

USATF Pacific Association Masters Track & Field Grand Prix

PA MTF Grand Prix Awards will recognize outstanding performance at this year's USATF Pacific Assoc, National, and International meets, to the top 3 PA MTF Athletes / Teams in 9 categories covering USATF MTF championships events (Racewalkers have separate Grand Prix awards):

1. Sprints 60m, 100m, 200m
2. Middle-Distance 400m, 800m, 1500m/mile
3. Distance Steeplechase/3000m, 5K, 10K
4. Hurdles Indoor, Short & Long Hurdles
5. Jumps HJ, LJ, TJ, PV
6. Throws SP, DT, JT, HT, WT, SWT
7. All Around All USATF MTF Championship events, incl RW
8. Club Teams PA Clubs
9. Employer Teams Primary employer of current & latest primary employer of retired PA athletes

Scoring:

- To promote PA Sanctioned MTF meets, USATF MTF Nat'l (and Western Region when held in PA) and WMA World & NCCWMA championships, up to 3 age/sex-graded performances may be summed per category #1-6 with max 1 event per category from each meet. For All Around #7, *all* USATF Championship events may be submitted per meet, but no more than 3 performances per event (http://usatfmasters.org/fa_agegrading.htm):
 - Bonus #1: To promote participation & performances at PA MTF Championships, USATF Western Region & National MTF Championships *when held in PA*, and WMA NCCWMA & World Championships *when held in PA*, 50% bonus for these scores
 - Bonus #2: To promote PA participation & performances at MTF USATF Nat'l & WMA World & NCCWMA Region Championships when held outside PA, 10% bonus for up to 1 of these scores (for All Around, 1 score *per event*)
 - Bonus #3 for non-All-Around athletes (#1-6): Recognizing mastery in multiple events is harder than in one, 10% bonuses for scores in 2nd and/or 3rd events within that category, and for Running categories #1-3 up to 1 score in a distance immediately adjoining that category (e.g., a Mid-Dist athlete with 800m, 1500m, Steeple scores)
- Winners of the Club & Employer categories shall be the PA Teams with the most team-points at this year's PA USATF Masters T&F Championships

Athletes, or one on their behalf, shall submit performances & calculated points with athlete name, current PA USATF membership number, phone, email & physical addresses, and meet result URLs (which must show performances) by November 30 (if you find a later eligible MTF meet, please notify us) to Coach Clyde Lehman – PA MTF Director of Clubs coachclyde1@gmail.com.

Example – Age/Sex-Graded Performances & PA MTF Grand Prix Points:

	100m	200m	400m	Discus
PA MTF Champs:	.72	.75		.55
Outdoor Nat'ls:	.64	.75	.79	.51
Sierra Gold MTF Fest	.72	.76	.80	.64
Pride Meet	.73	.78	.81	.56

Sprint pts = $0.75 * 1.5 + 0.79 * 1.1(\text{nat'ls}) * 1.1(2^{\text{nd}} \text{ Sprint}) + 0.73 * 1.1(3^{\text{rd}} \text{ event})$ = 2.797
 Mid-Distance pts = $0.79 * 1.1(\text{nat'ls}) + 0.80 + 0.76 * 1.1(2^{\text{nd}} \text{ event})$ = 2.505
 Throws pts = $0.55 * 1.5 + 0.51 * 1.1 + 0.64$ = 2.026
 All Around pts = $(.72 + .75 + .55) * 1.5 + (.75 + .79 + .51) * 1.1 + .72 + .76 + .80 + .64 + .73 + .81$ = 9.745