



USATF Region 14 Junior Olympic Championships
De Anza College

Saturday – July 8, 2017
Sunday – July 9, 2017

The Pacific Association of USA Track and Field (USATF) welcomes you to the 2017 USATF Region 14 Junior Olympic Championships . The competition will be held Saturday and Sunday, July 8th–July, 9th at De Anza College in Cupertino, CA.

For all questions and the latest updates regarding the 2017 USATF Pacific Association Junior Olympic Championships, please refer to the Pacific Association youth webpage at: pausatf.org/youth

Meet Director:

Charlotte Sneed pa.youthcommittee@gmail.com or 925-628-0273

NO LATE REGISTRATION

There will be no late registration and no same-day registration. You must complete your registration process through athletic.net before 9 pm, Wednesday July 4th, 2017.

NOTE: Athletes qualify to compete in this event by finishing in the TOP-8 of their association's Junior Olympic Meet.

Pacific Association Junior Olympic Championships

- 6/30/2017 – 7/2/2017 James Logan High School

Central California Association Junior Olympic Championships

- 6/24/2017 Hanford High School

Registration Deadline: 9 PM, Tuesday, June 27, 2017

Registration Process

- Online registration link – Athletic.net www.athletic.net
- Cost per athlete is **\$7 per event** entered (no refunds)
 - Athletes are not allowed to compete in an older or younger age group
 - A relay counts as an event
 - **Unattached athletes cannot form a relay team**

Competition Age Groups

Age Group	Age on 12/31/2017	Birth Year	Maximum Amount of Events
Group 1	7 - 8	2009-2010	3 events
Group 2	9 - 10	2007-2008	3 events
Group 3	11 - 12	2005-2006	3 events
Group 4	13 - 14	2003-2004	4 events
Group 5	15 - 16	2001-2002	4 events
Group 6	17 - 18	1999-2000 1998 if born after July 31 st	4 events

Results Posting

- Results will be posted at a designated location during the meet as soon after the competition as possible. Posted results are for the benefit of everyone; please do not remove them.
- Results will also be available through www.adkinstrakwest.com.
- After the meet is over, check the Pacific Association website (www.pausatf.org) for final results.

Club / Unattached Athlete Packet Pick-Up

- Only a coach listed on the USATF Coaches Registry can pick up competition bib numbers and related materials. This does not apply to parents of unattached athletes or the unattached athlete themselves.
- Packet pick-up table will be open at 7:00 am, Saturday, July 8, and Sunday, July 9. Arrive early enough to get this process out of the way before the meet begins.
 - Whomever picks up the packet must sign for the packet and must be currently listed on the USATF National Coaches Registry. There will be no exceptions to this rule.
 - Please remember that every team must have at least one background checked coach. If no background checked person is available, please make arrangements with a background checked coach to make sure your packet can legitimately be picked up.

Competition Information

- This meet will be subject to 2017 USATF Rules of Competition. Please review the 2017 USATF Rules at: <http://www.usatf.org/About/Competition-Rules.aspx>
 - **Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield**
- **Implements may only be used for warm-up during an organized warm-up under the supervision of the event's head official. Athletes failing to follow this rule are subject to immediate disqualification.**
- **Check-in** – We will have a first, second and final call for all events during the track meet. Athletes must arrive at check-in no later than final call. After the event is closed no changes will be made for any running events. PERIOD! Field event athletes check in at the field event.
 - **All four members of a relay team must check in together** at the Clerk of the Course and all four members uniforms must match
 - If an athlete is competing in a field event and their running event has been called for check-in, the athlete **must check out of the field event; once released by the head field event official the athlete must check-in at the running event.**
 - The athlete will be allowed to return to their field event, but must report to the starting line prior to the start of their race.
 - As soon as the athlete completes the running event they need to check back into the field event.
 - If a coach or parent needs to assist a Group 1 athlete in this process, they will be allowed to do so.
 - When a Horizontal Jumps or Throws competitor is excused to participate in a running event, no time limit shall be imposed on the excused competitors, except that **the competitor must return before the conclusion of all other preliminary attempts if excused during the preliminaries, or before the conclusion of all other final attempts if excused during the finals.** Failure to return within the allocated period shall result in forfeiture of missed attempts.
 - For the vertical-jumps, the bar will be held for no more than **5 minutes** total time. If the competitor has failed to return in the allotted time, and all other remaining competitors have passed, failed or cleared the existing height, the crossbar shall be raised to the next height and the judge will automatically pass the excused competitor to the new height.
- **Implements** – Field event implements except javelins and pole vault poles may be supplied by meet management. Personal implements must be passed by our Weights & Measures official. All implements must be checked to be used in competition.
 - **Per USATF Rule 301 Group 4 athletes (Group 3) will compete using the 450g Aero-Javelin**
- **Spike Length** – Maximum 3/16" pyramid spikes on all synthetic rubber surfaces. Athletes who do not have the proper spikes will be asked to obtain the correct spikes or they will not be allowed to compete (racing flats can always be substituted for racing spikes)
- **Youth Start Rules** –Group 5 and Group 6 athletes must utilize starting-blocks from a crouched position in all events 400 Meters or less and relays where the first leg is 400 Meters or less. This rule is waived for Groups 1 through Group 4.

- Group 5 and Group 6 athletes are not allowed any false starts, same as their high school rule.
- Groups 1 through Group 4 are allowed one false start. False starts are called on the individual, not the field.
- **Bib Numbers & Hip Numbers** – Bib numbers will be distributed at packet pick-up. All athletes must have a bib number assigned to them in order to compete
 - **Bib numbers must be worn on the front of the jersey in all events.** An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer
 - **\$10 cash charge for replacement bib numbers**
 - For all running and race walking events, athletes will be assigned a hip number when they check in with the Clerk of the Course
 - Hip numbers must be worn on the hip (hip facing camera while competing – not the butt or the front of the shorts). Shirts must be tucked in so hip numbers are visible by camera at finish line
 - In some of the longer distance races hip numbers may also be placed on the front of the shirt to assist with lap counting
- **Starting Heights** - The starting height for the high jump and the pole vault are set by USATF Rule. 302. The starting heights in the High Jump and Pole Vault will be 20cm and 60cm, respectively below the 2017 USATF Youth Outdoor Performance Standard. Incremental increases will be 5 cm (approximately 2”) in the high jump and 15 cm (approximately 6”) in the pole vault until there is a winner. The winner may then determine the next height.
- **Long-Jump Boards** - Group 1 and 2 will jump from a 1-Meter board. Group 3-6 will jump from a board approximately 3 Meters from the pit.

Protest Table

All protests must be submitted in writing within thirty (30) minutes after the results of an event are posted per USATF Rule 146. This time period will be strictly enforced. There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the USATF 2017 Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted. The location of the protest table will be announced.

Awards

- Awards will be available for pick up by a designated club coach or parent of unattached athlete at the Awards table 1/2-hour after the results have been posted.
 - NOTE: The 1/2-hour waiting period is to allow processing time in case a protest is filed regarding an event result.
- Medals are awarded to the top places in each event. There are no ribbons awarded in this track and field meet.

Medical Services & Security

Emergency medical services will be available on-site at all sessions of the championships. Additional medical facilities are within minutes of the stadium and the local Fire Department and Rescue Unit is located minutes from the stadium.

Stadium Rules

- **Access to infield / Clerk of Course area:** Only athletes who are competing will be allowed access to the track or Clerk of the Course area.
 - Any coach or parent in the infield or clerking area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days.
- **Access to warm-up area:** Only athletes and coaches currently listed on the USATF National Coaches Registry will be allowed access to this area.
 - Any parent or non-cleared coach in the warm-up area will result in the immediate disqualification of their athlete/team and an automatic grievance will be filed for suspension of 30 days.
- **Tents** – Allowed on the top row of the bleachers only but cannot block the announcer's area. **Tents must be securely tied down at all times.** Tents must be broken down and removed from the stadium at the completion of competition each day. School and USATF are not responsible for lost or stolen items.
- **Alcohol** – There is no alcohol permitted on school grounds.
- **Smoking** – De Anza College is a SMOKE FREE campus. Smoking is not allowed on the campus. This includes e-cigarettes.
- **Coolers** – Permitted inside the stadium; however, GLASS CONTAINERS in the coolers ARE NOT PERMITTED. Coolers will be checked at the gate. Please remove any alcohol, tobacco or glass before entering the stadium.
- **Admission** – Spectators are admitted free.
- **Food Services** – Food and beverages will be sold throughout the meet. You may bring your own food and drink into the stadium but you may not bring in glass containers. When you leave, you must remove anything you brought in with you. For your convenience, plastic garbage bags and garbage cans will be available throughout the facility for garbage disposal.
 - BBQs are not allowed anywhere on the facility.
 - Sunflower seeds are not allowed in the stadium.
- **Lost and Found** - A lost and found area will be located near the protest table.

USATF Junior Olympic Track and Field Advancement Procedures

The top 5 finishers at the Region 14 Junior Olympic Championship meet in each event advance to the USATF National Junior Olympic Championships to be held in Lawrence, Kansas.

Entries for all Junior Olympic Championships are NOT automatic and must be completed through athletic.net. Please note registration deadline.

- **National Junior Olympics: 9PM Thursday July 20, 2017**

Region 14 Junior Olympic Track & Field Championships

De Anza College, Cupertino, CA

SATURDAY - Events Schedule

July 9, 2017

NOTE:

- Saturday 80/100/110 hurdle events will be run as finals if no heats are required

Field Events

Event	Age Group	Time	Event	Age Group	Time
Long Jump	Group 3 Girls / Boys	08:30	Javelin	Group 4 Girls / Boys	8:30
Long Jump	Group 2 Girls / Boys		Javelin	Group 5 Girls / Boys	
Long Jump	Group 1 Girls / Boys		Javelin	Group 6 Girls / Boys	
Triple Jump	Group 4 Girls / Boys	After	Hammer	Group 5 Girls / Boys	After
Triple Jump	Group 5 Girls / Boys	Long	Hammer	Group 6 Girls / Boys	Javelin
Triple Jump	Group 6 Girls / Boys	Jump			
Pole Vault	Group 4 Girls / Boys	08:30			
Pole Vault	Group 5 Girls / Boys				
Pole Vault	Group 6 Girls / Boys				
High Jump	Group 2 Girls / Boys	8:30	Shot Put	Group 1 Girls / Boys	08:30
High Jump	Group 3 Girls / Boys		Shot Put	Group 2 Girls / Boys	
High Jump	Group 4 Girls / Boys		Shot Put	Group 3 Girls / Boys	

Track Events

Events will be held on a rolling schedule

Event	Age Group	Time
1500m RW Finals	Group 2 and Group 3 Girls / Boys	8:00
3000m RW Finals	Group 4 through Group 6 Girls / Boys	
Steeplechase	Group 5, Group 6 Girls / Boys	
3000 Meter Finals	Group 3 through Group 6 Girls / Boys	
100m Dash Trials	Group 1 through Group 6 Girls / Boys	
800m Run Finals	Group 1 through Group 6 Girls / Boys	
80m Hurdle Trials	Group 3 Girls / Boys	
100m Hurdle Trials	Group 4 Girls / Boys	
100m Hurdle Trials	Group 5, Group 6 Girls,	
110m Hurdle Trials	Group 5, Group 6 Boys,	
4x800 Meter Relay	Group 3 through Group 6 Girls / Boys	
100m Dash Finals	Group 1 through Group 6 Girls / Boys	
400m Dash Finals	Group 1 through Group 6 Girls / Boys	

Athletes are not allowed to use cell phones, head sets or any other type of electronic devices while in the clerking area, field of competition or on the infield

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SUNDAY - Events Schedule

July 9, 2017

Field Events

Event	Age Group	Time	Event	Age Group	Time
Discus	Group 6 Girls / Boys	08:30	Long Jump	Group 4 Girls / Boys	8:30
Discus	Group 5 Girls / Boys		Long Jump	Group 5 Girls / Boys	
Discus	Group 4 Girls / Boys		Long Jump	Group 6 Girls / Boys	
Discus	Group 3 Girls / Boys				
Shot Put	Group 4 Girls / Boys	08:30			
Shot Put	Group 5 Girls / Boys				
Shot Put	Group 6 Girls / Boys				
			<u>450g Aero Javelin</u>	Group 3 Girls / Boys	8:30
High Jump	Group 5 Girls / Boys	08:30	Mini Javelin	Group 2 Girls / Boys	
High Jump	Group 6 Girls / Boys		Mini Javelin	Group 1 Girls / Boys	

Track Events

Events will be held on a rolling schedule

Event	Age Group	Time
200m Dash Trials	Group 1 through Group 6 Girls / Boys	9:00
1500 Meter Run Finals	Group 1 through Group 6 Girls / Boys	
200 Meter Hurdle Finals	Group 4 Girls / Boys	
400 Meter Hurdle Finals	Group 5 and Group 6 Girls / Boys	
4x100 Meter Relay Finals	Group 1 through Group 6 Girls / Boys	
200 Meter Dash Finals	Group 1 through Group 6 Girls / Boys	
80 Meter Hurdle Finals	Group 3 Girls / Boys	
100 Meter Hurdle Finals	Group 4 Girls / Boys	
100 Meter Hurdle Finals	Group 5, Group 6 Girls	
110 Meter Hurdle Finals	Group 5, Group 6 Boys	
4x400 Meter Relay Finals	Group 1 through Group 6 Girls / Boys	

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