



**USATF Pacific Association Junior Olympic Championships**  
**James Logan High School**

**Friday - June 30, 2017**  
**Saturday – July 1, 2017**  
**Sunday – July 2, 2017**

The Pacific Association of USA Track and Field (USATF) welcomes you to the 2017 USATF Pacific Association Junior Olympic Championships . The competition will be held Friday, Saturday and Sunday, June 30<sup>th</sup> –July, 2<sup>nd</sup> at James Logan High School in Union City.

For all questions and the latest updates regarding the 2017 USATF Pacific Association Junior Olympic Championships, please refer to the Pacific Association youth webpage at: [pausatf.org/youth](http://pausatf.org/youth)

Meet Director:

Charlotte Sneed [pa.youthcommittee@gmail.com](mailto:pa.youthcommittee@gmail.com) or 925-628-0273

**NO LATE REGISTRATION**

There will be no late registration and no same-day registration. You must complete your registration process before 9 pm, Tuesday, June 27, 2017.

NOTE: You cannot register an athlete to compete on your club if they are not listed within USATF as a club member. You cannot register an athlete for this meet if their birth date has not been validated at the Pacific Association office. Take care of both of these items NOW so they will not impede your registration process later.

***Registration Deadline: 9 PM, Tuesday, June 27, 2017***

Registration Process

- Prior to attempting registration with Athletic.net, each team or unattached athlete must have the following in place:
  1. 2017 USATF membership number
  2. Birth verified on PAUSATF website. Verification consists of the letter “v” next to the age of the athlete
  3. Club must be current 2017 USATF sanctioned club (if you want to compete as a club team member)

If these three items are not in place, the system will not allow you to register via Athletic.net.

- In order for an athlete to compete, he or she must be a 2017 USATF member; **THERE WILL BE NO EXCEPTIONS TO THIS RULE.**

USATF membership registration instructions are:

- [www.pausatf.org](http://www.pausatf.org)
    - Click on the “Join Now” button near the top of the page
  - Athlete must register using full legal name (no nicknames accepted)
  - Submit a photo quality copy of athlete’s birth certificate to [heikemansoor@aol.com](mailto:heikemansoor@aol.com). Include the athlete’s name and USATF membership number in the subject line.
- Online registration link – Athletic.net [www.athletic.net](http://www.athletic.net)
  - Cost per athlete is **\$6 per event** entered (no refunds)
    - Athletes are not allowed to compete in an older or younger age group
    - A relay counts as an event
      - **Unattached athletes cannot form a relay team**

Competition Age Groups

| Age Group | Age on 12/31/2017 | Birth Year  | Maximum Amount of Events |
|-----------|-------------------|---|--------------------------|
| Group 1   | 7 - 8             | 2009-2010   | 3 events                 |
| Group 2   | 9 - 10            | 2007-2008   | 3 events                 |
| Group 3   | 11 - 12           | 2005-2006   | 3 events                 |
| Group 4   | 13 - 14           | 2003-2004   | 4 events                 |
| Group 5   | 15 - 16           | 2001-2002   | 4 events                 |
| Group 6   | 17 - 18           | 1999-2000<br>1998 if born after July 31 <sup>st</sup> | 4 events                 |

## Results Posting

- Results will be posted at a designated location during the meet as soon after the competition as possible. Posted results are for the benefit of everyone; please do not remove them.
- Results will also be available through [www.adkinstrakwest.com](http://www.adkinstrakwest.com).
- After the meet is over, check the Pacific Association website ([www.pausatf.org](http://www.pausatf.org)) for final results.

## Club / Unattached Athlete Packet Pick-Up

- Only an approved Pacific Association background checked club coach or individual can pick up competition bib numbers and related materials. This does not apply to parents of unattached athletes or the unattached athlete themselves.
- Early packet pick-up will take place at James Logan High School on Friday, June 30, from 1:30 until the end of competition.
- Packet pick-up table will be open at 7:00 am, Saturday, July 1, and Sunday, July 2. Arrive early enough to get this process out of the way before the meet begins.
  - Whomever picks up the packet must sign for the packet and must be currently listed on the Pacific Association Cleared Background Check List at <https://www.pausatf.org/youth/cleared-background-check-list/>. There will be no exceptions to this rule.
  - Please remember that every team must have at least one background checked coach. If no background checked person is available, please make arrangements with a background checked coach to make sure your packet can legitimately be picked up.

## Competition Information

- This meet will be subject to 2017 USATF Rules of Competition. Please review the 2017 USATF Rules at: <http://www.usatf.org/About/Competition-Rules.aspx>
  - **Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**
- **Implements may only be used for warm-up during an organized warm-up under the supervision of the event's head official. Athletes failing to follow this rule are subject to immediate disqualification.**
- **Check-in** – We will have a first, second and final call for all events during the track meet. Athletes must arrive at check-in no later than final call. After the event is closed no changes will be made for any running events. PERIOD! Field event athletes check in at the field event.
  - **All four members of a relay team must check in together** at the Clerk of the Course and all four members uniforms must match
  - If an athlete is competing in a field event and their running event has been called for check-in, the athlete **must check out of the field event; once released by the head field event official the athlete must check-in at the running event.**

- The athlete will be allowed to return to their field event, but must report to the starting line prior to the start of their race.
  - As soon as the athlete completes the running event they need to check back into the field event.
    - If a coach or parent needs to assist a Group 0 or Group 1 athlete in this process, they will be allowed to do so.
  - When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on the excused competitors, except that **the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals.** Failure to return within the allocated period shall result in forfeiture of missed attempts.
  - For the vertical-jumps, the bar will be held for no more than **5 minutes** total time. If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.
- **Implements** – Field event implements except javelins and pole vault poles may be supplied by meet management. Personal implements must be passed by our Weights & Measures official. All implements must be checked to be used in competition.
  - [Per USATF Rule 301 Group 3 athletes \(11-12\) will compete using the 450g Aero-Javelin](#)
- **Spike Length** – Maximum 3/16" pyramid spikes on all synthetic rubber surfaces. Athletes who do not have the proper spikes will be asked to obtain the correct spikes or they will not be allowed to compete (racing flats can always be substituted for racing spikes)
- **Youth Start Rules** – Group 5 and Group 6 athletes must utilize starting-blocks from a crouched position in all events 400 Meters or less and relays where the first leg is 400 Meters or less. This rule is waived for Groups 1 through Group 4.
  - Group 5 and Group 6 athletes are not allowed any false starts, same as their high school rule.
  - Groups 1 through Group 4 are allowed one false start. False starts are called on the individual, not the field.
- **Bib Numbers & Hip Numbers** – Bib numbers will be distributed at packet pick-up. All athletes must have a bib number assigned to them in order to compete
  - **Bib numbers must be worn on the front of the jersey in all events.** An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer
  - **\$10 cash charge for replacement bib numbers**
  - For all running and race walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course
    - Hip numbers must be worn on the hip (hip facing camera while competing – not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
    - In some of the longer distance races hip numbers may also be placed on the front of the shirt to assist with lap counting

- **Starting Heights** - The starting height for the high jump and the pole vault will be set by the event head official prior to the start of competition. Incremental increases will be 5 cm (approximately 2”) in the high jump and 15 cm (approximately 6”) in the pole vault until there is a winner. The winner may then determine the next height.
- **Long-Jump Boards** - Group 0 will be allowed to jump from the front edge of the pit. Group 1 and 2 will jump from a 1-Meter board. Group 3-6 will jump from a board approximately 3 Meters from the pit.

#### Protest Table

All protests must be submitted in writing within thirty (30) minutes after the results of an event are posted per USATF Rule 146. This time period will be strictly enforced. There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the USATF 2017 Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. The location of the protest table will be announced.

#### Awards

- Awards will be available for pick up by a designated club coach or parent of unattached athlete at the Awards table 1/2-hour after the results have been posted.
  - NOTE: The 1/2-hour waiting period is to allow processing time in case a protest is filed regarding an event result.
- Medals are awarded to the top three places in each event. There are no ribbons awarded in this track and field meet.

#### Medical Services & Security

Emergency medical services will be available on-site at all sessions of the championships. Additional medical facilities are within minutes of the stadium and the local Fire Department and Rescue Unit is located minutes from the stadium.

#### Stadium Rules

- **Access to infield / Clerk of Course area:** Only athletes who are competing will be allowed access to the track or Clerk of the Course area.
  - Any coach or parent in the infield or clerking area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days.
- **Access to warm-up area:** Only athletes and coaches currently listed on the [Pacific Association Cleared Background Check List](#) will be allowed access to this area.
  - Any parent or non-cleared coach in the warm-up area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days.
- **Tents** – Allowed on the top row of the bleachers only but cannot block the announcer’s area. **Tents must be securely tied down at all times.** Tents must be broken down and

removed from the stadium at the completion of competition each day. School and USATF are not responsible for lost or stolen items.

- **Alcohol** – There is no alcohol permitted on school grounds.
- **Smoking** – James Logan High School is a SMOKE FREE campus. Smoking is not allowed on the campus. This includes e-cigarettes.
- **Coolers** – Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED. Coolers will be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium.
- **Admission** – Spectators are admitted free.
- **Food Services** – Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal.
  - BBQs are not allowed anywhere on the Sacramento State Facility.
  - Sunflower seeds are not allowed in the stadium.
- **Lost and Found** - A lost and found area will be located near the protest table.

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| USATF Junior Olympic Track and Field Advancement Procedures |
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The top 8 finishers from each event in each age group advance to the USATF Region 14 Junior Olympic Championship meet at De Anza College. The top 5 finishers at the Region 14 Junior Olympic Championship meet in each event advance to the USATF National Junior Olympic Championships to be held in Lawrence, Kansas. If you have questions regarding the advancement process from the USATF Pacific Association Junior Olympic Championship meet to the JO Nationals, please contact Charlotte Sneed at [pa.youthcommittee@gmail.com](mailto:pa.youthcommittee@gmail.com)

**Entries for all Junior Olympic Championships are NOT automatic and must be completed through athletic.net. Please note registration deadlines for each event.**

- **Region 14 Junior Olympics: 9PM Wednesday July 5, 2017**
- **National Junior Olympics: 9PM Thursday July 20, 2017**

**USATF Pacific Association Junior Olympic Championships**  
**James Logan High School**

**Friday - Events Schedule**  
**June 30, 2017**

**FIELD EVENTS – 1:30 pm**

|         |                                    |
|---------|------------------------------------|
| Javelin | Group 4 through Group 6 girls/boys |
|---------|------------------------------------|

**FIELD EVENTS – 4:00 pm**

|                   |                             |
|-------------------|-----------------------------|
| Long Jump (Pit 1) | Group 5, Group 6 girls      |
| Long Jump (Pit 2) | Group 5, Group 6 boys       |
| Shot Put          | Group 5, Group 6 girls/boys |

**TRACK EVENTS – 4:00 pm**

|                       |                                    |
|-----------------------|------------------------------------|
| 400 meter dash trials | Group 1 through Group 6 girls/boys |
|-----------------------|------------------------------------|

**TRACK EVENTS – 6:00 pm**

|                   |                                    |
|-------------------|------------------------------------|
| 4x800 meter relay | Group 3 through Group 6 girls/boys |
|-------------------|------------------------------------|

**PLEASE NOTE – There will be a first, second and final call for each age group in each event.**

**Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**

**USATF Pacific Association Junior Olympic Championships**

**James Logan High School**

**SATURDAY - Events Schedule  
July 1, 2017**

**Field Events**

| <b>Event</b> | <b>Age Group</b>          | <b>Time</b> | <b>Event</b> | <b>Age Group</b>          | <b>Time</b> |
|--------------|---------------------------|-------------|--------------|---------------------------|-------------|
| Long Jump    | <b>Group 1</b> girls/boys | 8:30        | Pole Vault   | <b>Group 4</b> girls/boys | 8:00        |
|              |                           |             | Pole Vault   | <b>Group 5</b> girls/boys |             |
| Triple Jump  | <b>Group 4</b> girls/boys | Following   | Pole Vault   | <b>Group 6</b> girls/boys |             |
| Triple Jump  | <b>Group 5</b> girls/boys | LJ          |              |                           |             |
| Triple Jump  | <b>Group 6</b> girls/boys |             |              |                           |             |
|              |                           |             |              |                           |             |
|              |                           |             | Shot Put     | <b>Group 1</b> girls/boys | 8:30        |
|              |                           |             | Shot Put     | <b>Group 2</b> girls/boys |             |
| High Jump    | <b>Group 6</b> girls/boys | 8:30        | Shot Put     | <b>Group 3</b> girls/boys |             |
| High Jump    | <b>Group 5</b> girls/boys |             | Shot Put     | <b>Group 4</b> girls/boys |             |
| High Jump    | <b>Group 4</b> girls/boys |             |              |                           |             |

**Track Events**

- Events will be held on a rolling schedule starting at 9:00 AM
- Saturday 80/100/110 hurdle events will be run as finals if 8 or less athletes check-in for each event

| <b>Event</b>          | <b>Age Group</b>                            | <b>Time</b> |
|-----------------------|---|-------------|
| 1500m RW Finals       | <b>Group 2, Group 3</b> girls / boys        | 9:00        |
| 3000m RW Finals       | <b>Group 4 through Group 6</b> girls / boys |             |
| 3000 meter run Finals | <b>Group 3 through Group 6</b> girls / boys |             |
| 100m Dash Trials      | <b>Group 1 through Group 6</b> girls / boys |             |
| 800m Dash Finals      | <b>Group 1 through Group 6</b> girls / boys |             |
| 100m Dash Finals      | <b>Group 1 through Group 6</b> girls / boys |             |
| 80m Hurdle Trials     | <b>Group 3</b> girls / boys                 |             |
| 100m Hurdle Trials    | <b>Group 4</b> boys/girls                   |             |
| 100m Hurdle Trials    | <b>Group 5, Group 6</b> girls               |             |
| 110m Hurdle Trials    | <b>Group 5, Group 6</b> boys                |             |
| 400m Dash Finals      | <b>Group 1 through Group 6</b> girls / boys |             |

**PLEASE NOTE – There will be a first, second and final call for each age group in each event.**

**Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**



**USATF Pacific Association Junior Olympic Championships**

**James Logan High School**

**SUNDAY - Events Schedule**

**July 2, 2017**

**Packet Pickup 7:00 AM – 4:00 PM**

**Field Events**

| <b>Event</b>      | <b>Age Group</b>          | <b>Time</b> |
|-------------------|---------------------------|-------------|
| Discus            | <b>Group 6</b> girls/boys | 8:30        |
| Discus            | <b>Group 5</b> girls/boys |             |
| Discus            | <b>Group 4</b> girls/boys |             |
| Discus            | <b>Group 3</b> girls/boys |             |
|                   |                           |             |
| Mini Javelin      | <b>Group 1</b> girls/boys | 8:30        |
| Mini Javelin      | <b>Group 2</b> girls/boys |             |
| 450g Aero-Javelin | <b>Group 3</b> girls/boys |             |

| <b>Event</b> | <b>Age Group</b>          | <b>Time</b> |
|--------------|---------------------------|-------------|
| Long Jump    | <b>Group 2</b> girls/boys | 8:30        |
| Long Jump    | <b>Group 3</b> girls/boys |             |
| Long Jump    | <b>Group 4</b> girls/boys |             |
|              |                           |             |
| High Jump    | <b>Group 3</b> girls/boys | 8:30        |
| High Jump    | <b>Group 2</b> girls/boys |             |
|              |                           |             |

**Track Events**

- **Events will be held on a rolling schedule starting at 9:00 AM**

| <b>Event</b>             | <b>Age Group</b>                            | <b>Time</b> |
|--------------------------|---|-------------|
| 200 meter dash Trials    | <b>Group 1 through Group 6</b> girls / boys | 09:00       |
| 1500 meter run Finals    | <b>Group 1 through Group 6</b> girl / boy   |             |
| 200 meter hurdle Finals  | <b>Group 4</b> girls / boys                 |             |
| 400 meter hurdle Finals  | <b>Group 5 and Group 6</b> girls / boys     |             |
| 4x100 meter relay Finals | <b>Group 1 through Group 6</b> girls / boys |             |
| 200 meter dash Finals    | <b>Group 1 through Group 6</b> girls / boys |             |
| 80m Hurdle Finals        | <b>Group 3</b> girls / boys                 |             |
| 100m Hurdle Finals       | <b>Group 4</b> boys/girls                   |             |
| 100m Hurdle Finals       | <b>Group 5, Group 6</b> girls               |             |
| 110m Hurdle Finals       | <b>Group 5, Group 6</b> boys                |             |
| 4x400 meter relay Finals | <b>Group 1 through Group 6</b> girls / boys |             |
|                          |   |             |

**PLEASE NOTE – There will be a first, second and final call for each age group of each event.**

**Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**

## Youth Sports Committee Code of Conduct

All persons who attend this meet are subject to the Pacific Association Youth Committee Code of Conduct which was updated in February 2017.

All HEAD COACHES and PARENTS of UNATTACHED ATHLETES will be responsible for the actions of athletes, assistant coaches, team parents and family members involved with their club or program.

Please review the full text of the Code of Conduct at: [pausatf.org/youth](http://pausatf.org/youth)

### Pacific Association Youth Sports Committee Grievance Procedures

The Youth Sports Committee has adopted the PA/USATF Grievance Procedures.

- B. Should the grieving party wish to first bring a grievance to this committee, they may do so unless specifically prohibited by the Pacific Association. The procedure shall be as follows:
1. The grievance shall be presented in writing to the Youth Chairperson.
  2. The Youth Chairperson shall appoint, within 10 days, a three (3) person grievance committee who shall investigate the grievance and make a decision. That decision shall be put in writing and sent to the grieving party and a copy sent to the Youth Chairperson within forty-five (45) days.
  3. All decisions of the Grievance Committee shall be final within the Youth Committee. If that decision is not satisfactory then the grievance must be sent to the Association Chairperson as defined in the Association Bylaws for appeal.
  4. All proceedings of the grievance shall be kept confidential if requested by the grieving party.

