



2018 USATF-*Pacific* Award Ceremony Tuesday, 19 March – Foster City, Ca

Pacific Association Service Award

Awarded to those membership who have provided dedication and service to the Pacific Association on through-out the years.

Bill Bartel



I started working at track meets as a volunteer in about 2006 when my kids were participating. Dennis Boyle happened to notice that I was at a lot of meets and asked if I would be interested in becoming certified. I did so, and since that time have worked my way up to a master level official. While I have now been selected for a number of national USATF meets, I continue to work all levels of track and field including high school meets on dirt/cinder tracks. I have also been the Officials Training Chair of PAUSATF for the past two years and am responsible for setting up our annual clinics. I look forward to continuing to working as an official and hope my contributions to PAUSATF encourage others to get involved as much as possible.

Andy Crawford



Andy Crawford has been competing in distance running for 20+ years. After finishing up his collegiate eligibility, he served as volunteer assistant coach for M/W Cross Country at Alfred University (NY) for 1 year while in graduate school. The following year he was head coach for M/W Cross Country, M/W Indoor T&F, and M/W Outdoor T&F where he was the sole coach of 90+ student athletes, while still being a full-time PhD student studying Glass Science. Also during his tenure as a Ph.D student, he served as Open Men's Team Captain and on the Board of Directors for the club team (Genesee Valley Harriers) he competed on in upstate NY. Following a move to the west coast in 2011, he has been a member of the Pacific Association for 7 yrs, where he currently competes as a member of Wolfpack Running Club. He also serves as VP and Men's Team Captain of the club.

Andy became the LDR Committee Chair in May 2017, and continues in that role today. He has not only headed the continuation of the LDR Grand Prix series for Road, XC, and MUT, but has overseen the addition of new events for all three factions, especially road where he has been the main driver to bring in new venues to help grow interest and membership. He continually challenges the status quo of the LDR committees operations, and presses forward for improvement with the already impressive organization. He has fine-tuned the LDR Guidelines, updated the prize money procedures, and successfully kept the committee meetings to 60 minutes. Andy is also a USATF Level 1 certified coach and a USATF certified official. He has officiated at PA road and cross country races. Andy also is a member of the finance committee of the PA Board of Athletics, and works closely with the communications committee. In addition to his service to the Pacific Association of USATF, Andy volunteers his time at local road races in the bay area, serving where needed as a course marshal, awards announcer, lead cyclist, or general consultant.

J.R. Heberle



J.R. began his involvement with USATF Pacific by becoming a certified official in 2005. He has been a starter at various levels of meets within the association, including the USATF Outdoor Championships, Pac-12 Championships, Big Sky Championships, California Community College State Championship, and USATF Pacific Youth Championships. At Stanford, he is a track referee and officials coordinator for starters. He has provided photofinish for the California Community College State Championship, Big Meet (cal v. Stanford), and Golden West. J.R. is one of approximately eleven USATF officials in the country certified as an electronic measurement judge. He has served on the electronic measurement crew for two NCAA D1 Outdoors, six USATF Outdoors, two Olympic Team Trials, and the World Outdoor Junior and World Indoor Championships. He has taught clinics in electronic recording and/or electronic measurement in Sacramento, Indianapolis, Columbus, Tempe, and San Mateo.

By 2011, J.R. had been appointed to the USATF Pacific Board of Athletics as an At-Large member. In 2013, he was elected to the Board of Directors as Secretary. After two terms as Secretary, he was elected Treasurer in 2017.

Prior to residing in the Pacific Association, J.R. was a captain of the cross country and track & field teams at the California Institute of Technology.

Clyde Lehman



After serving thirty-five years as a full-time high school teacher and coach (18 yrs. at Jesuit High School in Sacramento and seventeen years at Nevada Union High School in Grass Valley), I assumed that my coaching career was over. However, in 2012 I was approached by three seventy-year-old distance runners in need of a coach. These athletes opened my eyes to Masters track and field, and I became a masters' track coach who focused on distance runners. We started a team, and it proliferated to a group of thirty-five distance runners. Then in 2016, we created the Sierra Gold Masters Track and Field Festival and invited Masters athletes from across the country. This year we will celebrate our fourth consecutive year. The Festival has attracted some of the very best masters' track and field athletes in the world. Moreover, we will have open athletes also join our Masters athletes on June 15, 2019, for our fourth Festival.

Another milestone in the evolution of our team was to create a diverse and complete track and field team that includes sprinters, jumpers, throwers, and distance runners. As a result, the Sierra Gold Masters Track and Field Team began in 2017. In just two years our team finished second in the 2018 National Masters Outdoor Track and Field Championships competing against 118 teams. The beginning of 2019 shows that the Sierra Gold Team is poised for yet another great year because the team finished eighth out of 92 teams with just eight of our athletes making the trip to North Carolina. This small group of incredible athletes had thirteen first places, five seconds and two third-place finishes. Moreover, these athletes set three world and three American Records. Indeed, 2019 will be very exciting for the Sierra Gold Team.

I want to thank the following folks for their kindness, leadership, and mentorship for helping a very grateful coach. A huge thank you: Dave Shrock, Irene Herman, Leroy Milam, and Joseph Ols !!!

John Lilygren



A lifelong Track fan, I was a distance runner in high school and college (UC Davis). In 1981 I answered an ad in the San Francisco Chronicle calling for new officials. I started as a Timer and Finish Judge at Stanford. I eventually migrated to Field Events, specializing in Pole Vault. That's when I became a Field Event fan. I have been selected as a Pole Vault Official for 1 Olympic Trials, 2 USATF Indoor National Championships, 3 NCAA Outdoor D1 and 2 NCAA D2 Championships.

Since 2014 I have been coaching Cross Country and Track & Field at Carlmont High School. I have found a new sense of enjoyment in working with young people and introducing them to our sport.

Angie Longworth



Angie has been running on the Pacific Association circuit for over 20 years. She has been a long time active member with the Impala Racing Team. She was an open runner when she joined the team and has had the opportunity to experience racing from open, to Master, to now 50+ (or as we used to call it- senior division). She has raced in every adult circuit we have in the Pacific Association, Roads, both long and short, Cross Country, MUT, and even in Master's track. She also participates in the Master's USATF National events when they do not conflict with PA racing.

Angie has not only been an active racing participant on the Pacific Association circuits, she has held many positions within her running team (positions from member- at -large, secretary, treasurer, and President). She actively volunteers for a variety of running community activities, anything from being a course monitor at a race, to helping at track meets, packet picket up, to pace leading at half marathons. She volunteered her time to several pace groups, including the Nike Women's marathon/ half marathon, Oakland marathon, and a variety of trail races (like Dirty Secret, Blood, Sweat and Beers). She has volunteered to pace runners through Western States 100 and helped support runners at the Tamalpa volunteers station during the Western States 100 race (far side Rucky Chucky).

A few years ago Angie became an LDR Official and helps when she is not running the race. She is looking forward to getting back into officiating a few more races this year.

For the past 2 years Angie has been the Pacific Association LDR Women's Chairperson, working together with the Men's (and overall chair) Andy to manage and steward the LDR activities for Pacific Association. These activities have included a few unusual events including the need to cancel a couple of races and postpone a race due to extreme wildfires. Both chairs have had to manage expectations of passionate PA members when dealing with these cancellations and other events such as which races to include on the circuit! Angie has stepped in when no one volunteered to host the LDR awards banquet this year.

Angie's education is in Chemical Engineering and she is a Project Management Professional at her day job, but she has always been interested in training philosophy and has a certificate in health and exercise from UC Berkeley Extension and, she recently attended the USATF Level 1 coaching training and passed the Level 1 Exam! This spring she will be volunteering her time helping with the Tamalpa Bobcat youth track club.

Margaret Sheehan



Longtime official and co-founder of the Pacific Association Foundation with George Kleeman

Coaches Committee Legacy Coach Award

The Legacy Coach Award has been initiated by the Pacific Association's Coaches Committee in recognition of the many influential coaches who have served in our association and have selflessly strengthened our sport(s) through teaching, mentoring, and promoting our profession. Criterion is weighted heavily on coaches who were not only great coaches, but who also inspired and trained/mentored many of us to become coaches ourselves.

Lee Webb – James Logan HS and Mission Valley TC

It is the Pacific Association Coaches Committee's honor to award Logan High School and Mission Valley TC coach Lee Webb the 2018 Legacy Coach of the Year Award for his decades of service to our sports in the Pacific Association.



Growing up in Boise he participated in a variety of sports including Cross Country, Football, Basketball, Wrestling, Baseball, Golf and Track and Field, and was All-State in Football, Basketball and a 4-time Track and Field State Champion. Coach Webb continued on to Southern Oregon State University where he played Football, Basketball and Track and Field where he was a 3 time All-American in the decathlon.

After his junior year at Southern Oregon Lee and his family moved to Ontario Oregon where he began his coaching career at Treasure Valley College. Lee transferred to Oregon State University where he graduated and was All-Pac 8 Champion in the decathlon. Webb trained for the Olympic Trials in Corvallis where he also coached at South Albany High and Oregon State University under Frank Morris. Out of college Lee formed the Oregon Striders Track and Field Club which produced

many All-Americans. The next year Coach Webb went to Scottsdale, Arizona where he coached for one year at Scottsdale Community College year again producing many All-Americans.

Out of college, Lee was drafted by the Seattle Seahawks, and he also qualified for the Olympic Trials in the Decathlon and Javelin.

Brought onto Logan's staff in 1984, Coach Webb immediately went to work promoting and building the sport. After 35 years of work Lee Webb retired in 2017 as a coach without parallel in California, if not the nation. Coach Webb's dedication to the Cross Country, Track & Field programs, student athletes, and to the Union City community is unmatched. His numerous coaching accomplishments and the sheer number of medal-winning athletes he has trained and mentored are testament to the life-long positive impact he has made on countless student athletes over his decades at Logan.

One of Lee's legacies was the founding of the Willie Davenport Olympians Clinic which is the largest learn-by-doing Track and Field clinic in the nation featuring many Olympians each year.

Lee is also the founder and president of the Mission Valley Track and Field Club which has produced 517 All-Americans and hosting monthly track and field clinics covering all events and running summer camp sessions each summer.

While at James Logan Coach Webb has served on three international USATF teams. The first was the NACAC team which included Olympians Lolo Jones and Wallace Spearman and produced a record number of medals for the USA. In 2011, Webb was the World Youth Jumps coach, and in 2013 Coach Webb was chosen as Head Coach of the World Youth Team which competed in the Ukraine. Webb has been selected to represent another USATF team in 2019 and is waiting for his assignment.

Webb has been inducted in numerous Hall of Fames including: Hampton/Phillips Hall of Fame, Arcadia Hall Of Fame, Sacramento MOC Hall of Fame, California Coaches Hall of Fame 2 times, Southern Oregon State Hall of Fame for Track and Field and Football, Multi-Ethnic Hall of Fame, James Logan Hall of Fame, Brooks Inspiring Coach Hall of Fame and Olympians Hall of Fame, along with being chosen the Logan Teacher of the Year in 2005.

Coach Webb's many accomplishments over his years at Logan are impressive: National Championship teams: 5; National Runner Up teams: 4; State Championship Teams: 2; North Coast Section Champions (Boys and Girls): 53. Individuals: National Champions: 40; National Records set: 34; State Champions: 36; North Coast Section Champions: 253.

At the 2012 Olympic Trials James Logan Track and Field had 12 alumni vying for a spot on the Olympic team. The most any high school had previously was 5. In 2004 the James Logan Track and Field Team was recognized as the greatest team-girls and boys in the history of High School Track and Field. The team is still recognized as the best in US history.

Lee has coached seventeen athletes onto the professional sports ranks and has mentored an impressive thirty-eight on who have become coaches themselves. Most notable is successful hurdler Keven Craddock, who has taken over Lee's track and field program at Logan.

Pacific Association Tom Moore Award

The Tom Moore Award is meant to recognize outstanding life-long achievement and service to track and field and the Pacific Association in the area of event management.

Drs. Leon Glover, Sr. and Jr.



Dr. Leon Glover Jr.

My story starts from the excellent early training and experience I had in Modesto assisting my Dad, Leon Sr., at the California Relays - starting when I was in high school. As you've seen I wrote my Dad's essay from the two-person wind gauge team, we were for many years. I started helping in early high school in 1951-52 and am still at it in Spring 2019! Dad worked until about 1980. To those that might want to read the long version, Jim Hume pulled up a long interview I did with our Bruce Coleman, which was reprinted in 2014 by Keith Conning. I'm proud of the technical attention we gave to T&F wind readings starting at Calif. Relays in Modesto in light of having a go-no go for records of 2.0 Meters/Second, the maximum for a record.

We, from very early, on put the gauge on the inside of the track and about the halfway point between start and finish. Yes, we did move the gauges to different mid-points among the different races. Initially, there were no set timing periods for the different races. We chose to start the gauge and a stopwatch at the gun. We then stopped both as the 1st runner crossed the finish line. The 2 values were divided to calculate the average wind, initially to 2 decimals. The T&F powers later simplified all this with the gauge always at 50 meters and the measuring intervals at 10 (dashes) or 15 - later 13 (hurdles).

We initially used Dad's somewhat but technically sound gauge. Later, thanks to Payton Jordan, we obtained the Cantabrian model (big blue tube - still mechanical) designed for WW use starting at the 1948 London Games. We were requested to get it calibrated at one point, and I was able to do so at an aeronautics company in Sunnyvale that had a wind tunnel with variable speed control that was itself calibrated to NBS requirements. We did the calibration curve and not too long after I was able to visit Cantabrian's lab in Cambridge, Eng. on a business trip to Raychem's English facility. Our calibrations agreed. I've since used four other T&F wind gauges with the latest being an internationally required Ultrasonic model from Gill.

In early days at Modesto with the one gauge, the track came first as it had a very fast track and world-class athletes. When long jumpers like Ralph Boston and Arnie Robinson started coming, Tom Moore made sure which jumper(s) we needed to measure by grabbing the gauge and moving over to the correct placement for the LJ. [I didn't measure wind on one of Carl Lewis' 28' jumps until several years later at Sacto.] Once we got a 2nd gauge - if I remember thanks to George Newlon and the Pacific Association - we could each focus on either running or jumping. [Later - Modesto started drawing high-class triple jumpers - so we went to a 3rd official and gauge to cover the TJ on the back straight.] As mentioned, we moved to Palo Alto in 1955 so added Stanford, UC-Berkeley, and San Jose St. to our officiating schedule. We also expanded to high schools (CCS Section, Northern State Meets), and Jr. Colleges (Foothill, SJCC & CSM) plus their state meets in the north.

We were invited to most high-level National meets in N. Calif., including NCAA, AAU, TAC & USATF. The meet of meets for us - now called "The Meet in the Forest" was the 1968 Olympic Trials at So. Lake Tahoe and the following Nationals at Hughes Stadium. Sacramento later hosted top meets at Sac. State. Somewhere along the way, I started officiating at the Golden West HS Invite in June and of course the 20-year run of the Bruce Jenner Classic at SJCC.

In about 2002, I was asked to be the Awards Chairman for the Officials' Committee of the Pacific Association (Northern half of the state and approx. the largest in the USATF). It's an interesting role and responsibility as we have many experienced and hardworking officials in our Association. We award each year (in August) initial awards at the Association and National level plus a series of higher level awards honoring several outstanding officials who have passed on and who I officiated with and learned from.

I also want to thank and honor our recently passed on, top of the line in every way official, George Kleeman. We had special relationship as both worked for Shell and both were chemists. He in his encyclopedic way was somehow able to locate a picture of the surprisingly sophisticated Wind Gauge that was used at the 1936 Berlin Olympics. It added a nice touch to my collection of T&F wind gauges - certainly a very special type anemometer.

Peter Nantell

Long time Bay Area road race event director. Races of note include the Bay To Breakers and the San Francisco Marathon

2018 Pacific Association Hall of Fame Inductees

Awarded to a Pacific Association member for outstanding accomplishments – either as an athlete or for contributions on a supporting sport committee or both.

Shirley Oliver Connors



As a third generation California, I have always loved being active in sports and taking care of animals. I spent only 4 years outside the state of California, but those four years in Connecticut allowed me to participate in different sports, and interscholastic sports. This helped me develop an interest in all sports, and eventually became my major at the University of California, Santa Barbara. While attending UCSB, I was on their first women's volleyball, basketball, golf and field hockey teams. I graduated with a B. S. degree and a minor in Social Studies. I later acquired a Masters degree in Kinesiology. My Master's paper was one of the first cinematography studies on a women's running stride.

My life since college has included marriage, raising three sons, many animals, and teaching PHYSICAL EDUCATION at different levels. During my first year of teaching, I met Dick and we married a year later. Our three sons were very active in sports and two experienced the international level of competition in the Modern Pentathlon. Dic and I were able to watch some of their competitions in other countries. We were able to experience different cultures and enjoy beautiful scenery around the world. We now have 7 grandchildren.

I taught Physical Education for most of my married life. I started in high school, taught some Adult School, but my favorite was elementary school. I received a commendation for my K-5 Perceptual Motor Program, which I continued to improve and mentor other teachers to use in their schools. I taught 5th grade for the last 10 years of my teaching career. Over the years, I coached AYSO soccer, high school volleyball, soccer and swimming.

In 2000, I retired from teaching and found new areas to explore. I substituted at my former school, and substituted at the local Humane Society. Another important area of my retirement years was to become more involved in USATF and officiating. On the local level, I attended PAUSATF Executive Board Meetings as Rep-at-Large and as a member of one of the Strategic Planning Committees. I became PAUSATF Officials' Clinic/Education Chairman for many years. I organized and put on at least 20 clinics a year in the Northern California and Nevada areas. I have been attending the USATF National Convention since 2000. I regularly;arly attended Youth, Facilities and Equipment, Officials, and Officials' Training Committee meetings. I became USATF's Training Committees Sub-Chairman of Officials' Clinics for the National Convention, National Meets and Olympic Trials.

I have been officiating something, since I was 15. I officiated volleyball, basketball, and badminton, while I was in college. I also officiated volleyball, when our sons were young and after I retired. I began officiating track and field in the late 1980's. I have officiated many levels of track and field from Youth through international/elite. I worked the finish line in the old days and now have attained the Master level in a variety of events. My favorite is the Horizontal Jumps. I also officiate LDR and Cross country.

SOME OF THE EVENTS I HAVE OFFICIATED

OLYMPIC TRIALS: 2000,2004, 2008, 2012

NATIONAL JUNIOR/SENIOR CHAMPIONSHIPS: 1999, 2001, 2002, 2003, 2005, 2007, 2010, 2011,2014

NCAA: 2003, 2005, 2006, 2007, 2008, 2009, 2010, 2015, 2018, 2019

WMA: 2011. USATF Masers Championships: 1997,2003.

PAC 10/12S: 1997,1998,1999, 2001, 2002, 2003,2004,2006, 2007, 2008, 2010,2011

CIF CHAMPIONSHIPS: 1990's, 2014, 2016

AWARDS

PACIFIC ASSOCIATION:

Horace Crow - Special Recognition Award - Field: 2005

William Monheim Officials' Award in Track and Field - 2010, 2014

Stanford Track and Field: 2012

Dick Barbour - Meritorious Service Award : 2012

Hall of Fame (PACIFIC ASSOCIATION) - 2019

USATF:

National Official's Committee - The Chair Award: 2007

Horace Crow Jr. Award (Association): 2016

Horace Crow Officials Field Event Award: 2010

Andy Bakjian - Officials' Outstanding Service Award: 2016

Kathy Hammond-Lohman



Kathy Hammond burst onto the national scene at an early age. Growing up in Sacramento, running against her older brother and beating the boys in elementary school, her 7th grade PE teacher formed a team to run in a district track meet. A parent at the meet told Kathy's parents about an AAU Team called Will's Spiketees, coached by Encina High School coach Will Stephens. Kathy joined Will's Spiketees a year later at the age of 13. She set PA-AAU records in the 50y, 60y, and 75y in the 12-13 age group.

When Kathy turned 14, she placed third in the 440 at the Women's Indoor Nationals. Competing in the 14-17 age group, she set PA-AAU records in the 100y, 220y, 440y, set a State Record in the 440y, won the Girl's National Outdoor Championship 440y, made her first Women's USA Team (LA Times International Games), and was ranked third in North America Top 10 Women.

At the age of 15, Kathy set PAAAU Indoor and Outdoor records in 220y and 440y, won the Women's Indoor 440 National Title, set a Girl's American 440y record, placed second in the Women's Nationals with 52.6, which ranked her third in the world, fourth fastest in history, best by age, and she was selected for her second USA Team (USA vs British Commonwealth).

In 1968 at the age of 16, Kathy was winning Indoor meets in the 440y, 500y, 600y, 880y, broke her PAAAU records in the 220y, 200m, 440y, 400m, and again broke the Girl's American Record in the 440y. She missed defending her Indoor title when she came down with mononucleosis. During her recovery she practiced with the boys at her high school, Mira Loma. Kathy asked the sprint coach, Steve Lehnardt, to coach her. She was heading into the Women's Outdoor National's ranked first in the world in the 400m, and tied for first in the USA (third in the World) in the 200m when she pulled her hamstring, losing her dream of a gold at Mexico City.

After healing most of 1969, Kathy came back to set new PA-AAU records in the 220y, 200m, 400m, and win the Women's National Outdoor 400m Title. She won golds in the USA/Russian/British Commonwealth and the 1st Pacific Conference Games setting coliseum records, and broke the Women's 400m American Record twice while touring with the USA Team in Europe. Kathy received the PA-AAU Outstanding Athlete in Track & Field award for 1969.

In 1970, Kathy won back her Women's Indoor National 440y title, and set Women's Indoor World/American/PAAAU records in the 500y and 600y. During her USA Team European Tour, Kathy won 6 golds in the 400m. 1971 started out good with a gold in the USA vs Russia Indoor Dual Meet, but knee injury plagued Kathy most of the outdoor season. With her eyes set on the 1972 Munich Olympics, and picking up teammates Deanne Carlson, Nancy Mullen, and Cherrie Cherrard (forming the Sacramento Roadrunners), Kathy won all her races up to the Olympics. She won the Women's Indoor Nationals, set Indoor American & World Records in the 500y and 600y, won the Women's Outdoor Nationals, ran an American Record 400m at the Olympic Trials (3 seconds ahead of the field), and broke the Women's American 440y record at the USA/Canada Dual Meet. At Munich, Kathy went on to break the American Record two more times, in her trial and final, winning a bronze medal in the 400m, and a silver medal in the 4x400m relay. Kathy's anchor leg was 49.2, the fastest every run by a woman. Kathy was voted the Outstanding Amateur Athlete in Women's Track & Field in the USA & North America for 1972. Kathy also received the PA-AAU Outstanding Athlete in Track & Field for 1972.

Kathy ran for one more year, winning the Women's 1973 Indoor Nationals, a gold in the Russian/American Indoor Dual Meet, and was selected for three other USA Teams - Southern Games Trinidad, USA vs Europe & Africa, and the 2nd Pacific Conference Games. "My parents and siblings were so supportive. My dad ran with me in the mornings, and my mom would drive the car behind me at night so I could see. They went to all my PA-AAU meets, and my 2 sisters came with us. My dad ended up coaching my youngest sister Pam who set a couple PA-AAU records. Mom would usually get lost, so Pam and I would end up warming up in the car. My hometown was also very supportive. We had car washes and pancake sales, and the organizations and clubs in Sacramento would help me out. If I have some advice to give to young runners today, it would be... It's not just the winning, but the friends you meet, the places you see, the losses and hardships that make you stronger, the accomplishments that make you the best you can be. Running gave me a lot of experiences, adventures and opportunities. Enjoy the ride."

Kathy got married and had her beautiful daughter, Angela in 1976. Angela was voted outstanding Girl's Track & Field Athlete in High School, and went to UC Irvine on a partial scholarship to run the 400 hurdles. Kathy coached track in Sacramento before moving to Hawaii. She finished the education she started at CSUS, graduating from UH Manoa with a BS in Kinesiology, and a specialization in Athletic Training. Kathy worked with a Physical Therapist doing aqua therapy, then became employed at the YMCA of Honolulu where she became a Healthy Lifestyles Director overseeing the Group Exercise and Senior programs. She is now semi-retired, though continues to teach 11 to 15 group exercise classes a week. "I love what I do. The seniors in my classes inspire me. There are some 90+. To see them getting strong, improving their balance, getting off their walkers or medications is very rewarding. I also make it very social with theme days and potlucks."

1976 – Golden West Hall of Fame

1981 – Sacramento Athletic Hall of Fame

2016 – Legends of Track & Field, Olympic T&F Trials

2018 – USA Track & Field Hall of Fame

2019 – PA USATF Hall of Fame

Jim Hume



Jim Hume has been active in the Pacific Association as an administrator, an official, a trainer, and a coach, for more than the last 50 years.

As an administrator, Jim was the Women's Statistician in the days before computers. He was the Youth Chair from the mid '70s until the mid-'80s, served as the President of the Board of Athletics from '82-'85, and has served as the Pacific Association Official's Certification Chair for most of this century. With the inspiration of Dick Connors and the help of Bruce Colman, Jim has used his computer skills to help produce *Turns & Distances*, a newsletter from the Pacific Association officials.

In 1979 Jerry Colman asked Jim to accompany him to the Olympic Committee's Sports Festival as his gopher. Gophering led to becoming the Women's T&F Travel Coordinator for 13 of the 14 festivals.

In 1983 Jim was selected as the Head Manager for the Women's Junior Team in the USA vs. Canada, and Italy meets in Canada and New Britain, Connecticut. In 1995 he was the Head manager for the women's team for the USA vs. Great Britain meet in Newcastle, GB.

As an official, Jim has been active since 1968. He is currently a Master Level official who, since computers became available to run the paperwork part of a meet in the mid/late '80s, has spent most of his time behind a computer as the Competition Secretary. He took his advanced Competition Secretary degree while buried in the basement of the Olympic Stadium during the 1996 Olympics. Jim is a strong supporter of FieldLynx computer software to record/display field event results. In 2004 he headed the FieldLynx crew at the Olympic Trials.

As a coach, Jim worked with the Millbrae Lions Track Club (one of the first women's track and field clubs) from the late-60s to the late 80s and saw the transition from club only opportunities to school-sponsored opportunities for women to participate. He spent 15 years at Hillsdale High, and in 1997 he was recognized as a CIF-CCS T&F Honor Coach.

Early in Jim's coaching, teaching, administrating career, he became interested in helping produce well run track meet. This interest and his role as CertChair, has led to Jim's involvement in training others to run an efficient track and field meet. He has helped organize and taught at numerous local training clinics. In 2012 he received from the National Officials Committee of the USATF the *James Gray Award for Leadership*.

As a high school cross country coach since 1986, Jim has been interested in CSM's Crystal Springs Cross Country Course and since the early '90s, had has had an increasing role in administering the course with Bob Rush.

And all of this was paid for with his job as a school teacher. Jim taught in a reading program at Ben Franklin Middle School for 17 years serving as a classroom teacher, the head of the reading lab, and as the program director. In 1986 the opportunity arose for him to move to Hillsdale High in San Mateo where he taught English, computer use, computer programming and coached cross country and track for 15 years.

Stephanie Trafton



Stephanie Trafton made history in 2008 by winning the first American Olympic gold medal in the discus since Lillian Copeland's victory in 1932. Threw her best mark on her first attempt at the Olympic Games and no one was able to throw within a meter through the rest of competition. Ending the 76-year gold draught in her event brought Trafton to the forefront of American track and field and garnered her the sport's top honor of the Jesse Owens Award as the top female athlete of the year. Trafton and her husband Jerry enjoying hunting for recreation. She wanted to be an Olympian since she was four-years-old when her father bought her a Mary Lou Retton Leotard. Leading up to the 2008 games she worked in the Information Technology Services department at Sycamore Environmental Consulting. Majored in Industrial Engineering. She volunteered for the Pacific as Athlete Committee Chair for over 10 years and helped establish an athlete grant program to further the careers of Olympic hopefuls in the Pacific region. She currently serves as secretary of the Board of Athletics. She also serves on the USATF Pacific

Foundation Board of Directors. Stephanie and Jerry have two daughters, Juliana (5) and Morganne (8 months).

USATF Championships

2012 Olympic Trials champion (65.18m/213-10)

Two-time USATF Outdoor champion – 2011 (63.35m/207-10); 2009 (64.25m/210-9)

2004 Olympic Trials runner-up (61.90m/203-1)

Two-time USATF Outdoor bronze medalist – 2010 (59.53m/192-0); 2008 (62.65m/205-06)

International Championships

2008 Olympic champion (64.74m/212-5)

2007 NACAC champion (59.27m/194-5)

Collegiate Championships

2003 NCAA Outdoor runner-up (55.30m/181-05)

2003 NCAA Indoor shot put bronze medalist (17.28m/56-08.50)

Awards and Honors

2008 Jesse Owens Athlete of the Year

American record holder (67.74m/222-3)

For a complete listing of previous award winners, refer to:

<https://www.pausatf.org/awards/>

**Thanks to Awards Chair Leroy Milam, and the awards committee consisting of Irene Herman,
John Mansoor and Dave Shrock**

**If you know of anyone from our association who you feel deserves to be acknowledged,
please contact Leroy at: Leroy1888@aol.com**