



**RACERS**

**INVITATIONAL**

**2020**

This is a USATF Sanctioned Track Meet  
Sponsored by the Pacific Association

Saturday, March 28, 2020  
Mt. Diablo High School  
2450 Grant Street, Concord, CA 94520

Team Packet Pickup Start Time: 7:30am  
Field Events Start Time: 8:30am  
Running Events Start Time: 8:30am

**\*\* All Tents/Tarps allowed at TOP of bleachers only (this will be enforced). You may also place them on the sides of both sets of bleachers on the visitor side, and on the side of the bleachers closest to the practice field on the home side. You may not block the vendor booths or the clerking area. **This will be enforced.****

Eligibility: Any boy or girl in the following divisions:

Age Division	Birth Year
8 or younger *	2012 +
9 - 10-year olds *	2010 - 2011
11 - 12-year olds *	2008 - 2009
13 - 14-year olds **	2006 - 2007
15 - 16/17-18-year olds **	2001 - 2005 (2000, if born after July 27th)

\* can compete in up to 3 events. \*\* can compete in up to 4 events.

USATF Membership: Not required but desired

- Registration:  
Registration into the meet must be received by midnight **March 24, 2020**  
Clubs / schools register at **AthleticNet**: <http://athletic.net>

**No same day registration ... no exceptions!**

- Cost: \$9/ per athlete - Payment will be collected at the time of online registration
- FREE for spectators
- **Awards:** Ribbons will be awarded 1<sup>st</sup> through 6<sup>th</sup> place in each heat. Athletes will collect running event awards at the finish line after each heat. Field event awards will be distributed at the field event. Medals will be awarded 1<sup>st</sup> through 3<sup>rd</sup> place for the top finishers overall for each event.
- Results will be posted at the Awards table (next to the gym) upon completion of each event and on the PA/USATF website within 2-days after the meet is completed.
- Snack bar and food trucks will be available (**Mt. Diablo High School does not allow BBQs to be used anywhere on campus, not even in parking lots**)
- Access to clerking area: Clerking area is only for running events. All field events check in at the field event location.
- Access to infield: No coaches on infield except coaches clearly displaying 2020 PA/USATF membership ID cards and assisting group 1 and 2 long jumpers setting marks. Coaches must leave when the event begins.
- Questions: **Contact Kishia Larkins: [lsuracers@gmail.com](mailto:lsuracers@gmail.com) or (916) 549-5153**

## Order of Events

**Girls will compete first, followed by the Boys**

### **Running Events**

- 1500m Run (all age groups)
- 100m (all age groups)
- 400m Dash (all age groups)
- 50m Tiny Tot Sprint (5 years old and younger)
- 110m Hurdles (15-18 boys)
- 100m Hurdles (13-14 girls/boys, 15-18 girls)
- 80m Hurdles (11-12 age group)
- 800m Run (all age groups)

### **Field Events**

- Turbo Javelin (11-12, 9-10, 8 and under)
- Shot Put (all age groups)
- Long Jump (all age groups; 2 pits – 1 for girls, 1 for boys)
- High Jump (all age groups)