Unsporting conduct
Left track
Assistance

Interference [163.4]: jostled, ran across, or obstructed so as to impede another competitor
What did the athlete do?
Who was impacted?

Assistance [144.2]: Who provided it to whom?

Left track/course voluntarily and returned [163.6(a)]
Intentionally shortened the route of the race [243.4]

Unsporting conduct [125.10]
Clothing that impedes the view of the judges [143.1]

Details of the incident/infraction and the Referee's decision are written on the other side.

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Details of the Incident and Referee’s Decision – Mark location and describe.

Referee’s Name _________________________________  Referee’s Signature __________________________

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