

USATF Pacific Board of Athletics

Compiled Committee Report: Sept 17, 2019

Race Walking

Jon Price (jprice@unr.edu)

The final race of the USATF Pacific Association's Race Walk Grand Prix Championship Series for 2019 will be held on Sunday, September 29, in William B. Pond Park in Sacramento. This will be the Pacific Association's 10K Championship as well as the USATF Western Region 10K Championship. Both 10K and 20K races will be contested simultaneously, starting at 8:00 am. Following those races, there will be a 3K Power Walk. This will be followed by a pot-luck brunch; medals for the races; awards for the top three women, top three men, and top three age-graded athletes in the 2019 Grand Prix; and a brief committee meeting to discuss races for the 2020 Grand Prix.

Grand Prix standings, results, registration forms/information for race walking are posted at <https://www.pausatf.org/race-walking/>.

The Race Walk Committee has several new officers, who are appointed by the Chair. Robyn Stevens, 1st Vice President, will help with scheduling Grand Prix and Youth race walks in 2020 and beyond, updating the committee's operating procedures, as needed, and coordinating with instructors for sessions on race-walking technique for interested athletes, including open, youth, and masters. Nicolle Goldman, 2nd Vice Chair, is handling age grading, updating Grand Prix standards, and posting results on the Pacific Association website. Susan Mears, Secretary/Treasurer, is responsible for obtaining Association and Western Region medals for individual championship meets and Grand Prix awards, taking minutes of committee meetings, and preparing a budget for the 2021 year and beyond. As Chair, Jon Price will coordinate lining up judges for Grand Prix and other races (including Youth, with the help of Beth Price, Race Walk Liaison to the Pacific Association Youth Committee), alert athletes about upcoming races (including updates on the website), coordinate with the Officials Committee for clinics for new Race Walk Judges and Race Walk Officials, participate in Board of Athletics meetings, serve on the National Race Walk Committee (and as a Delegate to the USATF annual meeting), and update forms, as needed, for USATF race walking.

Long Distance Running

Allan Stanbridge - LDR Master's Chairperson (runallan@yahoo.com)

USATF National 20k Championship 9-2-2019: The Pacific Association's Sara Hall won the Championship in a time of 1:06:47. Sara also won the 20k Championship in 2018

National Masters Championships Results: USATF Masters 5k Championship, Atlanta, Georgia, August 17
Women's 40 +. 1st. Place: Impala Racing Team: Kelly Couch, Nancy Thomas, Hrono Gudmundspottir, Brooke Bray, Teresa Quan

USATF Masters 1 Mile Championship, Flint, Michigan, August 23: Women's 60+. 1st Place: Impala Racing Team
Nancy Simmons, Ruby Ghadially, Jill Miller-Robinette, Rosemarie Macguiness

L.D.R. Grand Prix Report: At this time of the year competitions are being held in all three disciplines, Road, Cross Country, and MUT (Mountain, Ultra, Trail)

Road: The Short GP season ended in July at the Morgan Hill 4th. of July 5k race. The season continues with half marathons in Sacramento and Clarksburg, the California International Marathon and the Christmas Relays. Bids for the 2020 season are currently being accepted and reviewed.

MUT: This year's GP season has seen the debut of three trail Half Marathons which were well attended and proved to be very successful.

Cross Country: The season began in August and is well under way in the 11 race season. The final race is the 34th Annual PA Cross Country Championships in Golden Gate Park. This year's event will serve as a preview of the format and course to be used in the 2020 USATF Cross Country Championships next December.

Associations-Coaches Committee

Dave Shrock (aecchair@usatf.org)

Level 1 School Scholarships:

The Pacific Foundation will make available ten full tuition scholarships for the 18-19 January Level 1 School to be hosted at Chabot College, Hayward. Refer to: <https://www.pausatf.org/coaches/>
Application deadline is 15 December. School information will be available early October.

Collegiate coaching changes for the upcoming season:

- **Univ of California-Berkeley:** Robyne Johnson: no contact details available
Head of Officials: Jennifer Oliver: sportyjoliver@gmail.com, 510.461-7880
- **University of California-Davis:** Ngoni Makusha: nemakusha@ucdavis.edu Officials Coordinator: Emma Petersen: efpetersen@ucdavis.edu
- **Stanford University:** JJ Clark: jjclark1@stanford.edu
Head of Officials: Jim Manha: JimManha@gmail.com, 925.596-1678
- **San Francisco State University:** Tom Lyons: tomlyons@sfsu.edu, 415.717-6103 After a two year hiatus Gator Field will host two events in 2020
- **Sonoma State:** David Lawrence lawrenced@sonoma.edu, 707-664-2290
- **Fresno State University:** Jason Drake: jdrake@csufresno.edu
- **Butte College (Oroville):** Cross Country: Mark Chavez
- **Shasta College (Redding):** T&F/XC: Taylor Duncan: tduncan@shastacollege.edu, 530-242-2285

2019 USATF annual meeting:

Thursday-Sunday, 5-8 December, at Reno's Grand Sierra Resort (*4mi east of The Strip*)
(dbl/dbl rooms are \$105.00 per night, \$138.65 with resort fee and taxes...parking included) Registration is open:
<http://www.usatf.org/Events---Calendar/2019/2019-Annual-Meeting.aspx>

Volunteer opportunities: For those of you who wish to volunteer, during the annual meeting, contact Robin Beamon at robin.beamon@usatf.org, and copy Luke Fimriete at luke.fimreite@usatf.org

SafeSport update:

Everyone's SafeSport training is good until 31 December, 2020

From that point, everyone will have to update their training:

For those who took the original face-to-face training will have to take the new SafeSport Core Training on-line or available face-to-face at the Reno Annual Meeting. The Core training will be good for 1 year, then these official will have to take a a 30min on-line refresher course.

For those who have more recently taken the SafeSport Core Training, you will only need to take an annual 30min on-line refresher course annually beginning in 2021.

More information: <http://www.usatf.org/About/SafeSport.aspx>

Association award nominations needed:

The Pacific Association has earned our reputation for excellence through the hard work of many that have come before us, and those amongst us. **Please consider nominating someone who has contributed to our association's success by emailing Awards Committee Chair Leroy Milan at: Leroy1888@aol.com**

For a full list of Pacific Association's awards and past recipients, refer to: <https://www.pausatf.org/awards/>.
2019 award nominations due the middle of January'2020.

Strategic Planning Committee

Mark Winitz (winitz@earthlink.net)

Sorry, no strategic planning update report. The strategic planning updates and revisions that were discussed and made at our March, 2019 are reflected online in the current version of the strategic plan (June 14, 2019) at;

https://https://www.pausatf.org/wp-content/uploads/2019/06/PA_Strat_Plan_2017-20-v5a.pdf

If you haven't done do already, please review the sections of the Strategic Plan that are pertinent to you and your PA/USATF involvement and e-mail them to me.

Communications Committee

Cynci Calvin (ccrun@ncbb.net)

The 2020 Communications Committee Budget Proposal was circulated via an email meeting to the Committee members and interested others on August 25, 2019.

- Amount is the same as was approved in the FY 2019 Budget
- Changes to the actual line items from last year are:
 - 1) 117 - Website is not in need of \$2000 but the Strategic Plan indicates increased membership to be a priority, so these funds could be redirected to Membership Promotion Materials - like a video production, brochures, banners, etc.
 - 2) 119 - the definition of the emphasis of the Profiles (Olympic Qualifying and Olympics; last year it was the World Champs).
- Communications Committee Budget Proposal
 - 117 Website \$2000 (change to category Membership Promotion Materials)
 - 118 Content Manager \$3000 (oversight, updates, technical issues)
 - 119 Profiles \$3000 (emphasis on Olympic Qualifying and Olympics)
 - 120 Other \$250 (RRW Subscription)
 - 121 Constant Contact Email Service \$2400
 - **122 Communications Total \$10650**

Approval of the request was subsequently received from: Mark Winitz, Verity Breen, Angie Longworth, Dave Shrock, Fred Baer, Jean Pommier. Verity Breen continue to rock her Social Media Chair position with regular Facebook posts. *Thank you Verity!*