

USATF Pacific Board of Athletics

Compiled Committee Report: May 15, 2018

LDR Committee

Angie Longworth (foxhorsepower@gmail.com)

Road Racing:

We have completed 6 out of 13 of our races this year. Kudo's go to participants of the first running of the Devil Mountain Mile of Truth, especially Jen Bayliss (5:20) and Jill Miller-Robinett (6:33) who set new American Records for the road mile in the 45-49 and 60-64 age groups, respectively.

Ultra Racing:

We have completed 8 out of 14 races, with 2 more races this coming weekend (SilverState 50M and Ohlone 50K). We are working on a few changes with MUT, including:

- Simplification of rules (see last LDR Committee meeting minutes)
- Reducing the number of races in the Ultra series in order to increase focus, participation and competitiveness
- Add a sub-ultra Trail series, better reflecting the distinctions between the three components of MUT at the National and International levels (Mountain versus Ultra running versus Trail running).

Cross Country Racing:

We have a full line up of races (10) scheduled for the fall. Starting the series off will be Santa Cruz on August 18. We are submitting a bid for the 2020 XC Nationals to be held in Golden Gate Park, submission due in June.

MTF Committee

Joseph Ols (masterstf@pacific.usatf.org)

Date of combined MTF / Open PA T&F Championships is June 10th 2018.

There's been significant work, coordination and emails. Good news is all seems to be proceeding smoothly.

- Current Registrations as of Sunday 5-13:
 - Total registrants: 35 people in 117 events; 0 teams in 0 events
 - Percent online: 100.0% (117 of 117)
 - System revenue: \$1,110.00
- 115 of 117 Events are with MTF athletes, remainder are with Open athletes
- We expect & hope there will be many registrations near the end, as there always seem to be.

With the addition of the 60m Hurdles this year, we also offer Men's Heptathlon and Indoor Pentathlon events. With these 3, our meet now offers all events contested at all 5 USATF MTF national championship meets: Indoor T&F, Outdoor T&F, Indoor Combined Events, Outdoor Combined Events, Throws *except the 4x200m relay and the 1.5K, 3K, 10K RWs* (working with Jon Price, our 5K RW is part of the PA RW Grand Prix).

<https://www.pausatf.org/wp-content/uploads/2018/05/MTF2018ChampionshipsInfov1.1.pdf>

Much time spent responding to 11th hour requests from 3 national MTF Committee members (and their Meet Director) for PA to provide significant funding for USA MTF Combined Events Championships in Grass Valley, CA (PA) June 30 – July 1.

- Irene, John & I proposed some PA funding, and suggested many ideas to reducing meet spending in areas currently well outside what PA allows for PA events & personnel.
- They stated they won't respond to Irene's request for an email reply to PA's spending reduction ideas. Irene says she feels PA shouldn't commit funding if they are not willing to send a reply email, and I support her stand, so it appears PA will not be directly financially supporting this meet.
 - PA is supporting it by repeatedly publicizing it, and including it in our 2018 PA MTF Grand Prix.

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2018 MTF Grand Prix has been defined, organized/staffed, published online, and announced per email blast below
<https://www.pausatf.org/wp-content/uploads/2018/05/MTF2018PAGrandPrix.pdf>

On May 1, 2018 the following MT Email Blast was sent out by Cynci on behalf of the MTF Committee.

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Pacific Assoc. Masters Track & Fieldsters,

1.) Our **PA MTF Championships** will be June 10th at the College of San Mateo's beautiful track. Cheaper online registration (<https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=113068>) ends 6pm Thursday June 7th (onsite registration ends 11am). Meet Flyer: <https://www.pausatf.org/wp-content/uploads/2018/05/MTF2018ChampionshipsInfov1.1.pdf>

Everything from last year plus:

- With the addition of the 60m Hurdles this year, we also offer Men's Heptathlon and Indoor Pentathlon events. With these last 3, our meet now offers all events contested at all 5 USATF MTF national championship meets: Indoor T&F, Outdoor T&F, Indoor Combined Events, Outdoor Combined Events, Throws
 - as before, since our Combined Events are conducted out of official order and not with official recovery times between events, they do not qualify for American or World Records
- Another age group: We've added **Open** to all our events (as we had for Non-Throws prev yrs) and officially combined our two meets this year
 - This means you can **REGISTER FOR EVENTS AS either MASTERS or OPEN. Choose carefully and live with your selection**, since Open performances shall NOT qualify for PA MTF Placing & Medals (Open offers no medals) nor for PA MTF Grand Prix competition; MTF performances might count towards PA Open Grand Prix cash prizes (to develop PA Olympic & professional athletes) but verify this yourself since Open GPrix rules not yet posted
- 30K Relay. Why should sprinters have all the relay fun? The *30K Relay* combines the 4 times of two 5K runners plus two 10K runners in those individual events. A runner can contribute both 5K & 10K times, so the relay can be performed by 2, 3 or 4 runners, but 4 medals will always be awarded. Fee & 10K runners submitted 20+ min before the 10K (like all other relays), 5K runners submitted 20+ min before the 5K.
- 5K Racewalk, which will be one of PA RW Committee's 2018 Grand Prix races, so we should see a great field ... including you.
- This year our Flyer shows *approximate* start times for *all* events to help you plan, but events might start earlier (times later in the day might vary more than those early). *We won't delay the entire meet for a late athlete(s), so ensure you are on time no matter when your event starts* (arrive early - worst case is you'll cheer/enjoy other great PA MTF performances).

2.) 2018 PA MTF Grand Prix:

Compete in our PA MTF Championships for its big bonus, and in other eligible PA MTF Sanctioned Meets (as always, let us know of add'l meets you are aware of, so we can promote them to our PA MTF Community). <https://www.pausatf.org/wp-content/uploads/2018/05/MTF2018PAGrandPrix.pdf>

- **YOU SHALL EASILY WIN OUR GRAND PRIX** if... we had 9 Employers in 2017 but all had only 1 athlete! Recruit a few more employees or retirees to our PA MTF Championships June 10th and the award could be yours. Brownie points from your CEO and everyone, if it hangs forever in your company cafeteria, award case, or exec conference room (or keep it for yourself on your wall)?
- Again, simply enter your Employer's name when registering for our PA MTF Championships. No other cost, paperwork, or nuthin'

3.) 6 major PA Sanctioned meets in 7 weeks(!), then others:

1. May 27: Bay Area 50+ Senior Games www.bayareaseniorgames.org/sports-track-field
2. **June 10: PA MTF T&F Championships** <https://www.pausatf.org/masters-track-field/>

3. June 16: Sierra Gold MTF Festival www.sgmtff.org
4. June 23: Wine Country 50+ Senior Games www.winecountrygames.com/choose-a-sport/track-field
5. **June 30 - July 1: USA Combined Event Championships Nevada City, CA** <http://usatfmasters.org/content/2018/20180630combined.pdf>
6. July 7: Pride Meet www.pridemeet.org
7. July 14-15: USATF Western Region MTF Championships Culver City, CA <https://www.scausatf.org/masters/usatf-masters-west-region-track-field/>
8. July 26-29: USATF MTF T&F Championships Spokane WA www.usatf.org/Events---Calendar/2018/USATF-Masters-Outdoor-Championships.aspx
9. Other Big Meets: http://usatfmasters.org/cal_bigmeets.htm

4.) Joy Upshaw (PA MTF Director of Sprints & of Womens T&F) created a list of more open, all comers and remote meets for MTF. Please verify yourself before driving:

- May 3 - Thurs: Payton Jordan Invite (basically a distance meet-but in order for them to have records they have to have a full meet with events)
- May 5 - Sat: Sac State Open
- May 6 - Sun: SoCal Striders Meet-Santa Ana College
- May 6 - Sun: Hayward Classic- Eugene
- May 11 - Fri: Last Chance Meet- Cal State LA
- June 2 - Sat: Pasadena Senior Games (50+)
- June 10 -Sun: Monte Upshaw Long Jump Festival- CAL
- June 14-August 9 - Thursday Night: Los Gatos All Comers Meets
- June 6, 20, July 11, 18 & Aug 1- Wed. Nights: San Diego Summer Series
- Sept 4-17: World Masters Championships Malaga, Spain malaga2018.com
- Oct. 15-17: M-W Huntsman Senior Games (50+)
- Oct. 21: Sri Chimnoy Meet, Glendale HS