

# Sacramento Training Clinic

American River College, **January 11, 2020**  
4700 College Oak Drive, Sacramento CA  
Register at: <http://bit.ly/ARCjan11>

**8:00 a.m. to 9:00 a.m.** – Registration (**\$10.00 per class**) Coffee/Morning Snacks  
**9:00 a.m. to 9:30 a.m.** - Rules Review – **No registration required**

## Introduction to T & F Officiating

**Introduction to \_\_\_\_\_ classes are for new officials. No class fee, BUT you must register.**

### Part 1 9:00 a.m. to 11:30 a.m.

- Photos/Paperwork - Jim Hume
- Certification - Jim Hume
- General Information - Mike Bower
- Clerk/Umpire - Mike Bower

### Part 2 - Intro's Hands-On Practice

- ☒ Session A **11:45 a.m. to 1:00 p.m.**
  - Horizontal Jumps - Need
  - Vertical Jumps – Dennis Boyle
  - Throws - Bruce Makinson
- ☒ Session B **1:15 p.m. to 2:30 p.m.**
  - Horizontal Jumps
  - Vertical Jumps
  - Throws - Bruce Makinson

## Introduction to LDR/Race Walk

**9:45 a.m. to 2:30 p.m.** - Beth and John Price

## Morning Session

The “**In Depth**” classes are for **Apprentice, Association, National** and **Master** level officials looking to improve their knowledge in an event.

**9:45 a.m. to 12:30 p.m.**

☒ **Sacramento Area Starters Meeting**

John Busto/Mike Brown

**No fee for this meeting, BUT please register at the link on this page.**

- Starter Business and Announcements
- New Developments for 2020
- Training

☒ **In Depth - Pole Vault - John Shirey**

☒ **In Depth - Horizontal Jumps - Ann Gerhardt**

**12:30 p.m. to 1:00 p.m. - Lunch**

## Afternoon Session

**1:00 p.m. to 3:45 p.m.**

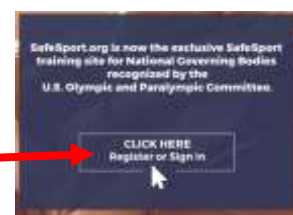
☒ **In Depth - Throws - Dave Soeth**

☒ **What You Learn from Experience – Several Instructors**

☒ **Officials' Coordinator - Phil Leake**

**Students in the Intro to T&F and Intro to Race Walking/LDR** classes need to complete the following three steps before the clinic: **E-mail Certification Chair Jim Hume, [jimhume@comcast.net](mailto:jimhume@comcast.net), and he will forward to you complete guides which will lead you through the process.**

- 1 Join USATF online at <https://www.usatf.org/home/top-utility-nav-content/membership>  
USATF membership currently can be purchased for \$30.00 and will be good through December 31, 2020.
- 2 Once you have your USATF member number, complete the background check at NCSI <https://legacy.usatf.org/myUSATF/index.asp?page=/groups/officials2/background/register.asp>  
The cost of the background check is \$16.00 and is valid for two years.
- 3 Third, take the SafeSport training online at <https://safesport.org/>  
**There is no cost for this training if you are a USATF Member. When you open SafeSport and see an icon that says **CLICK HERE**, go ahead and do it. Then REGISTER.**



# Bay Area Training Clinic

Carlmont High School, **February 9, 2020**

1400 Alameda de las Pulgas, Belmont CA

Register at <http://bit.ly/BayAreaFebruary9>

**8:00 a.m. to 9:00 a.m.** – Registration (**\$10.00 per class**) Coffee/Morning Snacks

**9:00 a.m. to 9:30 a.m.** - Rules Review – **No registration required**

## Introduction to T & F Officiating

**Introduction to \_\_\_\_\_ classes** are for new officials. **No class fee, BUT you must register.**

### Part 1 - 9:00 a.m. to 11:30 a.m.

- Photos/Paperwork - **Jim Hume**
- Certification - **Jim Hume**
- General Information - **Mike Bower**
- Clerk/Umpire - **Mike Bower**

### Part 2 - Intro's Hands-On Practice

- ☒ Session A **11:45 a.m. to 1:00 p.m.**
  - Horizontal Jumps - **Need**
  - Vertical Jumps - **Need**
  - Throws - **Jim Hart**
- ☒ Session B **1:15 p.m. to 2:30 p.m.**
  - Horizontal Jumps
  - Vertical Jumps
  - Throws - **Jim Hart**

## Introduction to LDR/Race Walk

**9:45 a.m. to 2:30 p.m.** – **Rick/Kathi Berman**

## Morning Session

The **"In Depth"** classes are for **Apprentice**, **Association**, **National** and **Master** level officials looking to improve their knowledge in an event.

### 9:45 a.m. to 12:30 p.m.

- ☒ **SF Bay Area/CCS Starters Meeting**

**Jim Manha and Leroy Milam**

**No fee for this meeting BUT please register at the link on this page.**

- Starter Business and Announcements
- New Developments for 2020
- Training

- ☒ **In Depth - Horizontal Jumps** - **Larry Manzano**

- ☒ **In Depth - Throws** - **Jim Springer**

- ☒ **In Depth - High Jump** – **Mike Aro**

### 12:30 p.m. to 1:00 p.m. - Lunch

## Afternoon Session

### 1:00 p.m. to 3:45 p.m.

- ☒ **Clerk/Start Line Clerk** - **Bill Bartel**

- ☒ **FieldLynx** - **Jim Hume**

- ☒ **Implement Inspection** - **Joe Nemeth**

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USATF membership currently can be purchased for \$30.00 and will be good through December 31, 2020.
- 2 Once you have your USATF member number, complete the background check at NCSI <https://legacy.usatf.org/myUSATF/index.asp?page=/groups/officials2/background/register.asp>  
The cost of the background check is \$16.00 and is valid for two years.
- 3 Third, take the SafeSport training online at <https://safesport.org/>  
**There is no cost for this training if you are a USATF Member. When you open SafeSport and see an icon that says **CLICK HERE**, go ahead and do it. Then REGISTER.**



**Chico Training Clinic**  
**February 8, 2020**  
**Pleasant Valley High School**

1475 East Avenue, Chico CA

Register at: [http://bit.ly/ChicoFebruary\\_8](http://bit.ly/ChicoFebruary_8)

**8:00 a.m. to 9:00 a.m.**

Registration/Coffee/Morning Snacks

**9:00 a.m. to 9:15 a.m.**

Welcome/Introduction/Overview - [Dennis Boyle](#)/[Chuck Sheley](#)

Chico State T & F 2020 - [Robert Nooney](#)

**9:15 a.m. to 9:45 a.m.**

Rules Update and USATF News - [Dennis Boyle](#)

**Morning Session**

**9:45 a.m. to 11:45 p.m.**

**Practicum: What you Learn from Experience (\$10.00)**

Discussion Leaders: [Bill Bartel](#)/[Dennis Boyle](#)/[Bruce Makinson](#)/[Dan Tinnel](#)

**11:45 a.m. to 12:15 p.m.**

**Lunch** - provided at clinic (donation of \$5.00 would be appreciated)

**Afternoon Session**

**12:15 p.m. to 3:00 p.m.**

**In-Depth Throws (\$10.00)**

Weather permitting a portion of this class will be on the track

Instructor: [Bruce Makinson](#)

**3:00 p.m. to 4:00 p.m.**

**Meeting of all North Section Starters**

***No fee for this meeting BUT please register at the link on this page***

New Developments for 2020

Starter Business and Announcements

Presenter: [Chuck Sheley](#)

# 2020 Cal All-Comer Meets

February 8, February 22, 2020

Edwards Stadium

2223 Fulton Street, Berkeley CA

Register at: <http://bit.ly/CalAllComers2020> (No fee)

These All-Comer meets will have instructors/mentors available for one hour prior to the start of each event for instruction on the event including rules, event set-up, positions, etc. Mentees will then work the event with these very experienced officials. This is an excellent learning opportunity

*For further information contact Jennifer Oliver at [sportyjoliver@gmail.com](mailto:sportyjoliver@gmail.com)*

- ✓ **Implement Inspection** - Contact Larry Rodriquez for report time on **February 8 & 22**  
**Instructor: Larry Rodriquez ([Bearkat@surewest.net](mailto:Bearkat@surewest.net))**
- ✓ **High Jump** - Workshop one hour prior to the start of the event on **February 8**  
**Instructors: Bruce Colman and Margaret Sheehan**
- ✓ **Long Jump and Triple Jump** - Workshop one hour prior to the start of the event on **February 8 & 22**  
**Instructors: Teddy Hayes, Charles Murphy, Robert Benoit, Shirley Connors.**
- ✓ **Shot Put** – Workshop one hour prior to the start of the event on **February 8 & 22**  
**Instructor – Jim Hart**
- ✓ **Discus** - Workshop one hour prior to the start of the event on **February 8 & 22**  
**Instructor: Bob Thompson**
- ✓ **Pole Vault** - Workshop one hour prior to the start of the event on **February 8 & 22**  
**Instructor: Mike Aro**
- ✓ **Umpiring** Workshop one hour prior to the start of the meet on **February 8** and following Race Walk on **February 22**. **Instructors: Jon and Beth Price**
- ✓ **Race Walk Judging Workshop** at **9:30 a.m.** followed by working with mentor officials during the two races on **February 22 only**. **Instructors: Jon and Beth Price**
- ✓ **Starting** - Workshop one hour prior to the start of the event on **February 8 & 22**  
**Instructor: Tyrone Taylor**

# 2020 Starter Workshops

**See Dates Below**

## Los Gatos High School/Grant Union High School/Cal Berkeley

20 High School Court, Los Gatos 1400 Grand Avenue, Sacramento Edwards Stadium

**Register at: <http://bit.ly/NewStarterOpportunities2020> (No cost)**

Leroy Milam, Jim Manha, Mike Brown, John Busto, and Tyrone Taylor will host these workshops.

- ✓ The first day will be on **January 18, 2020** followed by additional All-Comer Meets on **January 25, February 1, February 8, February 15, and February 22** at [Los Gatos High School](#).
- ✓ Additional opportunities for beginning starters will be on **January 25 and February 1, 2020** at All-Comers meets being held at [Grant Union High School in Sacramento](#) as well as **February 8, and February 22, 2020** at All-Comers meets being held at [Cal Berkeley](#).
- ✓ Instruction time will be available prior to any meet if necessary. Track time will be available at all meets.
- ✓ Instructors will provide guns, ammo, and other required equipment upon request. Contact Jim Manha at [jimmanha@gmail.com](mailto:jimmanha@gmail.com)
- ✓ Apprentice or Association level starters who want to hone their skills with a mentor are also invited to participate in any of these meets

# Reno Training Clinic

**December 8, 2019**

Wooster High School

1331 E. Plumb Lane, Reno NV 89502  
(North entrance, near the track - Room I A-4)

**Register at:** <https://www.renotahoeathletics.org/officials-clinic-registrateion>

**Wooster Colts Track and Field Program** in partnership with U.S.A. Track & Field (USATF) officials will be offering an “**Introduction to Track & Field Officiating**” clinic. Upon completion, you’ll become an Apprentice-level USATF Official, capable of officiating high school, college, and USATF youth, open, and masters track and field meets.

**In order to become a certified USATF official you must:**

1. Join USATF online at <https://legacy.usatf.org/membership/application/index.asp>  
Membership currently can be purchased for \$30.00 and will be good through December 31, 2020.
2. **Once you have your USATF member number**, complete the background check at NCSI <https://www.usatf.org/myUSATF/index.asp?page=%2Fgroups%2Fofficials%2Fbackground%2Fregister%2Easp> . The cost of the background check is \$16, and it is valid for two years. **Bring confirmation of your completed background check and you will be reimbursed the \$16.00 at the end of the clinic.**
3. Take the SafeSport training, online at <https://uscenterforsafesport.org/training-and-education/training-and-education-services/> . As a member of USATF, the \$20 fee for this 90-minute training is waived. Use your membership number when taking this training.

**You will need the following information to register for the class:**

- a) Your Name
- b) your e-mail address
- c) your phone ☎ phone number and we would prefer a 📱 mobile phone number
- d) your 10-digit USATF membership number

**You may e-mail Certification Chair Jim Hume ([JimHume@Comcast.net](mailto:JimHume@Comcast.net)) for complete guides for the three steps listed above.**

- ✓ Be sure to bring a copy of the confirmation/receipt from NCSI that your background check was completed or email the confirmation/receipt to Anthony Davis and Jim Hume, [jimhume@comcast.net](mailto:jimhume@comcast.net); [anttrack2015@gmail.com](mailto:anttrack2015@gmail.com) before December 8. This receipt is necessary to be reimbursed for the \$16 fee.
- ✓ Also please bring a copy of the confirmation from SafeSport, which you will receive upon completion of the SafeSport training online, or email the confirmation/receipt to Jim Hume, [jimhume@comcast.net](mailto:jimhume@comcast.net).
- ✓ If you have questions, please contact Anthony Davis, Wooster Track & Field Coach, [anttrack2015@gmail.com](mailto:anttrack2015@gmail.com).

- ✓ **A \$10.00 donation per person to Wooster High School Track & Field will be appreciated to cover costs of refreshments. This donation is not, however, required.** Our primary interest is to have more trained officials at high school meets in northern Nevada and northern California. Thank you,

P.S. – If you are a USATF-certified coach or official (for example, as a Long Distance Running or Race Walk Official) who has a current NCSI background check and SafeSport, you are most welcome to take this clinic. Please register.

### Clinic Schedule

- 12:00 – 12:25**     **Check-in / Registration and Photographs for your USATF Official’s Identification Card which will be mailed to you after the clinic.**  
Nutrition – snacks and water will be available
- 12:25 – 12:45**     **Welcome, Self-Introductions of Participants and Instructors + USATF Policies & Procedures**
- 12:45 – 1:20**     **Inspect track markings and field venues – Bring warm coats, hats, gloves, and shoes.**
- 1:20 – 1:30**     **Break**
- 1:30 - 2:30**     **Track Events**
- ✓ **Umpiring** track events (sprints, runs, hurdles, and relays; incident reports; flags)
  - ✓ **Clerking** (fill lanes, check uniforms, start line)
  - ✓ **Starting** (standing, blocks, false starts)
  - ✓ **Referees and Marshals**
  - ✓ **Race Walk Judging and Officiating**
- 2:30 – 3:30**     **Field Events**
- ✓ **Throws (discus & shot put)**
  - ✓ **Throws (javelin, hammer, and weight – not competed in Nevada high schools)**
  - ✓ **Flight Sheets** (calling up athletes, fouls, measuring, recording)
  - ✓ **Checking out athletes for simultaneous events** (time rule, the truth)
- 3:30 – 3:40**     **Break**
- 3:40 – 5:00**     **Field Events**
- ✓ **Vertical jumps** (high jump and pole vault)
  - ✓ **Recording and scoring** for vertical jumps – exercise
  - ✓ **Horizontal jumps** (long jump and triple jump)
  - ✓ **Recording and scoring** for throws and horizontal jumps - exercise
- 5:00 – 5:15**     **Break (*Pizza/Sub Sandwich*)**
- 5:15 – 6:25**     **Question & Answers, USATF apprentice-level quiz (open book, using the USATF & National Federation of High Schools rule books – 2019 rule books will be used)**
- 5:25 – 6:25**     **Reimbursements for those who completed items (1), (2), and (3).**

- Instructors are USATF Master and National Certified Officials: **Jim Hume, Jim Manha, Ajay Padgaonkar, John Bowen, Deri Bowen, Beth Price, Jon Price, Anthony Davis**