# Stockton Saints Invitational Track Meet <br> Saturday May $20^{\text {th }}$ and Sunday May 21 ${ }^{\text {st }}, 2017$ <br> Cesar Chavez High School <br> 2929 Windflower Lane <br> Stockton CA 95212 

(Rain or Shine)
STARTING TIMES:
8:30 A.M. - FIELD EVENTS (Both Days)
9:00 A.M. - FIRST RUNNING EVENT (Both Days)

| Contact Us: | Alicia Jones 209-565-9089 or email stocktonsaints@ yahoo.com |
| :---: | :---: |
| Entry: | All entries will be done on-line at Athletic. net. All entries must be paid on-line. The on -line registration deadline is 10 pm Tuesday May 16th. (PST). Scratches are encouraged the morning of the meet. No Mailed, Faxed, E-mail, or day of meet entries will be accepted. No Exceptions! |
| Entry Fee: | $\$ 4.00$ per event $\$ 16.00$ per relay. Entry fees are not refundable. FREE to spectators |
| Meet Timeline: | Package pick-up opens 7:30am |
|  | Club Coach's/Unattached parents meeting 8:00am |
|  | First Field Event begins 8:30am |
|  | First Running Event begins 9:00am |
| Entry Limits: | NOTE THE AGE GROUP AND NAME CHANGES EFFECTIVE JANUARY 2017 |


| Age Group | Birth Year | Maximum Amount of Events |
| :--- | :--- | :---: |
| 6 and under | 2011 or later | 3 events |
| $7-8$ | $2009-2010$ | 3 events |
| $9-10$ | $2007-2008$ | 3 events |
| $11-12$ | $2005-2006$ | 3 events |
| $13-14$ | $2003-2004$ | 4 events |
| $15-18$ | $1999-2002,1998$ if 18 before August $1^{\text {st }}$ | 4 events |



Athletes are not allowed to compete in an older or younger age group A relay counts as an event (Unattached athletes cannot form a relay team)
The 15-18 age groups are no longer allowed any false starts, same as their high school rule. 6 and under, 7-8, 9-10, 11-12, 13-14 age groups are still allowed one false start.

Facilities: $\quad$ Eight lanes all-weather track. Runway and high jump area are all weather. Shot Put and Discus are concrete. Spikes $\mathbf{3 / 1 6}$ pyramid or less will be allowed. ABSOLUTELY NO SPIKES ALLOWED ON THE INFIELD. Tents will only be allowed in the top rows of the stands, and on the area around the track. Please do not block the announcers' booth.

| Awards: | Medals will be awarded to the overall first, second and third place |
| :--- | :--- |
| finishers in each event, including relays. Ribbons will be awarded to the |  |
| 4th thru 8th place finishers. (this is not per heat, but per overall finals). |  |
| $1^{\text {st }}, 2^{\text {nd }}$ and 3rd place overall team trophy. |  |

## RUNNING AWARDS AND FIELD EVENT AWARDS ARE TO BE PICKED-UP BY COACHES ONLY.

Rules: Current USA Track and Field rules will govern. Only competing athletes will be permitted on the track or in-field area, except for medical emergencies. There will be qualified personnel available. Additional medical facilities are within minutes of the school. Advancement to finals by best times.

Check in Track: Athletes in running events must report to the clerk of the course on the first call, ready to compete, and stay in the area.
Athletes missing their heat will not be moved to an open lane in another heat, so BE ON TIME!
Athletes must notify the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event. No Show for a Trail = No Final.

Check in Field: Field event athletes will check in directly to the official in charge if their event. All contestants will be given three trials in each field event, (except the High Jump). The athletes attaining the best nine marks will advance to the finals, for three additional attempts. Each athlete will be given a maximum of 3 warm up attempts prior to the start of the event.
However, If you arrive late to the field events, you must start at the current round without a warm-up.


NO COACHES OR PARENTS ALLOWED ON THE TRACK OR FIELD AREA. EXCEPT TO SETUP SUB-BANTAM LONG JUMP MARKS - ONCE EVENT STARTS PARENT/COACH MUST LEAVE FIELD.

Results: Complete results will be available on the Pacific Association website (www.pausatf.org). During the meet, results will be posted at a designated location as soon as possible.

Contact Us: $\quad$ Alicia Jones 209-565-9089 or email stocktonsaints@ yahoo.com

## Absolutely no BBQ pits or dogs allowed on the campus.

Hotels:
La Quinta Inn Stockton
2710 W March Lane Stockton CA 95219
209-952-7800 Currently $\$ 89$
Extended Stay America
2844 W March Lane Stockton CA 95219
866-767-0278 Currently \$90


## Events Schedule

Saturday May 20 ${ }^{\text {th }}, 2017$
TRACK EVENTS - 9:00 am

| 3000 meter run | $11-12,13-14,15-18$ year olds Timed Final | $9: 00 \mathrm{am}$ |
| :--- | :--- | :--- |
| $4 \times 800$ relay | $11-12,13-14,15-18$ year olds Timed Final |  |
| 200 meter trials | $7-8$ through $15-18$ Trial |  |
| 1500 meter race walk | $7-8,9-10,11-12$ Timed Final |  |
| 3000 meter race walk | $13-14,15-18$ Timed Final |  |
| 800 meter | $7-8$ through $15-18$ Timed Final |  |
| 200 meter finals | $7-8$ through $15-18$ Timed Final |  |
| 110 meter hurdle trials | $15-18$ Male Trial |  |
| 100 meter hurdle trials | $13-14$ Girls/Boys, $15-18$ Female Trial |  |
| 80 meter hurdle trials | $11-12$ Girls/Boys Trial |  |
| 400 meter | $7-8$ through $15-18$ Timed Final |  |
|  |  |  |

We reserve the right to start an event 30 minutes before scheduled time
** do not need to register for these events**
FIELD EVENTS - 8:30 am

| Event | Age Group | Time |
| :--- | :--- | :---: |
|  |  |  |
| High Jump | 15-18 Girl/Boy | $8: 30$ |
| High Jump | 13-14 Girl/Boy |  |
|  |  |  |
|  |  |  |
|  |  | $8: 30$ |
| Long Jump | 6 and under Girl/Boy |  |
| Long Jump | $7-8$ Girl/Boy |  |
| Long Jump | $9-10$ Girl/Boy |  |
| Long Jump | 11-12 Girl/Boy |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |


| Event | Age Group | Time |
| :--- | :--- | :---: |
|  |  |  |
| Shot Put | 15-18 Women/Men | $8: 30$ |
| Shot Put | 13-14 Girl/Boy |  |
| Shot Put | 11-12 Girl/Boy |  |
| Shot Put | 9-10 Girl/Boy |  |
|  |  |  |
| Jav | 13-14 Girl/Boy |  |
| Jav | 15-18 Women/Men | $8: 30$ |
|  |  |  |
| Mini Jav | 11-12 Girl/Boy |  |
| Mini Jav | 9-10 Girl/Boy |  |
| Mini Jav | $7-8$ and under Girl/Boy |  |
| Mini Jav | 6 and under Girl/Boy |  |
|  |  |  |



## Events Schedule

Sunday May 21 ${ }^{\text {st }}, 2017$

## TRACK EVENTS - 9:00 am

| 100 meter trials | 6 and under through $15-18$ | $9: 00 \mathrm{am}$ |
| :--- | :--- | :--- |
| 1500 meter run | $7-8,9-10,11-12,13-14,15-18$ year olds Timed Final |  |
| 200 meter hurdle | $13-14$ Girls/Boys Timed Finals |  |
| 400 meter hurdle | $15-18$ Ladies/Men Timed Finals |  |
| 110 meter hurdle finals | $15-18$ Male Finals |  |
| 100 meter hurdle finals | $13-14$ Girls/Boys, $15-18$ Female Finals |  |
| 80 meter hurdle finals | $11-12$ Girls/Boys Finals |  |
| $4 \times 100$ relay | $7-8$ through $15-18$ |  |
| $* * 50$ meter | 4 and under (Future Athletes Race, No pre-registration required) |  |
| $* * 4 \times 100$ relay | Parent/Coaches Relay |  |
| 100 meter finals | 6 and under through $15-18$ |  |
| $4 \times 400$ relay | $7-8$ through $15-18$ |  |
|  |  |  |

We reserve the right to start an event 30 minutes before scheduled time
** do not need to register for these events**
FIELD EVENTS - 8:30 am

| Event | Age Group | Time |
| :--- | :--- | :---: |
|  |  |  |
| High Jump | 11-12 Girl/Boy | $8: 30$ |
| High Jump | 9-10 Girl/Boy |  |
|  |  |  |
| Long Jump | 13-14 Girl/Boy | $8: 30$ |
| Long Jump | 15-18 Girl/Boy |  |
|  |  |  |
| After the Long <br> Jump |  |  |
|  |  |  |
| Triple Jump | 13-14 Girl/Boy |  |
| Triple Jump | 15-18 Girl/Boy |  |


| Event | Age Group | Time |
| :--- | :--- | :---: |
|  |  |  |
| Shot Put | 6 and under Girl/Boy | $8: 30$ |
| Shot Put | $7-8$ Girl/Boy |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  | $8: 30$ |
| Discus | $11-12$ Girl/Boy |  |
| Discus | $13-14$ Girl/Boy |  |
| Discus | $15-18$ Women/Men |  |

