

# USATF Pacific Board of Athletics

## Compiled Committee Report: November 13, 2018

### Associations Committee

Dave Shrock ([aecchair@usatf.org](mailto:aecchair@usatf.org))

#### SafeSport

Much discussion on implantation and breath of whom is affected has been discussed during the summer. I'm part of a national SafeSport Committee which met to address many concerns of membership. We do seem to be reaching consensus on the creation of a waiver for those volunteers who are causal or 1-2 time volunteer as our track and non-stadia events.

Expect the annual meeting to be the venue where more clarification of the program will be rolled out.

#### National Board of Directors elections

Five positions are up for elections for the sixteen seat board, so at this year's annual meeting we all have an opportunity to influence who sits on the board. Board seats up for election are the General Competition (*Associations and Masters T&F Committees*), Youth, and Coaches Divisions; plus two 'at-large' seats.

The IAAF Representative which is currently held by Stephanie Hightower is also up for election, and Willie Banks is running against her.

#### Technology troubles

If you are frustrated by not being able to access the USATF website or administrative functions...you are not alone. Over the summer our USATF website and ancillary functions suffered collapse and the office acknowledged it will be a long-term fix.

### Coaches Committee

Dave Shrock ([coaches@pacific.usatf.org](mailto:coaches@pacific.usatf.org))

#### Up-coming clinics

**19-20 January 2019** – Assoc Level 1 School to be held at Chabot College, Hayward. As in the past eight full scholarships will be available to any association member coach who applies. Applications are available via the [www.pausatf.org](http://www.pausatf.org) coaches page.

**2 February, 2019** - Tenth Annual West Coast SuperClinic – This one day clinic sponsored by the coaches committee held at Sacramento City College will feature many Olympians and coaches in endurance, sprints/hurdles, jumps and throws areas. Registration and info is available on the [www.pausatf.org](http://www.pausatf.org) coaches page.

#### Coaching competence criteria added to Coaches Registry starting January 2019

Beginning in January of 2019 all coaches will need to demonstrate coaching competence to be a member of the Coaches Registry. Coaches may either submit a coaching resume outlining coaching expertise measured by years coaching and/or success of athletes coached; or complete either a USATF, USTFCCA course.

Coaches will have all of 2019 to submit their resume or complete a coaching education course. Further information is linked on the [www.usatf.org](http://www.usatf.org) coaches page.

You do not need to be a member of the Coaches Registry to coach locally, though to obtain coaching credentials for any national championships.

## **LDR**

Allan Stanbridge (runallan@yahoo.com)

### **Road Grand Prix**

2018 Grand Prix is wrapping up the season with two more races. California International Marathon in Sacramento will be held on Sunday, December 2. This race will also hold the USATF National Marathon Championship. Season ends with the annual Christmas Relays on Sunday, December 16 at Lake Merced in San Francisco.

### **CROSS COUNTRY**

The XC season ends with the PA Championships on Sunday, November 18 in San Francisco in Golden Gate Park

### **MUT**

MUT recently announced its 2019 season calendar. This the first year for this new series which now includes non ultra trail and mountain races to the schedule.

### **AWARDS BANQUET**

Plans are underway for the annual PA LDR Banquet

### **NATIONAL/ INTERNATIONAL ROAD RACING NEWS**

- The PA's Makia Ohler recently ran the Toronto Marathon which served as the World Master's Stand Alone Marathon Championships. On a cold, windy day, Makia won the Female 55-59 Championship in an outstanding time of 3:14:25.
- USATF Road 15k Championship, Tulsa, Oklahoma
- The Impala Racing Team won the Female 50 - 59 team championship and finished 2nd. in the Female 40-49 division.
- Impala Racing Team also participated in the 5k Cross Country Championship

## **MTF Committee**

Joseph Ols (masterstf@pacific.usatf.org)

1.) Bay Area Sr Games is holding their "Encore" PA Sanctioned T&F meet Nov 18 (<https://secure.sportability.com/spx/Leagues/League.asp?LgID=45922> says both "Register Now! (open until 11/9/2018)" & "Registration deadline is Nov 1st", \$60 + \$6/event).

2.) Remember to nominate yourself & others for our 2018 PA MTF Grand Prix awards <http://www.pausatf.org/wp-content/uploads/2018/05/MTF2018PAGrandPrix.pdf>

3.) 2018 was a fantastic year for PA MTF Clubs! HUGE congratulations to all who did well in many ways, incl at the USATF MTF Nat'l Championships:

2.	Sierra Gold	326
9.	Joy's Jackrabbits Track Club	150
41.	Sierra Racewalkers	28
47.	Santa Cruz Track Club	24
51.	Tamalpa Runners, Inc.	22
68.	NorCal Striders	14
70.	Golden State Throwers	12
76.	Santa Cruz Throwers	10
89.	Marin Waves Track & Field Club	6
104.	Strawberry Canyon Track Club	2

Particular congratulations to Sierra Gold and Joy's Jackrabbits' amazing ascendency to echelons of the best USATF MTF clubs in the nation.

- I'm unaware of any PA Club ever doing so well - does anyone else know the previously best PA Club finish at nationals?
- As coach Clyde Lehman replied to my request: "The Sierra Gold Team is enjoying a banner 2018, winning the Pacific Association Masters Track and Field Team Championship, Pacific Association Masters Team Grand Prix, the Sierra Gold Masters Track and Field Festival Team Championship, and placing 2nd at the National Masters Outdoor Championship in Spokane, Washington (defeating 106 teams). Sierra Gold had 15 individual National Champions in Spokane. The team continues to attract some of the best athletes in the world and has doubled in size during the last few months. Up next for this amazing team is the World Masters Track and Field Championships in Malaga, Spain. Sierra Gold will be sending 29 athletes to represent the Pacific Association and the USA."

4.) I will highlight PA athlete's achievements at WMA (World Masters Athletics) MTF World Championships in the next email blast, so please [email me](#) highlights of yourselves/others in Malaga, Spain.

5.) I'll be attending the USATF Nat'l Conference in Columbus Ohio Nov 29 - Dec 2, so let me know anything you feel I should bring up there, or here in PA.

# **Communications Committee**

Cynci Calvin (ccrun@ncbb.net)

The Com Com Annual e-meeting was called on July 22 and ended on July 30. The primary reason for the meeting was to discuss and approve the FY 2019 budget. The budget proposal was approved by Com Com as follows:

## **FY 2019 USATF Pacific Communications Budget Approved Proposal**

- \$4,000 for media coverage of PA events and athletes
  - Up to \$2,000 for Andy Martin's coverage of PA athlete at National Meets (events tbd): athlete interview videos, photos and results
  - Note from 2018 budget and Com Com discussion regarding hiring Andy Martin's services: the 2018 media coverage budget was also \$4,000. Then Andy submitted a proposal in late fall for covering PA athletes at 8 national meets that totaled \$16,000. There was much discussion about this, especially at the 2018 March Strategic Plan meeting, and it was decided that the PA could not spend this money without the proposal going through the annual budget process. Additional discussion produced a consensus that money spent on Andy's services at national meets would be better spent on local event coverage. An affordable option surfaced when Andy offered to cover the JO nationals for \$750 (we have not seen the results of this yet). Andy has also provided free PA athlete results extracted from several other national meets. These posts on the PA Facebook page have received higher view rates than other posts, which is evidence to budget some money for Andy's services.
- Up to \$2,000 for PA athletes & events coverage: photos, videos, articles and results
  - Note: Each year Com Com budgets for this. Reporters have included Bob Burns and Mark Winitz (other are welcome to apply). Something for everyone to consider and encourage is for more member involvement in providing local coverage. It is a great way to volunteer your time.
- \$2,400 for Constant Contact email service (same as 2018)
- \$250 for annual Race Results Weekly subscription (includes use of RRW photos) - this is a news feed of LDR events from around the world provided by David Monti.
  - Note: This is an amazing service that I would like to delegate to and LDR Committee representative, since I do not feel like I am doing the information justice. Results and articles come in weekly, and a quick perusal can reveal performances by PA athletes. Unfortunately, I am not as skilled at gleaning the information as a more knowledgeable LDR member might be. Any takers? I would have the results emailed to you instead of me, and I am willing to help with posting.
  - *Post meeting note:* Tom Bernhard agreed to file the Race Results Weekly reports.
- \$3500 for website:
  - maintenance: \$500
  - content management: \$2,000 (down \$1,000 from 2018 due to less time needed by me as Com Com webpage managers provide more help)
- Note regarding last year's \$3500 items: The funds allocated last year for upgrading to mobile friendly site (up to \$2,000), upgrading scripts for Road and XC Scoring to WordPress-friendly scripts (up to \$1,000), and updating the site with quality photographs/videos (\$500) totaled \$3,500 which were not spent. This is due to Thomas Vincent working on the first two projects *gratis*, although these continue to be works in progress. Can we get an update, Thomas? As for \$500 allocated for photos, we managed to get by without paying for professional photos.
- **FY 2019 Total Communications Budget Proposal = \$10,150** (FY 2018 was \$13,650)

FY2019 Final Com Com Budget as approved by the BofA:

### Communications Committee

Website	\$2,000
Manager	\$3,000
Profiles	\$3,000 (Increase due to World Champs)
Other	\$250 (RRW Subscription)
Constant Contact	\$2400
Total	\$10,650