## PAUSATF LDR meeting September 8, 2019

In attendance:

Angie L, Irene H, Andy Chan, Andy Crawford, Nakia, Don, Tom, Danielle Domenichelli Carl

Based on the conversations I've had with Andy, here is the agenda for the meeting.

## 1) **MUT**

a) update on new trail races;

Nakia: Short races went well. Numbers were great, change of scoring made it easy to turn things over quickly. Attendance numbers year over year from 2018 to 2019 include: Men runners went up, double the runners, teams 5 to 9. Women, unique runners went up, teams up, total teams in MUT series went up as well.

b) new for 2020.

Want to score 7 races and include 1 trail race as one of the trails.

Hope to add a Mountain race for next year and cut out one of the longer races.

Want to change the rules on how to distribute the discounted races (must have ran 3 races to get the discount- want to keep rolling it down to the next runner who has have ran 3). Want to add a trail division to the scoring. Nakia to email proposed rule changes to LDR committee.

Tom, any feedback on schedule for trail races? Nakia, want to get the road race schedule as soon as possible to be able to craft the MUT schedule.

## 2) XC

a) Uniform Protest from Lagoon Valley. (First place had black, rest of SRA had blue. They won by 1 point, they have more than 5 people).

Tom, this is a USATF rule (not a PAUSATF guideline). He feels like this is a referee issue to decide. Point of the rules is to promote fairness of competition and we want people to have fun while doing it. Vote to uphold the protest: 0

Vote to warn team of uniform rules: 6, 2 abstentions

b) Proposed language about men running in both Masters and Open (need to clearly state in our rules how to do this and how they would score).

Want to get some language about this. WVTC example this race. If you want to run in both, need to submit payment and new bib. From scoring standpoint they are completely separate bib.

c) update about PAXC Champs 2019 (Carl, Irene): What duties/ tasks do you need the rest of the LDR committee to do?

Master's (40+) race will be 5 miles. does it include any extra portions of the park(? No, no additional permits). Can you walk/ map out this 1 mile?

Schedule will be:

Master's Men 5 miler (40+) first (9:00)

Women second (10:00)

then open Men (11:00).

Irene will have Impala's help with registration, Strawberry will help monitoring (and other teams too). Must be aware of safe sport compliance.

Sean Laughlin is going to do timing.

Will be using USATF simply register (for sign ups).

Cynci is working on T-shirt.

ARM is putting in some \$ for t-shirts and they are sponsoring the finish line. Pete Sweeney will be club announcer and there will be an EMT. Will have age group back- bibs (every 10 years).

d) update about Club Nats 2020.

Host hotel is Hyatt centric and Marriott is overflow hotel. West valley trying to rent out a venue for a party. Awards will be in Hyatt, with snacks. What about transportation? Not providing transportation. Same course as 2015: Men's start will be one start, not two (double deep).

Note on Lagoon Valley, early bird start, people liked. First time on holiday weekend. Race had good turnout, positive feedback. Seemed like a good location between Bay Area and Sacramento. 3) Road [10min]

- a) Proposed language about mile/heat scoring- if you run in a race that has heats there are rules about start time, etc. LDR subcommittee to start review and ensure rules are clear about road mile/ heat starts. LDR will distribute and communicate.
  - b) bids received to date for 2020 RGP (discuss/vote)

No surprises on the bids (stow lake, Oakland,, the great race, the mile of truth, Redding 10 mile and Sactown 10, Freedom Fest 5k, Christmas Relays, Reach for a Star 5k,. There was talk of a 10k, Andy will follow up with 10k (and the Lodi mile).

Tom, put in some all time listings of Road races. If you find something that isn't in there, please submit to Tom. Top 5 age graded and performance.

Andy: would like to add a co-chair person. Used to have a road coordinator position.