

**2016 USATF Pacific Ultra Running Grand Prix
Through Quad Dipsea - Women's Standings**

Div Plc	Tot Pts	Athlete Name, Age	QD	RDL 100m	DCFT 50m	HH 100m	TamH 50k	Skyl 50k	TRT 100m	WS 100m	Ohl 50k	SS 50m	SS 50k	QS 100k	QS 50k	Mwk 100k	RA 100k	RA 50m	RA 50k	AR 50m	WT C 50k	JS 50k	Club
W < 30																							
1	80	Kristyn Kadala, 24		66			14																Unattached
2	60	Diann Leo, 29			32		8												20				Excelsior
3	40	Mary Hall, 25														40							Quicksilver
4	20	Caitlin Roake, 27																			20		WVTC
4	20	Megan Roche, 26					20																Unattached
6	17	Evelyn Cordner, 25																			17		SFRC
6	17	Clare Bernard, 25					17																SFRC
8	14	Megan Herold, 27																			14		Buff. Chips
9	12	Rebecca Murillo, 25					12																SFRC
10	10	Lisa Mazzocco, 28					10																Impala
11	6	Jessica Sherry, 25					6																Impala
W30-39																							
1	341.8	Megan Cheng, 35			38.4	132		24			40			38							38.4	31	Pamakids
2	223	Emi Yasaka, 39			49.6			31						48				40		30.4		24	Pamakids
3	196	Devon Yanko, 33								132											64		SFRC
4	185	Kyria Wilson, 38	40									64		62								19	Pamakids
5	167.2	Simone Winkler, 33					12				49.6							31		25.6	9	40	Excelsior
6	166.3	Jing Xiang, 39			64	102.3																	Excelsior
7	159.2	Yiou Wang, 31												40							40		SFRC
8	157.6	Kristin Simonson, 37			25.6				132														Pamakids
9	145.7	Tehani Nishiyama, 31	24				11			62.7				32								16	Excelsior
10	114.3	Erika Lindland, 34								102.3											12		Tamalpa
11	98.4	Char Kuperstein, 34			30.4																6		SFRC
12	84	Jennifer Kirk, 36																			4		SFRC
13	80	Mandie Holmes, 30												80									Stevens Cr.
14	65.2	Alicia Garcia, 37								46.2					19								Excelsior
15	62	Lindsey Tollefson, 30					31														31		SRA Elite
16	55.8	M. Martinez-Schull, 36								52.8											3		Quicksilver
17	49.6	Erika Kikuchi, 37																					Excelsior
18	48	M. Sharoglazova, 35																					SFRC
19	47	Rida Chow, 33						40														7	LMJS
20	40	Caitlin Smith, 35					40																BATC
21	33	Pamela Kennedy, 37					14															19	Impala
22	31	Denise Barchas, 39	31																				SFRC
22	31	Ashley Nelson, 31												31									Quicksilver
24	28.2	Jessica Strack, 35					9																Pamakids
25	27.4	Laura Matz, 30																				5	Buff. Chips
26	24	Michelle Forshner, 33																	24				Pamakids

**2016 USATF Pacific Ultra Running Grand Prix
Through Quad Dipsea - Women's Standings**

24	22.4	Michelle Sun, 51																	22.4		Stevens Cr.	
25	19	Kathy Herzog, 51				19															Tamalpa	
25	19	Patricia Koren, 59																		19	Stevens Cr.	
27	16	Bethy Ronces, 52				16															Impala	
27	16	Missy Cantor, 50											16								SFRC	
27	16	Kathy Pietak, 54																		16	Trkac Racing	
27	16	Laura Bello, 53					16														Pamakids	
31	12	Cindy Goh, 54				12															Tamalpa	
W60-69																						
1	89	Caroline Nelson, 60	20										20						32	17	LMJS	
2	80	Angie Woolman, 61				20								40						20	LMJS	
3	74	Kat Powell, 65				17			20				17								20	Quicksilver
4	49	Christina Brownson, 65																	32		17	Stevens Cr.
5	14	Wanda Kownacki, 61																			14	Quicksilver