



# USATF Pacific Board of Athletics Compiled Committee Report: November 17, 2020

## Associations Committee Report

Dave Shrock ([acechair@usatf.org](mailto:acechair@usatf.org))

### COVID-19 Updates

USATF posted a significantly updated version of the COVID-19 Event Directors Guide on Aug 12:

<https://www.usatf.org/covid19/logistical-information-and-guidance-for-event-directors-and-local-organizing-committees>

Included are some significant additions for road, cross country and MUT events, plus a new section for Indoor

Track. Summary of key updates:

**STEP 1** - updated to include requirement to determine state and local government restrictions on travel and to not allow competitors travelling in from restricted areas to compete without documentation of completing the required quarantine.

**STEP 4** – Risk Stratification updated to include: a) Level 1, 2, and 3 designation to match updated US Olympic and Paralympic Committee (USOPC) guidance designations; b) reorganization to include different sections for outdoor track & field, indoor track & field, cross country / road / race walk (on roads) / MUT events, and non-competitors; c) updates to risk stratification definition for select events; d) updated layout to make viewing on mobile devices easier; e) update to include a face covering / mask requirement for all participants, except for competitors when warming up or competing and individuals with health conditions who cannot wear a face covering / mask at all times; f) XC / road / MUT event course width distance requirement for Low Risk updated to 12 feet, to match USOPC guidance.

**STEP 5** – Clarification that COVID-19 testing for Level 2 / Moderate Risk events must be PCR tests (not serology tests) to match CDC guidance.

Remember full USATF COVID-19 information can be found at: <https://www.usatf.org/covid19>

[Click here](#) for a brief Event Hosting FAQ posted 1 July. In addition, on 20 June President Vin Lananna and the national office hosted an in-depth Q&A. [Click here](#) to access these questions and responses regarding return to practice.

**Youth JO Cross Country Nationals:** As of this date the Youth Committee is working with the local organizers to hold the JO Cross event over two days: Sat-Sun, 12-13 December in Lexington, Kentucky. [Click here for event details.](#)

### USATF Annual Meeting – December 2020

Annual meeting will be solely virtual for Thursday-Sunday, 3-6 December, and will run from 10:00am-8:00pmEDT. Early registration cost will be \$110.00. For information and registration site, [click here](#)

We will be using a platform called 'Bizzabo', which is similar to Zoom. Delegate trainings will be available prior to the meeting. Only registered delegates will be allowed to connect to meetings.

### Election Update for Annual Meeting

Nominations submitted thus far:

- President – Vin Lananna
- 3 four-year board seats
  - High Performance – Maurice Pierce and Mike Conley
  - Long Distance Running – Jim Estes
  - Officials – Len Krsak
- Remaining 2 years of Youth board seat - Bershawn Jackson, Joy Kamani, Norine Richardson
- Long Distance Running Division Chair – Mike Scott

**18 November:** Late presidential nominations are due – any that come in will be added to the Document Library nominations listing within 5 days of receipt.

**3 December:** before the start of the Opening Session – further nominations for the LDR Division Chair, the 4 year BoD, HP and Officials board seats and the remaining 2 year Youth board seat must be provided electronically to [Pam Fales](mailto:Pam Fales), [Ed Koch](mailto:Ed Koch), and [annualmeeting@usatf.org](mailto:annualmeeting@usatf.org) and must have one nominator and 10 seconders.

# **Coaches Committee Report**

*Dave Shrock (coaches.pacific@usatf.org)*

## **Level 1 Schools**

### **Become a USATF Level 1 Coach at Home**

USATF has begun the delivery of online Level 1 Schools via Zoom in real-time across a four-day schedule for the foreseeable future. Click here for dates course information [Calendar of Schools](#).

### **Pacific Association face-to-face Level 1 School**

Due to ongoing concerns with COVID-19, the Pacific Association will not host its January face-to-face school for 2021.

## **Level 2 Schools**

### **Announcing a winter session USATF Level 2 School on Zoom: December 27-31, 2020**

USATF Coaching Education is pleased to announce a second USATF Level 2 School to close out 2020. The course will be conducted on Zoom **December 27-31, 2020**. Don't miss your opportunity to gain an in-depth education in a singular event-group and the knowledge to write a comprehensive training plan. Choose from: Endurance, Sprints/Hurdles/Relays, Jumps, Throws or Youth Specialization. Early application is advised for entry into first choice discipline.

Application Requirements:

- Be a current USATF adult member
- Hold a current Level 1 certification
- Have a minimum of three years coaching experience (track & field, cross country, club or personal run coach)

Learn more about the USATF Level 2 Program and apply [here](#).

## **Athleteic.net SuperClinic**

Unfortunately also due to COVID-19 we will have to cancel our twelfth annual Athleteic.net Coaches SuperClinic held at the beginning of February at Sacramento City College. Stay tuned for future dates and coaching activities at the Olympic Trials scheduled for 18-27 June in Eugene.

## **Practice and Competition During COVID-19**

For the most up-to-date information, [click here](#) to check out the USATF COVID-19 website. These guidelines in conjunction with your local health authority's guidelines are your best resources.

## **USATF-Connect Updates**

In early May, USATF launched this membership/association administrative portal which is being continually updated and enhanced.

**Clubs:** The method to renew not only your membership, but your club details has changed. For information on how to renew and update your club, [click here](#) to view these info videos to help with the club portal:

- How to create a club
- How to renew your club membership
- How to search for and view member profiles
- How to renew a member's membership
- How to add your club practices
- How to access your insurance certificate
- How to use the advanced filter and generate reports

**Uploading of Age Verifications/Birth Certificates:** Coaches may no longer upload athlete's age verification or birth certificates. This process can be done **only** by the athlete or parent/guardian on each individual member's USATF-Connect page. When an athlete joins USATF or your club please assure they upload their birth certificates at that time to avoid any last minute rush, and the age verification process now takes 24-48 hours administered by the national office.

For further information: [USATF Connect – Membership Management System Tutorials](#)

## **USATF Level 1 Coach Recertification Application Update**

USATF members with an expiring Level 1 certificate in 2020 can now apply for renewal through December 31, 2020. Members

may verify their certificate expiration date according to the schedule below or by logging into [USATF Campus](#) (certificates are available under Transcripts).

<b>Earned</b>	<b>Expiration</b>
January 1, 2013-June 30, 2019	December 31, 2020
July 1, 2019 – December 31, 2020 (waiver period)	December 31, 2024

Members who completed a Level 1 during the waiver period do not need to take any action until the next recertification period. Level 2 and 3 coaches remain exempt from recertification and no action is necessary.

#### **Application Instructions**

1. Renew [USATF membership](#) for 2020
2. Complete latest [SafeSport Training](#) (must be current through 12/31) – **NEW requirement**
3. Complete a USATF approved recertification course\* (choose one)
  - a. [USATF Campus Course](#)
  - b. USATF Learn By Doing Clinic (2017)
  - c. USATF Cross Country Specialist Course
  - d. USATF Emerging Elite Coaches Camp
  - e. [USATF Level 2 Sports Science Classroom](#)
  - f. Complete a new USATF Level 1 School
4. Submit [recertification application](#) and processing fee (\$30)
5. Verified by national office (allow five business days)
6. New certificate awarded on USATF Campus upon approval

You must complete steps 1-3 before accessing the recertification application. Please do not email copies of your certificates unless requested.

\*Recertification course must be completed both after Level 1 certificate was last attained and quad start (January 1, 2017). No credit will be provided for any courses completed prior to (last) Level 1 certificate date.

## **MTF Committee**

Joseph Ols ([masterstf@pacific.usatf.org](mailto:masterstf@pacific.usatf.org))

1.) MTF seems to be on general hiatus nationwide. USATF's Summer Virtual Challenge was not widely accepted, and not aware of other good virtual / RT competitions. And with California having near the strictest restrictions (and Bay Area counties moreso), the added risk of older athletes VS younger indicates Pacific MTF might not lead the rebirth of T&F. Hoping for a low risk county PA MTF meet.

2.) MTF Chair Joseph Ols registered for USATF Nat'l Virtual Conference and plans to participate.

3.) The following Email Blast was sent Aug 3rd:

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Dear Former T&F Athletes,

Still no in person meets on the horizon, but pleased to announce USATF's 2020 Masters Virtual Summer Challenge Aug 3-17, with performances on tracks, neighborhood roads, and (even) backyard field events submitted. A nationwide USATF competition and only \$10 incl Bib and Finisher Certificate, with performances submitted by video, or google maps /strava/ etc. However, this is not Sanctioned nor do I see it ever called a Meet, so your 53sec Mile in the high speed lane on I-280 might not be recognized as an AR. John Seto of MastersRankings.com says he may and may-not recognize performances depending on performance documentation. TBD if Bay Area Sr Games' Nov 15 T&F meet will occur, if we will reschedule our PA MTF Championships, and if PA Wolfpack club will have another fall PA MTF meet. So TBD whether we will have 2020 PA MTF Grand Prix Awards at all, and whether this Summer Challenge could be part of that. Things might become clearer in the future. But since this is 2020, they might not. Hope everyone is healthy and healing otherwise. Any other suggestions for half-filled MTF glasses?

Best wishes, Joseph Ols, Chairman MTF -- PA USATF, Corporate T&F Liaison -- MTF USATF