

USATF Pacific Board of Athletics
May 19, 2020 Compiled Committee Report

National USATF Notes

Dave Shrock-National Associations Chair (aecchair@usatf.org)

New Membership Portal: on 6 May USATF rolled-out the USATF-Connect membership portal which as a much more intuitive user friendly interface for both general membership and association officers. To get started, refer to: https://usatf.sport80.com/account_access

Increased Membership Fees: For the first time in twelve years, USAF has increased membership fees to \$25.00 for Youth, and \$40.00 for adults, membership was previously \$20.00 and \$30.00 respectively. Multi Year membership are available for officials only, and that function will be rolled out soon on USATF-Connect.

Return to Competition: The USATF COVID-19 Taskforce is finalizing a step-by-step process which will guide associations and event directors which should be out by the end of May. Virtual events unfortunately cannot be sanctioned due to liability concerns.

For the most up-to-date information, refer to: <https://www.usatf.org/covid19>

Coaches Education

Dave Shrock-Coaches Committee Chair (coaches.pacific@usatf.org)

USATF Level 1 Recertification Application Update

USATF Level 1 certificates are set to expire December 31, 2020 for those that have completed a course during the qualifying period below of January 1, 2013 – June 30, 2019.

Individuals earning a certificate during this period must complete one of the outlined [Level 1 recertification](#) options to extend their certificate to the next period, 2021-2024. Any certificate dated prior to this period is no longer valid.

Individuals who completed a course or will during the last 18 months of the quad (July 1, 2019 – December 31, 2020) are waived until the end of the subsequent quad and no action is necessary.

The USATF Level 1 recertification application will open during summer 2020 and continue through December 31, 2020. A current USATF membership will be required to access the application. After submitting a completed recertification application to the National Office, the course completed will be verified and an updated Level 1 certificate issued.

If you have completed Level 2 or 3 this recertification does not apply.

Coming Soon, Become a USATF Level 1 Coach at Home

USATF will be piloting the delivery of online Level 1 Schools beginning in May and expanding opportunities throughout the summer. Level 1 Schools will be delivered using Zoom and delivered in real-time across a four-day schedule for an indefinite period. USATF members who pre-registered at a cancelled 2020 Level 1 School will be contacted by the national office once registration is open and offered the first opportunity to register for the initial schools.

Watch for additional course information to be updated on the [Calendar of Schools](#) soon.

USATF Level 2 School Summer Update

A traditional, in person USATF Level 2 School will not be conducted during summer 2020, though CE is finalizing dates for conducting an online USATF Level 2 School in late July-early August.

Upcoming USATF Campus Site Maintenance and Relaunch

USATF Campus moved has moved to new website, and users will be unable to login to their account to complete courses, including the Level 1 Exam, retrieve certificates or purchase new courses from the previous website. All previous users should have received a new system generated password to login. Contact coachingedu@usatf.org if you require additional login or navigating assistance.

Pacific face-to-face Level 1 School

We are unsure as yet if we will be able to host our traditional Level 1 School 16-17 January, 2021 at Chabot College.

Race Walking Committee

Jon Price (jprice@unr.edu)

Below is the content of an email sent to race walkers in the Pacific Association, describing upcoming virtual races.

Due to the global Coronavirus COVID-19 pandemic, we can't conduct official races because we can't be physically present with certified judges, officials, courses, or timing. Therefore, we are modifying our traditional USA Track & Field Pacific Association Race Walk Grand Prix Series into something new... Welcome to the #AloneTogether version of the COVID-19 VIRTUAL Race Walk Grand Prix Series!

As with our traditional Grand Prix, the first event was the One Mile held in Berkeley earlier this year. The results for that race and the Grand Prix Standings are available (as always) on our website at <https://www.pausatf.org/race-walking/>

The **3,000-meter race**, originally scheduled for May 23, will now be a #AloneTogether COVID-19 VIRTUAL event to be completed any time between May 16 and May 23.

The **5,000-meter race**, originally scheduled for May 31, will now be an #AloneTogether COVID-19 VIRTUAL event to be completed any time between May 31 and June 7.

In addition, we've added a **One Hour** #AloneTogether COVID-19 VIRTUAL event to be completed any time between July 4 and July 12.

Relying on guidance from official sources, we will either confirm or change the plans for the 10-kilometer and 20-kilometer race walks currently scheduled for September 27.

#AloneTogether COVID-19 VIRTUAL Event Rules:

- Be SAFE and comply with all federal, state, and local directives and guidance regarding safety related to the Coronavirus COVID-19 global pandemic. Depending where you live, such guidance may include frequency/duration/location of outdoor activities, or the wearing of face coverings.
- Outdoors: Use a certified course or 400-meter track, or measure a new course with GPS. Indoors: Use the Distance reading on a treadmill or your personal GPS set to measure "Indoor" distance.
- Walk ALONE or with members of your own household, keeping at least 6 feet of social distancing from other people at all times.
- Keep your own time and count your own laps.
- Use the honor system (and your imagination) to keep track of judges' warnings, red cards, penalty time, and umpiring infractions.
- Athletes who live outside the Pacific Association are eligible to participate and receive prizes.
- Prizes (California- and Nevada-shaped rock pins) will be awarded at the luncheon following the 10-km Grand Prix race walk in Carmichael/Sacramento on Sunday, 27 September 2020, to the top three females, top three males, and top three age-graded athletes in each of the contested virtual race walk events. Winners must be present on September 27 to receive their prizes; if a winning athlete is not present, the prize will be given to the next athlete in that category.

Individual Results Reporting:

- Report your individual results to the Race Walk Committee of the USATF Pacific Association no later than one day after the final day of the event.

- [Optional, but fun!] Include a selfie or other photo of yourself participating in the #AloneTogether virtual event. Your photo may be posted along with other virtual race results, including in Pacific Association emails and on the Pacific Association USTAF Race Walk website and Sierra Race Walkers Group page in Facebook.
- Use the Individual Results Report form attached, or send the following information in an email to nicollegoldman@comcast.net (and don't forget that photo!):

Date
 Event Start Time (Time of Day)
 Distance
 Finish Time (HH:MM:SS)
 Location
 How I Completed the Event SAFELY
 Last Name
 First Name
 Gender
 Birth Date (MM/DD/YYYY)
 Age on Event Date
 City
 State
 Zip
 Telephone
 E-mail

- By participating in this virtual event you are certifying that you agree with the following statements: "I know that race walking is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by all federal, state, and local health and safety directives and guidelines related to the Coronavirus COVID-19 and my ability to safely compete in this virtual event. In consideration of the acceptance of my results, I do hereby, for myself, my heirs, executors and administrators, or anyone else who might claim on my behalf, waive, release and forever discharge any and all rights and claim for damages which I may have or which may hereafter accrue to me against the Pacific Association, USATF, its board of supervisors, officers, directors, agents, employees and volunteers, the race director and organizers, successors, and/or assigns; from any and all damages which may be sustained and suffered by me in connection with my said participation or arising out of my traveling to, participating in and returning from said event. I certify that the above results are true and correct to the best of my knowledge."

After the close of the competition period for each event, the Race Walk Committee will summarize and publish the event results and updated Grand Prix Standings.

Have fun and stay safe!

Jon
 USATF Pacific Association Race Walk Committee Chair
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 Niccole
 USATF Pacific Association Race Walk Committee 2nd Vice Chair

LDR Committee

Andy Crawford (andrewbyroncrawford@gmail.com)

An LDR Committee Meeting was held on 29 March via teleconference. The agenda and minutes are posted online. The next LDR Committee Meeting will be held on 24 May via teleconference.

The general state of LDR events across the country is poor. Many, if not all, events originally scheduled in the March - June timeframe have been cancelled or postponed. As the country "re-opens," LDR events are likely to be last-phase activities that are allowed by local governments. The same holds true in the Pacific Association.

Road

- Due to COVID-19, to date there have been 8 out of 14 Road Grand Prix races cancelled. 1 race has been postponed.
- 1 race - NorCal 10 miler, Redding - was held just prior to the government mandated health orders (shelter in place, etc.). No other events from the Road Grand Prix have occurred.
- The Individual Short Series had 100% cancellation of events, and will be cancelled for 2020.
- The Individual Long Series currently has 2 out of 6 events cancelled and 1 has been held. If 2 more Long Series races cancel, then the Individual Long Series will be cancelled for 2020.
- The Team Grand Prix competition will score all remaining Team Races that occur, and one score will not be dropped from the Grand Prix to calculate the Team's final score.
- For details on the adjustments to the 2020 Road Grand Prix, please see Appendix A (also posted on the PA website).

MUT

- Due to COVID-19, to date out of the 14 scheduled MUT events there are 3 cancellations, 1 team scoring cancellation, and 2 postponements.
- 4 events have occurred as scheduled to date.

XC

- The XC sub-committee is proactively planning for adjustments to the XC Grand Prix season, and gathering opinions from the XC race directors.
- There will be an LDR Committee Meeting on 24 May, and the XC Grand Prix season will be the main agenda item.