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| **2019 Sacramento Training Clinic** | |
| **American River College on January 12, 2019**  **Register at:** [**http://www.bit.ly/ARCjan12**](http://www.bit.ly/ARCjan12)  **8:00 a.m. to 9:00 a.m. - Registration/Coffee/Morning Snacks**  **\*9:00 a.m. to 9:30 a.m. - Rules Review – No registration required\*** | |
| **Introduction to T & F Officiating**  **Introduction to \_\_\_\_\_ classes are for**  **new officials.**  **Part 1 9:00 a.m. to 11:30 a.m.**  - General Info  - Certification  - Clerk/Umpire  **Part 2 - Intro’s Hands-On Practice**  ⌦ Session A  **11:45 a.m. to 1:00 p.m.**  - Horizontal Jumps  - Vertical Jumps  - Throws  ⌦ Session B  **1:15 p.m. to 2:30 p.m.**  - Horizontal Jumps  - Vertical Jumps  - Throws  **Part 3 - SafeSport (Required)**  **2:45 p.m to 4:15 p.m.**  **Introduction to LDR/Race Walk**  **Part 1 - Instruction**  **10:00 a.m. to 2:30 p.m.**  **Part 2 - SafeSport (Required)**  **2:45 p.m. to 4:15 p.m.**  **\****Certified T & F Officials who become certified in Race Walk or LDR officiating do not need to take SafeSport again.* | **Morning Session**  **The “In Depth**” classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.  **9:45 a.m. to 12:45 p.m.**  ⌦In Depth - **Horizontal Jumps**  ⌦In Depth - **High Jump**  ⌦In Depth - **Pole Vault**  ⌦In Depth - **Throws**  ⌦ In Depth – **Marshal/Umpire**  ⌦ **FieldLynx (Please bring a windows**  **based laptop)**  **Afternoon Session**  **1:00 p.m. to 4:00 p.m.**  ⌦ **T&F Referee (Topic is Assistance)**  ⌦ **Combined Events Coordinator**  ⌦ **Red Cap Field Data Entry**  (Please bring a laptop – any type)  ⌦ **Implement Inspection** |

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| **2019 Union City Training Clinic** | |
| **James Logan High School on February 9, 2019**  **Register at** [**http://www.bit.ly/UnionCityFebruary9**](http://www.bit.ly/UnionCityFebruary9)  **8:00 a.m. to 9:00 a.m. – Registration/Coffee/Morning Snacks**  **\*9:00 a.m. to 9:30 a.m. – Rules Review – No registration required\*** | |
| **Introduction to T & F Officiating**  **Introduction to \_\_\_\_\_ classes are for**  **new officials.**  **Part 1 9:00 a.m. to 11:30 a.m.**  - General Info  - Certification  - Clerk/Umpire  **Part 2 - Intro’s Hands-On Practice**  ⌦ Session A **11:45 a.m. to 1:00 p.m.**  - Horizontal Jumps  - Vertical Jumps  - Throws  ⌦ Session B **1:15 p.m. to 2:30 p.m.**  - Horizontal Jumps  - Vertical Jumps  - Throws  **Part 3 - SafeSport (Required)**  **2:45 p.m to 4:15 p.m.**  **Introduction to LDR/Race Walk**  **Part 1 - Instruction**  **10:00 a.m. to 2:30 p.m.**  **Part 2 - SafeSport (Required)**  **2:45 p.m. to 4:15 p.m.**  **\****Certified T & F Officials who become certified in Race Walk or LDR officiating do not need to take SafeSport again.* | **Morning Session**  **The “In Depth**” classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.  **9:45 a.m. to 12:45 p.m.**  ⌦In Depth -**Horizontal Jumps**  ⌦In Depth - **High Jump**  ⌦In Depth - **Throws**  ⌦In Depth - **Marshal/Umpire**  ⌦ **T&F Referee (Pod’s choice)**  **Afternoon Session**  **1:00 p.m. to 4:00 p.m.**  ⌦In Depth - **Pole Vault**  ⌦ **Combined Events Coordinator**  ⌦ **Implement Inspection**  ⌦ **FieldLynx (Please bring a windows**  **based laptop)** |
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**2019 Chico Training Workshops**

**Pleasant Valley High School on Saturday, February 2, 2019**

**Register at:** <https://www.bit.ly/ChicoFebruary2>

8:00 a.m. to 9:00 a.m. Registration/Coffee/Morning Snacks

9:00 a.m. to 9:30 a.m. Welcome/Introduction/Overview

**Robert Nooney**, Chico State Head T & F Women’s Program

9:30 a.m. to 10:00 a.m. Rules Update and USATF Announcements – Presenter: Dennis Boyle

**Morning Clinic**

10:00 a.m. to 12:00 p.m.

**In Depth – Horizontals ($10.00)**

Weather permitting the majority of this class will be on the track

Presenter: Dan Tinnel

12:00 p.m. to 12:30 p.m.

Lunch – provided at clinic (donation of $5.00 would be appreciated)

**Afternoon Clinic**

12:30 p.m. to 3:00 p.m.

**Practicum on Track & Field Events/Starting – All Competitive Levels ($10.00)**

Case Study and “You Make the Call” Discussions Work in small groups then report to the total group (Bring your rulebooks)

Clinic Discussion Leaders: Bruce Makinson, Jamie Starmer, Dennis Boyle

3:00 p.m. to 3:30 p.m.

**Meeting of all North Section Starters (No Registration, No Charge)**

New Developments for 2019

Starter Business and Announcements

Presenter: Chuck Sheley

2019 Cal Berkeley All-Comers Meets

**U. C. Berkeley’s Edwards Stadium on Jan. 19, Feb 2 and Feb. 16, 2019**

**\*Please note that after instruction you are expected to work your event\***

**Register at:** [**https://www.bit.ly/AllComersBerkeley**](https://www.bit.ly/AllComersBerkeley)

**High Jump Workshop** one hour prior to the start of the event

**Long Jump and Triple Jump Workshop** one hour prior to the start of the event

**Shot Put and Discus Workshop** one hour prior to the start of the event

**Pole Vault Workshop** one hour prior to the start of the event

**Umpiring Workshop** one hour prior to the start of the meet on February 2 and 16 (January 19 after Race Walk)

Instructors: Jon and Beth Price

**Race Walk Judging Workshop** one hour prior to the start of the event followed by shadowing a mentor official during the two races (January 19 only)

Instructors: Jon and Beth Price

**2019 Starter Clinic**

**Los Gatos during January and February**

**Register at:** [**http://www.bit.ly/LosGatosStarter**](http://www.bit.ly/LosGatosStarter)

Leroy Milam and Jim Manha will host this clinic. The first day is January 19, 2019 at Los Gatos High School and will consist of one hour of classroom time starting at 10:00 a.m. followed by an all-comers meet during which students will be the starters. There are then seven all-comers meets, **1/26, 2/2, 2/9,** **2/23, 3/2, and 3/19**, at Los Gatos High School with clinic participants being the starters at these meets. Another opportunity for some start time will be an all-comers meet at Cal Berkeley on **2/16**. This is an excellent opportunity for a new starter to get lots of start time as well as advise from seasoned starters.