



Pacific Association USATF
6th Annual Shor / Sheppard Classic
De Anza High School
5000 Valley View Rd., El Sobrante, CA 94803

Saturday – April 22, 2017

February 24, 2017

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

Hello everyone!! The Pacific Association of USA Track and Field (USATF) welcomes you to the 6th Annual Shor/Sheppard Classic Track and Field track meet. We want to again show our appreciation to these two lifelong gentlemen for their time, energy and dedication to the youth track and field athletes of the Pacific Association. The competition will be held Saturday, April 22nd at De Anza High School near Richmond.

This year is exceptionally special since we will ***NOT*** have the presence of Bob Shor as our starter this season. We want everyone to pray for Bob's recovery and good health. Charlie Sheppard has been a champion for track events that support athletes with disabilities. Both men have volunteered more hours than can be counted to ensure our cross country and track & field seasons are a success each year. Don't miss this opportunity to come support two great men of USATF Pacific Association youth track & field!

For all questions regarding the 6th Annual Shor / Sheppard Classic, please contact Meet Director:

Joanne Slaton-Camargo slatoncamargo@gmail.com or 510-632-8004 or 510-301-8399

NO LATE REGISTRATION – online registration will be available through – Athletic.net

You must complete your registration process before 9 pm, April 19, 2017. Don't wait until the last minute.

Registration Deadline: 9 pm, April 19

Pacific Association USATF 6th Annual Shor / Sheppard Classic

- Cost: **\$7 per athlete** (no refunds)
 - 6 & under, 7-8, 9-10, 11-12 year olds, can enter 1-3 events
 - 13-14, 15-18 year olds can enter 1-4 events
 - Athletes are not allowed to compete in an older or younger age group
 - A relay counts as an event
 - **Unattached athletes cannot form a relay team**
- The 15-18 age groups are no longer allowed any false starts. 6 & under, 7-8, 9-10, 11-12, 13-14 age groups are still allowed one false start

Competition Age Groups

Age Group	Birth Year	Group No.	Maximum Events
6 & under	2011+	0	3 events
7-8	2009-2010	1	3 events
9-10	2007-2008	2	3 events
11-12	2005-2006	3	3 events
13-14	2003-2004	4	4 events
15-18	1999-2002, 1998 after July 30	5/6	4 events

Results Posting

Results will be posted at a designated location during the meet as soon after the competition as possible. Check the Pacific Association website (www.pausatf.org) for final results after the meet is over.

Awards

Awards will be available for pick up at the Awards table. Athletes can pick up their own awards. Medals are awarded to the overall top three places in each event. Ribbons will be awarded to all athletes in each event.

Medical Services & Security

There will be qualified personnel available. Additional medical facilities such as the Fire Department Rescue Unit are within minutes of the stadium.

Shor / Sheppard Classic Track and Field Meet

Schedule of Events

Track Events

All running races are contested girls then boys. Rolling schedule – as soon as a running event ends, the next will begin.

Event	Age Group	Time
1500m Race Walk	9-10, 11-12 year olds	8:30 am
3000m Race Walk	13-14, 15-18 year olds	
100m dash	6 & under through 15-18 year olds	
50m dash	5 & under (not registered in meet)	
400m dash	6 & under through 15-18 year olds	
1500m run	7-8 through 15-18 year olds	
80m hurdles	11-12 year olds	
100m hurdles	13-14 year olds	
200m dash	6 & under through 15-18 year olds	
800m dash	7-8 through 15-18 year olds	
4x100m relay	6 & under through 15-18 year olds	

Field Events

All field events are contested girls than boys. Play close attention to the order the age groups will be competing so you don't miss your age group. Events will be contested on a rolling schedule and the next age group will begin as soon as an age group completes.

Event	Age Group	Time
Long Jump	6&U through 15-18 year olds	8:00 am
High Jump	9-10 through 15-18 year olds	8:00 am
Mini Javelin	7-8, 9-10, 11-12, 6&U**	8:00 am
Shot Put	11-12, 9-10, 7-8, 13-14, 15-18, **	8:00 am

**Please note the order of participation pertaining to age groups for the field events.

This meet cannot happen without your support! Please sign you or your club up for a volunteer role, contact Joanne Camargo at slatoncamargo@gmail.com, or Don Harding at taujay@msn.com