



Hello Pacific Association clubs and athletes:

The **2016 Youth Cross Country Season** is set to begin. The first meet of the 2016 Cross Country Season will be October 2<sup>th</sup>, at Granite Regional Park in Sacramento: [directions](#) Please refer to the Pacific Association Youth Cross Country Schedule page for full details:

<https://www.pausatf.org/youth/usatf-pacific-youth-cross-country-schedule-with-results/>

All club-hosted meets will offer day of the meet registration. Championship meet registration will be online through athletic.net. Registration is now open for the Pacific Association Junior Olympic Cross Country Championships to be held November 20 at the Willow Hills Cross Country Course in Folsom, CA.

### **Registration instructions for Pacific Association Junior Olympic Cross Country Championships**

The Pacific Association Youth Committee is again sponsoring the Youth Cross Country Grand Prix to encourage participation in club-hosted meets. The Grand Prix will consist of 6 meets this season:

- Contra Costa Cheetahs 10/2/2016
- Castro Valley Track Club 10/9/2016
- Joaquin Miller Hill Run 10/16/2016
- Santa Cruz Track Club 10/23/2015
- Hampton Phillips Classic 10/30/2016
- Peninsula Flyers 11/5/2016

Grand Prix awards will be distributed at the Pacific Association Junior Olympic Cross Country Championships on November 20<sup>th</sup> at Willow Hills Cross Country Course in Folsom. For details and a link to registration, please refer to the Pacific Association Annual Youth Cross Country Grand Prix Page at:

<https://www.pausatf.org/pa-youth-cross-country-grand-prix/>

#### **Please note:**

- **Grand Prix registration deadline is October 30, 2016**
- **PA Junior Olympic Championships registration Deadline is November 15, 2016**

Best wishes to all for a successful cross country season,

**Cris Houston**

Pacific Association Youth Cross Country Chair