



**Pacific Association USATF
7th Annual Shor / Sheppard Classic
De Anza High School
5000 Valley View Rd.
El Sobrante, CA 94803**

Saturday – March 31, 2018

February 6, 2018

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

Hello everyone!! The Pacific Association of USA Track and Field (USATF) welcomes you to the 7th Annual Shor/Sheppard Classic Track and Field track meet. The competition will be held Saturday, March 31st at De Anza High School near Richmond.

Last year was our first year without Bob Shor and did we all feel it. He is physically gone from us but will never be forgotten. Let's allow his memory to live on through the continuous execution of this meet. We still do have our Charlie Sheppard and pray for his continued good health. Therefore, don't miss this opportunity to remember and support two great men of USATF Pacific Association youth track & field!

For all questions regarding the 7th Annual Shor / Sheppard Classic, please contact Meet Director:

Joanne Slaton-Camargo slatoncamargo@gmail.com or 510-632-8004 or 510-301-8399

NO LATE REGISTRATION – online registration will be available through – CoachO.com

You must complete your registration process by 9 pm Wednesday March 28, 2018. Don't wait until the last minute.

Registration Deadline: 9 pm, March 28th

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- Cost: **\$8 per athlete** (no refunds)
 - 6 & under, 7-8, 9-10, 11-12 year olds, can enter 1-3 events
 - 13-14, 15-18 year olds can enter 1-4 events
 - Athletes are not allowed to compete in an older or younger age group
 - A relay counts as an event
 - **Unattached athletes cannot form a relay team**
- The 15-18 age groups are no longer allowed any false starts. 6 & under, 7-8, 9-10, 11-12, 13-14 age groups are still allowed one false start

Competition Age Groups

Age Group	Birth Year	Group No.	Maximum Events
6 & under	2012+	0	3 events
7-8	2010-2011	1	3 events
9-10	2008-2009	2	3 events
11-12	2006-2007	3	3 events
13-14	2004-2005	4	4 events
15-18	2000-2003, 1999 after July 29	5/6	4 events

Results Posting

Results will be posted at a designated location during the meet as soon after the competition as possible. Check the Coach-O website (www.coacho.com) and Pacific Association website (www.pausatf.org) for final results after the meet is over.

Awards

Awards will be available for pick up at the Awards table. Athletes can pick up their own awards. Medals are awarded to the overall top three places in each event. Ribbons will be awarded to all athletes in each event.

Medical Services & Security

There will be qualified personnel available. Additional medical facilities such as the Fire Department Rescue Unit are within minutes of the stadium.

Shor / Sheppard Classic Track and Field Meet

Schedule of Events

Track Events

All running races are contested girls then boys. Rolling schedule – as soon as a running event ends, the next will begin.

Event	Age Group	Time
1500m Race Walk	9-10, 11-12 year olds	8:30 am
3000m Race Walk	13-14, 15-18 year olds	
100m dash	6 & under through 15-18 year olds	
50m dash	5 & under (not registered in meet)	
400m dash	6 & under through 15-18 year olds	
1500m run	7-8 through 15-18 year olds	
80m hurdles	11-12 year olds	
100m hurdles	13-14 year olds	
200m dash	6 & under through 15-18 year olds	
800m dash	7-8 through 15-18 year olds	
4x100m relay	6 & under through 15-18 year olds	

Field Events

All field events are contested girls than boys. Play close attention to the order the age groups will be competing so you don't miss your age group. Events will be contested on a rolling schedule and the next age group will begin as soon as an age group completes.

Event	Age Group	Time
Long Jump	6&U through 15-18 year olds	8:00 am
High Jump	9-10 through 15-18 year olds	8:00 am
Mini Javelin	7-8, 9-10, 6&U, 11-12 **	8:00 am
Shot Put	11-12, 9-10 7-8, 13-14, 15-18 **	8:00 am

**Please note the order of participation pertaining to age groups for the field events.

This meet cannot happen without your support! Please sign you or your club up for a volunteer role, contact Joanne Camargo at slatoncamargo@gmail.com, or Don Harding at taujay@msn.com