

# USATF Pacific Association Masters Track & Field Grand Prix

PA MTF Grand Prix Awards will recognize outstanding performance at this year's USATF Pacific Assoc, National, and International meets, to the top 3 PA MTF Athletes / Teams in 7 categories covering USATF MTF championships events (FYI Racewalkers have separate Grand Prix awards):

1. Sprints & Hurdles (60m, 100m, 200m, 400m, Short Hurdles, Long Hurdles)
2. Middle & Distance (800m, 1500m, Steeplechase, 5K, 10K)
3. Jumps (HJ, LJ, TJ, PV)
4. Throws (SP, DT, JT, HT, WT, SWT)
5. All Around (All USATF MTF Championship events incl RW)
6. Pacific Assoc Clubs
7. Employers (primary employer of current, and latest primary employer of retired, PA athletes)

## Scoring:

- To promote PA Sanctioned MTF meets, and USATF MTF Nat'l & WMA World / NCCWMA championships, up to 3 age/sex-graded performances may be summed per category #1-4 with max 1 event per category from each meet. For All Around #5, *all* USATF Championship events may be submitted per meet, but no more than 3 performances per event ([http://usatfmasters.org/fa\\_agegrading.htm](http://usatfmasters.org/fa_agegrading.htm)):
  - Bonus #1: To promote participation & performances at PA MTF Championships, Western Region MTF Championships *when held in PA*, and USATF MTF National Championships (Indoor / Outdoor: T&F, Throws, Combined Events) *when held in PA*, 50% bonus for these scores
  - Bonus #2: To promote PA participation & performances at MTF USATF Nat'l (when held in other associations) & WMA World & NCCWMA Region Championships, 10% bonus for up to 1 of these scores (for All Around, 1 score *per event*)
  - Bonus #3 for non-All-Around athletes (#1-4): Recognizing mastery in multiple events is harder than in one, 10% bonuses for scores in 2<sup>nd</sup> & 3<sup>rd</sup> events within that category
- Winners of the Club & Employer categories shall be the PA Teams with the most team-points at this year's PA USATF Masters T&F Championships

Athletes, or one on their behalf, shall submit performances & calculated points with athlete name, current PA USATF membership number, phone, email & physical addresses by November 30 (if you find a later eligible MTF meet, please notify us) to Coach Clyde Lehman – PA MTF Director of Clubs [coachclyde1@gmail.com](mailto:coachclyde1@gmail.com). Performances must be listed at both <http://www.mastersrankings.com/> and the website of the meet host for easy verification.

Contact Clyde Lehman or [masterstf@pacific.usatf.org](mailto:masterstf@pacific.usatf.org) for questions.

### **Example – Age/Sex-Graded Performances & PA MTF Grand Prix Points** (using 2016 tables):

	<u>100m</u>	<u>200m</u>	<u>400m</u>	<u>Long Hurdle</u>	<u>Discus</u>
PA MTF Champs:	.72	.75		.83	.55
Outdoor Nat'ls:	.64	.75	.79	.82	.51
Sierra Gold MTF Fest	.72	.75	.80		.64
Pride Meet	.73	.76	.81		.56

$$\begin{aligned}
 \text{Sprint/Hurdle pts} &= 0.83*1.5 + 0.79*1.1(\text{nat'ls})*1.1(2^{\text{nd}} \text{ Sprint/Hurd event}) + 0.76*1.1(3^{\text{rd}} \text{ event}) = 3.037 \\
 \text{Throws pts} &= 0.55*1.5 + 0.51*1.1 + 0.64 = 2.026 \\
 \text{All Around pts} &= (.72 + .75 + .83 + .55)*1.5 + (.75 + .79 + .82 + .51)*1.1 + .72 + .76 + .8 + .64 + .73 + .81 = 11.892
 \end{aligned}$$