authority based upon the established legislative rules of the organization.

During the course of the meeting the basis of the arguments, made by its supporters, to justify the proposed amendments, centering around a requirement from the United States Olympic Planning Committee(USPOC) for systems of “good-governance” from the national governing bodies was defused and rendered impotent for those paying attention. This was brought to light in the Athletes Advisory Committee Sessions. Details were provided in the documentation provided by the Opposition to the bylaw revisions:

- USOPC Comments @ AAC Meeting- Short Version:
<https://drive.google.com/file/d/1KGj0smgXZyAeDNmX-rIrPJmNnXg1nn0J/view?usp=sharing>
- USOPC Comments @ AAC Meeting- Long/Detailed Version:
https://drive.google.com/file/d/1xqUwIXWhu4aXQMitB66GWe0mJ9CN8HW_/view?usp=sharing

The most important information shared by the Opposition to the bylaws revisions is contained in the correspondence from the USOPC itself which sheds light upon the course of thinking of the USOPC in this ongoing issue which has been propogandized into an “emergency” action:

- USOPC Letters to USATF: <https://drive.google.com/file/d/1qk8Lyldcr66HgkO-Lt5dArjvZ9OusDi/view?usp=sharing>