Sacramento Training Clinic
American River College, January 11, 2020
4700 College Oak Drive, Sacramento CA

8:00 a.m. to 9:00 a.m. – Registration ($10.00 per class) Coffee/Morning Snacks
9:00 a.m. to 9:30 a.m. - Rules Review – No registration required

Introduction to T & F Officiating

Introduction to ________ classes are for new officials. No class fee, BUT you must register.

Part 1 9:00 a.m. to 11:30 a.m.
- Photos/Paperwork - Jim Hume
- Certification - Jim Hume
- General Information - Mike Bower
- Clerk/Umpire - Mike Bower

Part 2 - Intro’s Hands-On Practice

Session A 11:45 a.m. to 1:00 p.m.
- Horizontal Jumps - Need
- Vertical Jumps – Dennis Boyle
- Throws - Bruce Makinson

Session B 1:15 p.m. to 2:30 p.m.
- Horizontal Jumps
- Vertical Jumps
- Throws - Bruce Makinson

Morning Session

The “In Depth” classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.

9:45 a.m. to 12:30 p.m.

Sacramento Area Starters Meeting
John Busto/Mike Brown
No fee for this meeting, BUT please register at the link on this page.

- Starter Business and Announcements
- New Developments for 2020
- Training

In Depth - Pole Vault - John Shirey
In Depth - Horizontal Jumps - Ann Gerhardt

12:30 p.m. to 1:00 p.m. - Lunch

Afternoon Session

1:00 p.m. to 3:45 p.m.

In Depth - Throws - Dave Soeth
What You Learn from Experience – Several Instructors

Officials’ Coordinator - Phil Leake

Introduction to LDR/Race Walk

9:45 a.m. to 2:30 p.m. - Beth and John Price

Students in the Intro to T&F and Intro to Race Walking/LDR classes need to complete the following three steps before the clinic: E-mail Certification Chair Jim Hume, jimhume@comcast.net, and he will forward to you complete guides which will lead you through the process.

1. Join USATF online at https://www.usatf.org/home/top-utility-nav-content/membership
   USATF membership currently can be purchased for $30.00 and will be good through December 31, 2020.

2. Once you have your USATF member number, complete the background check at NCSI
   The cost of the background check is $16.00 and is valid for two years.

3. Third, take the SafeSport training online at https://safesport.org/
   There is no cost for this training if you are a USATF Member. When you open SafeSport and see an icon that says CLICK HERE, go ahead and do it. Then REGISTER.
Bay Area Training Clinic
Carlmont High School, February 9, 2020
1400 Alameda de las Pulgas, Belmont CA
Register at http://bit.ly/BayAreaFebruary9

8:00 a.m. to 9:00 a.m. – Registration ($10.00 per class) Coffee/Morning Snacks
9:00 a.m. to 9:30 a.m. - Rules Review – No registration required

Introduction to T & F Officiating
Introduction to _______ classes are for new officials. **No class fee, BUT you must register.**

Part 1 - 9:00 a.m. to 11:30 a.m.
- Photos/Paperwork - Jim Hume
- Certification - Jim Hume
- General Information - Mike Bower
- Clerk/Umpire - Mike Bower

Part 2 - Intro’s Hands-On Practice
- Session A 11:45 a.m. to 1:00 p.m.
  - Horizontal Jumps - Need
  - Vertical Jumps - Need
  - Throws - Jim Hart
- Session B 1:15 p.m. to 2:30 p.m.
  - Horizontal Jumps
  - Vertical Jumps
  - Throws - Jim Hart

Morning Session
The “In Depth” classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.

9:45 a.m. to 12:30 p.m.
- SF Bay Area/CCS Starters Meeting
  Jim Manha and Leroy Milam

Morning Session
No fee for this meeting BUT please register at the link on this page.
- Starter Business and Announcements
- New Developments for 2020
- Training
  - In Depth - Horizontal Jumps - Larry Manzano
  - In Depth - Throws - Jim Springer
  - In Depth - High Jump – Mike Aro

12:30 p.m. to 1:00 p.m. - Lunch

Afternoon Session
1:00 p.m. to 3:45 p.m.
- Clerk/Start Line Clerk - Bill Bartel
- FieldLynx - Jim Hume
- Implement Inspection - Joe Nemeth

Introduction to LDR/Race Walk
9:45 a.m. to 2:30 p.m. – Rick/Kathi Berman

Students in the Intro to T&F and Intro to Race Walking/LDR classes need to complete the following three steps before the clinic: E-mail Certification Chair Jim Hume, jimhume@comcast.net, and he will forward to you complete guides which will lead you through the process.

1. Join USATF online at https://www.usatf.org/home/top-utility-nav-content/membership
   USATF membership currently can be purchased for $30.00 and will be good through December 31, 2020.

2. Once you have your USATF member number, complete the background check at NCSI
   The cost of the background check is $16.00 and is valid for two years.

3. Third, take the SafeSport training online at https://safesport.org/
   There is no cost for this training if you are a USATF Member. When you open SafeSport and see an icon that says **CLICK HERE,** go ahead and do it. Then **REGISTER.**
Chico Training Clinic
February 8, 2020
Pleasant Valley High School
1475 East Avenue, Chico CA

8:00 a.m. to 9:00 a.m.  Registration/Coffee/Morning Snacks

9:00 a.m. to 9:15 a.m.  Welcome/Introduction/Overview - Dennis Boyle/Chuck Sheley
Chico State T & F 2020 - Robert Nooney

9:15 a.m. to 9:45 a.m.  Rules Update and USATF News - Dennis Boyle

Morning Session
9:45 a.m. to 11:45 p.m.  Practicum: What you Learn from Experience ($10.00)
Discussion Leaders: Bill Bartel/Dennis Boyle/Bruce Makinson/Dan Tinnel

11:45 a.m. to 12:15 p.m.  Lunch - provided at clinic (donation of $5.00 would be appreciated)

Afternoon Session
12:15 p.m. to 3:00 p.m.  In-Depth Throws ($10.00)
Weather permitting a portion of this class will be on the track
Instructor: Bruce Makinson

3:00 p.m. to 4:00 p.m.  Meeting of all North Section Starters

No fee for this meeting BUT please register at the link on this page
New Developments for 2020
Starter Business and Announcements
Presenter: Chuck Sheley
2020 Cal All-Comer Meets

February 8, February 22, 2020

Edwards Stadium
2223 Fulton Street, Berkeley CA


These All-Comer meets will have instructors/mentors available for one hour prior to the start of each event for instruction on the event including rules, event set-up, positions, etc. Mentees will then work the event with these very experienced officials. This is an excellent learning opportunity.

*For further information contact Jennifer Oliver at sportyjoliver@gmail.com*

- **Implement Inspection** - Contact Larry Rodriguez for report time on February 8 & 22
  *Instructor: Larry Rodriguez (Bearkat@surewest.net)*

- **High Jump** - Workshop one hour prior to the start of the event on February 8
  *Instructors: Bruce Colman and Margaret Sheehan*

- **Long Jump and Triple Jump** - Workshop one hour prior to the start of the event on February 8 & 22
  *Instructors: Teddy Hayes, Charles Murphy, Robert Benoit, Shirley Connors.*

- **Shot Put** – Workshop one hour prior to the start of the event on February 8 & 22
  *Instructor – Jim Hart*

- **Discus** - Workshop one hour prior to the start of the event on February 8 & 22
  *Instructor: Bob Thompson*

- **Pole Vault** - Workshop one hour prior to the start of the event on February 8 & 22
  *Instructor: Mike Aro*

- **Umpiring** Workshop one hour prior to the start of the meet on February 8 and following Race Walk on February 22. *Instructors: Jon and Beth Price*

- **Race Walk Judging Workshop** at 9:30 a.m. followed by working with mentor officials during the two races on February 22 only. *Instructors: Jon and Beth Price*

- **Starting** - Workshop one hour prior to the start of the event on February 8 & 22
  *Instructor: Tyrone Taylor*
2020 Starter Workshops

See Dates Below

Los Gatos High School/Grant Union High School/Cal Berkeley

20 High School Court, Los Gatos  1400 Grand Avenue, Sacramento  Edwards Stadium


Leroy Milam, Jim Manha, Mike Brown, John Busto, and Tyrone Taylor will host these workshops.

✔ The first day will be on January 18, 2020 followed by additional All-Comer Meets on January 25, February 1, February 8, February 15, and February 22 at Los Gatos High School.

✔ Additional opportunities for beginning starters will be on January 25 and February 1, 2020 at All-Comers meets being held at Grant Union High School in Sacramento as well as February 8, and February 22, 2020 at All-Comers meets being held at Cal Berkeley.

✔ Instruction time will be available prior to any meet if necessary. Track time will be available at all meets.

✔ Instructors will provide guns, ammo, and other required equipment upon request. Contact Jim Manha at jimmanha@gmail.com

✔ Apprentice or Association level starters who want to hone their skills with a mentor are also invited to participate in any of these meets
Reno Training Clinic

December 8, 2019
Wooster High School

1331 E. Plumb Lane, Reno NV 89502
(North entrance, near the track - Room I A-4)

Register at: https://www.renotahoeathletics.org/officials-clinic-registration

Wooster Colts Track and Field Program in partnership with U.S.A. Track & Field (USATF) officials will be offering an “Introduction to Track & Field Officiating” clinic. Upon completion, you’ll become an Apprentice-level USATF Official, capable of officiating high school, college, and USATF youth, open, and masters track and field meets.

In order to become a certified USATF official you must:

1. Join USATF online at https://legacy.usatf.org/membership/application/index.asp
   Membership currently can be purchased for $30.00 and will be good through December 31, 2020.

2. Once you have your USATF member number, complete the background check at NCSI
   https://www.usatf.org/myUSATF/index.asp?page=%2Fgroups%2Fofficials2%2Fbackground%2Fregister%2FEasp . The cost of the background check is $16, and it is valid for two years. Bring confirmation of your completed background check and you will be reimbursed the $16.00 at the end of the clinic.

3. Take the SafeSport training, online at https://uscenterforsafesport.org/training-and-education/training-and-education-services/ . As a member of USATF, the $20 fee for this 90-minute training is waived. Use your membership number when taking this training.

   You will need the following information to register for the class:
   a) Your Name
   b) your e-mail address
   c) your phone ☏ phone number and we would prefer a ☬ mobile phone number
   d) your 10-digit USATF membership number

You may e-mail Certification Chair Jim Hume (JimHume@Comcast.net) for complete guides for the three steps listed above.

✓ Be sure to bring a copy of the confirmation/receipt from NCSI that your background check was completed or email the confirmation/receipt to Anthony Davis and Jim Hume, jimhume@comcast.net; anttrack2015@gmail.com before December 8. This receipt is necessary to be reimbursed for the $16 fee.
✓ Also please bring a copy of the confirmation from SafeSport, which you will receive upon completion of the SafeSport training online, or email the confirmation/receipt to Jim Hume, jimhume@comcast.net.
✓ If you have questions, please contact Anthony Davis, Wooster Track & Field Coach, anttrack2015@gmail.com.
✓ A $10.00 donation per person to Wooster High School Track & Field will be appreciated to cover costs of refreshments. This donation is not, however, required. Our primary interest is to have more trained officials at high school meets in northern Nevada and northern California. Thank you,

P.S. – If you are a USATF-certified coach or official (for example, as a Long Distance Running or Race Walk Official) who has a current NCSI background check and SafeSport, you are most welcome to take this clinic. Please register.

Clinic Schedule

12:00 – 12:25 Check-in / Registration and Photographs for your USATF Official’s Identification Car which will be mailed to you after the clinic.
Nutrition – snacks and water will be available

12:25 – 12:45 Welcome, Self-Introductions of Participants and Instructors + USATF Policies & Procedures

12:45 – 1:20 Inspect track markings and field venues – Bring warm coats, hats, gloves, and shoes.

1:20 – 1:30 Break

1:30 – 2:30 Track Events
✓ Umpiring track events (sprints, runs, hurdles, and relays; incident reports; flags)
✓ Clerking (fill lanes, check uniforms, start line)
✓ Starting (standing, blocks, false starts)
✓ Referees and Marshals
✓ Race Walk Judging and Officiating

2:30 – 3:30 Field Events
✓ Throws (discus & shot put)
✓ Throws (javelin, hammer, and weight – not competed in Nevada high schools)
✓ Flight Sheets (calling up athletes, fouls, measuring, recording)
✓ Checking out athletes for simultaneous events (time rule, the truth)

3:30 – 3:40 Break

3:40 – 5:00 Field Events
✓ Vertical jumps (high jump and pole vault)
✓ Recording and scoring for vertical jumps – exercise
✓ Horizontal jumps (long jump and triple jump)
✓ Recording and scoring for throws and horizontal jumps - exercise

5:00 – 5:15 Break (Pizza/Sub Sandwich)

5:15 – 6:25 Question & Answers, USATF apprentice-level quiz (open book, using the USATF & National Federation of High Schools rule books – 2019 rule books will be used)

5:25 – 6:25 Reimbursements for those who completed items (1), (2), and (3).

Instructors are USATF Master and National Certified Officials: Jim Hume, Jim Manha, Ajay Padgaonkar, John Bowen, Deri Bowen, Beth Price, Jon Price, Anthony Davis