



**USATF-Pacific Open - 6/11/2017**  
**Track and Field Championships**  
**College of San Mateo**  
**Results - Track**

**Event 4 Women 30-34 5000 Meter Race Walk**

Name	Age Team	Finals	Alternate
<b>Finals</b>			
1 Robyn Stevens	34 Skechers Perf	24:23.93	
1:00.535 (1:00.535)	3:01.379 (2:00.844)	4:58.090 (1:56.711)	6:55.224 (1:57.134)
8:52.262 (1:57.038)	10:49.818 (1:57.556)	12:47.214 (1:57.396)	14:45.937 (1:58.723)
16:43.399 (1:57.462)	18:40.536 (1:57.137)	20:36.992 (1:56.456)	22:31.727 (1:54.735)
24:23.930 (1:52.203)			

**Event 4 Women 55-59 5000 Meter Race Walk**

Name	Age Team	Finals	Alternate
1 Nicolle Goldman	58 Sierra Racewalkers	31:15.93	
1:12.580 (1:12.580)	3:44.649 (2:32.069)	6:13.155 (2:28.506)	8:43.637 (2:30.482)
11:14.342 (2:30.705)	13:44.515 (2:30.173)	16:13.185 (2:28.670)	18:43.385 (2:30.200)
21:13.878 (2:30.493)	23:45.616 (2:31.738)	26:16.364 (2:30.748)	28:47.073 (2:30.709)
31:15.930 (2:28.857)			

**Event 4 Women 60-64 5000 Meter Race Walk**

Name	Age Team	Finals	Alternate
1 Susan Mears	62 Sierra Racewalkers	33:10.74	
1:17.930 (1:17.930)	3:58.006 (2:40.076)	6:36.566 (2:38.560)	9:15.953 (2:39.387)
11:55.949 (2:39.996)	14:35.207 (2:39.258)	17:13.124 (2:37.917)	19:52.461 (2:39.337)
22:31.828 (2:39.367)	25:11.319 (2:39.491)	27:53.891 (2:42.572)	30:33.836 (2:39.945)
33:10.732 (2:36.896)			
2 Karen Stoyanowski	62 Sierra Racewalkers	34:10.43	
1:18.798 (1:18.798)	3:58.514 (2:39.716)	6:37.018 (2:38.504)	9:16.487 (2:39.469)
11:56.435 (2:39.948)	14:39.121 (2:42.686)	17:25.934 (2:46.813)	20:14.534 (2:48.600)
23:02.244 (2:47.710)	25:49.814 (2:47.570)	28:38.153 (2:48.339)	31:23.578 (2:45.425)
34:10.430 (2:46.852)			

**Event 4 Men 29&U 5000 Meter Race Walk**

Name	Age Team	Finals	Alternate
1 Eduardo Uribe- Albarran	18 Unattached	43:10.13	
1:24.154 (1:24.154)	4:28.836 (3:04.682)	7:49.625 (3:20.789)	11:12.584 (3:22.959)
14:35.098 (3:22.514)	17:57.695 (3:22.597)	21:26.034 (3:28.339)	25:00.048 (3:34.014)
28:35.097 (3:35.049)	32:11.949 (3:36.852)	35:53.225 (3:41.276)	39:34.301 (3:41.076)
43:10.124 (3:35.823)			

**Event 4 Men 40-44 5000 Meter Race Walk**

Name	Age Team	Finals	Alternate
1 Adrian Zamudio	41 Pegasus A.C.	27:27.54	
1:07.224 (1:07.224)	3:18.781 (2:11.557)	5:27.741 (2:08.960)	7:38.871 (2:11.130)
9:48.527 (2:09.656)	12:01.002 (2:12.475)	14:12.348 (2:11.346)	16:24.859 (2:12.511)
18:38.920 (2:14.061)	20:53.498 (2:14.578)	23:07.075 (2:13.577)	25:19.234 (2:12.159)
27:27.536 (2:08.302)			

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**Event 4 Men 60-64 5000 Meter Race Walk**

Name	Age	Team	Finals	Alternate
1 Mark Green	61	Pegasus A.C.	27:45.13	
1:06.692 (1:06.692)	3:18.538 (2:11.846)	5:27.491 (2:08.953)	7:38.488 (2:10.997)	
9:48.429 (2:09.941)	12:01.637 (2:13.208)	14:16.018 (2:14.381)	16:32.074 (2:16.056)	
18:47.588 (2:15.514)	21:04.262 (2:16.674)	23:21.153 (2:16.891)	25:35.118 (2:13.965)	
27:45.130 (2:10.012)				
2 Joseph Berendt	61	Sierra Racewalkers	35:55.22	
1:23.901 (1:23.901)	4:15.554 (2:51.653)	7:07.919 (2:52.365)	10:01.385 (2:53.466)	
12:54.304 (2:52.919)	15:46.952 (2:52.648)	18:41.143 (2:54.191)	21:34.243 (2:53.100)	
24:23.347 (2:49.104)	27:19.349 (2:56.002)	30:15.857 (2:56.508)	33:07.000 (2:51.143)	
35:55.217 (2:48.217)				

3 Competitor Lap Scoring Sheet -- 5,000 Meters Race Walk -- 12.5 Laps

Use A Pencil Please Print All Information Laps to Go	Competitor's Information				Laps/Dist. Completed				EVENT TIME				
	Competitor's Name	Age Group/Gender	Uniform Colors	Competitor's Bib #	Competitor's Name	Age Group/Gender	Uniform Colors	Competitor's Bib #	Competitor's Name	Age Group/Gender	Uniform Colors	Competitor's Bib #	Laps to Go
12	Green	W 45	White Top	14	Mears	W 33	Orange	21	Wibe	W 29	black	77	12
11													11
10													10
9													9
8													8
7													7
6													6
5													5
4													4
3													3
2													2
1													1
Finish Time													Finish Time

Event: \_\_\_\_\_ Heat #: \_\_\_\_\_ Lap Timer: \_\_\_\_\_

(Please Print Your Name)

Official Certification Number (if any): \_\_\_\_\_

### 3 Competitor Lap Scoring Sheet -- 5,000 Meters Race Walk -- 12.5 Laps

Use A Pencil		Competitor's Name		Competitor's Name		Competitor's Name	
Please Print All Information		Stoyanowski		Berendt		Zamudio	
Laps to Go		Age Group/Gender		Age Group/Gender		Age Group/Gender	
		Uniform Colors		Uniform Colors		Uniform Colors	
		Competitor's Bib #		Competitor's Bib #		Competitor's Bib #	
		3		4		7	
Laps to Go		Laps/Dist. Completed		Laps/Dist. Completed		Laps/Dist. Completed	
Start - 12.5		EVENT TIME		EVENT TIME		EVENT TIME	
12		1:7	0.5 - 200	1:23	0.5 - 200	1:06	12
11		3:58	1.5 - 600	4:15	1.5 - 600	3:18	11
10		6:36	2.5 - 1,000	7:07	2.5 - 1,000	5:27	10
9		9:16	3.5 - 1,400	10:01	3.5 - 1,400	7:38	9
8		11:55	4.5 - 1,800	12:54	4.5 - 1,800	9:48	8
7		14:39	5.5 - 2,200	15:46	5.5 - 2,200	12:00	7
6		17:25	6.5 - 2,600	18:41	6.5 - 2,600	14:12	6
5		20:14.43	7.5 - 3,000	21:34.56	7.5 - 3,000	16:24.76	5
4		23:02	8.5 - 3,400	24:22	8.5 - 3,400	18:38	4
3		25:49	9.5 - 3,800	27:19	9.5 - 3,800	20:53	3
2		28:38	10.5 - 4,200	30:15	10.5 - 4,200	23:07	2
1		31:28	11.5 - 4,600	33:12	11.5 - 4,600	25:19	1
Finish Time		34:10.33	12.5 - 5,000	35:54.97	12.5 - 5,000	27:27.43	Finish Time

Event: M/W 5000 M Heat #:     

Lap Timer:     

Aug. F. D. V. L. E. D. A.  
(Please Print Your Name)

Official Certification Number (if any):     

RW

### 3 Competitor Lap Scoring Sheet -- 5,000 Meters Race Walk -- 12.5 Laps

Use A Pencil Please Print All Information Laps to Go	Competitor's Name <b>Stevens</b> Age Group/Gender W Uniform Colors yellow/blue Competitor's Bib # <b>23</b>	Competitor's Name <b>Nicky</b> Age Group/Gender W Uniform Colors blue/grey Competitor's Bib # <b>20</b>	Competitor's Name <b>Bennett</b> Age Group/Gender W Uniform Colors W Competitor's Bib # <b>29</b>
	hip 8	hip 6	Laps to Go

	EVENT TIME		Laps/Dist. Completed	EVENT TIME		Start - 12.5
	Start	Finish	Completed	Start	Finish	
12	1:03	2:06	0.5 -- 200	1:12	2:24	12
11	3:01	1:58	1.5 -- 600	3:44	2:32	11
10	4:58	1:57	2.5 -- 1,000	6:13	2:29	10
9	6:55	1:57	3.5 -- 1,400	8:43	2:30	9
8	8:52	1:57	4.5 -- 1,800	11:17	2:34	8
7	10:49	1:57	5.5 -- 2,200	13:44	2:27	7
6	12:47	1:58	6.5 -- 2,600	16:13	2:29	6
5	14:45	1:58	7.5 -- 3,000	18:46	2:33	5
4	16:43	1:58	8.5 -- 3,400	21:13	2:27	4
3	18:38	1:55	9.5 -- 3,800	23:45	2:32	3
2	20:36	1:58	10.5 -- 4,200	26:16	2:31	2
1	22:31	1:55	11.5 -- 4,600	28:46	2:30	1
Finish Time	24:23	1:52	12.5 -- 5,000	31:15	2:	Finish Time

Event: M/W 5000 RW Heat #: 1 Lap Timer: J.R. Heberle (Please Print Your Name)

Official Certification Number (if any): 026017