

USATF Pacific Compiled Committee Report

January 21, 2020

Race Walking

Jon Price (jprice@unr.edu)

We need more Race Walk Judges. Current track and field officials (as well as new officials) are encouraged to take the clinic on Sunday, February 9.

Some of the races of the USATF Pacific Association's Race Walk Grand Prix Championship Series for 2020 have been scheduled. However, there is some confusion regarding the date and place for the USATF Pacific Association Open and Masters Track & Field Championship. We need clarification. The Officials Calendar, posted at <https://www.pausatf.org/wp-content/uploads/2019/12/12-12-2020-OFC.pdf>, has this on Sunday, May 24, at the College of San Mateo, but this conflicts with the Bay Area Senior Games. Should it be May 31?

- Saturday, February 22, GRAND PRIX ONE-MILE: Berkeley, separate women's and men's one-mile races. This will be at the beginning of the track events at the Cal All Comers meet. This is also an opportunity for mentoring of new judges.
- Saturday, May 23, GRAND PRIX 3,000-METER, Riverbank (Modesto area), separate women's and men's 3,000-meter races, followed by 1,500-meter Youth races. Please note that this is a two-day (Saturday-Sunday) Youth track & field meet.
- Sunday, May 24, Probably separate women's and men's 1,500-meter races, starting at 1:00 p.m., Bay Area Senior Games, College of San Mateo.
- TENTATIVE - Sunday, May 31, GRAND PRIX 5,000-METER: College of San Mateo, combined 5,000-meter race.
- Saturday, June 6, Youth meet with 1,500-meter and 3,000-meter races, location TBD.
- Saturday, June 13, Youth meet with 1,500-meter and 3,000-meter races, location TBD.
- Saturday, June 27, Pacific Association Junior Olympics Top 8 Qualifier, perhaps at Modesto Junior College.
- Saturday, July 11: USATF Region 14 Junior Olympics Top 5 Qualifier (at location within the USATF Central California area).
- Sunday, September 27, 2020 (tentative): GRAND PRIX 10-KILOMETER: William Pond park in Carmichael (Sacramento area).

Youth Committee

Carl Bryant ceebeerev@icloud.com

A lot of work to contact coaches, athletes and teams regarding attending the Pacific Association annual banquet has been made and we are expecting a nice turnout on February 1 st . Pacific Association 2019 Junior Olympic National Champions will be recognized at the annual banquet as well as Male and Female Athletes of the Year for Track and Field, Team of the year for Track and Field and Cross Country.

The Pacific Association Spring Youth Meeting will be held on Saturday February 15, 2020 from 10-2 p.m. at Foothill High School in Pleasanton. Thanks to Coach Jorge Quero for securing the facility. At the meeting athletes who earned All-American honors in Track and Field and Cross Country will be recognized. Thanks to Deborah Sample and Michael Davidson for finalizing the 2020 Youth Track and Field and getting it posted on the Pacific Association Youth website.

MTF Committee

Joseph Ols (masterstf@pacific.usatf.org)

1.) In early Dec, Clyde Lehman of Sierra Gold informed MTF Committee that no one from Sierra Gold would tabulate results of 2019 MTF Awards (Nov deadline) as prev arranged & publicized, and never forwarded any results they had received.

Athlete submissions were re-solicited, received, tabulated and awards ordered to be delivered tentatively 7 days before our Awards Banquet.

2.) MTF Chair Joseph Ols received SafeSport certification from the course he took at the Dec '19 USATF Conf.

3.) The following Email Blast was sent Dec 26th:

Hope you had a very Merry Christmas, and wishing you Happy Holidays for all others you/yours celebrate!

1.) Please re-submit 2019 MTF Grand Prix Award submissions to me ASAP for yourself or others, no later than the extended deadline noon Jan 1. Clyde Lehman informed me neither he nor anyone on Sierra Gold can tabulate our results this year and has sent me no submissions which he has received; so please (re)send them to josephols@yahoo.com ASAP per <https://www.pausatf.org/wp-content/uploads/2019/07/2019-PA-MTF-Grand-Prix.pdf>.

2.) We are going to hold a PA MTF Teleconference Meeting:

7pm Tuesday January 28th, 2020. Dial In: (563) 999-2090; Access Code: 406390.

At the scheduled date and time of the meeting, dial into the conference line. When prompted, enter the Access Code followed by the pound key.

Agenda:

Quick State of PA MTF (incl Feb 1 PA Awards Banquet plans & 2019 MTF Awards)

Quick Recap of Dec 5-8th 2019 USATF Annual Conference

Quick Review of then your full input for our 2020 PA MTF / Open T&F Championships execution tentatively scheduled for May 31. FYI, last year's Flyer at <https://www.pausatf.org/wp-content/uploads/2019/04/mtf2019Champsrev-1.1.pdf>. Schedule of events, venue, start time, food, photos, vendors, records, etc.

You may submit thoughts by email ahead of time

Photos: Any suggestions for a professional photographer to take purchasable pics, or any amateur/student photographers who would pro bono, or any volunteers to make a site where we can all contribute our pics?

Suggestions regarding anything else?

Request for more to get involved in many ways (PA MTF Records, etc).

PA MTF Clubs are encouraged to have a designated member; if something is voted on, PA Clubs with either 3+ or 5+ PA MTF Athletes on some issues may (and might not, depending) have a vote.

Prev Minutes: The only prev All-MTF meeting I'm aware of was the in-person meeting called after our MTF Championships at Chabot (2013?). No minutes were taken, since nothing was officially accomplished with only Gary Schmidt and me in attendance (a PA Rule says we have to publish prev meeting Minutes in this meeting Announcement ... so there you have it :-).

3.) Per last Email Blast, our first PA Awards Banquet (where 2019 MTF Grand Prix Awards shall be presented) will be Feb 1st. Limited to 300 attendees so sign up soon <https://www.pausatf.org/inaugural-annual-pa-awards-banquet-feb-1-2019/>

We plan to have a slideshow loop of Pacific Assoc pics shown during the evening. So even if you can't attend, please ASAP send great, fun or memorable T&F pictures of yourself, others or our meets to Irene@riskguardins.com.

4.) If anyone would like to get involved to help make PA MTF better (or jobs of those on the Committee a bit easier) PLEASE let us know. PA MTF Records is a particular area where we need help, but assistance of every sort is appreciated (Minutes, Vendors, Meet Directing, Web Page ...). Clubs particularly might consider one of your members to be either a volunteer member or liaison to our MTF committee.

5.) Late for these holidays, but please remember PA USATF for future Shopping & Gifts. You don't need to get us anything but, again, if you buy at Amazon, please only via <https://smile.amazon.com/> (NOT just amazon.com) and select Pacific Assoc USATF Foundation as your charity. Same prices to you, but instead of all profit to Jeff Bezos, 0.5% of your purchases will go to our PA Foundation for aspiring young PA athletes & local coaches who need help.

6.) Please consider the USATF Pacific Foundation for a direct tax-deductible charity gift these holidays, for year end giving to reduce 2019 taxes, for matching grants from your employer, and in your estate planning as a legacy you leave to Track & Field.

LDR

Allan Stanbridge (runallan@yahoo.com)

The Road, Cross Country, and M.U.T. Grand Prix seasons for 2019 wrapped up with a record number of events and participants.

- The 2020 Road and M.U.T. schedules have been established and posted on the P.A. website. The Cross Country Fall Grand Prix schedule has also been set for the Fall season.
- Preparations for the U.S.A.T.F. Cross Country Club Nationals in the third Saturday in December are well under way. This is a return of the event to Golden Gate Park in San Francisco using the same course and format that was used in 2015. A record number of individuals and team participation is expected.
- U.S.A.T.F. 2019 National Club Cross Country Championships Summary. Bethlehem, Penn. December 14, Lehigh University. Results and a summary were previously posted on the P.A. website, but here is a list of National Team champions.
- Hoka Aggies, Open Women
- West Valley Track Club, Master Men 40-49

Communications Committee

Cynici Calvin (ccrun@ncbb.net)

For the first time in a few years pausatf.org went down (Sunday, January 12 – Tuesday January 15). Jeff Teeters, our long-time tech wiz volunteer came to the rescue and solved the problem, which was related to our specialized membership scripts. Thomas Vincent, our first line of help in these situations, was sick, and I found out later that I was using the incorrect phone number for my texts, and voice mails.

Thomas Vincent's correct phone number is: **925-519-0011**

I am taking this opportunity to record the explanatory emails that led to the fix. They will be "Greek" to most of us, but could be very helpful in case of future problems, and for future tech help. I have attached them as added pages to this report.

A final note here: the automatic updates to the club membership lists is still not working yet, and I have linked the list posted at the National USATF.org site to pausatf.org as an interim fix. Thomas and Jeff hope to have our script up and running soon.

Thank you Jeff and Thomas!!!

Causes of Pausatff.org Downtime: Jan. 12-15, 2020

“Error establishing a database connection”

Jan. 13 (Jeff)

I just logged into the server (using ssh) and from the log files for the database, it appears that the database had errors and is no longer running. I'm not sure how to fix this. Hopefully Thomas will be able to do it (or give me instructions to try). Thomas, fyi, here is what I did:

I looked at lengths of mysql log files:

```
# ls -l /var/log/mysql  
total 28  
-rw-r----- 1 mysql adm 0 Jan 13 06:25 error.log  
-rw-r----- 1 mysql adm 2782 Jan 12 18:41 error.log.1.gz <== Note: this is much bigger than the others  
-rw-r----- 1 mysql adm 20 Jan 11 06:25 error.log.2.gz  
-rw-r----- 1 mysql adm 20 Jan 10 06:25 error.log.3.gz  
-rw-r----- 1 mysql adm 20 Jan 9 06:25 error.log.4.gz  
-rw-r----- 1 mysql adm 20 Jan 8 06:25 error.log.5.gz  
-rw-r----- 1 mysql adm 20 Jan 7 06:25 error.log.6.gz  
-rw-r----- 1 mysql adm 20 Jan 6 06:25 error.log.7.gz
```

I then uncompressed file error.log.1.gz and looked at it. Some of the lines in the file are like:

```
Version: '5.7.28-0ubuntu0.18.04.4' socket: '/var/run/mysqld/mysqld.sock' port: 3306  
(Ubuntu)  
2020-01-12T18:41:50.453336Z 9 [ERROR] /usr/sbin/mysqld: Table  
'./wordpress/wp_posts' is marked as crashed and should be repaired  
2020-01-12T18:41:50.453909Z 8 [ERROR] /usr/sbin/mysqld: Table  
'./wordpress/wp_terms' is marked as crashed and should be repaired  
2020-01-12T18:41:50.454422Z 2 [ERROR] /usr/sbin/mysqld: Table  
'./wordpress/wp_options' is marked as crashed and should be repaired  
2020-01-12T18:41:50.454507Z 5 [ERROR] /usr/sbin/mysqld: Table  
'./wordpress/wp_options' is marked as crashed and should be repaired  
2020-01-12T18:41:50.454597Z 3 [ERROR] /usr/sbin/mysqld: Table  
'./wordpress/wp_options' is marked as crashed and should be repaired
```

The last lines in the file are:

```
2020-01-12T18:41:58.691779Z 0 [ERROR] InnoDB: Plugin initialization aborted with error  
Generic error  
2020-01-12T18:41:58.691788Z 0 [ERROR] Plugin 'InnoDB' init function returned error.  
2020-01-12T18:41:58.691794Z 0 [ERROR] Plugin 'InnoDB' registration as a STORAGE  
ENGINE failed.  
2020-01-12T18:41:58.691800Z 0 [ERROR] Failed to initialize builtin plugins.
```

2020-01-12T18:41:58.691805Z 0 [ERROR] Aborting

2020-01-12T18:41:58.697363Z 0 [Note] Binlog end

2020-01-12T18:41:58.697419Z 0 [Note] Shutting down plugin 'CSV'

2020-01-12T18:41:58.697737Z 0 [Note] /usr/sbin/mysqld: Shutdown complete

So it appears the mysql database server (mysqld) is no longer running after trying to startup when these errors were logged.

On Jan 14, 2020, at 9:28 PM, Jeff Teeters <jeff@teeters.us> wrote:

Hi Sean,

I don't think the problem is due to the wp_config file not referencing the server/database. The problem seems to be that the database itself is not running because it can't startup due to some database tables being corrupted. Attached is the log file that has the errors generated by mysql daemon when it was trying to start. This is from file /var/log/mysql/error.log on a linux system (I think debian).

CynCi, the admin login and backend restart links you provided didn't work for me. I think the reason is that these require a functioning wordpress, and wordpress is down because the database is not running.

I don't think a wordpress expert is what we need. If we were going to fix this problem without resorting to backups, I think we need a database administrator who might know how to repair a mysql database. But it might not be possible to repair it if the files are corrupted. It might be that the only way to get the database back would be to recreate it from backup files. I don't know what backups have been made. Hopefully, fairly recent backups have been made.

To look for backups, I searched on the server for files containing "sql" in the name (a naming convention for mysql backup files) and I found some that look like they are backups of the database. But they were made in Feb 11, 2018. So, they would most likely be missing any changes made since then. The files I found are in directory:

"./wp-content/backup-db/" and look like:

ls -l ./wp-content/backup-db/

```
-rw-r--r-- 1 www-data www-data 66183790 Feb 11 2018 ./wp-content/backup-db/1517491973_-_wordpress.sql.gz
```

```
-rw-r--r-- 1 www-data www-data 65975513 Feb 11 2018 ./wp-content/backup-db/1517578283_-_wordpress.sql.gz
```

Sean, do you know if there is some other typical location (directory) in which backups for a mysql database used for wordpress are stored? Also, what are your thoughts on what the problem might be and what is needed to fix it?

Thanks,

Jeff

On Jan 15, 2020, at 10:42 AM, Jeff Teeters <jeff@teeters.us> wrote:

Actually, now I don't think we need a mysql database admin. I thought we might need one in order to repair the database, but I did some more research and found out that there is just a simple command that is used to repair the database. It's described at the link below.

After I restarted the mysql server (which got the website back) I looked at the error log file for the mysql server (which contains error messages generated by the server) and I saw a message saying one table needs to be repaired. I ran that command to repair the table, and it seems to have worked. So, since the website is working and I now know how to repair the database (and Thomas too, with this email if he didn't before), we probably do not need to hire a database administrator.

Command used to repair mysql database is described at:

<https://stackoverflow.com/questions/4357270/table-is-marked-as-crashed-and-should-be-repaired>

The database administrator might have been needed if we could not get the database running again by ourselves.

Jan. 15 (Jeff - 11:23 am)

It was the "wp_comments" table. I think that table probably didn't contain anything (or much) anyway because it's probably used to store comments that users make on pages and I think that's not a feature we use on the pa website. (After repairing it, I looked in the table and there was only one entry that looks like it was spam).

The command I entered to repair the table and output is shown below:

```
mysql> repair table wp_comments;
+-----+-----+-----+
| Table | Op   | Msg_type | Msg_text |
+-----+-----+-----+
| wordpress.wp_comments | repair | status  | OK      |
+-----+-----+-----+
1 row in set (0.00 sec)
```

btw, the problem with the website seems to have been caused by the system crashing and restarting, and then failing to startup mysql when doing restarting. I found messages related to the crash/ restart in another file (Thomas, fyi: file was /var/log/syslog; relevant lines are attached. The crash occurred at: 2020-01-12 18:41:50; toward the end, output shows that the system tried to start

mysql 10 times,
but failed).

The mysql error log that was generated when trying to startup mysql after the crash listed lots of tables that needed to be repaired.

But the error log generated when I started mysql manually this morning listed only one table that needed to be repaired
(the wp_comments table).

So, maybe something was wrong temporarily when the system was restarting after the crash, (perhaps due to a lack of memory, there were some messages about that in the attached log file) but it does not seem to be a problem anymore.

So hopefully, from now on we are ok. Or if this does happen again, I can quickly fix it now that I know what to look for.

Jan. 17

Hi Guys,

Sorry, I have been sick the last couple of days. The multiple external monitoring points were supposed to have notified me. They didn't and I am looking into why. As I have said before, if you can't get me over email. Text or call me, I have always freely given out my cell number.

Here it is again: 925-519-0011

What happened:

The database ran out of memory so the database was being restarted by the server itself periodically. As part of the fix I have gone ahead and rebooted the server. And updated the Wordpress plugins. Over the last 10 years I have been running this server, I can think of one other time its happened.

We replace the VM with a new one every 2-3 years. That date is this year, so I will send out a email to schedule a date for that.

Thanks in advance,
Thomas

On Fri, Jan 17, 2020 at 3:40 PM Jeff Teeters <jeff@teeters.us> wrote:

Hi Thomas,

I was planning to move the php scripts back to the main site (pausatf.org) from the x10hosting site, e.g. <http://pausatf.x10host.com/data/members.php>
Reason is that x10host.com updated the php version to a version that does not work with the script that updates the members list. The members list has not been updated

since Jan 1.

Doing this will result in a new mysql database (in addition to the current "wordpress" database), a new database user, plus the scripts (php files).

Will it be straightforward to include these in the new VM when you update the VM? I'm assuming it will be, but just want to make sure.

Thanks,
Jeff

Jan. 18 Jeff

But to answer your original questions the VM is under subscribed as it is. It wouldn't be a big deal.

Jan. 18 Jeff

Right now often the scripts are running slow and timing out. I've posted on the forum for the hosting company (x10hosting.com) and got a reply saying that this is likely a temporary problem due to some work they are doing. So hopefully the scripts will be working fast again soon.