

California Golden Bears

2018 All-Comers Track & Field Meet Info

- Date:** Saturday, January 20th
- Divisions:** Junior High, High School, Open, Masters, Male and Female athletes
All participants must be 13 years of age or older to participate.
- Rules:** Meet will be conducted under USATF rulings
- Entry Fee:** **\$10 per athlete paid on arrival. *Spectators are free.*** This fee is for entry into the meet. It is not a participation fee. No refunds.
- Registration:** 7am to **12:30pm** ONLY. Registration closes promptly at 12:30pm.
- Medical:** Please note that there will be no medical staff on the track during the meet. Participants are responsible for their own medical supplies. You are competing at your own risk.
- Waivers:** **All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement. Parents must sign waivers for minors! No exceptions!**
Forms are online at Calbears.com on the Track & Field page under "Links".
- Field Events:** Throws: Weigh-ins are 7am to noon ONLY. Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.
- Facility:** In August 2012, the eight-lane track at George C. Edwards Stadium was resurfaced with Beynon BSS 2000 Hobart. **Spikes must be under 9mm. Needle spikes NOT allowed.**
- Parking:** Due to a Cal basketball game, parking on Frank Schlessinger Way, Bancroft Way and Haas Pavilion lots will not be available. Parking will be available on street or for pay at the campus's University Hall Structure or Genetics Garage. Click on [this link](#) for more parking suggestions.
- Field Access:** Only participating athletes, Cal staff and meet administration allowed on the field besides pole vault coaches. All other coaches & fans/friends/family are asked to remain on the outside of the track/in the stands.
- Questions:** chasdavis@berkeley.edu. In case of inclement weather, check twitter @Cal_Track for meet status updates.
- Results:** Posted at the conclusion of each event at www.recordtiming.com

Cal All-Comers
1.20.18 Time Schedule & Order of Event

Field Events

No hammer

8am	Weight Throw *No Hammer*
10am	High Jump
10:30am – 1	Open Long Jump
11am	Shot Put
11am	Javelin
	Discus to follow
12pm	Pole Vault – Two mixed gender flights separated by opening heights of 7' and 10'
1:30pm – 4	Triple Jump

Track Events Male division, open to youngest competed first; female division, open to youngest follows.

10:30am Start of rolling schedule

1 Mile Race Walk
4x100m Relay
1500m
60mHH
400m
60m
800m
300mIH
200m
3200m
4x400m Relay

TRACK & FIELD