



**Pacific Association Youth Track and Field Championships**  
**Riverbank High School**  
**6200 Claus Rd**  
**Riverbank, CA 95367**

**Saturday – June 10, 2017**  
**Sunday - June 11, 2017**

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

**Welcome!!** The Pacific Association of USA Track and Field (USATF) welcomes you to the Youth Track and Field Pacific Association Championship (PAC). The competition will be held Saturday and Sunday June 10-11 at Riverbank High School in Riverbank, California.

Early packet pick-up will take place Friday night June 9 from 7pm – 9pm at the Holiday Inn Express Modesto

For all questions and the latest updates regarding the 2017 Pacific Association Youth Championships, please contact Meet Directors:

Charlotte Sneed [pa.youthcommittee@gmail.com](mailto:pa.youthcommittee@gmail.com) or 925-628-0273  
Carl Bryant [ceebeerev@sbcglobal.net](mailto:ceebeerev@sbcglobal.net) or 209-765-9840

## NO LATE REGISTRATION

There will be no late registration and no same-day registration. You must complete your registration process before 9 PM, June 6, 2017. If you have registration questions or issues, please contact Aliya Dibrell at [adibrell@pacbell.net](mailto:adibrell@pacbell.net).

NOTE: **You cannot register an athlete to compete on your club if they are not listed within USATF as a club member. You cannot register an athlete for this meet if their birth date has not been validated at the Pacific Association office.** Make sure you take care of both of these items NOW so they will not impede your registration process later.

### **Registration Deadline: 9 pm. June 6**

**Register at:** <https://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=290885#>

#### Registration Process

- Prior to attempting registration with Athletic.net, each team or unattached athlete must have the following in place:
  1. 2017 USATF membership number
  2. Birth verified on PAUSATF website. Verification consists of the letter “v” next to the age of the athlete [Verify HERE](#)
  3. Club must be current 2017 USATF sanctioned club (if you want to compete as a club team member)

If these three items are not in place, the system will not allow you to register via Athletic.net.

- In order for an athlete to compete, he or she must be an age-verified, 2017 USATF member; **THERE WILL BE NO EXCEPTIONS TO THIS RULE**
  - [www.pausatf.org](http://www.pausatf.org)
    - Click on the “Join Now” button near the top of the page
  - Athlete must register using full legal name (no nicknames accepted)
  - Athlete birth date validation document must be *received* by the PA/USATF office no later than June 3, 2017.
    - Email scanned copy of birth certificate to: [heikemansoor@aol.com](mailto:heikemansoor@aol.com)
    - or send to:
      - 120 Ponderosa Ct.
      - Folsom, CA 95630
- Online registration link:
  - <https://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=290885#>
- Cost per athlete is **\$6 per event** entered (no refunds)
  - Group 0, Group 1, Group 2, Group 3 year old age groups can enter 1-3 events
  - Group 4, Group 5, Group 6 year old age groups can enter 1-4 events
  - Athletes are not allowed to compete in an older or younger age group
  - A relay counts as an event
    - **Unattached athletes cannot form a relay team**

## Competition Age Groups

Age Group	Age on 12/31/2017	Birth Year	Maximum Amount of Events
Group 0	6 & under	2011+	3 events
Group 1	7 - 8	2009-2010	3 events
Group 2	9 - 10	2007-2008	3 events
Group 3	11 - 12	2005-2006	3 events
Group 4	13 - 14	2003-2004	4 events
Group 5	15 - 16	2001-2002	4 events
Group 6	17 - 18	1999-2000 1998 if born after July 31 <sup>st</sup>	4 events

- Disqualification on 1st false-start for Group 5 and Group 6. Group 0, Group 1, Group 2, Group 3 and Group 4 are still allowed one false start.

## Results Posting

- Results will be posted at a designated location during the meet as soon after the competition as possible. Posted results are for the benefit of everyone so please do not remove them
- Results will be made available on the Pacific Association website ([www.pausatf.org/youth](http://www.pausatf.org/youth)), Athletic.Net and <http://www.adkinstrakwest.com/> at the conclusion of the meet.

## Club / Unattached Athlete Packet Pick-Up

- Only an approved USATF LiveScan club coach or parent of an unattached athlete can pick up competition bib numbers and related materials at packet pick up.
  - Pick-up table will be open at 7:00 AM Arrive early enough to get this process out of the way before the meet begins
  - Whomever picks up the packet must sign for packet

## Competition Information

- This meet will be subject to 2017 USATF Rules of Competition. Please review the 2017 USATF Rules at: <http://www.usatf.org/About/Competition-Rules.aspx>
- **Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**
- **Implements may only be used for warm-up during an organized warm-up under the supervision of the event's head official. Athletes failing to follow this rule are subject to immediate disqualification.**
- **Check-in** – We will have a first, second and final call for all events during the track meet. Athletes must arrive at check-in no later than final call. After the event is closed no changes will be made for any running events. PERIOD! Field event athletes check in at the field event.
  - **All four members of a relay team must check in together** at the Clerk of the Course and all four members uniforms must match

- If an athlete is competing in a field event and their running event has been called for check-in, the athlete must **check out of the field event; once released by the head field event official the athlete must check in at the running event.**
- The athlete will be allowed to return to their field event, but must report to the starting line prior to the start of their race.
- As soon as the athlete completes the running event they need to check back into the field event.
  - If a coach or parent needs to assist a Group 0 or Group 1 athlete in this process, they will be allowed to do so.
  - When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on the excused competitors, except that the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals. Failure to return within the allocated period shall result in forfeiture of missed attempts.
  - For the vertical-jumps, the bar will be held for no more than 5 minutes total time. If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.
- **Implements** – Field event implements except javelins and pole vault poles may be supplied by meet management. Personal implements must be passed by our Weights & Measures official. All implements must be checked to be used in competition.
  - Per USATF Rule 301 Group 3 athletes (11-12) will compete using the 450g Aero-Javelin
- **Spike Length** – Maximum 3/16" pyramid spikes on all synthetic rubber surfaces. Athletes who do not have the proper spikes will be asked to obtain the correct spikes or they will not be allowed to compete (racing flats can always be substituted for racing spikes)
- **Bib Numbers & Hip Numbers** – Bib numbers will be distributed at packet pick-up. All athletes must have a bib number assigned to them in order to compete
  - **Bib numbers must be worn on the front of the jersey in all events.** An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer
  - **\$10 cash charge for replacement bib numbers**
  - For all running and race walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course for final seeding
    - Hip numbers must be worn on the hip (hip facing camera while competing – not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
    - In some of the longer distance races hip numbers may also be placed on the front of the shirt to assist with lap counting
- **Starting Heights** - The starting height for the high jump and the pole vault will be set by the event head official prior to the start of competition. Incremental increases will be 5 cm (approximately 2") in the high jump and 15 cm (approximately 6") in the pole vault

until there is a winner. The winner may then determine the next height.

- **Long-Jump Boards** - Group 0 will be allowed to jump from the front edge of the pit. Group 1 and 2 will jump from a 1-Meter board. Group 3-6 will jump from a board approximately 3 Meters from the pit.

#### Protest Table

All protests must be submitted in writing within thirty (30) minutes after the results of an event have posted per USATF Rule 146. This time period will be strictly enforced. There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the USATF 2017 Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. The location of the protest table will be announced.

#### Awards

- Awards will be available for pick up by a designated club coach or parent of unattached athlete at the Awards table 1/2-hour after the results have been posted
  - NOTE: The 1/2-hour waiting period is to allow processing time in case a protest is filed regarding an event result
- Medals are awarded to the top six places in each event; ribbons will NOT be awarded for each flight / heat at this track meet

#### Medical Services & Security

Qualified medical personnel will be available to provide first-aid at all sessions of the championships. Additional medical facilities are within minutes of the stadium and the local Fire Department and Rescue Unit is located minutes from the stadium.

#### Stadium Rules

- **Access to infield / Clerk of Course area:** Only athletes who are competing will be allowed access to the track or Clerk of the Course area
  - Any coach or parent in the infield or clerking area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days
- **Access to warm-up area:** Only athletes and PA/USATF coaches with valid 2017 LiveScan clearance will be allowed access to this area
  - Any parent or non registered 2017 USATF coach in the warm-up area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days.
- **Tents** – Allowed on the top row of the bleachers only but cannot block the announcer's area. Tents must be broken down and removed from the stadium at the completion of competition each day. School and USATF are not responsible for lost or stolen items;
- **Alcohol** – There is no alcohol permitted on school grounds
- **Smoking** – The school is a SMOKE FREE ZONE. There is no smoking allowed

anywhere on the school campus, inside or outside. This rule includes electronic cigarettes.

- **Coolers** – Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED. Coolers may be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium
- **Admission** – Spectators admitted free
- **Parking** - There will be FREE PARKING available at and around the competition site
- **Food Services** – Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal
  - ***BBQs and sunflower seeds are not allowed anywhere on the school campus, not even the parking lot***
- **Lost and Found** - A lost and found area will be located near the protest table

Hotel Information
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The Fairfield Inn & Suites Modesto-Salida is offering a special rate for USATF members of 119.00 USD per night:

### Fairfield Inn & Suites Modesto Salida

4342 Salida Boulevard, Salida, CA 95368

[\(209\) 543-7800](tel:(209)543-7800)

- Free High Speed Internet
  - Free breakfast
  - Fitness Center
- CANCELLATION: MUST CANCEL 48 PRIOR to check in date, to avoid penalty charge.

[Book your group rate for TRACK AND FIELD CHAMPIONSHIP JUNE 09-11 2017](#)

[HERE](#)

## SATURDAY - Events Schedule

June 11, 2017

**NOTE:**

- Saturday 80/100/110 hurdle events will be run as finals if no heats are required
- **Track Events will be held on a rolling schedule starting at 8:00 AM**

### TRACK EVENTS – 8:00 AM

1500 meter race walk finals	<b>Group 2, Group 3</b>	girls/boys	08:00
3000 meter race walk finals	<b>Group 4 through Group 6</b>	girls/boys	
3000 meter run finals	<b>Group 3 through Group 6</b>	girls/boys	08:30
100 meter trials	All ages starting with <b>Group 0</b>	girls/boys	
800 meter finals	All ages starting with <b>Group 0</b>	girls/boys	
100 meter finals	All ages starting with <b>Group 0</b>		
80 meter hurdle trials	<b>Group 3</b>	girls / boys	
100 meter hurdle trials	<b>Group 4 girls, Group 4 boys</b>		
100 meter hurdle trials	<b>Group 5-6 girls</b>		
110 meter hurdle trials	<b>Group 5-6 boys</b>		
400 meter run finals	All age groups starting with <b>Group 0</b>	girls/boys	

**PLEASE NOTE – We will do a first, second and final call for our track meet events.**

### FIELD EVENTS – 8:30 am

Event	Age Group	Time
High Jump	Group 5 girls / boys	8:30
High Jump	Group 6 girls / boys	
High Jump	Group 4 girls / boys	
Shot Put	Group 0-1 girls/boys	8:30
Shot Put	Group 2 girls / boys	
Shot Put	Group 3 girls / boys	
Shot Put	Group 4 girls / boys	
Shot Put	Group 5 girls / boys	
Shot Put	Group 6 girls / boys	
Discus	Group 3 girls / boys	08:30
Discus	Group 4 girls / boys	
Discus	Group 5 girls / boys	
Discus	Group 6 girls / boys	

Event	Age Group	Time
Triple Jump	Group 4 girls / boys	8:30
Triple Jump	Group 5 girls / boys	
Triple Jump	Group 6 girls / boys	
Long Jump	Group 0 girls/boys	Following
Long Jump	Group 1 girls / boys	Triple jump
Long Jump	Group 2 girls / boys	
Pole Vault	Group 4 girls / boys	08:30
Pole Vault	Group 5 girls / boys	
Pole Vault	Group 6 girls / boys	

## SUNDAY - Events Schedule

June 12, 2017

### TRACK EVENTS – 8:30 AM

- **Track Events will be held on a rolling schedule starting at 8:30 AM**

1500 meter run finals	All age groups starting with <b>Group 1</b> girls/boys	08:30
200 meter trials	All ages starting with <b>Group 0</b> girls/boys	
200 meter hurdle finals	<b>Group 4</b> girls / boys	
400 meter hurdle finals	<b>Group 5-6</b> girls, <b>Group 5-6</b> , boys	
4x100 relay finals	All ages starting with <b>Group 0</b> girls/boys	
4x800 relay finals	<b>Group 3</b> through <b>Group 6</b> girls / boys	
80 meter hurdle finals	<b>Group 3</b> girls / boys	
100 meter hurdle finals	<b>Group 4</b> girls/boys	
100 meter hurdle finals	<b>Group 5- 6</b> girls	
110 meter hurdle finals	<b>Group 5-6</b> boys	
200 meter finals	All ages starting with <b>Group 0</b> girls/boys	
4x400 meter relay finals	All ages starting with <b>Group 1</b> girls / boys	

**PLEASE NOTE – We will do a first, second and final call for our track meet events.**

### FIELD EVENTS - 8:30 am

Event	Age Group	Time	Event	Age Group	Time
<b>450g-Aero- Javelin</b>	Group 3 girls / boys	8:30	Long Jump	Group 3 girls / boys	8:30
300g-Mini Javelin	Group 0 girls/boys		Long Jump	Group 4 girls / boys	
300g-Mini Javelin	Group 1 girls / boys		Long Jump	Group 5 girls / boys	
300g-Mini Javelin	Group 2 girls / boys		Long Jump	Group 6 girls / boys	
Javelin	Group 6 girls / boys	08:30			
Javelin	Group 5 girls / boys				
Javelin	Group 4 girls / boys		High Jump	Group 2 girls / boys	8:30
			High Jump	Group 3 girls / boys	

- No false starts for Group 5 and Group 6 . Group 0, Group 1, Group 2, Group 3, Group 4 are still allowed one false start. False starts are called on the individual, not the field.