

USATF - Pacific Masters Championships

Results by: Ford Timing

6/21/2018

6/10/18 - 6/10/18

www.fordtiming.com

Event # 1 MENS 3000m Steeplechase

AGE 50-54

1	Dean Walker	505	51	Sierra Gold	16:22.50
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Event # 3 MENS 2000m Steeplechase

AGE 55-59

1	Christian Oakes	446	59	Tamalpa Runners, Inc	9:05.91
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AGE 70-74

1	Drue Mathies	262	71	Sierra Gold	10:05.37
2	Arnold Utterback	497	71	Buffalo Chips Runnin	10:09.64

Event # 4 MENS 5000m Walk

AGE 45-49

1	Joseph Darcy	191	46	Unattached	41:42.67
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AGE 60-64

1	Joseph Berendt	518	60	UNATTACHED	40:39.38
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AGE 65-69

1	Michael Bennett	150	67	Unattached	38:54.33
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Event # 5 WOMENS 5000m Walk

AGE 35-39

1	Amanda Jones	238	35	Sierra Racewalkers	42:04.99
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AGE 55-59

1	Nicolle Goldman	209	59	Sierra Racewalkers	37:53.09
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AGE 60-64

1	Karen Stoyanowski	485	63	Sierra Racewalkers	39:49.62
2	Benedite Bayi Mathijsen	417	62	UNATTACHED	40:50.36

AGE 65-69

1	Joanne Figone	206	65	Sierra Racewalkers	38:08.12
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Event # 6 MENS 10000m Run

AGE 40-44

1	Sergio Higareda	101	44	Sierra Gold	38:19.26
2	Kenny Malabag	255	41	Unattached	56:25.66

AGE 45-49

1	Douglas Woods	510	49	Excelsior Running Cl	36:56.38
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AGE 50-54

1	John Mintz	439	51	West Valley Joggers	43:53.53
2	Bob Arnds	137	52	Sierra Gold	46:46.31

AGE 55-59

1	Martin Beene	149	56	Lake Merritt Joggers	45:37.44
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AGE 65-69

1	Thomas Bernhard	151	66	Excelsior Running Cl	38:35.48
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Event # 7 WOMENS 10000m Run

AGE 30-34

1	Holly Read	464	32	NorCal Striders	39:58.73
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AGE 55-59

1	Inka Mims	275	57	Sierra Gold	43:09.22
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Event # 8 MENS 110m Hurdles

AGE 35-39

1	Michael Sullivan	488	37	Unattached	17.05
2	Jerry Yuhara	515	35	Unattached	24.52

AGE 40-44

1	Dimitry Yakoushkin	514	41	Unattached	15.98
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AGE 45-49

1	Michael Hoffer	102	45	UNATTACHED	16.06
2	Gwynn Villegas	503	49	San Francisco Track	19.71
3	Matthew Spiller	481	47	Unattached	22.14

Event # 9 WOMENS 100m Hurdles

AGE 30-34

1	Anna McGregor	268	30	Unattached	16.69
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AGE 55-59

1	Joy Upshaw	496	57	Joy's Jackrabbits Tr	13.40
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Event # 10 MENS 100m Hurdles

AGE 50-54

1	Mark Autry	141	51	Sierra Gold	17.93
2	Joseph Ols	449	54	Unattached	21.13

AGE 60-64

1	Robert McDaniels	266	60	MacCanDo Tenderloin	17.75
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Event # 13 MENS 60m Hurdles

AGE 40-44

1	Dimitry Yakoushkin	514	41	Unattached	9.06
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AGE 45-49

1	Gwynn Villegas	503	49	San Francisco Track	10.52
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AGE 50-54

1	Mark Autry	141	51	Sierra Gold	10.81
2	Joseph Ols	449	54	Unattached	12.33

AGE 55-59

1	Rick Pruett	106	55	UNATTACHED	9.55
2	Brian Conley	182	57	Joy's Jackrabbits Tr	9.85

AGE 65-69

1	Edward Baskauskas	145	67	Unattached	12.92
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AGE 70-74

1	Gary Wuest	512	72	Unattached	13.08
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Event # 14 WOMENS 60m Hurdles

AGE 30-34

1	Anna McGregor	268	30	Unattached	9.71
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AGE 55-59

1	Joy Upshaw	496	57	Joy's Jackrabbits Tr	10.01
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Event # 15 WOMENS 60m Dash

AGE 35-39

1	Adjua Gibb-Gabriel	208	38	Unattached	8.56
2	Vicki Harris	219	36	Unattached	8.90

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AGE 45-49

1 Quynh Tohhu 115 45 UNATTACHED **10.20**

AGE 55-59

1 Joy Upshaw 496 57 Joy's Jackrabbits Tr **8.78**
 2 Darla Demitrios 195 55 Joy's Jackrabbits Tr **9.23**

AGE 60-64

1 Yuko Hayashi 223 60 MacCanDo Tenderloin **11.67**

AGE 80-84

1 Irene Obera 447 84 Unattached **12.52**

Event # 16 MENS 60m Dash

AGE 30-34

1 Cameron Brockman 160 34 Unattached **7.43**

AGE 35-39

1 Nicholas Bowers 159 37 San Francisco Track **7.90**
 2 Matt Cayabyab 175 35 Unattached **8.66**

AGE 40-44

1 Michael Harvey Jr 221 43 Godspeed Track Club **7.32**
 2 Trevor Mcdonald 267 42 Unattached **8.69**

AGE 45-49

2 Aaron Castillo 173 47 San Francisco Track **8.38**
 3 Matthew Spiller 481 47 Unattached **8.60**

AGE 50-54

1 Mark Warren 506 50 Unattached **8.05**
 2 Doug Holland 228 54 Unattached **8.12**
 3 Joseph Ols 449 54 Unattached **9.26**

AGE 55-59

1 Anthony Beasley 146 56 Unattached **7.91**
 2 Rick Pruett 106 55 UNATTACHED **8.22**
 3 Makini Enakaya 202 56 Unattached **8.37**
 4 Zdzislaw Marcisz 258 58 Unattached **8.45**
 5 William Leoni 251 55 Unattached **9.02**

AGE 60-64

1 Bob Thurman 493 62 Sierra Gold **8.36**
 2 Robert McDaniels 266 60 MacCanDo Tenderloin **10.97**

AGE 65-69

1 Kevin Christensen Mr 180 66 Unattached **9.29**
 2 Rick Thoman 490 65 San Francisco Track **9.39**

AGE 70-74

1 William Wilson 509 74 Sierra Gold **9.20**

AGE 75-79

1 Frank Strouse 486 77 Unattached **9.56**

AGE 80-84

1 Paul Osborn 451 81 Unattached **11.82**

Event # 17 MENS 1500m Run

AGE 35-39

1 Justin Mikecz 273 38 Pamakids **4:22.69**
 2 Thomas Setser 478 38 San Francisco Track **4:38.69**
 3 Jerry Yuhara 515 35 Unattached **5:35.91**

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AGE 45-49

1	Kirt Iverson	233	48	Wolfpack Running Clu	4:49.44
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AGE 50-54

1	David White	507	53	Empire Runners Club	4:30.30
2	Bryan Mayberry	263	54	Unattached	4:54.69
3	Koji Kawano	240	52	San Francisco Track	5:10.94
4	Phillip Aguilar	132	50	San Francisco Track	5:27.29
5	James Farrar	205	53	Golden Valley Harrie	5:33.03
6	Joseph Ols	449	54	Unattached	7:38.74

AGE 60-64

1	Eldon Regua	467	62	Unattached	5:42.79
2	Brian Conroy	183	62	Unattached	5:47.29
3	Rob Duncanson	198	62	Unattached	5:54.02

AGE 65-69

1	Arthur Beckert	147	67	Tamalpa Runners, Inc	5:35.97
2	Randall Margo	260	65	Unattached	5:41.05
3	Robert Qualls	461	66	River City Rebels	6:05.32
4	Michael Buzbee	163	66	Unattached	6:18.80
5	Patrick Buzbee	164	66	Unattached	6:31.54

AGE 70-74

1	Gordon Keller Jr	241	71	Sierra Gold	6:11.59
2	Drue Mathies	262	71	Sierra Gold	6:28.64

AGE 75-79

1	James Beckett	148	79	Sierra Gold	7:40.50
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Event # 18 WOMENS 1500m Run

AGE 45-49

1	Nancy Thomas	491	48	Impala Racing Team	5:03.60
2	Michelle Holmes	229	48	Unattached	6:19.41

AGE 50-54

1	Lisa Valle	499	52	New Mexico Track Clu	5:28.88
2	Angela Longworth	253	50	Impala Racing Team	6:04.01
3	Rachel Vinkey	504	52	Lake Merritt Joggers	7:04.95

AGE 55-59

1	Makie Ohler	448	56	Sierra Gold	5:29.93
2	Jennifer Redmond	465	55	Unattached	6:08.20

AGE 65-69

1	Donna Chan	177	67	Impala Racing Team	6:36.49
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AGE 70-74

1	Dianne Anderson	134	72	Impala Racing Team	8:03.25
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AGE 80-84

1	Lynne Hurrell	231	83	Sierra Gold	8:27.72
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Event # 19 MENS 100m Dash

AGE 30-34

1	Cameron Brockman	160	34	Unattached	11.53
2	Jaime Marrero	261	32	U.S. Coast Guard	11.79

AGE 35-39

1	Nicholas Bowers	159	37	San Francisco Track	12.19
2	Akihiko Sugiura	487	36	Unattached	12.37
3	Jerry Yuhara	515	35	Unattached	12.92

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AGE 40-44

1	Michael Harvey Jr	221	43	Godspeed Track Club	11.58
2	Trevor McDonald	267	42	Unattached	14.15

AGE 45-49

1	Gregory Schwartz	477	46	Unattached	12.80
2	Aaron Castillo	173	47	San Francisco Track	13.19
2	Markus Eklund	201	48	Unattached	13.19
4	Echeyde Cubillo	190	48	Unattached	13.42
5	Gwynn Villegas	503	49	San Francisco Track	13.64
6	Sean Au	139	46	San Francisco Track	17.76

AGE 50-54

1	Doug Holland	228	54	Unattached	13.00
2	Joseph Ols	449	54	Unattached	14.82
3	Arun Bordoloi	157	53	San Francisco Track	15.14

AGE 55-59

1	Anthony Beasley	146	56	Unattached	12.50
2	Mark Kibort	243	57	Unattached	12.64
3	Makini Enakaya	202	56	Unattached	13.35
4	Zdzislaw Marcisz	258	58	Unattached	13.61

AGE 60-64

1	Kenneth Wun	513	62	San Francisco Track	13.34
2	Bob Thurman	493	62	Sierra Gold	13.40
3	Gary Anderson	135	62	Unattached	14.69
4	Greg Hodson	226	61	Unattached	17.68

AGE 65-69

1	Roger Parnell	454	69	Sierra Gold	13.17
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AGE 70-74

1	William Wilson	509	74	Sierra Gold	14.69
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AGE 75-79

1	Frank Strouse	486	77	Unattached	14.97
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AGE 80-84

1	James Eklund	200	83	Unattached	18.13
2	Paul Osborn	451	81	Unattached	18.85

Event # 20 WOMENS 100m Dash

AGE 35-39

1	Adjua Gibb-Gabriel	208	38	Unattached	13.46
2	Vicki Harris	219	36	Unattached	13.99

AGE 45-49

1	Stephanie Lain	245	48	Unattached	15.73
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AGE 50-54

1	Wendy Chin	179	53	Unattached	16.41
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AGE 55-59

1	Joy Upshaw	496	57	Joy's Jackrabbits Tr	13.55
2	Darla Demitrios	195	55	Joy's Jackrabbits Tr	14.65

AGE 80-84

1	Irene Obera	447	84	Unattached	21.00
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Event # 21 MENS 400m Dash

AGE 30-34

1	Craig Cox	186	31	Unattached	51.26
2	Kevin Nious	444	32	Unattached	52.42

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AGE 35-39

1	Roman Marenin	259	35	Unattached	50.64
2	Michael Sullivan	488	37	Unattached	57.65
3	Jerry Yuhara	515	35	Unattached	1:02.32
4	Matt Cayabyab	175	35	Unattached	1:08.38

AGE 40-44

1	Dimitry Yakoushkin	514	41	Unattached	53.36
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AGE 45-49

1	Matthew Spiller	481	47	Unattached	1:04.76
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AGE 50-54

1	Bob Lang	246	54	Sierra Gold	1:05.60
2	Joseph Ols	449	54	Unattached	1:17.50
3	Dean Walker	505	51	Sierra Gold	1:25.97
	John Mintz	439	51	West Valley Joggers	
	Crossed out of lane				

AGE 60-64

1	Bob Thurman	493	62	Sierra Gold	1:03.76
2	Mark Valera	498	60	San Francisco Track	1:07.53
3	Greg Hodson	226	61	Unattached	1:38.64

AGE 65-69

1	Christopher Goodwin	210	66	San Francisco Track	1:05.69
2	KURT GRAVENHORST	212	68	Unattached	1:20.96

AGE 75-79

1	Dennis Duffy	197	75	SC Striders Track Cl	1:18.59
2	James Beckett	148	79	Sierra Gold	1:37.34
3	Bob Callori	169	75	San Francisco Track	1:48.06

AGE 80-84

1	James Eklund	200	83	Unattached	1:32.17
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Event # 22 WOMENS 400m Dash

AGE 30-34

1	April Greer	214	31	Strava Track Club	1:06.93
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AGE 55-59

	Gabrielle Johnson	237	55	Joy's Jackrabbits Tr	
	Stepped out of lane				

Event # 23 MENS 400m Hurdles

AGE 45-49

1	Gwynn Villegas	503	49	San Francisco Track	1:18.55
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Event # 25 MENS 300m Hurdles

AGE 65-69

1	John Mcnamee	269	65	Sierra Gold	55.61
	Kevin Christensen Mr	180	66	Unattached	

Event # 29 MENS 800m Run

AGE 30-34

1	Kyle Robinson	472	30	Unattached	2:10.38
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AGE 35-39

1	Thomas Setser	478	38	San Francisco Track	2:13.81
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AGE 45-49

1	Kirt Iverson	233	48	Wolfpack Running Clu	2:23.48
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AGE 50-54

1	Koji Kawano	240	52	San Francisco Track	2:16.77
2	Bob Lang	246	54	Sierra Gold	2:40.88
3	James Farrar	205	53	Golden Valley Harrie	2:50.38
4	John Mintz	439	51	West Valley Joggers	3:25.02
5	Dean Walker	505	51	Sierra Gold	3:32.11

AGE 55-59

1	Phillip Breaux	105	58	UNATTACHED	3:02.45
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AGE 60-64

1	Eldon Regua	467	62	Unattached	2:50.60
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AGE 65-69

1	Christopher Goodwin	210	66	San Francisco Track	2:46.84
2	Brian Dowling	196	67	Sierra Gold	3:05.83

AGE 75-79

1	James Beckett	148	79	Sierra Gold	3:47.92
2	Bob Callori	169	75	San Francisco Track	4:25.31

Event # 30 WOMENS 800m Run

AGE 50-54

1	Lisa Valle	499	52	New Mexico Track Clu	2:45.82
2	Rachel Vinkey	504	52	Lake Merritt Joggers	3:32.76

AGE 55-59

1	Debra Hoffman	227	58	Joy's Jackrabbits Tr	2:58.08
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AGE 80-84

1	Lynne Hurrell	231	83	Sierra Gold	4:32.28
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Event # 31 MENS 200m Dash

AGE 30-34

1	Craig Cox	186	31	Unattached	22.95
2	Cameron Brockman	160	34	Unattached	23.33

AGE 35-39

1	Roman Marenin	259	35	Unattached	23.05
2	Nicholas Bowers	159	37	San Francisco Track	26.63

AGE 40-44

1	Michael Harvey Jr	221	43	Godspeed Track Club	25.89
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AGE 45-49

1	Aaron Castillo	173	47	San Francisco Track	27.81
2	Markus Eklund	201	48	Unattached	28.42

AGE 50-54

1	Doug Holland	228	54	Unattached	27.27
2	Joseph Ols	449	54	Unattached	32.05
3	Arun Bordoloi	157	53	San Francisco Track	32.86

AGE 55-59

1	Mark Kibort	243	57	Unattached	27.76
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AGE 60-64

1	Kenneth Wun	513	62	San Francisco Track	29.08
2	Bob Thurman	493	62	Sierra Gold	29.61
3	Mark Valera	498	60	San Francisco Track	30.87

AGE 65-69

1	Roger Parnell	454	69	Sierra Gold	28.66
2	John Mcnamee	269	65	Sierra Gold	31.65

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AGE 70-74

1	William Wilson	509	74	Sierra Gold	32.94
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AGE 75-79

1	Frank Strouse	486	77	Unattached	32.36
2	Dennis Duffy	197	75	SC Striders Track Cl	33.87

AGE 80-84

1	James Eklund	200	83	Unattached	41.03
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Event # 32 WOMENS 200m Dash

AGE 35-39

1	Adjua Gibb-Gabriel	208	38	Unattached	28.64
2	Vicki Harris	219	36	Unattached	30.51

AGE 45-49

1	Stephanie Lain	245	48	Unattached	32.94
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AGE 55-59

1	Joy Upshaw	496	57	Joy's Jackrabbits Tr	28.97
2	Darla Demitrios	195	55	Joy's Jackrabbits Tr	30.60
3	Gabrielle Johnson	237	55	Joy's Jackrabbits Tr	33.73

AGE 70-74

1	Dianne Anderson	134	72	Impala Racing Team	54.76
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Event # 45 WOMENS 5000m Run

AGE 30-34

1	Holly Read	464	32	NorCal Striders	19:54.50
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AGE 55-59

1	Makie Ohler	448	56	Sierra Gold	20:32.03
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Event # 46 MENS 5000m Run

AGE 30-34

1	Lupe Cabada	166	32	West Valley Track Cl	15:59.00
2	Emmanuel Calderon	167	32	Unattached	17:06.62
3	Jaime Cabada	165	33	West Valley Track Cl	17:37.67

AGE 40-44

1	Sergio Higareda	101	44	Sierra Gold	19:06.38
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AGE 45-49

1	Douglas Woods	510	49	Excelsior Running Cl	18:11.17
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AGE 50-54

2	Bob Arnds	137	52	Sierra Gold	25:37.14
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AGE 60-64

1	Eldon Regua	467	62	Unattached	21:53.69
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AGE 65-69

1	Robert Qualls	461	66	River City Rebels	22:46.54
2	Michael Buzbee	163	66	Unattached	23:06.57
3	Patrick Buzbee	164	66	Unattached	23:53.44

AGE 70-74

1	Gordon Keller Jr	241	71	Sierra Gold	23:40.41
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Event # 47 WOMENS High Jump

AGE 50-54

	Durelle Schimek	476	50	Sierra Gold	
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Event # 48 MENS High Jump

AGE 35-39					
1	Jerry Yuhara	515	35	Unattached	1.40m
AGE 40-44					
1	Robert Mishev	440	40	Unattached	1.85m
2	Dimitry Yakoushkin	514	41	Unattached	1.65m
AGE 45-49					
1	Hans Pompen	460	49	Woodside Wildebeests	1.60m
2	Matthew Spiller	481	47	Unattached	1.30m
AGE 50-54					
1	Terry Parks	453	54	Joy's Jackrabbits Tr	1.60m
2	Joseph Ols	449	54	Unattached	1.35m
AGE 55-59					
1	Douglas Bibby	152	58	Unattached	1.30m
2	Martin Beene	149	56	Lake Merritt Joggers	1.25m
AGE 65-69					
1	Edward Baskauskas	145	67	Unattached	1.35m
2	Richard Harmon	218	69	Unattached	1.25m
AGE 70-74					
1	Jack Squires	483	73	Unattached	1.30m
2	Gary Wuest	512	72	Unattached	1.20m

Event # 49 WOMENS Pole Vault

AGE 30-34					
1	Anna McGregor	268	30	Unattached	3.05m

Event # 50 MENS Pole Vault

AGE 35-39					
1	Jerry Yuhara	515	35	Unattached	2.30m
AGE 40-44					
1	Dimitry Yakoushkin	514	41	Unattached	3.95m
AGE 50-54					
1	Andrew Avellar	142	53	Big Dog Track Club	3.50m
2	Joseph Ols	449	54	Unattached	2.50m
AGE 55-59					
	Douglas Bibby	152	58	Unattached	
AGE 60-64					
1	Robert Olsen	450	62	Unattached	5.35m
2	Windzell Thomas	492	63	Unattached	2.90m
AGE 65-69					
1	Mike Hochderffer	225	65	Yolo Striders Track	2.90m
AGE 70-74					
1	Gary Wuest	512	72	Unattached	2.45m
AGE 75-79					
1	Arthur Ribbel	468	76	Unattached	2.45m

Event # 51 WOMENS Long Jump

AGE 35-39					
1	Sarah Chan	178	36	San Francisco Track	4.73m

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AGE 55-59

1	Joy Upshaw	496	57	Joy's Jackrabbits Tr	4.66m
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Event # 52 MENS Long Jump

AGE 35-39

1	Michael Sullivan	488	37	Unattached	6.45m
2	Roman Marenin	259	35	Unattached	6.27m
3	Joel Smith	406	35	UNATTACHED	5.30m
4	Jerry Yuhara	515	35	Unattached	4.93m

AGE 45-49

1	Matthew Spiller	481	47	Unattached	3.97m
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AGE 50-54

1	Doug Holland	228	54	Unattached	5.03m
2	Mark Warren	506	50	Unattached	5.01m
3	Joseph Ols	449	54	Unattached	3.87m

AGE 60-64

1	Bob Thurman	493	62	Sierra Gold	4.82m
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AGE 65-69

1	Roger Parnell	454	69	Sierra Gold	4.93m
2	Richard Harmon	218	69	Unattached	3.74m

AGE 70-74

1	William Wilson	509	74	Sierra Gold	3.86m
2	Gary Wuest	512	72	Unattached	3.37m

AGE 80-84

1	Paul Osborn	451	81	Unattached	2.76m
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Event # 53 WOMENS Triple Jump

AGE 35-39

1	Sarah Chan	178	36	San Francisco Track	10.01m
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Event # 54 MENS Triple Jump

AGE 55-59

1	Edouard Marchand	257	58	Unattached	8.73m
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AGE 70-74

1	William Wilson	509	74	Sierra Gold	7.46m
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Event # 55 WOMENS Discus Throw

AGE 30-34

1	Anna McGregor	268	30	Unattached	25.28m
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AGE 40-44

1	Liz Roberts	471	41	Joy's Jackrabbits Tr	12.25m
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AGE 55-59

1	Kelly Thalman	489	55	Unattached	21.10m
2	Katherine# Clausen de Contrera	181	55	Unattached	19.02m

AGE 60-64

1	Linda Patterson	456	63	Unattached	18.71m
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AGE 65-69

1	Katherine Slouber	480	67	Sierra Gold	18.55m
2	Patricia Baker	143	67	Sierra Gold	16.05m

AGE 75-79

1	Elsbeth Padia	452	79	Unattached	20.17m
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USATF - Pacific Masters Championships

Results by: Ford Timing

6/21/2018

6/10/18 - 6/10/18

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Event # 56 MENS Discus Throw

AGE 45-49					
1	Michael Hoffer	102	45	UNATTACHED	38.14m
2	Alex Callister	168	46	Unattached	37.43m
AGE 50-54					
1	Paul Rosati	473	54	Mount Diablo Heat	43.50m
2	Stephen Adelman	130	51	Sierra Gold	38.50m
3	John Miranda	103	50	UNATTACHED	36.46m
4	Bernard Grotegeer	519	50	UNATTACHED	32.40m
AGE 55-59					
1	Richard Carter	172	55	Unattached	38.38m
2	George # Patterson Jr	457	57	Unattached	37.21m
3	Zdzislaw Marcisz	258	58	Unattached	31.06m
4	Larry Munski	443	58	Unattached	30.39m
5	Douglas Bibby	152	58	Unattached	29.01m
AGE 60-64					
1	Brad Rutledge	475	60	Unattached	37.95m
2	Lonnie Crider	188	63	Unattached	33.26m
3	David Herbert	224	60	U.S. Army	32.90m
4	Rob Duncanson	198	62	Unattached	28.61m
AGE 70-74					
1	Gary Wuest	512	72	Unattached	31.74m
2	Chuck Engberg	203	72	Unattached	28.18m
AGE 80-84					
1	George # Patterson Sr	458	80	Unattached	22.10m

Event # 57 WOMENS Hammer Throw

AGE 55-59					
1	Katherine# Clausen de Contrera	181	55	Unattached	30.44m
2	Kelly Thalman	489	55	Unattached	27.79m
AGE 60-64					
1	Linda Patterson	456	63	Unattached	25.19m
AGE 65-69					
1	Katherine Slouber	480	67	Sierra Gold	21.02m
2	Patricia Baker	143	67	Sierra Gold	18.81m
3	Rene Sprattling	482	68	Sierra Gold	14.52m
AGE 75-79					
1	Elsbeth Padia	452	79	Unattached	21.36m

Event # 58 MENS Hammer Throw

AGE 45-49					
1	Alex Callister	168	46	Unattached	35.19m
AGE 50-54					
1	Stephen Adelman	130	51	Sierra Gold	50.69m
2	Matt Cavender	174	50	Unattached	43.02m
3	Paul Rosati	473	54	Mount Diablo Heat	40.26m
4	Joseph Ols	449	54	Unattached	24.46m
AGE 55-59					
1	Edward Noyes III	445	56	Unattached	49.34m
2	Richard Carter	172	55	Unattached	34.37m
3	George # Patterson Jr	457	57	Unattached	32.11m
4	Larry Munski	443	58	Unattached	31.60m

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AGE 60-64

1 Michael Venning 502 60 Unattached **41.13m**

AGE 65-69

1 Gary John 236 69 Santa Cruz Throwers **37.10m**

AGE 80-84

1 George # Patterson Sr 458 80 Unattached **30.79m**

2 Gary Dawson 193 83 Unattached **16.63m**

Event # 59 WOMENS Javelin Throw

AGE 45-49

1 Gisele Guirand 215 47 Unattached **18.92m**

AGE 50-54

1 Durelle Schimek 476 50 Sierra Gold **35.63m**

AGE 55-59

1 Kelly Thalman 489 55 Unattached **18.31m**

2 Katherine# Clausen de Contrera 181 55 Unattached **18.28m**

AGE 60-64

1 Linda Patterson 456 63 Unattached **18.62m**

AGE 65-69

1 Patricia Baker 143 67 Sierra Gold **18.62m**

2 Katherine Slouber 480 67 Sierra Gold **13.39m**

3 Rene Sprattling 482 68 Sierra Gold **9.63m**

AGE 75-79

1 Elsbeth Padia 452 79 Unattached **18.83m**

Event # 60 MENS Javelin Throw

AGE 35-39

1 Michael Sullivan 488 37 Unattached **44.67m**

2 Jerry Yuhara 515 35 Unattached **23.29m**

AGE 40-44

1 Trevor Mcdonald 267 42 Unattached **31.58m**

AGE 50-54

1 Paul Rosati 473 54 Mount Diablo Heat **33.92m**

2 Joseph Ols 449 54 Unattached **25.41m**

AGE 55-59

1 Edouard Marchand 257 58 Unattached **36.66m**

2 George # Patterson Jr 457 57 Unattached **36.41m**

3 Zdzislaw Marcisz 258 58 Unattached **34.96m**

4 Douglas Bibby 152 58 Unattached **22.86m**

5 Larry Munski 443 58 Unattached **18.96m**

AGE 60-64

1 Don Mosbacher 442 61 Unattached **34.58m**

2 Daniel Lloyd 252 64 Unattached **33.98m**

3 Lonnie Crider 188 63 Unattached **31.17m**

AGE 65-69

1 Kevin Christensen Mr 180 66 Unattached **32.34m**

AGE 70-74

1 Chuck Engberg 203 72 Unattached **21.95m**

AGE 80-84

1 George # Patterson Sr 458 80 Unattached **16.01m**

USATF - Pacific Masters Championships

Results by: Ford Timing

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Event # 61 WOMENS Shot Put

AGE 40-44					
1	Liz Roberts	471	41	Joy's Jackrabbits Tr	5.60m
AGE 45-49					
1	Gisele Guirand	215	47	Unattached	6.95m
AGE 55-59					
1	Katherine# Clausen de Contrera	181	55	Unattached	7.61m
2	Kelly Thalman	489	55	Unattached	7.60m
AGE 60-64					
1	Linda Patterson	456	63	Unattached	8.44m
AGE 65-69					
1	Katherine Slouber	480	67	Sierra Gold	7.06m
2	Patricia Baker	143	67	Sierra Gold	6.55m
AGE 75-79					
1	Elsbeth Padia	452	79	Unattached	8.58m

Event # 62 MENS Shot Put

AGE 35-39					
1	Michael Sullivan	488	37	Unattached	10.25m
2	Jerry Yuhara	515	35	Unattached	9.09m
AGE 40-44					
1	Trevor Mcdonald	267	42	Unattached	10.57m
AGE 45-49					
1	Richard Harrison	220	48	Unattached	13.26m
2	Alex Callister	168	46	Unattached	11.77m
AGE 50-54					
1	Paul Rosati	473	54	Mount Diablo Heat	13.10m
2	John Miranda	103	50	UNATTACHED	12.12m
3	Joseph Ols	449	54	Unattached	9.28m
AGE 55-59					
1	Zdzislaw Marcisz	258	58	Unattached	12.17m
2	Richard Carter	172	55	Unattached	11.67m
3	George # Patterson Jr	457	57	Unattached	11.27m
4	Larry Munski	443	58	Unattached	10.27m
5	Douglas Bibby	152	58	Unattached	9.54m
AGE 60-64					
1	Brad Rutledge	475	60	Unattached	12.51m
2	David Herbert	224	60	U.S. Army	10.62m
AGE 65-69					
1	Rick Thoman	490	65	San Francisco Track	8.84m
AGE 70-74					
1	Gary Wuest	512	72	Unattached	10.90m
2	Chuck Engberg	203	72	Unattached	9.33m
AGE 80-84					
1	George # Patterson Sr	458	80	Unattached	8.18m

Event # 63 WOMENS Weight Throw

AGE 55-59					
1	Katherine# Clausen de Contrera	181	55	Unattached	12.62m
2	Kelly Thalman	489	55	Unattached	9.87m

USATF - Pacific Masters Championships

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AGE 60-64

1	Linda Patterson	456	63	Unattached	9.07m
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AGE 65-69

1	Katherine Slouber	480	67	Sierra Gold	8.42m
2	Patricia Baker	143	67	Sierra Gold	8.21m

Event # 64 MENS Weight Throw

AGE 45-49

1	Alex Callister	168	46	Unattached	10.65m
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AGE 50-54

1	Stephen Adelman	130	51	Sierra Gold	16.90m
2	Paul Rosati	473	54	Mount Diablo Heat	13.64m
3	Joseph Ols	449	54	Unattached	10.37m

AGE 55-59

1	George # Patterson Jr	457	57	Unattached	14.05m
2	Larry Munski	443	58	Unattached	11.61m

AGE 65-69

1	Gary John	236	69	Santa Cruz Throwers	13.32m
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AGE 80-84

1	George # Patterson Sr	458	80	Unattached	10.59m
2	Gary Dawson	193	83	Unattached	7.17m

Event # 65 SUPER WOMENS Super Wt Throw

AGE 55-59

1	Katherine# Clausen de Contrera	181	55	Unattached	8.45m
2	Kelly Thalman	489	55	Unattached	6.25m

AGE 60-64

1	Linda Patterson	456	63	Unattached	6.53m
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AGE 65-69

1	Patricia Baker	143	67	Sierra Gold	5.74m
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Event # 66 SUPER WOMENS Super Wt Throw

AGE 50-54

1	Joseph Ols	449	54	Unattached	4.51m
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USATF - Pacific Masters Championships

Results by: Ford Timing

6/21/2018

6/10/18 - 6/10/18

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AGE 80-84

1	George # Patterson Sr	458	80	Unattached	6.13m
2	Gary Dawson	193	83	Unattached	3.10m

COMBINED TEAM SCORES Pacific Association

PLACE	TEAM	INITIALS	SCORE
1	SIERRA GOLD	38KI	325.500
2	SAN FRANCISCO TRACK	38AI	155.000
3	JOY'S JACKRABBITS TR	38JJ	130.000
4	MOUNT DIABLO HEAT	38UD	45.000
5	SIERRA RACEWALKERS	38SW	28.000
6	IMPALA RACING TEAM	38IR	24.500
7	LAKE MERRITT JOGGERS	38LM	22.500
8	NORCAL STRIDERS	38XY	18.000
8	WEST VALLEY TRACK CL	38WV	18.000
10	EXCELSIOR RUNNING CL	38EU	17.250
11	MACCANDO TENDERLOIN	38MN	16.000
12	SANTA CRUZ THROWERS	38AZ	12.000
12	WOLFPACK RUNNING CLU	38MW	12.000
14	BIG DOG TRACK CLUB	38BD	10.000
14	STRAVA TRACK CLUB	38NN	10.000
16	PAMAKIDS	38PM	9.000
16	EMPIRE RUNNERS CLUB	38ER	9.000
16	WOODSIDE WILDEBEESTS	38WW	9.000
16	TAMALPA RUNNERS, INC	38TR	9.000
20	BUFFALO CHIPS RUNNIN	38BC	6.000
21	RIVER CITY REBELS	38RI	3.250
22	GOLDEN VALLEY HARRIE	38GV	1.000

PA USATF Multi Event Scoring - 6/10/2018**College of San Mateo****Results - Combined Events****Men Outdoor Pentathlon**

	Points	LJ	JT	200	DT	1500
1 Ols, Joseph # Unattached M54 Team Points: 10	1526	3.87m (335)	24.46m (300)	32.05 (334)	27.83m (434)	7:38.75 (123)
2 Yuhara, Jerry # Unattached M35 Team Points: 8	993	4.93m (398)	23.29m (210)	(0)	(0)	5:35.91 (385)
DNF Patterson Sr, George # Unattached M80		(0)	(0)	(0)	22.10m (590)	DNS (0)
DNF Harmon, Richard # Unattached M69		3.74m (516)	SCR (0)	DNS (0)	ND (0)	SCR (0)
DNF Duncanson, Rob # Unattached M62		(0)	(0)	DNS (0)	28.61m (472)	5:54.02 (674)

PA USATF Multi Event Scoring - 6/10/2018**College of San Mateo****Results - Combined Events****Men Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
1 Rosati, Paul # Mount Diablo Heat M54 Team Points: 10	3481	40.26m (640)	13.10m (811)	43.50m (755)	40.26m (580)	13.64m (695)
2 Patterson Jr, George # Unattached M57 Team Points: 8	3335	32.11m (548)	11.27m (747)	37.21m (691)	36.41m (570)	14.05m (779)
3 Patterson Sr, George # Unattached M80 Team Points: 6	3018	30.39m (787)	8.18m (625)	22.10m (590)	16.01m (349)	10.59m (667)
4 Munski, Larry # Unattached M58 Team Points: 5	2844	31.60m (537)	10.27m (670)	30.39m (539)	31.60m (475)	11.61m (623)
5 Ols, Joseph # Unattached M54 Team Points: 4	2108	24.46m (335)	9.28m (538)	27.83m (434)	24.46m (300)	10.37m (501)

PA USATF Multi Event Scoring - 6/10/2018**College of San Mateo****Results - Combined Events****Women Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
1 Clausen de Contreras, Kat Unattached		27.79m	8.64m	18.99m	18.28m	11.79m
W55 Team Points: 10	2976	(686)	(651)	(413)	(410)	(816)
2 Patterson, Linda Unattached		25.19m	8.44m	18.71m	18.62m	9.07m
W63 Team Points: 8	2878	(682)	(706)	(460)	(477)	(553)
3 Thalman, Kelly # Unattached		27.79m	7.01m	20.89m	21.35m	9.78m
W55 Team Points: 6	2801	(686)	(503)	(464)	(494)	(654)
4 Baker, Patricia # Sierra Gold		18.81m	6.55m	16.05m	18.62m	8.21m
W67 Team Points: 5	2658	(537)	(587)	(439)	(549)	(546)

PA USATF Multi Event Scoring - 6/10/2018

College of San Mateo

Results - Combined Events

Men Indoor Pentathlon

	Points	60H	LJ	SP	HJ	1000
1 Ols, Joseph # Unattached M54	1762	12.33 (366)	3.87m (335)	9.28m (538)	1.35m (434)	5:00.34 (89)

- 1.) OLS Controls-147
- 2.) Division of Measurement Standards-66
- 3.) joy's jackrabbits TC-60
- 4.) Kaiser Permanente-30
- 4.) Hawaiian Airlines-30
- 6.) MacCanDo Tenderloin Youth Track Club-28
- 7.) We Care Solar-24
- 8.) Southern California Brook Running-20
- 9.) SLAC-10
- 9.) Chabot College-10
- 9.) Dave Brown Engineering -10
- 9.) Millennium Farm-10
- 9.) Genomic Health, Inc. -10
- 9.) Design Group-10
- 15.) U.S. coast guard-8
- 15.) Totemic Labs-8
- 17.) @nonsense_sportstraining -6
- 18.) Elite Faith Athletics-0
- 18.) Reno Running Company-0
- 18.) CCE-0