

# 2019 Sacramento Training Clinic

## American River College on January 12, 2019

Register at: <http://www.bit.ly/ARCjan12>

8:00 a.m. to 9:00 a.m. - Registration/Coffee/Morning Snacks

\*9:00 a.m. to 9:30 a.m. - Rules Review – No registration required\*

### Introduction to T & F Officiating

Introduction to \_\_\_\_\_ classes are for new officials.

#### Part 1 9:00 a.m. to 11:30 a.m.

- General Info
- Certification
- Clerk/Umpire

#### Part 2 - Intro's Hands-On Practice

##### ☒ Session A 11:45 a.m. to 1:00 p.m.

- Horizontal Jumps
- Vertical Jumps
- Throws

##### ☒ Session B 1:15 p.m. to 2:30 p.m.

- Horizontal Jumps
- Vertical Jumps
- Throws

#### Part 3 - SafeSport (Required)

2:45 p.m. to 4:15 p.m.

### Introduction to LDR/Race Walk

#### Part 1 - Instruction

10:00 a.m. to 2:30 p.m.

#### Part 2 - SafeSport (Required)

2:45 p.m. to 4:15 p.m.

\*Certified T & F Officials who become certified in Race Walk or LDR officiating *do not* need to take SafeSport again.

### Morning Session

The "In Depth" classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.

9:45 a.m. to 12:45 p.m.

- ☒ In Depth - Horizontal Jumps
- ☒ In Depth - High Jump
- ☒ In Depth - Pole Vault
- ☒ In Depth - Throws
- ☒ In Depth – Marshal/Umpire
- ☒ FieldLynx (Please bring a windows based laptop)

### Afternoon Session

1:00 p.m. to 4:00 p.m.

- ☒ T&F Referee (Topic is Assistance)
- ☒ Combined Events Coordinator
- ☒ Red Cap Field Data Entry  
(Please bring a laptop – any type)
- ☒ Implement Inspection

# 2019 Union City Training Clinic

James Logan High School on February 9, 2019

Register at <http://www.bit.ly/UnionCityFebruary9>

8:00 a.m. to 9:00 a.m. – Registration/Coffee/Morning Snacks

\*9:00 a.m. to 9:30 a.m. – Rules Review – No registration required\*

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Introduction to \_\_\_\_\_ classes are for new officials.

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- Certification
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### Part 2 - Intro's Hands-On Practice

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- Horizontal Jumps
- Vertical Jumps
- Throws

#### ☒ Session B 1:15 p.m. to 2:30 p.m.

- Horizontal Jumps
- Vertical Jumps
- Throws

### Part 3 - SafeSport (Required)

2:45 p.m. to 4:15 p.m.

## Introduction to LDR/Race Walk

### Part 1 - Instruction

10:00 a.m. to 2:30 p.m.

### Part 2 - SafeSport (Required)

2:45 p.m. to 4:15 p.m.

\*Certified T & F Officials who become certified in Race Walk or LDR officiating *do not* need to take SafeSport again.

## Morning Session

The "In Depth" classes are for Apprentice, Association, National and Master level officials looking to improve their knowledge in an event.

9:45 a.m. to 12:45 p.m.

- ☒ In Depth - Horizontal Jumps
- ☒ In Depth - High Jump
- ☒ In Depth - Throws
- ☒ In Depth - Marshal/Umpire
- ☒ T&F Referee (Pod's choice)

## Afternoon Session

1:00 p.m. to 4:00 p.m.

- ☒ In Depth - Pole Vault
- ☒ Combined Events Coordinator
- ☒ Implement Inspection
- ☒ FieldLynx (Please bring a windows based laptop)

# 2019 Chico Training Workshops

Pleasant Valley High School on Saturday, February 2, 2019

Register at: <https://www.bit.ly/ChicoFebruary2>

- 8:00 a.m. to 9:00 a.m. Registration/Coffee/Morning Snacks  
9:00 a.m. to 9:30 a.m. Welcome/Introduction/Overview  
**Robert Nooney**, Chico State Head T & F Women's Program  
9:30 a.m. to 10:00 a.m. Rules Update and USATF Announcements – Presenter: Dennis Boyle

## Morning Clinic

10:00 a.m. to 12:00 p.m.

### **In Depth – Horizontals (\$10.00)**

Weather permitting the majority of this class will be on the track  
Presenter: **Dan Tinnel**

12:00 p.m. to 12:30 p.m.

Lunch – provided at clinic (donation of \$5.00 would be appreciated)

## Afternoon Clinic

12:30 p.m. to 3:00 p.m.

### **Practicum on Track & Field Events/Starting – All Competitive Levels (\$10.00)**

Case Study and “You Make the Call” Discussions  
Work in small groups then report to the total group (Bring your rulebooks)  
Clinic Discussion Leaders: Bruce Makinson, Jamie Starmer, Dennis Boyle

3:00 p.m. to 3:30 p.m.

### **Meeting of all North Section Starters (No Registration, No Charge)**

New Developments for 2019  
Starter Business and Announcements  
Presenter: Chuck Sheley

# 2019 Cal Berkeley All-Comers Meets

U. C. Berkeley's Edwards Stadium on Jan. 19, Feb 2 and Feb. 16, 2019

**\*Please note that after instruction you are expected to work your event\***

Register at: <https://www.bit.ly/AllComersBerkeley>

**High Jump Workshop** one hour prior to the start of the event

**Long Jump and Triple Jump Workshop** one hour prior to the start of the event

**Shot Put and Discus Workshop** one hour prior to the start of the event

**Pole Vault Workshop** one hour prior to the start of the event

**Umpiring Workshop** one hour prior to the start of the meet on February 2 and 16 (January 19 after Race Walk)

Instructors: Jon and Beth Price

**Race Walk Judging Workshop** one hour prior to the start of the event followed by shadowing a mentor official during the two races (January 19 only)

Instructors: Jon and Beth Price

# 2019 Starter Clinic

Los Gatos during January and February

Register at: <http://www.bit.ly/LosGatosStarter>

Leroy Milam and Jim Manha will host this clinic. The first day is January 19, 2019 at Los Gatos High School and will consist of one hour of classroom time starting at 10:00 a.m. followed by an all-comers meet during which students will be the starters. There are then seven all-comers meets, **1/26, 2/2, 2/9, 2/23, 3/2, and 3/19**, at Los Gatos High School with clinic participants being the starters at these meets. Another opportunity for some start time will be an all-comers meet at Cal Berkeley on **2/16**. This is an excellent opportunity for a new starter to get lots of start time as well as advise from seasoned starters.